



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Location Keys</p> <p>AE Artistic Expression CC Community Connections LE Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</p> | | <p>Captain's Crossing CC Conference Room Conf Dining Room DR Library Lib Signup Sheet * Train Room TR</p> | | <p>9:00 LE Coffee & Donuts [CC] 1 10:30 PE Stretch & Flex [CC] 1:30 PE Music Therapy [CC] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC] 3:30 LE Book Club [Lib]</p> | <p>9:00 SS Morning Meditation [*] 2 9:30 PE Stretch & Flex [CC] 10:30 PE Flyswatter Volleyball [CC] 1:30 LE Coloring Club! [TR] 2:00 LE Music With Nick Nicholai [DR] 4:00 LE Happy Hour! [CC]</p> | <p>10:30 LE Pullen Piano Recital 3 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC]</p> |
| <p>"May we think of freedom, not as the right to do as we please, but the opportunity to do what is right." - Peter Marshall Independence Day TBD LE 4th of July Parade 1:45 LE Movie [*] 4</p> | <p>Activities Department Closed for Independence Day (observed) 5 1:30 AE Coloring Club! [TR]</p> | <p>9:00 PE Fall Prevention w/Ania [CC] 6 9:00 LE Safeway Trip [*] 10:30 PE Stretch & Flex [CC] 2:00 LE Bingo [DR] 2:00 AE Creative Circle 3:00 LE Bus Ride to Walgreens (20% Off!!) [*] 3:30 PE Music Therapy! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 7 11:00 SS Bible Study [Lib] 1:30 LE Concert in the Theater! 3:30 PE Afternoon Walk [CC]</p> | <p>9:00 LE Coffee & Donuts [CC] 8 10:30 PE Stretch & Flex [CC] 1:30 PE Music Therapy [CC] 2:00 LE Bingo [DR] 3:00 CC Arts Committee [Conf] 3:30 PE Afternoon Walk [CC]</p> | <p>9:00 SS Morning Meditation [*] 9 9:30 PE Stretch & Flex [CC] 10:30 PE Flyswatter Volleyball [CC] 1:30 LE Coloring Club! [TR] 4:00 LE Happy Hour! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 10 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC]</p> |
| <p>"Act as if what you do makes a difference. It does." - William James 1:45 LE Movie [*] 11</p> | <p>10:30 PE Stretch & Flex [CC] 12 1:30 AE Coloring Club! [TR] 1:45 SS Monday Meditation [*] 2:30 AE Music & Sing Along with Friends [CC]</p> | <p>9:00 LE Safeway Trip [*] 13 10:30 PE Stretch & Flex [CC] 2:00 LE Bingo [DR] 2:00 LE Tuesday Tea 3:30 PE Music Therapy! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 14 11:00 SS Bible Study [Lib] 2:00 LE Birthday Party! (Invite Only) [DR] 3:30 PE Afternoon Walk [CC] 3:30 LE Concert in the Theater [*]</p> | <p>9:00 LE Coffee & Donuts [CC] 15 10:30 PE Stretch & Flex [CC] 1:30 PE Music Therapy [CC] 2:00 CC Food Committee Meeting [DR] 3:30 PE Afternoon Walk [CC]</p> | <p>9:00 SS Morning Meditation [*] 16 9:30 PE Stretch & Flex [CC] 10:30 PE Flyswatter Volleyball [CC] 1:30 LE Bus Ride 1:30 LE Coloring Club! [TR] 4:00 LE Happy Hour! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 17 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC]</p> |
| <p>"There are no limits to what you can accomplish, except the limits you place on your own thinking." - Brian Tracy 1:45 LE Movie [*] 18</p> | <p>10:30 PE Stretch & Flex [CC] 19 1:30 AE Coloring Club! [TR] 1:45 SS Monday Meditation [*] 2:00 CC Community Connections Committee</p> | <p>9:00 PE Fall Prevention w/Ania [CC] 20 9:00 LE Safeway Trip [*] 10:30 PE Stretch & Flex [CC] 2:00 LE Bingo [DR] 2:00 AE Creative Circle 3:30 PE Music Therapy! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 21 11:00 SS Bible Study [Lib] 2:00 LE Educational Lecture with Select Rehab 3:30 PE Afternoon Walk [CC] 3:30 LE Concert in the Theater [*]</p> | <p>9:00 LE Coffee & Donuts [CC] 22 10:30 PE Stretch & Flex [CC] 1:30 PE Music Therapy [CC] 2:00 LE Bingo [DR] 3:00 CC Arts Committee [Conf] 3:30 PE Afternoon Walk [CC]</p> | <p>9:00 SS Morning Meditation [*] 23 9:30 PE Stretch & Flex [CC] 10:30 PE Flyswatter Volleyball [CC] 1:30 LE Coloring Club! [TR] 4:00 LE Happy Hour! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 24 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC]</p> |
| <p>"You are never too old to set another goal, or to dream a new dream." - C.S. Lewis 1:45 LE Movie [*] 25</p> | <p>10:30 PE Stretch & Flex [CC] 26 1:30 AE Coloring Club! [TR] 1:45 SS Monday Meditation [*] 2:00 Resident Council Meeting</p> | <p>9:00 LE Safeway Trip [*] 27 10:30 PE Stretch & Flex [CC] 2:00 LE Bingo [DR] 3:30 PE Music Therapy! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 28 11:00 SS Bible Study [Lib] 2:00 LE Ice Cream Social (Open To All) 3:30 PE Afternoon Walk [CC] 3:30 LE Concert in the Theater [*]</p> | <p>9:00 LE Coffee & Donuts [CC] 29 10:30 PE Stretch & Flex [CC] 1:30 PE Music Therapy [CC] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC]</p> | <p>9:00 SS Morning Meditation [*] 30 9:30 PE Stretch & Flex [CC] 10:30 PE Flyswatter Volleyball [CC] 1:30 LE Bus Trip to The Market/ Rite Aid [*] 1:30 LE Coloring Club! [TR] 4:00 LE Happy Hour! [CC]</p> | <p>10:30 PE Stretch & Flex [CC] 31 1:45 LE Movie [*] 2:00 LE Bingo [DR] 3:30 PE Afternoon Walk [CC]</p> |