



## Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch with members of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

*Original story from people.com*

*Photo credit: Michael Tullberg/Getty*



# Happy Birthday!

## Residents

Jessie A.	July 03
Mary S.	July 17
Bud M.	July 30

## Staff

Gina S.	July 02
Shirley E.	July 08
Jesse H.	July 14
Maria H.	July 20
Karen H.	July 23
Francis F.	July 29
Scholastica M.	July 29



## Executive Director Corner

Happy July,  
everyone!  
I hope  
that you're

enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask our Life Enrichment

Director, Alyssa, about all of the incredible activities we have planned! ***C'est l'heure de faire la fête (it's party time!)***.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

*Scott Piotrowicz*  
Executive Director

## ER3 Highlights

Once a month we celebrate our staff and all the hard work and long hours they put in for our residents. We recently threw an Indy 500 themed ER3 complete with burgers, car racing, good food, and great friends! Members from all departments come together for this highly anticipated monthly event.



## Happy Hour

Join us every Friday from 3pm to 4pm for Happy Hour featuring a new theme and more fun each week! We recently celebrated "Fin-tastic Friday" with pina coladas and a visit from a real, live, costumed shark!



*LEA Dawn poses with our shark who came to visit for a Fintastic Friday Happy Hour.*



*Resident Rhonda G. enjoys a pina colada during our Fintastic Friday Happy Hour.*



# Trilogy Fit!

Wellness is important for both our residents and staff here at Wellbrooke of Westfield! Every morning at 10am we host a Sittercise class for residents and we love to bring it outside when the weather permits. Walks around our pond are also a favorite vitality exercise that staff and residents can enjoy with one another.



*Residents and staff enjoy a walk around our pond to enjoy good sights and great company!*



*Residents enjoying the fresh air while getting in some exercise.*

## THEME DINNER

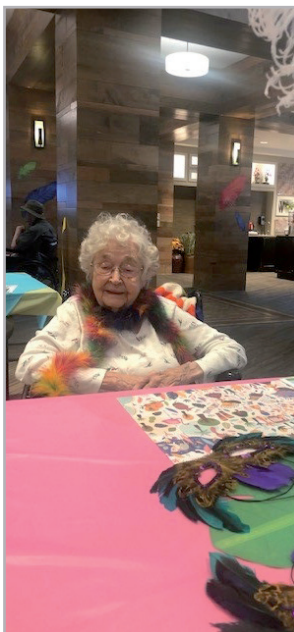
Our next Theme Week will take us to France! Enjoy some photos of our last theme dinner trip to Brazil!



*LED Alyssa and LEA Desiree enjoy donning costumes for our Brazilian Theme Dinner.*



*Resident Elma S. shows off her mask during our Brazil Theme Dinner.*



*Resident Mary S. enjoys the sights and sounds of Brazil during our Theme Dinner trip to Brazil.*

## Pet Therapy

Our favorite kind of therapy is Pet Therapy! LEA Desiree recently brought her puppy Tundra in to pay a visit to our residents.







# WELLBROOKE OF WESTFIELD

*A Trilogy Senior Living Community*

937 E. 186th Street  
Westfield, IN 46074  
317-804-8044

wellbrookeofwestfield.com | [t](#) [f](#)

*Scott Piotrowicz*  
Executive Director

*Kellie Dickerson*  
Director of Health Services

*Samantha Casey*  
Assistant Director of Health Services

*Alexandra Kacer*  
Customer Service Representative

*Robin Jacquette*  
Business Office Manager

*Melissa Horan*  
Director of Rehabilitation Services

*Anita Bryant*  
Social Services Director

*Alyssa Gneiding*  
Life Enrichment Director

*Chef Christopher Claire*  
Director of Food Services

*Rocco Moore*  
Director of Plant Operations

*Bryan Mason*  
Director of Environmental Services

*Amanda Fields*  
Legacy Lane Coordinator

*Karen Hood*  
Assisted Living Director

## Stay in the Loop [t](#) [f](#)

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# Monthly Trivia & Activity Corner

*All trivia answers will be printed in our upcoming month's newsletter!*

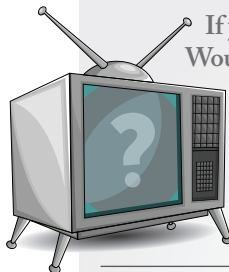
**Question 1:** *The Fourth of July celebrates the adoption of what historic document?*

**Question 2:** *What is the name of the largest planet in our solar system?*

**Question 3:** *What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?*

**Question 4:** *In what year was the 19th amendment ratified?*

**Question 5:** *On what day does the summer solstice occur?*



If you could create a TV show, what would it be?  
Would it be a sitcom? Game show? Crime drama?  
About animals? Or something new?  
Write a brief description and share your ideas.

*Flip the page for last  
month's trivia answers:*

Q1: What river runs through the Grand Canyon? The Colorado River  
Q2: The world's first vaccine was developed to fight which disease? Polio  
Q3: The ocean covers more than \_\_\_\_% of the earth's surface. 70  
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby  
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

## Word Search

H	A	Y	A	K	H	P	Z	S	H	O	W	I	S	A	C	D	Q	X
Y	N	N	P	X	Z	D	A	U	G	H	T	E	R	C	S	I	K	G
H	X	D	L	A	O	M	C	Q	D	J	F	T	D	C	M	N	I	C
N	S	Z	B	P	A	D	C	M	M	D	T	A	S	U	L	R	U	R
J	W	M	U	M	E	K	U	F	A	M	I	L	Y	Q	O	H	G	Q
X	H	Q	Y	T	F	B	R	D	Y	U	T	E	Z	E	V	R	Z	L
Q	E	K	S	S	E	J	A	U	F	L	K	A	F	K	E	L	L	I
L	R	T	P	W	D	L	T	V	A	N	F	R	C	H	N	K	W	T
F	A	V	O	R	I	T	E	C	D	S	O	G	T	T	P	F	C	D
T	H	F	W	Y	W	U	I	V	E	I	Q	O	Z	D	R	H	R	A
B	K	J	M	Q	W	G	Q	I	I	A	M	L	O	X	T	E	L	F
T	E	M	H	C	O	C	F	C	C	S	J	A	F	A	F	C	S	I
F	O	Z	M	L	Y	T	V	V	B	W	I	H	G	G	R	W	V	S
M	R	T	O	J	Q	G	J	S	N	P	A	O	D	I	D	A	A	T
S	Q	I	T	M	V	C	H	I	L	D	S	G	N	V	N	U	M	G
P	B	C	S	W	V	R	C	O	S	S	E	A	D	T	N	E	J	Y
R	S	E	I	L	I	M	W	O	L	K	V	O	I	C	E	E	G	S
I	N	T	E	R	V	I	E	W	H	E	T	C	U	I	G	E	S	U
L	Y	S	H	D	Z	O	S	F	M	C	C	H	G	U	R	M	S	N

ACCURATE  
ACTRESS  
BIOLOGICAL  
CHILD

DAUGHTER  
FAMILY  
FAVORITE  
IMAGINE

INTERVIEW  
LOVE  
MAMA  
MOMMY

MOTHER  
SHOW  
TELEVISION  
VOICE