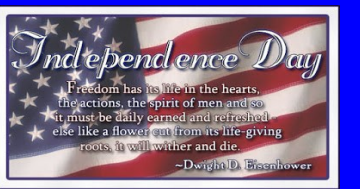




July 2021

The Hearth at Hendersonville Senior Living Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Director Rick Applegate</p> <p>Activity Assistants Amy Wilson Marie Sansom Kathryn Williams Lois Coile Bus Driver Stephanie Musgrave</p>		<p>Key: Activity Room (AR) Theater (T) Country Kitchen (CK) Lobby (L) Dining Room (DR) 2nd Floor Sunroom (2SR) Billiards Room (BR) 3rd Floor Sunroom (3SR) Private Dining Room (PDR)</p>		<p>1 9:30 Movement and Stretch 10:15 Virtual Reality Activity-AR Dr Yontz -Audiologist (PDR) (1:00-3:00) 1:00 Card games with Marie (CK) 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Amy (AR) 3:00 Think More-Marie (CK) 4:00 Happy Hour (CK)</p>	<p>2 9:15 Strengthen & Get Fit-(AR) 10:00 Town Hall Meeting (AR) 1:30 Friday Movie "Aerial America" - (Arkansas) 1:30 Yarn Yacker's -(LR) 2:00 Rick Singing (AR) 3:00 Coffee and Conversation - (CK)</p>	<p>3 9:00 Mix, Mingle, & Manicure (AR) 10:00 Walking Club (AR) 1:00 Saturday at the Movies "Ladies in Lavender" (Judi Dench & Maggie Smith) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>
<p>4 Happy Fourth of July! 9:00 Sunday Worship Service-James Arnold (AR) 1:00 Sunday at the Movies-T "The Pelican Brief" (Julia Roberts & Denzel Washington)-(Netflix) 2:00 Trivia (AR) 3:00 Bingo (AR)</p> 	<p>5 9:30 Strengthen & Get Fit-(AR) 10:15 Bingo (AR) 1:00 Ray Newman Singing (AR) 2:00 Book Club with Marie (2SR) 2:00 Billiards (BR) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>6 9:30 Movement & Stretch-AR 10:15 Jeopardy (AR) 10:15 Putt Putt (Courtyard) 1:30 Yarn Yacker's (AR) 1:30 Meditation (T) 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>7 9:30 Strengthen & Get Fit (AR) 10:15 Rummikub (AR) Lunch Bunch "Casa Vieja" 11:15 Our Lady of the Lake (AR) Catholic Church 2:00 Pam Weston (AR) 3:15 Trivia with Amy (AR) 6-8:00 Game Night with Lois (CK)</p> 	<p>8 9:30 Movement and Stretch 10:15 Show & Tell -AR 1:00 Card games with Marie-CK 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Marie -(CK) 3:00 Think More-Rick (AR) 4:00 Happy Hour (CK)</p> <p>Happy Birthday Guy!</p>	<p>9 9:15 Strengthen & Get Fit-(AR) 10:00 Devotional (AR) 1:30 Friday Movie "Aerial America"- (Rhode Island) 1:30 Yarn Yacker's -(LR) 2:00 Billiards -(3BR) 3:00 Coffee and Conversation -(CK)</p> <p>Happy Birthday Amy!</p>	<p>10 9:00 Mix, Mingle, & Manicure (AR) 10:00 Walking Club (AR) 1:00 Saturday at the Movies "Hidden Figures" (Kevin Costner & Taraji Henson) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>
<p>11 9:00 Sunday Worship Service-James Arnold (AR) 1:00 Sunday at the Movies-T "The Fisherman's Friends" James Purefoy)-(Netflix) 2:00 Trivia (AR) 3:00 Bingo (AR)</p>	<p>12 9:30 Strengthen & Get Fit-(AR) 10:15 Bingo (AR) 12:45 Culver's Ice Cream Outing (L) 1:00 Ray Newman Singing (AR) 2:00 Book Club with Marie (2SR) 2:00 Billiards (BR) 2:00 Hand Massages (AR) 3:00 Think More -Marie (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>13 9:30 Movement & Stretch-AR 10:15 Jeopardy (AR) 10:15 Putt Putt (Courtyard) 1:30 Yarn Yacker's (AR) 2:00 Meditation (T) 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR) Happy Birthday Dani Creasy!</p>	<p>14 9:30 Strengthen & Get Fit (AR) 10:15 Rummikub (AR) Lunch Bunch "Jumbo & Delicious" 11:15 Our Lady of the Lake (AR) Catholic Church 2:00 Rick Singing (AR) 3:15 Trivia with Amy (AR) 6-8:00 Game Night with Lois (CK)</p> 	<p>15 9:30 Movement and Stretch 10:15 Virtual Reality Activity-AR 1:00 Card games with Marie (CK) 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Amy (AR) 3:00 Think More -Marie (CK) 4:00 Happy Hour (CK)</p>	<p>16 9:15 Strengthen & Get Fit-(AR) 10:00 Devotional (AR) 1:30 Friday Movie "Aerial America"- (Maine) 1:30 Yarn Yacker's -(LR) 2:00 Billiards -(3BR) 3:00 Coffee and Conversation -(CK)</p> <p>Happy Birthday Kathryn!