

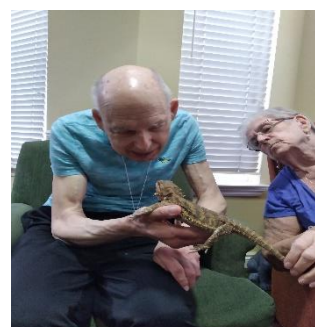


## June's Memories

### NATIONAL DONUT DAY



### Show & Tell: Art's Amphibian & Reptile Talk



### Best of Detroit Community Celebration



FRIENDS & FAMILY REFERRAL PROGRAM!

## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# TWELVE OAKS CONNECT

JULY 2021



Redefining Retirement Living

SINGH

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## UPCOMING EVENT HIGHLIGHT

Our July calendar is bursting with a variety of activities and events. There is something for everyone!

**Independence Day** recognition isn't just one day here at Waltonwood. Join us for our *American Revolution Educational Program, Crafts, Patriotic Music celebration with Lee Piper and "K-A-B-O-O-M" bingo.*

**July is "National Parks" Month.** Saturdays' line up, this month, is dedicated to these beautiful natural treasures. Enjoy our *Daily Chronicle special feature, Ed Programs, "P-A-R-K" bingo and National Parks MONOPOLY game.*

### Waltonwood Summer Olympics July 23 – July 30th

The **"WTO Summer Olympics"** are back! It will kick off with the procession of "Athletes" at our *Opening Ceremony* on *Friday, July 23<sup>rd</sup>* followed by a week of fun with our zany interpretations of a few of the summer game events.

The Olympics will conclude on *July 30<sup>th</sup>* at our *Closing Ceremony* immediately following our last competition.

All levels of "athletic" ability are able to participate so come represent "your" country.

Anyone interested in participating should attend the *"Olympic Committee"* on *July 21<sup>st</sup>.*

## COMMUNITY MANAGEMENT

Richard Mabe  
Regional Executive Director

Gina Steigerwald Conway  
Executive Director

Deanna Hite  
Business Office Manager

Roger Pitts  
Environmental Services Manager

Arthur Woods  
Culinary Services Manager

Alyssa "Lee" Tobias  
Independent Living Manager

Stefanie Roland  
Life Enrichment Manager

Heather Laskos  
Marketing Manager

Ashley Hecksel  
Marketing Manager

Binita Patel  
Resident Care Manager

Courtney Miller  
Wellness Coordinator



ASSOCIATE SPOTLIGHT- CHRIS POLASKY

Chris Polasky is a hardworking, reliable and always helpful member of our Culinary Team. He has worked at WTO a little over 4 years. His mom taught him how to cook when he was 10 years old and he has been perfecting his skills ever since. Chris attended Schoolcraft College for 2 years and then he transferred to OCC and earned a Bachelor of Science Degree in Associated Sciences and his Associates Degree in Culinary. He really enjoyed going to school and said that it was great experience.

Chris grew up in Livonia and went to Livonia Stevenson. He has an older brother Alan and an older sister Andrea. He currently lives in Novi, with his guinea pig Mocha. When Chris isn't working, he enjoys experimenting with his culinary skills and coming up with new recipes. You may also see him on one of his YouTube cooking videos. Chris also enjoys hanging out with friends and family and playing video games. An interesting fact about Chris is that he is very interested in learning about and fixing classic cars. His dad has a few and it's a hobby that they can do together. It'll be amazing to watch Chris grow in his role as a cook at WTO and have him work with us for many more years.



TRANSPORTATION INFORMATION

If you are interested in joining us for an outing, please reserve your seat with the Life Enrichment Team

TRANSPORTATION IS AVAILABLE ON **THURSDAY** FOR DOCTOR APPOINTMENTS.

- July 16 **Trout Fishing** - followed by a picnic lunch as we enjoy the fish we caught
- July 20 **Kroger** Grocery Shopping
- July 20 Restaurant: **Grand Port Grill** followed by Ice Cream on the waterfront
- July 27 **Kroger** Grocery Shopping
- July 27 **Belle Isle** – enjoy and afternoon stroll along the riverside and arboretum

As a reminder, if you are in need of a one or two items at the grocery store, the Life Enrichment Team will be happy to shop for you on our Kroger outing days. Please see Stefanie to discuss details.

JUNE HIGHLIGHTS

8

**World Ocean Day** was made complete with a much anticipated return to Red Lobster Restaurant

11

**Arts Amphibian & Reptile Show and Tell** was **outstanding!** Thank you for sharing your friends with us!



11

We had a beautiful day for our **Ice Tea Party on the Patio Social!** Peach Tea was the favorite of the day!

20

The men in our community were recognized on **Father's Day** with gifts and Rootbeer Floats...yum!



JULY SPECIAL EVENTS

01

We kick off our Independence Day programming with an **Ed Talk** hosted by **Jacque: American Revolution "Culper Spy Ring"**

02

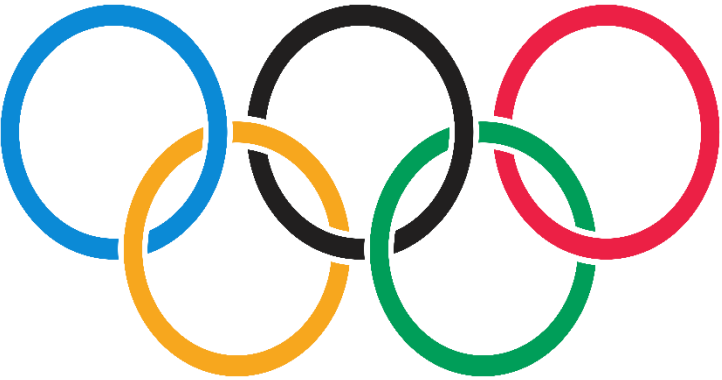
We continue our holiday programming with a **4<sup>th</sup> of July Patrotic celebration** with Lee Piper

12

**Family Fued Day** – we are looking for 2 -- 4 person "families" to go head to head. You may choose from your biological or WTO family.

23-30

The **WTO Summer Olympics** are here! Don't miss out on the fun and laughter as our "athletes" compete for their "countries".



FOREVER FIT – A Fresh Start

A great exercise plan starts with a great foundation and a commitment to wanting to improve how we move and how we feel. As we slowly return to normal, now's the perfect time to reassess your current fitness level and determine what changes can help you return to your strongest, healthiest self. While many of us are ready to reestablish our exercise routine, many of us don't quite know where to begin. By taking some time to meet with our fitness team whether for just a few quick questions or a full assessment we can help identify your strengths, pinpoint your weaknesses and create an accurate picture of your current fitness level to better help you start your fitness journey on the right foot. This summer commit to movement and let our fitness team help you reclaim the health and fitness that lets you feel your very best.

EXECUTIVE DIRECTOR CORNER – Gina Steigerwald Conway, CALD, CDP

Summer is in full swing here at the community and we kicked it off with a great celebration in June with many more fun events planned. Each month brings a new set of challenges but with the ongoing support of residents, families and staff, we continue to overcome any obstacle in our path. We've added several new faces to the team and hope to add more soon. If you know of anyone interested in joining our team, please contact the front desk. The future is bright at Twelve Oaks.