



David M. 45yrs old

I moved to The Dalles 2 years ago from Portland Oregon.

I was born in Ohio and have been doing Senior Care since 2008. I've done MED Tech, activities and caregiving for years. I have two daughters Maradaya and Morgana 18 and 27. Married to my husband for 1 year now. I have also worked in retail and fast food. I like music, camping, and working with plants. I like making a difference in people's lives. My favorite color is red. I have 2 chihuahuas, names are Parker and Star.

Residents Anniversaries

Theresa H.-----9 Years	Nancy B.-----8 Years
Sarah M.-----4 Years	Leon M.-----4 Years
Ellen S.-----4 Years	Paul K.-----4 Years
Jerry W.-----2 Years	Jerry U.-----2 Years
Fred R.-----2 Years	Judi R.-----1 Year`
Barbara C.-----1 Year	Dick J.-----1 Year

Happy Move in Anniversary

Employee Birthdays & Anniversary

Anniversary-	Carol M.-----2 Years
----- July -----	-----Birthdays-----
Reta M.-----11th	Tiffany C.-----13th
Sadie C.-----17th	Tiffany H.-----19th
Bob W.-----21st	Tonia C.-----23rd
Emily D.-----25th	Dena L.-----26th
Chris B.-----31st	

*Happy Birthday-
On you special day make a special wish.*

Flagstone
SENIOR LIVING

Flagstone Senior
Living
July 2021

3325 Columbia View Drive
The Dalles, OR 97058

Upcoming Events

Shopping Tuesdays & Thursdays @ 8:00am

Walmart July 16th 8:30am

Hallmart store-

Wednesdays- 10:00-11:30

Fridays- 12:30-1:30

Jewelry Making every Wednesday @ 3:30

Painting Class with Ann Tuesdays @ 1:00

Bingo Monday-Wednesday -Saturday @ 12:30

Food Committee Meeting July 12th @ 1:30

Resident Council Meeting July 21st 2:30

Monday-Friday Sit & Be fit @ 10:15

Come and join The July
Activities that we have to offer.
Don't forget to dress up for
Flagstone crazy days.
Crazy Sock Day is July 14th
and
Crazy Hair Day is July 28th



**EMPLOYEE OF
THE MONTH-**
Connie P. The
front desk
Receptionist. She
is always helpful
to the Residents ,
goes above and
beyond to help the
Employees as
well. We are
thankful to have
you as our front
face of Flagstone.


May we think
of freedom, not
as the right to
do as we
please, but as
the opportunity
to do what is
right.