</p>	<p>17 9:00 Mix, Mingle, & Manicure (AR) 10:00 Walking Club (AR) 1:00 Saturday at the Movies "The Book Thief" (Emily Watson & Geoffrey Rush) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR) Happy Birthday Richard!</p>
<p>18 9:00 Sunday Worship Service-James Arnold (AR) 1:00 Sunday at the Movies-T "Fly away Home" (Jeff Daniels & Anna Paquin) 2:00 Trivia (AR) 3:00 Bingo (AR)</p>	<p>19 9:30 Strengthen & Get Fit-(AR) 10:15 Bingo (AR) 1:00 Ray Newman Singing (AR) 2:00 Book Club with Marie (2SR) 2:00 Billiards (BR) 2:00 Hand Massages (AR) 3:00 Think More -Marie (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>20 9:30 Movement & Stretch-AR 10:15 Jeopardy (AR) 10:15 Putt Putt (Courtyard) 1:30 Yarn Yacker's (AR) 2:00 Meditation (T) 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>21 9:30 Strengthen & Get Fit (AR) 10:15 Rummikub (AR) Lunch Bunch "Longhorn Steakhouse" 11:15 Our Lady of the Lake (AR) Catholic Church 2:00 Rick Singing (AR) 3:15 Trivia with Amy (AR)</p> 	<p>22 9:30 Movement and Stretch 10:00 Shopping at Marshalls 10:15 Virtual Reality Activity-AR 1:00 Card games with Marie (CK) 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Amy (AR) 3:00 Think More -Marie (CK) 4:00 Happy Hour (CK)</p>	<p>23 9:15 Strengthen & Get Fit-(AR) 10:00 Devotional (AR) 1:30 Friday Movie "Aerial America"- (Oregon) 1:30 Yarn Yacker's -(LR) 2:00 Billiards -(3BR) 3:00 Coffee and Conversation -(CK)</p>	<p>24 9:00 Mix, Mingle, & Manicure (AR) 10:00 Walking Club (AR) 1:00 Saturday at the Movies "How About You" (Vanessa Redgrave) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>
<p>25 9:00 Sunday Worship Service-James Arnold (AR) 1:00 Sunday at the Movies-T "Seabiscuit" (Tobey Maguire & Jeff Bridges) 2:00 Trivia (AR) 3:00 Bingo (AR)</p> <p>Happy Birthday Dee Ellis!</p>	<p>26 9:30 Strengthen & Get Fit-(AR) 10:15 Bingo (AR) 1:00 Ray Newman Singing (AR) 2:00 Book Club with Marie (2SR) 2:00 Billiards (BR) 2:00 Hand Massages (AR) 3:00 Think More -Marie (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK)</p>	<p>27 9:30 Movement & Stretch-AR 10:15 Jeopardy (AR) 10:15 Putt Putt (Courtyard) 1:30 Yarn Yacker's (AR) 2:00 Meditation (T) 3:00 Think More-Rick-(CK) 3:00 Think More-Amy-(AR) 4:00 Table Games - (AR)</p>	<p>28 Waffle Wednesday! 9:30 Strengthen & Get Fit (AR) 10:15 Rummikub (AR) Lunch Bunch "Fulin's" 11:15 Our Lady of the Lake (AR) Catholic Church 2:00 Bill Sleeter (AR) 3:15 Resident Birthday Party (AR) 6-8:00 Game Night with Lois (CK) Happy Birthday Lore K & Brittany V!</p> 	<p>29 9:30 Movement and Stretch 10:00 Canvas Painting with Nathan Graffey-Eagle Scout 1:00 Card games with Marie (CK) 2:00 Bingo (AR) 2:00 Book Club Marie (2SR) 3:00 Think More-Amy (AR) 3:00 Think More -Marie (CK) 4:00 Happy Hour (CK)</p>	<p>30 9:15 Strengthen & Get Fit-(AR) 10:00 Devotional (AR) 11:30 Resident Birthday Lunch with Sheri (AR) 1:30 Friday Movie "Aerial America"- (South Carolina) 1:30 Yarn Yacker's -(LR) 2:00 Mark Gallant Singing (AR) 3:00 Homemade Ice Cream (CK)</p> 	<p>31 9:00 Mix, Mingle, & Manicure (AR) 10:00 Walking Club (AR) 1:00 Saturday at the Movies "Pride & Prejudice" (Keira Knightley) 2:00 Trivia (AR) 3:00 Bingo (AR) 4:00 Rummikub (AR)</p>