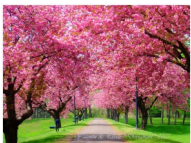
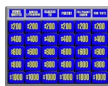
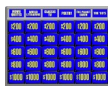


Live More.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2021 The Hearth at Tuxis Pond Senior Living Activities Calendar						
4 Independence Day! 10:00 Catholic Mass-TR 1:00 Sunday Afternoon Movie-TR 4:00 Happy Hour-Café 6:00 Movie Fun-TR 8:00 A Capitol Fourth-TR 	5 10:00 Televised Mass-TR 10:15 News and Views-Café 11:00 Monday Stretch-TR 1:30 Bus Ride Adventure-FL 1:30 Trivia Plaza-TR 2:45 Focus: Travel Canada-TR 3:00 Rosary-TW 4:00 Happy Hour-Café 6:15 Movies Together-TR 	6 10:00 Catholic Mass-TR 10:15 News Break-Café 11:00 Stretch it Out-TR 1:30 Bingo with Becky-TR 2:45 Focus: Bermuda Triangle-TR 3:00 Poker Fun-CR 4:00 Happy Hour-Café 6:15 Movie Choice-TR 	7 10:00 Catholic Mass-TR 10:00 Walmart Shopping-FL 10:15 Let's Discuss-Café 10:30 Board Meeting-PDR 11:00 Exercise for Life-TR 1:00 Trivia Fun-TR 1:30 Ride/Ashley's Ice Cream-FL 2:15 Crafty Creations-Café 2:30 Rendevar World Fun-TW 4:00 Happy Hour-Café 6:15 Movie Night-TR 	8 10:00 Catholic Mass-TR 10:15 News Break-Café 11:00 Move and Groove-TR 1:00 Cornhole-TR 2:00 Focus: Broadway-TR 3:00 Rosary-TW 3:30 Nail Salon-Library 4:00 Happy Hour-Café 6:15 Movie Night Fun-TR 	9 Resident Forum 10:00 Catholic Mass-TR 10:15 Friday News-Café 11:00 Focus on Fitness-TR 1:00 Resident Forum/Juli-DR 1:30 Friday Ride-ML 1:30 Bingo Together-TR 3:00 Travel: Resident Choice-TR 3:00 Poker Fun-CR 4:00 Happy Hour-Café 6:15 Movie Club-TR 	10 10:00 Catholic Mass-TR 1:00 Saturday Movie-TR 4:00 Happy Hour-Café 6:15 Movie Club 
11 10:00 Televised Mass-TR 2:00 Sunday Movie-TR 4:00 Friends and Fun-Café 6:15 Sunday Night Movie-TR 	12 10:00 Televised Mass-TR 10:15 Current Events-Café 11:00 Exercise for Life-TR 1:30 Jeopardy Fun-TR 1:30 Ride with Friends-FL 2:45 Focus: Rogers and Hamer.-TR 3:00 Rosary-TW 4:00 Happy Hour-Café 6:15 Movie Club-TR 	13 10:00 Catholic Mass-TR 10:15 News of the Day-Café 11:00 Cardio Challenge-TR 1:00 Bingo Fun-TR 2:30 Food Forum with Ali-TR 3:00 Focus: Music Choice-TR 3:00 Cards Together-CR 4:00 Happy Hour-Café 6:15 Netflix Pics-TR 	14 10:00 Catholic Mass-TR 10:00 Target Shopping-FL 10:15 Morning News-Café 11:00 Stretch and Flex-TR 1:00 Tough Trivia-TR 2:00 Travel CT with Don-FL 2:15 Crafty Fun-Café 2:30 Rendevar VR-TR 4:00 Happy Hour Fun-Café 6:15 Movie Choice-TR 	15 10:00 Catholic Mass-TR 10:15 Thursday News-Café 11:00 Aging Right Ex-TR 1:00 Cornhole-TR 2:00 Focus: Magicians-TR 3:00 Rosary-TW 3:30 Sitting Pretty-Library 4:00 Happy Hour-Café 6:15 Movie Fun-TR 	16 10:00 Catholic Mass-TR 10:15 Daily News-Café 11:00 Work It Out-TR 1:00 Best at Bingo-Café 1:30 Ride with Friends-ML 2:45 Dean Martin Fun-TR 3:00 Cards with Friends-CR 4:00 Happy Hour-Café 6:15 Friday Night Movies-TR 	17 10:00 Catholic Mass-TR 1:00 Afternoon Movie-TR 4:00 Happy Hour-Café 6:15 Movie Club-TR 
