



PLEASE COME AND ENJOY
THE BEAUTIFUL MUSIC OF

ANNABELLE AND EVELYN

*These two friends have put together
a collaboration of music to play for
you all! Annabelle has played for us
before and now we get to experience
the talents of Evelyn too!*

**FRIDAY JULY 9TH AT 2:00PM
IN THE DINING ROOM**

Trip Out to Bubba's Farm

Let's get outta here! Sign
up at the Front Desk to go
out to visit Bubba at her
Farm. We Load up the
bus at 10:30am on
Tuesday July 13th.
Bagged Lunch Provided.

Happy Birthday

Helen L. - July 1st
Bill F. - July 11th
Ed F. - July 14th
Barbara C. - July 23rd
Delphine H. - July 27th
JoAnn B. - July 27th
Vernal K. - July 29th

As we go back to regular dining seating
we wanted to remind you of meal times

BRIDGEPORT PLACE MEAL TIMES

BREAKFAST

7:00am-9:00am

LUNCH

First Seating-11:00am
Second Seating- 12:15pm

DINNER

First Seating- 4:00pm
Second Seating- 5:15pm

Kitchen Closes at 6:00pm

ANYTIME DINING
RESIDENTS ARE ABLE TO ORDER
FROM THE ANYTIME DINING MENU
DAILY FROM 7:00AM- 5:00PM

July
2021

Bridgeport Place



Bridgeport Place
Assisted Living & Memory Care

5250 Bridgeport Way W
University Place, WA 98467

GORGEOUS GRANDMA DAY PHOTO SHOOT

**JULY 23RD AT
1:00PM
IN THE LOBBY**

Important Dates to Remember

July 4th- Independence Day
July 8th- Activity Planning Meeting
July 9th - Zooming with Pat
July 13th- Trip to see Bubba
July 16th- Chat with the ED
July 20th- Chat with the Chef
July 23rd - Gorgeous Grandma Photo Shoot
July 27th-Take your Houseplant for a Walk

A FRIENDLY REMINDER

DO YOU KNOW YOUR WEEKLY HOUSEKEEPING DAY?

MONDAYS

Rooms 101- 119

TUESDAYS

Rooms 201- 213

WEDNESDAYS

Rooms 214-226

THURSDAYS

Rooms 301-315

FRIDAYS

Rooms 316-328

*All laundry will be picked up
by 10:30am to ensure it will
be returned the same day*

HOLIDAYS WILL CAUSE FOR DATE
CHANGES BUT YOU WILL BE
NOTIFIED WHEN THIS OCCURS.



