



Celebrating Birthday's in JULY

7/06 Pat K.
7/07 Joyce W.
7/09 Joanne M.
7/10 Ernie B.
7/18 Lavern M.
7/24 Nancy C.
7/28 Connie C.
7/29 Everett H.

JULY 5th
Birthday Celebration
Wishing you a very

Happy Birthday!

Happy 101 Birthday Connie!

What people admire about her?

Her cheerful spirit

She is helpful

Connie's favorite things:

Reading

Nature

Pretty woman movie

Exercising daily

Being healthy

Traveling

What is important to Connie?

Family

3 daughters

4 grandchildren



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

TWELVE OAKS CONNECT

JULY 2021



Waltonwood Twelve Oaks Celebrated being awarded 2020 Best of the Best by the Detroit Free Press!



27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1500
Facebook: /WaltonwoodTwelveOaks

COMMUNITY MANAGEMENT

Executive Director
Gina Steigerwald Conway

Deanna Hite
Business Office Manager

Arthur Woods
Culinary Services Manager

Alyssa Tobias
Independent Living Manager

Monique Furniss
Life Enrichment Manager

Roger Pitts
Environmental Services
Manager

Heather Lasko
Marketing Manager

Ashley Hecksel
Marketing Manager

Binita Patel
Resident Care Manager

Courtney Miller
Wellness Coordinator

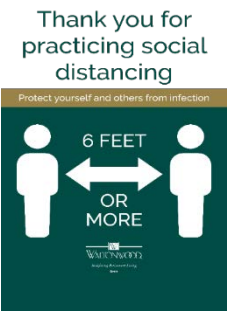
Chris Polasky is a hardworking, reliable and always helpful member of our Culinary Team. He has worked at WTO a little over 4 years. His mom taught him how to cook when he was 10 years old and he has been perfecting his skills ever since. Chris attended Schoolcraft College for 2 years and then he transferred to OCC and earned a Bachelor of Science Degree in Associated Sciences and his Associates Degree in Culinary. He really enjoyed going to school and said that it was great experience.

Chris grew up in Livonia and went to Livonia Stevenson. He has an older brother Alan and an older sister Andrea. He currently lives in Novi, with his guinea pig Mocha. When Chris isn't working, he enjoys experimenting with his culinary skills and coming up with new recipes. You may also see him on one of his YouTube cooking videos. Chris also enjoys hanging out with friends and family and playing video games. An interesting fact about Chris is that he is very interested in learning about and fixing classic cars. His dad has a few and it's a hobby that they can do together. It'll be amazing to watch Chris grow in his role as a cook at WTO and have him work with us for many more years.



Transportation is now available!

Reservations are required at least 2 weeks in advance and are scheduled based on availability. Please schedule your appointment with some flexibility as Dena **may be up to 15 minutes early or late** depending on traffic and other passengers.



Important Things to Remember!

Please keep in mind that all scheduled activities are subject to change depending on the current situation. Things may be added or removed. Please look for updates on the screen and on your ledges for any changes.

JUNE HIGHLIGHTS

- 7

Sundaes on Monday/Birthady Celebration
- 8

World Ocean Day
- 18

Walking Club
- 21

Happy Father's Day
- Green Hat Outing: Red Lobster
- “Celebrating All June Birthadys”
- “Everywhere is walking distance if you have the time.”
- A father is neither an anchor to hold us back, nor a sail to take us there, but a guiding light whose love shows us the way.



FOREVER FIT/WELLNESS

A Fresh Start A great exercise plan starts with a great foundation and a commitment to wanting to improve how we move and how we feel. The past 15+ months however have taught us that the world around us often has other plans, directly impacting the consistency and success of even the best designed fitness routine. A lack of consistency coupled with countless stressors have changed the way even the most dedicated individual approaches exercise. Putting it simply, “*life gets in the way*” and that’s ok, the good news is that it’s never too late to hit the reset button and get a fresh start on your exercise journey. As we slowly return to normal, now’s the perfect time to reassess your current fitness level and determine what changes can help you return to your strongest, healthiest self. While many of us are ready to reestablish our exercise routine, many of us don’t quite know where to begin. By taking some time to meet with our fitness team whether for just a few quick questions or a full assessment we can help identify your strengths, pinpoint your weaknesses and create an accurate picture of your current fitness level to better help you start your fitness journey on the right foot. This summer commit to movement and let our fitness team help you reclaim the health and fitness that lets you feel your very best.

JULY SPECIAL EVENTS

- 04

Happy Independence Day!
- 15

Educational Talk: Traveling to Tanzania Safari
- 23

Maybury State Park
- 30

Diamond Jack Boat Ride
- Land of the free, home of the brave
- Presented by Marv K.
- Come enjoy a beautiful stroll through the park with a picnic lunch.
- “To reach a port we must set sail”



EXECUTIVE DIRECTOR CORNER

Summer is in full swing here at the community and we kicked it off with a great celebration in June and many more fun events planned. Each month brings a new set of challenges but with the ongoing support of residents, families and staff, we continue to overcome any obstacle in our path. We’ve added several new faces to the team and hope to add more soon. If you know of anyone interested in joining our team, please contact the front desk. The future is bright at Twelve Oaks.

-Gina