

# July 2021

• SUNDAY •

• MONDAY •

• TUESDAY •

• WEDNESDAY •

• THURSDAY •

• FRIDAY •

• SATURDAY •



\*Activities Subject to Change

9:15 Devotions  
9:30 Tell A Joke Day!  
10:00 Morning Walk  
10:30 Playdoh  
11:00 Prayer & Wash Hands  
1:15 Music Speaks/Audiobook  
2:00 The Price Is Right Game  
2:30 Chair Exercise  
3:00 Snack- Make Your Own Rice Crispy Treat!  
3:30 SingFit  
5:00 Dinner  
6:00 Coloring  
  
Joke Day

1

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
11:00 Prayer & Wash Hands  
11:30 4<sup>th</sup> of July BBQ Outside!  
12:30 I Love Lucy  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Walking Group  
3:45 Manicures  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Aromatherapy  
7:00 Story Time

2

9:30 Morning Walk  
10:30 Trivia  
11:00 Prayer & Wash Hands  
11:30 Lunch  
1:00 Hymn Sing  
2:00 Walking Group  
3:00 Snack  
3:30 Bubbles Outside!  
4:30 Puzzles  
5:00 Dinner  
6:00 Coloring

3

9:00 Church on TV  
10:00 Sing Along  
11:00 Prayer & Wash Hands  
11:30 Lunch  
1:00 Walking Group  
2:00 Balloon Volleyball  
3:00 Snack  
3:30 Activity Bins  
5:00 Dinner  
6:00 Sunday Movie

4

Independence Day

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
11:00 Prayer & Wash Hands  
11:30 Lunch  
12:30 Gameshow Network  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Bus Ride!  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Aromatherapy/Hand Massages  
7:00 Story Time

5

9:15 Devotions  
9:30 On This Day in History  
10:00 Morning Walk  
10:30 Putt-Putt Golf  
11:00 Prayer & Wash Hands  
2:15 Music Speaks/Audiobook  
2:00 BINGO  
3:00 Snack  
3:30 SingFit  
5:00 Dinner  
6:00 Coloring  
7:00 Story Time

6

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
10:30 Can you Name 5?  
11:00 Prayer & Wash Hands  
11:30 Lunch  
12:30 Gameshow Network  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Walking Group  
3:45 Manicures  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Puzzles

7

World Chocolate Day

9:15 Devotions  
9:30 Hangman  
10:00 Morning Walk  
10:30 Playdoh  
11:00 Prayer & Wash Hands  
1:15 Music Speaks/Audiobook  
2:15 The Price Is Right Game  
2:30 Chair Exercise  
3:00 Snack  
3:30 SingFit  
5:00 Dinner  
6:00 Coloring

8

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
11:00 Prayer & Wash Hands  
11:30 Lunch  
12:30 I Love Lucy  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Walking Group  
3:45 Manicures  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Aromatherapy  
7:00 Story Time

9

9:30 Morning Walk  
10:30 Finish The Phrase  
11:00 Prayer & Wash Hands  
11:30 Lunch  
1:00 Hymn Sing  
2:00 Walking Group  
3:00 Snack  
3:30 National Pina Colada Day!  
4:30 Puzzles  
5:00 Dinner  
6:00 Coloring

10

9:00 Church on TV  
10:00 Sing Along  
11:00 Prayer & Wash Hands  
11:30 Lunch  
1:00 Walking Group  
2:00 Balloon Volleyball  
3:00 Snack  
3:30 Activity Bins  
5:00 Dinner  
6:00 Sunday Movie

11

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
11:00 Prayer & Wash Hands  
11:30 Lunch  
12:30 Gameshow Network  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Bus Ride!  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Aromatherapy/Hand Massages  
7:00 Story Time

12

9:15 Devotions  
9:30 On This Day in History  
10:00 Morning Walk  
10:30 Rubber Ducky Shoot Out!  
11:00 Prayer & Wash Hands  
1:15 Music Speaks/Audiobook  
2:00 Make Cookies with Jackie!  
3:00 Snack  
3:30 SingFit  
5:00 Dinner  
6:00 Coloring  
7:00 Story Time

13

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
10:30 Can you Name 5?  
11:00 Prayer & Wash Hands  
11:30 Lunch  
12:30 Gameshow Network  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Walking Group  
3:45 Manicures  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Puzzles  
7:00 Story Time

14

9:15 Devotions  
9:30 Mad Libs  
10:00 Morning Walk  
10:30 Playdoh  
11:00 Prayer & Wash Hands  
2:15 Music Speaks/Audiobook  
2:00 The Price Is Right Game  
2:30 Chair Exercise  
3:00 Snack  
3:30 SingFit  
5:00 Dinner  
6:00 Coloring

15

9:15 Devotions  
9:30 Morning Walk  
10:00 Live 2B Healthy  
11:00 Prayer & Wash Hands  
11:30 Lunch  
12:30 I Love Lucy  
1:30 SingFit  
2:30 Chair Yoga  
3:00 Snack  
3:30 Walking Group  
3:45 Manicures  
4:45 Prayer & Wash Hands  
5:00 Dinner  
6:00 Aromatherapy  
7:00 Story Time

16

9:30 Morning Walk  
10:30 Trivia  
11:00 Prayer & Wash Hands  
11:30 Lunch  
1:00 Hymn Sing  
2:00 National Emoji Day Quiz  
3:00 Snack  
4:30 Puzzles  
5:00 Dinner  
6:00 Coloring

