



Logan Creek  
*Retirement Community*

## Logan Creek

July 2021

2311 E. Division Street  
Mount Vernon, Washington  
98274

### Lanney's Legacy



You may recall the YMCA swimmers gracious donation of flower baskets to our lovely Logan Creek ladies for Mother's Day! As a thank you, we have decided to extend our monthly donation to them for the month of July.

The YMCA swim team is a force to be reckoned with! They have been training since June of 2020 and are now on the Olympic path! The swim coaches for these talented young athletes has recently rebranded the team with new colors and a new logo!

Our donation is in the form of a brand new banner that they couldn't quite afford. The team hasn't yet seen the new logo or colors so we will be joining them for the big reveal of their new beautiful banner! Join us for the excitement and watch them race! Reveal date is to be determined, stay tuned!

### Upcoming Birthdays

Friday, July 2nd:  
Jan B.

Thursday, July 15th:  
Linda

Friday, July 23rd:  
Floyd

Wednesday, July 28th:  
Melissa



What a joy it was to celebrate with  
Fern for her 100th Birthday!



## Library Pre-Opening Tour

Friday, July 2nd at 1:30PM

Good news everyone! Mount Vernon Library is finally re-opening and they've invited all of us for a tour before the big day. Check out books, DVDs, Audiobooks, and even seeds!

## Saturday Bus Trips

**July 3rd:**

### ***Mount Vernon Farmer's Market***

The Farmer's Market provides fresh locally grown produce and handcrafted items, and a chance to support community agriculture in a friendly, informative atmosphere.

**July 10th:**

### ***Skagit Historical Museum***

Located in La Conner, the Historical Museum preserves and presents the County's unique cultural heritage for the enjoyment and education of all.

**July 17th:**

### ***Anacortes Washington Park***

Let's take a scenic drive to Fidalgo Island and hit the beach!

**July 24th:**

### ***Acme Valley Ice Cream***

Located in the Fairhaven Historic District, Acme serves ice cream made from local Whatcom County cows, and rotate their flavors based on seasonal fruits and flavors.

**July 31st:**

### ***Mvsterv Bus Drive!***

## Thursday Bus Trips

at 1:15PM. Sign up in the Lobby!

**July 1st:**

### ***Sedro Woolley's Loggerodeo Festival***

The Chainsaw Carving Capitol of Washington State and Pacific Northwest!

**July 8th:**

### ***Picnic at Bay View State Park***

What's better than a summertime picnic on the beach?!

**July 15th:**

### ***Painting Ceramics at Tri Dee Arts***

Pick from a wide selection of pottery for you to personalize, glaze and have fired in their kiln.

**July 22nd:**

### ***Silver Reef Casino***

**July 29th:**

### ***Lunch with Bob at the La Conner Pub***

Known for serving some of the best burgers in Skagit!

## 4th of July Party

Come celebrate Independence Day with your neighbors! We'll be playing backyard games and serving snacks and refreshments in our beautiful courtyard. Don't forget to dress up in red white and blue!



## **Movie Nights**

*Every Thursday at 6PM in the Theater Room*



**July 1st:**

**Million Dollar Baby (Drama)**

*Starring Clint Eastwood & Hillary Swank*

**July 8th:**

**The Bucket List (Comedy)**

*Starring Jack Nicholson & Morgan Freeman*

**July 15th:**

**East Side West Side (Drama)**

*Starring Barbara Stanwyck, James Mason, Van Heflin, and Ava Gardner*

**July 22nd:**

**School of Rock (Comedy)**

*Starring Jack Black*

**July 29th:**

**The World's Fastest Indian (Drama)**

*Starring Sir Anthony Hopkins*

## **Music Performances**

**Tuesday, July 20th at 2:30PM:**

Come by for some ice cream and to welcome back The Hometowners who will be performing for us again for the first time in a year!

