

July 2021

Hearth at Southbury

655 Main Street South, Southbury, Ct. 06488* 203-267-7100* fax: 203-267-7125



Special Events

- 1st- Music w/ Airborne Jazz Trio
- 2nd- Trip to Kent Falls State Park
- 3rd- Patriotic Jell-o Cups
- 4th- Happy 4th of July!
- 5th- Easy Baked S'Mores
- 7th- Men's Woodworking Group
- 7th- National Chocolate Day
- 8th- Hearth Drama Club
- 9th- Botanical Sun Prints
- 10th- Brain Fitness
- 11th- Crazino Slots Game
- 12th- Afternoon Sing-a-long
- 13th- The People Plant Connection
- 14th- Scenic Ride w/ Tom
- 15th- Layered Magic Bars
- 15th- Music w/ Willie Nininger
- 16th- Lunch Bunch: Leo's Restaurant
- 17th- Tisha B'Av
- 18th- Virtual Tour of Titanic Museum
- 19th- Pour Painting Art
- 20th- New Game: Bookworm
- 21st- Trip to the Sycamore
- 22nd- Resident Council Meeting
- 23rd- Senior Olympics
- 24th- Strawberry Shortcake Truffles
- 25th- DIY Foil Room Decorations
- 26th- Chalk Printing
- 27th- Entertainment w/ Larry Batter
- 28th- Trip to Putnam Park
- 28th- Culinary Demo w/ Chef Maureen
- 29th- Homemade Air Fried Chicken Wings
- 30th= Trip to Cornwall Covered Bridge





**Friday, July 16th
12:00pm**

This month we will be ordering from:



**Money & orders are to be given to Marci
by Thursday, July 15th**



**Gail hard at work making
Air fried donuts!**



**Staff & Resident Olympics
Friday, July 23rd!**

**Medals and prizes will be
awarded!**



**Every Friday Morning
9:30am-10:30am am in
Country Kitchen One**





Please welcome our newest residents to the Hearth:

Marilyn Ducey- Apt. 102
Lorraine Pulnik- Apt. 114
Patricia Moyher- Apt. 116
Carol McMillan- Apt. 201
Marilyn & Robert Mitchell- Apt. 214
Esther Laube- Apt. 241



Making Patriotic Door Decorations!

July Birthdays

Connie Terenzi- 7th

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Marilyn Mitchell- 17th

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Joan Fegalman- 20th

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Barbara Mathews- 24th

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Brian Gibney- 24th

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Denise Pratt- 29th



The Science of Sunsets



The third week in July is Capture the Sunset Week, a week to appreciate the gorgeous hues of the setting sun. The colors of a sunset are the result of a process called scattering. Particles in

the atmosphere alter the direction of sunlight. When the sun is low on the horizon, such as at sunset, light has farther to travel and more opportunities to scatter. Sometimes, short-wavelength light that produces blue or violet colors is so scattered that it is lost altogether, leaving only warmer light colors such as brilliant reds and oranges. These are the dramatic colors we love in a sunset. Dust, pollution, moisture, wind, and clouds often scatter the entire spectrum of light, causing colors to dull. Clean air is the best ingredient for beautiful sunsets.

Transportation Schedule:

Mondays:

9am-12pm- Local Errands/Drs. Appts.
1pm-3:30pm- **Keepsake Outing**

Tuesdays:

9am- 12pm- **Waterbury Appointments Only**
1:30pm-3:30pm- Local Errands Only

Wednesdays:

9am-12pm- Local Drs. Appts. ONLY
1pm-3:30pm- **AL Outing**

Thursdays:

9am-1pm- Local Errands & Drs. Appts. ONLY
1pm-3:30pm- **Keepsake Outing**

Fridays:

9am-12pm- **Danbury Drs. & Hospital appts. ONLY**
2pm- **AL Outing**

Please submit all transportation requests directly to the **Nursing Department within 24-48 hours of scheduled appointment. Thank you!**

Management Team:

Rose McMillan, Business Office Manager
bom.southbury@theearthllc.net

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Marci Cyberey, Live More Director
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Mary Napomiceno, Wellness Director
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Chris Brant, Food & Beverage Director
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Jennifer Lama, Live More Adviser
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*

Nicolette Bradshaw, Live More Adviser
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*

Russell Murray, Environmental Services Dir.
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Scenic ride to Lake Waramaug!

Grand Re-opening of PUB HOUR!