17

**18**

9:00 Church on TV  
 10:00 Sing Along  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 1:00 Walking Group  
 2:00 Balloon Volleyball  
 3:00 Snack  
 3:30 Activity Bins  
 5:00 Dinner  
 6:00 Sunday Movie

**19**

9:15 Devotions  
 9:30 Morning Walk  
 10:00 Live 2B Healthy  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 12:30 Gameshow Network  
 1:30 SingFit  
 2:30 Chair Yoga  
 3:00 Snack  
 3:30 Bus Ride!  
 4:45 Prayer & Wash Hands  
 5:00 Dinner  
 6:00 Aromatherapy/Hand Massages  
 7:00 Story Time

**20**

9:15 Devotions  
 9:30 On This Day in History  
 10:00 Morning Walk  
 10:30 Rice Bin I Spy  
 11:00 Prayer & Wash Hands  
 1:15 Music Speaks/Audiobook  
 2:15 BINGO  
 3:00 Snack  
 3:30 SingFit  
 5:00 Dinner  
 6:00 Coloring  
 7:00 Story Time

**21**

9:15 Devotions  
 9:30 Morning Walk  
 10:00 Live 2B Healthy  
 10:30 Can you Name 5?  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 12:30 Gameshow Network  
 1:30 SingFit  
 2:30 Chair Yoga  
 3:00 Snack  
 3:30 Walking Group  
 3:45 Manicures  
 4:45 Prayer & Wash Hands  
 5:00 Dinner  
 6:00 Puzzles  
 7:00 Story Time

**22**

9:15 Devotions  
 9:30 Armchair Travel to South Africa  
 10:00 Morning Walk  
 10:30 Playdoh  
 11:00 Prayer & Wash Hands  
 1:15 Music Speaks/Audiobook  
 2:15 Make Tie Pillows!  
 3:00 Snack  
 3:30 SingFit  
 5:00 Dinner  
 6:00 Coloring

**23**

9:15 Devotions  
 9:30 Morning Walk  
 10:00 Live 2B Healthy  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 12:30 I Love Lucy  
 1:30 SingFit  
 2:30 Chair Yoga  
 3:00 Snack  
 3:30 Walking Group  
 3:45 Manicures  
 4:45 Prayer & Wash Hands  
 5:00 Dinner  
 6:00 Aromatherapy  
 7:00 Story Time

Olympic Games

**24**

9:30 Morning Walk  
 10:30 Finish The Phrase  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 1:00 Hymn Sing  
 2:00 Ice Cream Cake Day!  
 3:00 Snack  
 4:30 Puzzles  
 5:00 Dinner  
 6:00 Coloring

**25**

9:00 Church on TV  
 10:00 Sing Along  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 1:00 Walking Group  
 2:00 Balloon Volleyball  
 3:00 Snack  
 3:30 Activity Bins  
 5:00 Dinner  
 6:00 Sunday Movie

**26**

9:15 Devotions  
 9:30 Morning Walk  
 10:00 Live 2B Healthy  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 12:30 Gameshow Network  
 1:30 SingFit  
 2:30 Chair Yoga  
 3:00 Snack  
 3:30 Bus Ride!  
 4:45 Prayer & Wash Hands  
 5:00 Dinner  
 6:00 Aromatherapy/Hand Massages  
 7:00 Story Time

**27**

9:15 Devotions  
 9:30 On This Day in History  
 10:00 Morning Walk  
 10:30 Water Gun Painting  
 11:00 Prayer & Wash Hands  
 1:15 Music Speaks/Audiobook  
 2:15 Foot Massage Spa  
 3:00 Snack  
 3:30 SingFit  
 5:00 Dinner  
 6:00 Coloring  
 7:00 Story Time

**28**

9:15 Devotions  
 9:30 Morning Walk  
 10:00 Live 2B Healthy  
 10:30 Can you Name 5?  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 12:30 Gameshow Network  
 1:30 SingFit  
 2:30 Chair Yoga  
 3:00 Snack  
 3:30 Walking Group  
 3:45 Manicures  
 4:45 Prayer & Wash Hands  
 5:00 Dinner  
 6:00 Puzzles  
 7:00 Story Time

**29**

9:15 Devotions  
 9:30 Hangman  
 10:00 Morning Walk  
 10:30 Playdoh  
 11:00 Prayer & Wash Hands  
 2:15 Music Speaks/Audiobook  
 2:30 Chair Exercise  
 3:00 Snack  
 3:30 SingFit  
 5:00 Dinner  
 6:00 Coloring

**30**

9:15 Devotions  
 9:30 Morning Walk  
 10:00 Live 2B Healthy  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 12:30 I Love Lucy  
 1:30 SingFit  
 2:30 Chair Yoga  
 3:00 Snack  
 3:30 Walking Group  
 3:45 Manicures  
 4:45 Prayer & Wash Hands  
 5:00 Dinner  
 6:00 Aromatherapy  
 7:00 Story Time

**31**

9:30 Morning Walk  
 10:30 Trivia  
 11:00 Prayer & Wash Hands  
 11:30 Lunch  
 1:00 Hymn Sing  
 3:00 Snack  
 3:30 Water Gun Day!  
 4:30 Puzzles  
 5:00 Dinner  
 6:00 Coloring