**Friday, July 30th at 3:00PM:**

Happy Hour with a performance from The Salt Dirt Grass Band!

## **Resident Council Meeting**

**When: Friday, July 9th at 2:00PM**

**Where: Dining Room**

As things are slowly but surely returning to normal, we are bringing Resident Council Meetings back! We encourage all residents to attend as this is a great opportunity to discuss community matters that are important to you. Melissa will be leading the meeting, she will start by sharing any new pertinent information with you all, then open up the floor to any questions or concerns you might have.



We had such a great time at HomePlace's Hot Rods and Hot Dogs event!



## **Performance by Jerry & Jerri**

**Friday, July 9th at 4:00PM**



So many of the things that we love have been stripped away by the pandemic.

Jerry & Jerri used to chase live music all over Skagit Valley. They danced every weekend. But then Covid-19 hit, and they couldn't do that anymore, so they adapted.

These two Burlington residents said, "Nothing is going to stop us from getting dressed up and doing what we love." NOTHING was going to stop them from dancing. First they started dancing in their driveway, to the delight of their neighbors. Then as a way to get fresh air and a change of scenery through the lockdown, they took their act to public outdoor spaces, such as Gilkey Square in La Conner, the waterfront in Mount Vernon, and Anacortes.

Jerry and Jerri make themselves happy, and they make other people happy too.

## **Baby Shower**

**Friday, July 16th at 3PM**

With just a few weeks left of pregnancy, it's high time to celebrate Leila's bundle-to-be! Join us in the courtyard for Mimosas, snacks, and party games!

## **Badminton**

***Every other Sunday at 3:30PM***

Sunday afternoons are for courtyard games and we are bringing Badminton back to the rotation!

Developed in British India, badminton is a racquet sport played using racquets to hit a shuttlecock (although we prefer to use a balloon) back and forth across a net. And matches can be played in doubles, so the more the merrier!

## **Fall Prevention with Eden Health**

Falls can result in serious consequences as we age. Each year, more than 25 percent of adults 65 or older have a fall, and 3 million are treated in emergency departments for fall injuries, according to the CDC.

Join Eden Home Health's Fall Prevention Class on **Tuesday July 13th from 4:00 PM to 5:00 PM** to learn effective strategies to prevent falls that can help you stay active, safe, and independent.



## Spotlight: Bill McCutchin



Bill was born in Seattle and spent the first nine years of his life there before his family relocated to Mount Vernon, where he grew up to become an important pillar of our community. Shortly after graduating from MVHS where he was a multi-sport athlete, Bill joined the Marine Corps and served in the Korean War.

Upon his return, he married his beloved high school sweetheart, Marie. They moved to California for a few years but eventually returned home to Skagit Valley where Bill started pursuing higher education at our community college, and graduated early from Western Washington University. Bill began his career in coaching at Lincoln Elementary, and soon returned to his alma mater as an assistant coach for baseball, football, and the wrestling team! He eventually made his way to head coach and led our baseball team to win two state titles, and coached several kids who went on to become professional athletes. Bill was named Washington State Coach of the Year in 1990, and was the second coach to be inducted in Mount Vernon's Hall of Fame.

Bill and Marie built a beautiful family together during their 65 years of marriage; they had two sons and one daughter who gave them four beautiful grandchildren. Bill and Marie shared a passion for travel and took advantage of their retirement by traveling all around the U.S. and visiting countries abroad such as France, Japan, Mexico, Canada, and Korea.



Bill and his beloved Marie



Bill and Marie with Mark Hendrickson. Bill coached Mark before he went on to play for the MLB and NBA!





Carol basking in the sunshine during Happy Hour



Betty and Stevie bonding over their love of the piano



Linda, Clarice and Betty at La Conner's Open Air Arts & Crafts Market



It's ice cream cone season!

"A perfect summer day is when the sun is shining,  
the breeze is blowing, the birds are singing, and  
the lawnmower is broken." – **James Dent**