



## Glenwood Place Retirement Community

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www.glenwoodplaceal.net



Professionally managed by  
Jaybird Senior Living.



Proud supporter of the Alzheimer's  
Association of Greater Iowa.

## In Loving Memory of...



Helen Knoll



Bob Scheffert



Ralph Bender

## Welcome New Residents

David and Cindy Petrie  
Dick Schrad



Jane Omann ..... July 3, 1944

Arlene Stalzer ..... July 7, 1928

Marty Bowman ..... July 17, 1930

## Pamela's Post

Just like many other employers throughout the country, Glenwood Place is seeking new employees to join our team! Of course, we are looking to hire new, energetic staff, but I also want to honor my team who has weathered a very difficult 15 months during the pandemic. As a team, we were able to keep Glenwood Place COVID-free: what a triumph alone! I am lucky to work along side a wonderful coordinator team, stand out cooks, housekeepers, resident aides, maintenance team, transportation... the list goes on. Thank you for your patience as we work to build up our team. Families, if you know of someone looking for work, send them our way. I always have great success hiring friends of the wonderful people of Glenwood Place!



## A JAYBIRD SENIOR LIVING SIGNATURE PROGRAM

## Let us help make your dreams a reality.

Everyone in our care is like family. We know their stories, their hopes, and their dreams. This is what draws us together. Every month, we strive to make a dream come true for at least one resident at Glenwood Place.

How can we help make your dream come true?



Bill Block

The 1944 Iowa State NCAA final Four team is, without a doubt, one of the greatest units in the history of Cyclone basketball, and Bill was a key player in their success. Glenwood Place partnered with ISU Athletics to get Bill back on the court. Read the full story on our website!



Helen LaPour

Helen has always owned Boston Terriers. After some time of living at Glenwood Place with her dogs, they eventually passed, leaving Helen without her beloved 4-legged companions. When a staff member discovered the local ARL had a Boston up for adoption, Glenwood Place made sure the two met, leading to Sugar's forever home being Glenwood Place with Helen.



Charming Bennethum

Have you ever dreamed of flying in a helicopter? Charming's dream was made true with a private helicopter tour of Marshall County.

## Brooke's Post

Glenwood Place hosted our 4th Annual Cruise for a Cause event on Thursday, June 17th. The turnout of classic cars and Marshalltown community members was more than we could have ever expected! 25 classic cars rolling into the parking lot, and 100+ guests and residents made donations to help us raise over \$2500! The main objective of the event were two things: 1. to raise money for the Alzheimer's Association to be directed to our Walk for a Cure event in Oct. 2021 and 2. to have a fun evening for our residents seeing cars they grew up riding in. Both goals achieved! Live radio station, KDAO, was on location to help us promote the event. Thank you to all the friends and families of Glenwood Place who came out to support our Fight against Alzheimer's!



# 4th Annual Cruise for a Cause

## EVENT SUCCESS | \$2598 Raised!



GOAL	\$3000
2021	
2020	\$2137
2019	\$1,600
2018	\$1,100



## Happy Hour Cocktail of the Week

Join us every Friday at 4pm for Happy Hour! This is a great time to mingle and meet new friends, or reminisce with old ones.

July 2: Firecracker cocktail served with little smokies, popcorn & M&M's

July 9: Dirty Shirley cocktail served with fruit and crackers

July 16: Rum Punch served with chips, salsa and guacamole

July 23: Blue Fish cocktail served with Shrimp cocktail and goldfish

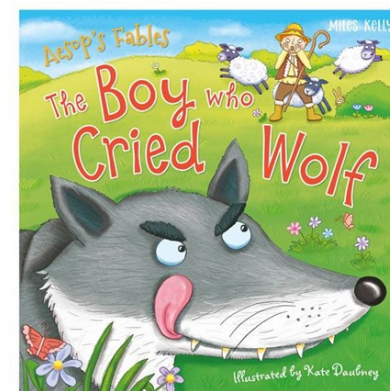
July 30: Electric Lemonade cocktail serviced with pub mix and peanuts

## A Message from Mandi, R.N.

when there actually is the threat of a wolf, no one comes to help.

We have 2-4 RA's per shift that respond to more than 90 resident's needs each and every day. We appreciate our staff and the time they spend caring for each of you. The community has this great system for monitoring pendant usage, time it takes to respond, which residents use it most often, etc. In one week alone, our staff responded to 630 alarms with an average response time of 5 minutes and 5 seconds. The rule of thumb the State would like us to follow is 15 minutes or less, so our staff do a fantastic job considering how large our building is and how many residents they care for. During the week, there are several coordinators here to help and we do try to assist when we can.

You have all heard of this story. The boy cries wolf over and over and then



Upon move in, each resident receives a resident handbook. The handbook refers to the community's emergency call system. "Each resident is provided with an Emergency Call pendant," meaning that bracelet or necklace you push to alert staff that you need assistance. The resident handbook goes on to say "In case of an emergency, activate your emergency call system by pushing your pendant." Resident's often use the pendant to let staff know they are ready for their shower, they need assistance with transport to and from meals or activities, or worst case – a fall! When the pendants are used for unnecessary needs, it takes our staff away from tasks they are to perform by a specific time. The way that our management company decides how many staff we need, is based on the number of tasks the nurses have assigned the staff to perform.

While we are more than happy to assist our Glenwood Place family with most anything they need, staff should not be assisting residents with things like wound care or providing medication to a resident that is not "medication managed" by the nurses. These types of things require a signed doctor order before we are allowed to provide this service to the resident. By asking our staff to do these things that technically are not part of their assigned tasks, it not only puts them in an uncomfortable spot to have to tell a resident no, but these are services that are required to be on your service plan established by the nurse. If staff are routinely assisting you with a task, the nurses will be reviewing your service plan and adding that to the schedule.

Things to press your pendant for.....

I've fallen (even if you can get up – please alert us!)

My bathroom is flooding

A bird flew in my apartment

I'm ready for my shower

I'm bleeding! I need a nurse

Things NOT to press your pendant for.....

Can you hand me a tissue?

I just wanted to let you know next Tuesday I have a hair appointment.

Will you turn off my bathroom light?

Can you get me some ice for my water?

What time is bingo?

We love our staff – lets use their time as efficiently as possible! Thank you!

## A Message from Fabi, R.N.

July is one of my favorite months, not only because it is my birthday month! But because it is the best time to be outside! With that we must keep in mind how important it is to remember that we must protect our skin from the sun's rays. While coping with this extreme heat is not fun for anyone, it is particularly dangerous for the elderly. The elderly are much more susceptible to heat exhaustion and heat stroke than the average adult. Luckily, there are several things seniors can do to stay cool and safe during the hot summer months.

- Stay in an air-conditioned location as much as possible.
- Avoid direct sun exposure. If you must leave your house, try to do it in the early morning or late evening hours when the sun is not at its worst.
- Dress appropriately. Wear loose fitting, light colored clothing. A hat will keep the sun off your face and help you avoid sunburn. And speaking of sunburn, do not forget your SUNSCREEN!
- Stay hydrated! Drink plenty of water, and try to avoid drinks with alcohol or caffeine, which will dehydrate you quickly.

Remember that sun protection can help prevent sunburn and reduce your risk for skin cancer!