Piano Music by Lynne


**JULY 23RD
2:00PM IN
THE DINING
ROOM**



July 2021

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>AE</div> Artistic Expression</div> <div><div>CC</div> Community Connections</div> <div><div>CE</div> Continuing Education</div> <div><div>LL</div> Lifestyle & Leisure</div> <div><div>PE</div> Physical Engagement</div> <div><div>SS</div> Spiritual Support</div> <div><div>Location Keys</div><div>Activity Room AR</div><div>Dining Room DR</div><div>Fireside Lounge FL</div><div>Lobby LOB</div><div>Media Room MR</div></div>			<div>Happy Birthday Helen L. 1</div> <div>10:00 <div>PE</div> Let's Move it! Seated Yoga [AR]</div> <div>1:00 <div>PE</div> Cardio Drumming [AR]</div> <div>2:00 <div>LL</div> Dining Room BINGO [DR]</div> <div>3:00 <div>CE</div> National Parks -National Geographic Documentary [AR]</div> <div>3:00 <div>CC</div> Scenic Drive with Roger</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 2</div> <div>1:00 <div>SS</div> Colorful Meditation [AR]</div> <div>2:00 <div>LL</div> Happy Hour- Margaritas [AR]</div> <div>3:00 <div>LL</div> Boggle [AR]</div> <div>5:30 <div>LL</div> Friday Night Netflix [MR]</div>	<div>Menus Due to the Front Desk by 4:30pm 3</div> <div>Spirit Day! - Wear Red, White, and Blue</div> <div>10:00 <div>LL</div> Mingling and Munchies [FL]</div> <div>1:00 <div>SS</div> Nail Care with Amy- Sign Up at the Front Desk</div> <div>3:00 <div>LL</div> Skip-Bo [AR]</div>
<div>Independence Day 4</div> <div>3:00 <div>SS</div> Pretty Patio- Gardening</div> <div>6:00 <div>SS</div> Sunday Night Bible Study and Fellowship [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 5</div> <div>10:30 <div>LL</div> Play Pool with Rodger [FL]</div> <div>1:00 <div>LL</div> Black Jack [AR]</div> <div>2:00 <div>CE</div> Food, Fun, and Friends- Strawberry Sundaes [AR]</div> <div>3:00 <div>LL</div> Fred Meyer Outing</div>	<div>New Menus Handed Out 6</div> <div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR]</div> <div>10:30 <div>CC</div> Lunch in the Park</div> <div>1:00 <div>AE</div> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR]</div> <div>3:00 <div>CE</div> Trivia Tuesday! [AR]</div> <div>6:00 <div>LL</div> Golf Card Game [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 7</div> <div>1:00 <div>CC</div> Resident Meeting [AR]</div> <div>2:00 <div>LL</div> Sunshine Group MC Outreach [AR]</div> <div>3:00 <div>PE</div> Wednesday Walkers [LOB]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Yoga [AR] 8</div> <div>1:00 <div>PE</div> Cardio Drumming [AR]</div> <div>2:00 <div>LL</div> Dining Room BINGO [DR]</div> <div>3:00 <div>CE</div> Activity Planning Meeting [AR]</div> <div>3:00 <div>CC</div> Scenic Drive with Roger</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 9</div> <div>1:00 <div>SS</div> Colorful Meditation [AR]</div> <div>2:00 <div>AE</div> Piano Performance from Annabelle and Esther [DR]</div> <div>3:00 <div>LL</div> UNO- Small Groups [AR]</div> <div>4:00 Zooming with Pat</div> <div>5:30 <div>LL</div> Friday Night Netflix [MR]</div>	<div>Menus Due to the Front Desk by 4:30pm 10</div> <div>Spirit Day! - Wear Your Favorite Color Day!</div> <div>10:00 <div>LL</div> Mingling and Munchies [FL]</div> <div>1:00 <div>LL</div> Barnes & Noble Trip Out</div> <div>3:00 <div>LL</div> Skip-Bo [AR]</div>
<div>Happy Birthday Bill F. 11</div> <div>3:00 <div>SS</div> Pretty Patio- Gardening</div> <div>6:00 <div>SS</div> Sunday Night Bible Study and Fellowship [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 12</div> <div>10:30 <div>LL</div> Play Pool with Rodger [FL]</div> <div>1:00 <div>LL</div> Black Jack [AR]</div> <div>2:00 <div>LL</div> Mc Donalds and Dollar Tree Outing</div>	<div>New Menus Handed Out 13</div> <div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR]</div> <div>10:30 <div>CC</div> Outing to Bubba's Farm</div> <div>1:00 <div>AE</div> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR]</div> <div>3:00 <div>CE</div> Trivia Tuesday! [AR]</div> <div>6:00 <div>LL</div> Golf Card Game [AR]</div>	<div>Happy Birthday Ed F. 