Peter Marshall

July 2021

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support			Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 1:00 LL Movie- "Gifted" 101 Minutes (RR) 3:00 LL Movie- "Something's Gotta Give" 128 Minutes(RR)	9:15 PE Gardening & Walking 10:00 CC Bus Adventure Drive- Must Sign Up 10:15 PE Sit and Be Fit (RR) 12:30 LL Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 LL Bus Adventure Drive- Must Sign Up 2:30 LL Movie- "The Revenge of The Pink Panther" -99 Minutes (RR)	Happy Birthday Sherl D. 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 LL Bingo (RR) 3:00 LL Puzzles and Italian Sodas (AR)
Independence Day 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 LL Movie- "Independence Day" YouTube/91 Minutes 3:00 LL 4th of July Celebration	9:15 PE Gardening & Walking 10:15 PE Sit and Be Fit (RR) 10:30 AE Manicures By Appointment Only (AR) 12:30 LL Bingo (RR) 3:00 AE Puzzles, Painting, Coloring & Visiting (AR) 3:00 LL Show-Johnny Carson "The best of the 60's & 70's" Volume 1	Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 LL Hand Massages (AR) 10:15 PE Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 CE How its made- (RR)	9:15 PE Gardening & Walking 10:00 LL Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 PE Sit and Be Fit (RR) 12:30 LL Bingo (RR) 2:30 PE WII Bowling & Funny Videos (RR) 3:30 AE Jewelry Making (AR)	Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 1:00 LL Movie- "Spirit Bear" (91 Minutes) (RR) 3:00 LL Movie- "The Notebook"-124 Minutes (RR)	Crazy Pony Tail Day Happy Birthday Suzie L. 9:15 PE Gardening & Walking 10:00 CC Bus Adventure Drive- Must Sign Up 10:15 PE Sit and Be Fit (RR) 12:30 LL Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 LL Bus Adventure Drive- Must Sign Up 3:30 CC ED & Tea (RR)	Happy Birthday Paul K. 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 LL Bingo (RR) 3:00 LL Puzzles and Italian Sodas (AR)
Happy Birthday Reta M. 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 LL Movie- "Breakfast at Tiffany's" -114 Minutes	9:15 PE Gardening & Walking 10:15 PE Sit and Be Fit (RR) 10:30 AE Manicures By Appointment Only (AR) 12:30 LL Bingo (RR) 1:30 LL Food Committee Meeting (RR) 3:00 AE Puzzles, Painting, Coloring & Visiting (AR) 3:00 LL Show-Johnny Carson "The best of the 70's & 80's" Volume 1	Happy Birthday Tiffany C. Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 LL Hand Massages (AR) 10:00 AE Knitting & Crocheting (RR) 10:15 PE Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 CE How its made- (RR)	Crazy Socks Day 9:15 PE Gardening & Walking 10:00 LL Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 PE Sit and Be Fit (RR) 12:30 LL Bingo (RR) 2:30 PE WII Bowling & Funny Videos (RR) 3:30 AE Jewelry Making (AR)	Happy Birthday Nancy K. & James V. Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 1:00 LL Movie- "Mr. Poppers Penguins" (94 Minutes) (RR) 3:00 LL Movie- "The Blind Side"- 128 Minutes (RR)	8:30 CC Hood River Appointments & Walmart- Must sign up 9:15 PE Gardening & Walking 10:15 PE Sit and Be Fit (RR) 12:30 LL Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 LL Bus Adventure Drive- Must Sign Up 2:30 LL Movie- "Loves Enduring Promise" -87 Minutes (RR)	Happy Birthday Sadie C. 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 LL Bingo (RR) 3:00 LL Puzzles and Italian Sodas (AR)
10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 LL Movie- "Secondhand Lions"-110 Minutes	Happy Birthday Tiffany H. 9:15 PE Gardening & Walking 10:15 PE Sit and Be Fit (RR) 10:30 AE Manicures By Appointment Only (AR) 12:30 LL Bingo (RR) 2:00 CE Terrace Bus Rides- Stonehenge- Must Sign up 3:00 LL Show-Johnny Carson "The best of the 80's & 90's" Volume 2	Happy Birthday Mintz G. Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 LL Hand Massages (AR) 10:00 AE Knitting & Crocheting (RR) 10:15 PE Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 CE How its made- (RR)	Happy Birthday Bob W. 9:15 PE Gardening & Walking 10:00 LL Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 PE Sit and Be Fit (RR) 12:30 LL Bingo (RR) 2:30 CC Resident Council Meeting (RR) 3:30 AE Jewelry Making (AR) 4:30 LL Waffles for Dinner	Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 3:00 LL Movie- "The Bucket List"- 97 Minutes (RR)	Happy Birthday Tonia C. 9:15 PE Gardening & Walking 10:00 CC Bus Adventure Drive- Must Sign Up 10:15 PE Sit and Be Fit (RR) 12:30 LL Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 LL Bus Adventure Drive- Must Sign Up 2:30 LL Movie- "Home Alone" -103 Minutes (RR)	9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 LL Bingo (RR) 3:00 LL Puzzles and Italian Sodas (AR)
Happy Birthday Emily D. 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 LL Movie- "Good Will Hunting"-126 Minutes	Happy Birthday Loretta L. & Dena L. 9:15 PE Gardening & Walking 10:15 PE Sit and Be Fit (RR) 10:30 AE Manicures By Appointment Only (AR) 12:30 LL Bingo (RR) 3:00 AE Puzzles, Painting, Coloring & Visiting (AR) 3:00 LL Show-Johnny Carson "Johnny goes home" Volume 2	Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 LL Hand Massages (AR) 10:00 AE Knitting & Crocheting (RR) 10:15 PE Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 CE How its made- (RR)	Crazy Hair Day 9:15 PE Gardening & Walking 10:00 LL Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 PE Sit and Be Fit (RR) 12:30 LL Bingo (RR) 2:30 PE WII Bowling & Funny Videos (RR) 3:30 AE Jewelry Making (AR)	Medical Appointments 9:00am-3:00pm 8:00 CC Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 1:00 LL Movie- "The Never Ending Story"- 92 Minutes (RR) 3:00 LL Movie- "The Never Ending Story 2"- 89 Minutes (RR)	9:15 PE Gardening & Walking 10:00 CC Bus Adventure Drive- Must Sign Up 10:15 PE Sit and Be Fit (RR) 12:30 LL Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 LL Bus Adventure Drive- Must Sign Up 2:30 LL Movie- "Andre" 94 Minutes 2:30 LL Movie- "Heaven is for Real" -99 Minutes (RR)	Happy Birthday Chris B. 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 LL Bingo (RR) 3:00 LL Puzzles and Italian Sodas (AR)