

David M. 45yrs old

I moved to The Dalles 2 years ago from
Portland Oregon.

I was born in Ohio and have been doing Senior
Care since 2008. I've done MED Tech, activities
and caregiving for years. I have two daughters
Maradaya and Morgana 18 and 27.

Married to my husband for 1 year now. I have also
worked in retail and fast food. I like music,
camping, and working with plants. I like making a
difference in people's lives. My favorite color is
red. I have 2 chihuahuas, names are
Parker and Star.

Residents Anniversaries

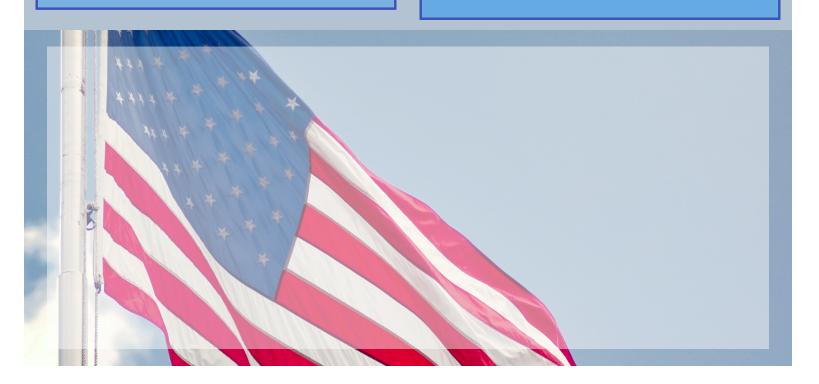
| Theresa H9 Years | Nancy B8 Years |
|------------------|----------------|
| Sarah M4 Years | Leon M4 Years |
| Ellen S4 Years | Paul K4 Years |
| Jerry W2 Years | Jerry U2 Years |
| Fred R2 Years | Judi R1 Year` |
| Barbara C1 Year | Dick J1 Year |
| Happy Move | in Anniversary |

Employee Birthdays & Anniversary

| Anniversary- | Carol M2 Years | | | |
|--------------|----------------|--|--|--|
| July | Birthdays | | | |
| Reta M11th | Tiffany C13th | | | |
| Sadie C17th | Tiffany H19th | | | |
| Bob W21st | Tonia C23rd | | | |
| Emily D25th | Dena L26th | | | |
| Chris B31st | | | | |

Happy Birthday-

On you special day make a special wish.





Upcoming Events

Shopping Tuesdays & Thursdays @ 8:00am

Walmart July 16th 8:30am

Hallmart store-

Wednesdays- 10:00-11:30

Fridays- 12:30-1:30

Jewelry Making every Wednesday @ 3:30

Painting Class with Ann Tuesdays @ 1:00

Bingo Monday-Wednesday -Saturday @ 12:30

Food Committee Meeting July 12th @ 1:30

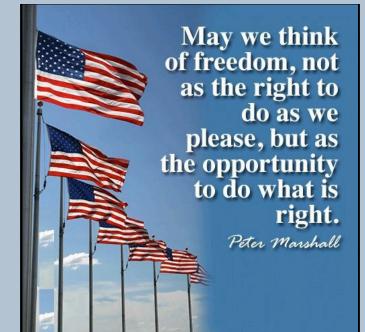
Resident Council Meeting July 21st 2:30

Monday-Friday Sit & Be fit @ 10:15

Come and join The July
Activities that we have to offer.
Don't forget to dress up for
Flagstone crazy days.
Crazy Sock Day is July 14th
and
Crazy Hair Day is July 28th



EMPLOYEE OF
THE MONTHConnie P. The
front desk
Receptionist.She
is always helpful
to the Residents,
goes above and
beyond to help the
Employees as
well. We are
thankful to have
you as our front
face of Flagstone.



