



July 2021

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From

Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you," "Lisa said in



an interview with the *Today* show. Following a DNA test. Lisa was quickly put into touch with members

of her biological family – and before long, her biological mother.

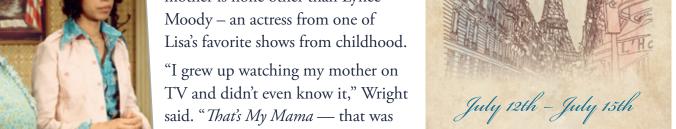
"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee

our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com Photo credit: Michael Tullberg/Getty





Happy Birthday!

Residents	
Evelyn E.	7/4
George H.	7/7
Tina R.	7/9
Gary F.	7/11
Ann H.	7/11
Sandra F.	7/13
Kenneth M.	7/13
Roy W.	7/20
Marcia O.	7/22
Myra H.	7/26
Janet H.	7/27
Staff	
Emily K.	7/9
Felicia L.	7/14
Vera S.	7/21

Resident Spot Light

This month I want to spot light one of our Assisted Living Residents. I want to share a poem that Marlin Himmelwright wrote. This is one of many in his personal collection. Please enjoy this poem:Winter

I have pitied the old In their fight 'gainst the cold, While the wind howls around With an ominous sound, I have pitied the poor With the wolf at the door, Making do with the little they own. For the added expense The foul weather presents, Keep them from surviving alone. And now that I've aged I can see I was sage To sense others' struggle and strain; For the ice and the snow, And the care that won't go, And the pipes that are froze-The front door that won't close, My arthritic hip, And the cracked bottom lip, The darkness and cold And misery untold. Makes my heart yearn for summer again.

- Marlin Hi.

Executive Director Corner

Happy July, everyone! I hope that you're enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – France. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life Enrichment Director about all

of the incredible activities we have planned! C'est l'heure de faire la fête (it's party time!).

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our Independence from Hunger food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate! Have a great month,

Yours in Service.

Amorette

Executive Director

Campus In Color



Darcy and Larry getting ready to garden.

Heart Walk Highlights



Colleen and Scott starting our Heart Walk



Robert Fishing for our Healthy Heart



Stella and Sam Crossing the Finish Line of our Heart Walk



Margaret and Brooke Fishing

Entertainment

Our First live concert was held on Wednesday June 9th. Stay tuned for more live concerts to be scheduled. Every Friday afternoon for Happy Hour we had a list of different concerts played on the television in our bistro. It is so nice to be back together and enjoying some music.

Out & About

We have been taking drives to different locations in Howard and Tipton County. We enjoy these country drives just to get out and see the countryside.

Volunteers Needed

If you are looking for a rewarding way to spend some time let me give you a suggestion. Come spend some quality time with our residents. We are looking for some volunteers to just spend a little extra time with our residents. Maybe it is just to sit and chit chat with them or read them a book. It doesn't have to be difficult or complicated. You may be more comfortable greeting people at the door or answering the phones. No matter what you are comfortable with doing we can find a place for you with our Wellbrooke Family. Just contact Jamie in our Life Enrichment Department for more information.

Artisan program

Part of our new Artisan program is fresh flowers every two weeks on our tables. The residents come together and take care of our fresh flowers. It is such a wonderful sight to see your tables with beautiful fresh flowers that our residents put together.



A Trilogy Senior Living Community

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> Amorette Executive Director

> > Christy

Director of Health Services

Jennifer

Weekend Nursing Supervisor

Wendy

Business Office Manager

Jamie

Life Enrichment Director

Gina Roe

Assistant Director of Health Services

Shelby

Social Service Director

Aaron

Director of Plant Operations

Steven

Director of Food Services

Scott

Environmental Services Supervisor

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: The Fourth of July celebrates the adoption of what historic document?

Question 2: What is the name of the largest planet in our solar system?

Question 3: What is the name of the local jazz group that performed "I Don't Want

To Set The World On Fire"?

Question 4: In what year was the 19th amendment ratified?

Question 5: On what day does the summer solstice occur?

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Flip the page for last month's trivia answers:

Q2: The world's first vaccine was developed to fight which disease? Polio Q3: The ocean covers more than __% of the earth's surface. 70 Q4: What was the name of Lucy? Carolyn Appleby Q5: What is the name of the largest freshwater lake in the world? The Gaspian Sea

Q1: What river runs through the Grand Canyon? The Colorado River About animals? Or something new?
Write a brief description and share your ideas.

If you could create a TV show, what would it be?

Would it be a sitcom? Game show? Crime drama?

Word Gearch

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Υ	Ν	Ν	Р	X	Z	D	Α	U	G	Н	Т	Е	R	С	S	Ι	K	G
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J	W	Μ	U	Μ	Е	K	U	F	Α	М	Ι	L	Υ	Q	Ο	Н	G	Q
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Т	Н	F	W	Υ	W	U	Ι	V	Е	Ι	Q	O	Z	D	R	Н	R	Α
В	K	J	Μ	Q	W	G	Q	Ι	Ι	Α	Μ	L	0	X	Т	Е	L	F
Т	Е	Μ	Н	C	O	C	F	C	С	S	J	Α	F	Α	F	C	S	Ι
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Р	В	C	S	W	V	R	C	O	S	S	Е	Α	D	Т	Ν	Е	J	Υ
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ACCURATE
ACTRESS
BIOLOGICAL
CHILD

DAUGHTER FAMILY FAVORITE IMAGINE INTERVIEW
LOVE
MAMA
MOMMY

MOTHER SHOW TELEVISION VOICE