18 10:00 Televised Mass-TR 2:00 Sunday Matinee 4:00 Social Hour-Café 6:15 Movie Choice-TR 	19 10:00 Televised Mass-TR 10:15 Monday News-Café 11:00 Shake It Out-TR 1:30 Trivia Plaza-TR 1:30 Monday Ride-FL 2:30 Rick Steves: Egypt-TR 3:00 Rosary-TW 4:00 Happy Hour-Café 6:15 Movie Night-TR 	20 10:00 Catholic Mass-TR 10:15 News Break-Café 11:00 Move and Groove-TR 1:30 Tuesday Bingo-TR 3:00 Focus: Apollo 11/Moon-TR 3:00 Resident Led Cards-CR 4:00 Happy Hour-Café 6:15 Movie Screening-TR 	21 10:00 Catholic Mass-TR 10:00 Stop and Shop Shopping-FL 10:15 News of the Day-Café 11:00 Exercise Challenge-TR 11:45 Picnic in the Park 1:00 Time for Trivia-TR 1:30 Afternoon Ride (5) 2:15 Let's Get Crafty-TR 2:30 Rendevar VR-TR 4:00 Happy Hour-Café 6:15 Movie Fun-TR 	22 10:00 Catholic Mass-TR 10:15 News and Views-Café 11:00 Stretch/Flex-TR 1:00 Cornhole-TR 2:00 Focus: Olympic History-TR 3:00 Rosary-TW 3:30 Manicures-Library 4:00 Happy Hour-Café 6:15 Thursday Movie-TR 	23 10:00 Catholic Mass-TR 10:15 Friday News-Café 11:00 Sit and Be Fit-TR 1:30 Bingo Lovers-TR 1:30 Travel CT-FL 2:45 Olympic Games-TR 3:00 Cards Together-CR 4:00 Happy Hour-Café 6:15 Friday Night Movie-TR 	24 10:00 Catholic Mass-TR 1:00 Movie Choice-TR 4:00 Happy Hour-Café 6:15 Saturday Movie 
25 10:00 Televised Mass-TR 2:00 Sunday Matinee-TR 4:00 Happy Hour-Café 6:15 Movie Together-TR 	26 10:00 Televised Mass-TR 10:15 Morning Greeting-Café 11:00 Monday Stretch-TR 1:30 Jeopardy-TR 1:15 Ride Together-FL 2:45 Focus: Rock and Roll-TR 3:00 Rosary-TW 4:00 Happy Hour-Café 6:15 Movie Night-TR 	27 10:00 Televised Mass-TR 10:15 News and Views-Café 11:00 Focus on Fitness-TR 1:30 Bingo Challenge-TR 2:45 Resident Choice Program-TR 3:00 Card Game Fun-CR 4:00 Happy Hour-Café 6:15 Movie Choice-TR 	28 10:00 Televised Mass-TR 10:00 Walmart Shopping-FL 11:00 Shaping Up-TR 1:00 Trivia for Thinking-TR 1:30 Bus Ride Fun-FL 2:15 Creative Crafts-Café 2:30 Rendevar VR-TR 4:00 Happy Hour-Café 6:15 Movie Night-TR 	29 10:00 Catholic Mass-TR 11:00 Healthy Heart Ex-TR 1:00 Cornhole-TR 2:00 Birthday Party-TR 2:30 Focus: Travel USA 3:00 Rosary-TW 3:30 Look Good/Feel Good-Library 4:00 Happy Hour-Café 6:15 Movie Fun-TR 	30 10:00 Catholic Mass-TR 10:15 Weekly News-Café 11:00 Tighten it Up-TR 1:30 Bingo Fun-TR 1:30 Friday Ride-FL 2:45 Televised Concert-TR 3:00 Cards Together-CR 4:00 Happy Hour-Café 6:15 Movie with Friends-TR 	31 10:00 Catholic Mass-TR 2:00 Saturday Movie Fun-TR 4:00 Happy Hour-Café 6:15 Movie with Friends-TR 
<u>Live More Director:</u> Becky Elmo <u>Live More Manager:</u> Katy Maynard <u>Live More Coordinators:</u> Jasmine, Megan, Alyssa, Molly	Breakfast: 7:30-9:00 am Lunch: 11:30 am-1:00 pm Dinner: 4:30-6:00 pm	<u>Hairdresser:</u> Mondays: 9:00 am -3:00 pm Wednesdays: 9:00 am-3:00 pm Please see front desk to set up an appointment			<u>Program Location Key:</u> TW=Tidewater Room PDR=Private Dine Rm CR = Card Room Café=Café L= Library-1st flr FL=Main Lobby TR = Tuxis Room GZ = Outdoor Gazebo	