| July 2021 Assisted Living Life | style & Leisure | | | | | created SOGEU |
|--|---|--|---|---|---|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| That tone senior Living | AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support | | | Medical Appointments 9:00am-3:00pm 8:00 Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 1:00 Movie- "Gifted" 101 Minutes (RR) 3:00 Movie- "Something's Gotta Give" 128 Minutes(RR) | , | Happy Birthday Sherl D. 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 III Bingo (RR) 3:00 III Puzzles and Italian Sodas (AR) |
| Independence Day 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 Movie- "Independence Day" YouTube/91 Minutes 3:00 4th of July Celebration | 9:15 PE Gardening & Walking 10:15 PE Sit and Be Fit (RR) 10:30 AE Manicures By Appointment Only (AR) 12:30 Bingo (RR) 3:00 AE Puzzles, Painting, Coloring & Visiting (AR) 3:00 Show-Johnny Carson "The best of the 60's & 70's" Volume 1 | Medical Appointments 9:00am-3:00pm 8:00 © Shopping Day- Fred Meyers & Safeway 9:00 LL Hand Massages (AR) 10:15 PE Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 © How its made- (RR) | Walking 10:00 Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 Sit and Be Fit (RR) | Medical Appointments 9:00am-3:00pm 8:00 Shopping Day- Fred Meyers & Safeway 9:00 A Manicures By Appointment Only (AR) 10:15 Sit and Be Fit (RR) 1:00 Movie- "Spirit Bear" (91 Minutes) (RR) 3:00 Movie- "The Notebook"-124 Minutes (RR) | Crazy Pony Tail Day Happy Birthday Suzie L. 9:15 Pagardening & Walking 10:00 Bus Adventure Drive- Must Sign Up 10:15 Pagardening & Fit (RR) 12:30 Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 Bus Adventure Drive- Must Sign Up 3:30 Dec ED & Tea (RR) | Happy Birthday Paul K. 9:00 All Manicures By Appointment Only (AR) 10:00 All Coloring, Painting & Watercolor (AR) 12:30 III Bingo (RR) 3:00 III Puzzles and Italian Sodas (AR) |
| Happy Birthday Reta M. 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 Movie- "Breakfast at Tiffany's" -114 Minutes | | Happy Birthday Tiffany C. Medical Appointments 9:00am-3:00pm 8:00 Shopping Day- Fred Meyers & Safeway 9:00 Hand Massages (AR) 10:00 Ke Knitting & Crocheting (RR) 10:15 Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 Fe How its made- (RR) | Crazy Socks Day 9:15 PE Gardening & Walking 10:00 II Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 PE Sit and Be Fit (RR) 12:30 II Bingo (RR) 2:30 PE WII Bowling & Funny Videos (RR) 3:30 AE Jewelry Making (AR) | Happy Birthday Nancy K. & James V. Medical Appointments 9:00am-3:00pm 8:00 S Shopping Day- Fred Meyers & Safeway 9:00 S Manicures By Appointment Only (AR) 10:15 S Sit and Be Fit (RR) 1:00 Movie- "Mr. Poppers Penguins" (94 Minutes) (RR) 3:00 Movie- "The Blind Side"- 128 Minutes (RR) | 8:30 Hood River Appointments & Walmart- Must sign up 9:15 Gardening & Walking 10:15 Sit and Be Fit (RR) 12:30 Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 Bus Adventure Drive- Must Sign Up 2:30 Movie- "Loves Enduring Promise" -87 Minutes (RR) | Happy Birthday Sadie C. 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 II Bingo (RR) 3:00 II Puzzles and Italian Sodas (AR) |
| 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 Movie- "Secondhand Lions"-110 Minutes | Happy Birthday Tiffany H. 9:15 PB Gardening & Walking 10:15 PB Sit and Be Fit (RR) 10:30 AB Manicures By Appointment Only (AR) 12:30 AB Bingo (RR) 2:00 AB Terrace Bus Rides- Stonehenge- Must Sign up 3:00 AB Show-Johnny Carson "The best of the 80's & 90's" Volume 2 | Happy Birthday Mintz G. Medical Appointments 9:00am-3:00pm 8:00 Shopping Day- Fred Meyers & Safeway 9:00 Hand Massages (AR) 10:00 AE Knitting & Crocheting (RR) 10:15 PE Sit and Be Fit (RR) 1:00 AE Painting Class with Ann (AR) 3:30 E How its made- (RR) | 9:15 PE Gardening & Z Walking | 9:00am-3:00pm | Happy Birthday Tonia C. 9:15 | 9:00 AE Manicures By Appointment Only (AR) 10:00 AE Coloring, Painting & Watercolor (AR) 12:30 III Bingo (RR) 3:00 III Puzzles and Italian Sodas (AR) |
| Happy Birthday Emily D. 10:00 SS Church Services "Live Stream" (Calvary Baptist) 1:00 SS Church Services "Live Stream" (Calvary Baptist) 2:30 Movie- "Good Will Hunting"-126 Minutes | Happy Birthday Loretta L. & Dena L. 9:15 | Medical Appointments 9:00am-3:00pm 8:00 Shopping Day- Fred Meyers & Safeway 9:00 Hand Massages (AR) 10:00 Fixed Knitting & Crocheting (RR) 10:15 Fixed Sit and Be Fit (RR) 1:00 Fixed Painting Class with Ann (AR) 3:30 Fixed How its made- (RR) | Crazy Hair Day 9:15 Gardening & Walking 10:00 Hallmart 10:00am-11:30am (Store- 2nd Floor) 10:15 E Sit and Be Fit (RR) 12:30 Bingo (RR) 2:30 WII Bowling & Funny Videos (RR) 3:30 A Jewelry Making (AR) | Medical Appointments 9:00am-3:00pm 8:00 Shopping Day- Fred Meyers & Safeway 9:00 AE Manicures By Appointment Only (AR) 10:15 PE Sit and Be Fit (RR) 1:00 Movie- "The Never Ending Story"- 92 Minutes (RR) 3:00 Movie- "The Never Ending Story 2"- 89 Minutes (RR) | 9:15 PE Gardening & Walking 10:00 Bus Adventure Drive- Must Sign Up 10:15 PE Sit and Be Fit (RR) 12:30 Hallmart 12:30pm-1:30pm (Store- 2nd Floor) 2:00 Bus Adventure Drive- Must Sign Up 2:30 Movie- "Andre" 94 Minutes 2:30 Movie- "Heaven is for Real" -99 Minutes (RR) | Happy Birthday Chris B. 9:00 All Manicures By Appointment Only (AR) 10:00 All Coloring, Painting & Watercolor (AR) 12:30 III Bingo (RR) 3:00 III Puzzles and Italian Sodas (AR) |