

The Hearth at Hendersonville
 419 E Main St, Hendersonville,
 TN 37075
 (615) 348-1970

Daily Snack and Hydration at
 10:00am, 2:00pm & 7:00pm
Meals: 8am, 11am, 4:30pm

Beauty Salon Hours:
 9:00-2:30pm

This month is
 4th of July
Juvenile Arthritis Awareness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>The Hearth at Hendersonville</i></p> <p>JULY 2021</p>  						
<p>4. Independence Day 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME</p>	<p>5. 12:00 Music and Meditation 12:30 Think More 1:00 Sports 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Remanence time</p>	<p>6. 9:30 Scenic Bus ride 12:00 Movin' Music 12:30 Ring Toss 1:00 Ray Newman Sings 2:00 Snack Time 2:30 Picture This 3:30 Balloon Volley</p> 	<p>7. 12:00 Bing Cosby 1:00 Balloon Volley 1:30 Fact or False 2:00 Snack time 2:30 Tabletop Noodleball 3:00 Craft of the Season 3:30 Think More</p> 	<p>8. 12:00 Movin' Music 12:30 Memory Streets 1:00 Scarf Dancing 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day</p>  <p>Happy Birthday Guy</p>	<p>9. 12:00 Music and Meditation 12:30 Ring Toss 1:00 Gardening 1:30 Trivia 2:30 Exercise with Caitlin 3:00 BINGO 6:30 Movie Night</p>   <p>Happy Birthday Amy</p>	<p>10. 12:00 Movin' Music 12:30 Jumbo Game 1:00 BINGO 2:30 Memory Streets Trivia 3:00 Volley the Clock! 3:30 Mr. Ed</p> 
 <p>11. 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME</p>	<p>12. Pecan Pie Day 12:00 Music and Meditation 12:30 Noodleball 1:00 Jokes and Riddles 1:30 Ring Toss 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 AFV</p>	<p>13. Beans & Franks Day 9:30 Scenic Bus ride 12:00 Movin' Music 12:30 Bean bag toss 1:00 Ray Newman Sings 2:30 Puzzle Time 3:00. Exercise time 3:30 World Explorers</p>  <p>Happy Birthday Dani Creasy</p>	<p>14. Shark Awareness Day 12:00 Music and Meditation 12:30 Balloon Volley 1:00 Fact or False 1:30 Game of Choice 2:00 Snack and Chat 2:30 Exercise 3:00 BINGO</p> 	<p>15. 12:00 Movin' & Grovin 12:30 Scarf Dancing 1:00 Active Trivia 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day</p>	<p>16. 12:00 Music and Meditation 12:30 Batter Up 1:00 Trivia 2:00 Snack and Chat 2:30 Exercise with Caitlin 3:30 Ring Toss 6:30 Movie Night</p>  <p>Happy Birthday Katherine</p>	<p>17. 12:00 Saturday Matinee 1:30 BINGO 2:30 Memory Streets Trivia 3:00 Volley the Clock! 3:30 Craft Time</p>  <p>Happy Birthday Richard</p>
 <p>18. National Ice Cream Day 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME</p>  <p>Happy Birthday Amanda</p>	<p>19. 12:00 Music and Meditation 12:30 Balloon Volley 12:30 Think More 1:00 Tabletop Bowling 1:30 Jokes and Riddles 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Noodleball</p>	<p>20. 9:30 Scenic Bus ride 12:00 Movin' Music 12:30 Bean bag Toss 1:00 Ray Newman Sings 2:30 I Love Lucy 3:00 BINGO</p>	<p>21 12:00 Lawrence Welks 12:30 Balloon Volley 1:30 Arts and Crafts with Heather 2:30 In Shape Seniors 3:00 I Love Lucy 3:30 Think More</p>	<p>22. 12:00 Movin' Music 12:30 Think More 1:00 Ribbon Dancing 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day</p>	<p>23. Gorgeous Grandma Day 9:00 Photo Shoot 12:00 Chair Zumba 12:30 Puzzle Time 1:00 Ray Newman Sings 1:30 Food for Thought 2:30 Exercise with Caitlin 3:30 Ring Toss 6:30 Movie Night</p>	<p>24. 12:00 Movin' Music 12:30 Jumbo Game 1:00 BINGO 2:30  ee</p>
 <p>25. 10:00 TV Sermon 12:00 Music and Meditation 12:15 Chair Zumba 1:00 Picture this discussion 1:30 In Shape Seniors 2:30 Card Matching 3:00 Recycled Craft 3:30 JUMBO GAME</p>  <p>Happy Birthday Dee Ellis</p>	<p>26. Bugs Bunny B-Day 12:00 Music and Meditation 12:30 Brain Game 1:00 Adapted Sports 1:30 Memory Streets Trivia 2:30 Exercise with Caitlin 3:00 Short Story Corner 3:30 Finish the Phrase</p>	<p>27 9:30 Scenic Bus ride 12:00 Movin' Music 12:30 Bean bag Toss 1:00 Ray Newman Sings 3:00 Basketball 3:30 World Explorers</p>	<p>28. 12:00 Remanence time 12:30 Tabletop Bowling 1:30 Fact or Fiction 2:00 Snack & Music 2:30 Tabletop Noodleball 3:00 Picture This 3:30 Think More</p>  <p>Happy Birthday Lore Kaczmarek Happy Birthday Brittany V</p>	<p>29 12:00 Movin' Music 12:30 Scarf Dancing 1:00 Remanence 1:30 Ice Cream Social 2:30 This Goes with That 3:00 Move More 3:30 Spa Day</p>	<p>30. Chicken Wing Day 12:00 Music and Meditation 12:30 Brain Game 1:00 Chair Zumba 1:30 Food for Thought With Heather 2:30 Exercise with Caitlin 3:00 BINGO 6:30 Movie Night</p>	<p>31. 12:00 Movin' Music 12:30 Jumbo Game 1:00 BINGO 2:30 Memory Streets Trivia 3:00 Volley the Clock! 3:30 Mr. Ed</p>
 	<p>KSV Activity Director Heather Allen</p> <p>KSV Activity Staff Jessica Logsdon Kaila Johnson Barbara Lewis Ann Marie Cunningham</p>	<p>All activities are held in the KSV Activity Room unless otherwise indicated. **Activities are subject to change**</p>	<p><i>Morning Activities</i> 9:00 Morning activities 9:15 Daily devotional 9:30 Daily chronicle 10:00 Snack/Chat 10:30 Morning exercise 10:45 Daily Gratitude 11:00 LUNCH</p>	<p><i>Evening Activities</i> 4:30 DINNER 5:00 Games 6:00 Bingo 6:30 Book Club 7:00 Snack and Chat 7:30 Nighttime Stretch</p>	<p>Happy Birthday! Ms. Baugh 07/03/24</p>  	