14</div> <div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR]</div> <div>1:00 <div>AE</div> Craft Hour-Tie-Dye Shirts [AR]</div> <div>2:00 <div>LL</div> Dominoes [AR]</div> <div>3:00 <div>LL</div> Pretty Patio - Gardening Group</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Yoga [AR] 15</div> <div>1:00 <div>PE</div> Walker Wash</div> <div>2:00 <div>LL</div> Dining Room BINGO [DR]</div> <div>3:00 <div>CE</div> National Parks -National Geographic Documentary [AR]</div> <div>3:00 <div>CC</div> Scenic Drive with Roger</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 16</div> <div>1:00 <div>CC</div> Chat with Pat (ED) [AR]</div> <div>2:00 <div>LL</div> Happy Hour- Pina Coladas [AR]</div> <div>3:00 <div>CE</div> Scattagories- Word Recall game [AR]</div> <div>5:30 <div>LL</div> Friday Night Netflix [MR]</div>	<div>Menus Due to the Front Desk by 4:30pm 17</div> <div>Spirit Day! - Wear Stripes or Polka Dots</div> <div>10:00 <div>LL</div> Mingling and Munchies [FL]</div> <div>1:00 <div>SS</div> Nail Care with Amy- Sign Up at the Front Desk</div> <div>3:00 <div>LL</div> Skip-Bo [AR]</div>
<div>3:00 <div>SS</div> Pretty Patio- Gardening 18</div> <div>6:00 <div>SS</div> Sunday Night Bible Study and Fellowship [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 19</div> <div>10:30 <div>LL</div> Play Pool with Rodger [FL]</div> <div>1:00 <div>LL</div> Black Jack [AR]</div> <div>2:00 <div>CE</div> Food, Fun, and Friend- Bagels and Cream Cheese [AR]</div> <div>3:00 <div>LL</div> Fred Meyer Outing</div>	<div>New Menus Handed Out 20</div> <div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR]</div> <div>11:00 <div>LL</div> Lunch out -Chinese Food</div> <div>1:00 <div>CC</div> Chat with the Chef [AR]</div> <div>2:00 <div>AE</div> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR]</div> <div>3:00 <div>CE</div> Trivia Tuesday! [AR]</div> <div>6:00 <div>LL</div> Golf Card Game [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 21</div> <div>1:00 <div>AE</div> Craft Hour-You Rock Painting [AR]</div> <div>2:00 <div>LL</div> Sunshine Group MC Outreach [AR]</div> <div>3:00 <div>PE</div> Wednesday Walkers [LOB]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Yoga [AR] 22</div> <div>1:00 <div>PE</div> Cardio Drumming [AR]</div> <div>2:00 <div>LL</div> Dining Room BINGO [DR]</div> <div>3:00 <div>CE</div> National Parks -National Geographic Documentary [AR]</div> <div>3:00 <div>CC</div> Scenic Drive with Roger</div>	<div>Happy Birthday Barbara C. 23</div> <div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR]</div> <div>1:00 <div>LL</div> Gorgeous Grandma Photo Shoot [LOB]</div> <div>2:00 <div>AE</div> Music with Lynne [DR]</div> <div>3:00 <div>LL</div> Cribbage [AR]</div> <div>5:30 <div>LL</div> Friday Night Netflix [MR]</div>	<div>Menus Due to the Front Desk by 4:30pm 24</div> <div>Spirit Day! - Wear a Hat Day! (Cowboy Day)</div> <div>10:00 <div>LL</div> Mingling and Munchies [FL]</div> <div>1:00 <div>LL</div> Hobby Lobby Trip</div> <div>3:00 <div>LL</div> Skip-Bo [AR]</div>
<div>3:00 <div>SS</div> Pretty Patio- Gardening 25</div> <div>6:00 <div>SS</div> Sunday Night Bible Study and Fellowship [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 26</div> <div>10:30 <div>LL</div> Play Pool with Rodger [FL]</div> <div>1:00 <div>LL</div> Black Jack [AR]</div> <div>2:00 <div>CE</div> Food, Fun, and Friends- Chili Cheese Dogs [AR]</div> <div>3:00 <div>LL</div> Fred Meyer Outing</div>	<div>Happy Birthday Delphine H. and JoAnn B. 27</div> <div>New Menus Handed Out</div> <div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR]</div> <div>1:00 <div>CC</div> Value Village Trip</div> <div>2:00 <div>AE</div> Diamond Painting- Small Groups- Sign Up at the Front Desk! [AR]</div> <div>3:00 <div>CE</div> Trivia Tuesday! [AR]</div> <div>6:00 <div>LL</div> Golf Card Game [AR]</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 28</div> <div>1:00 <div>AE</div> Craft Hour-Wine Bottle Fruit [AR]</div> <div>2:00 <div>LL</div> Dominoes [AR]</div> <div>3:00 <div>LL</div> Pretty Patio - Gardening Group</div>	<div>Happy Birthday Vernal K. 29</div> <div>10:00 <div>PE</div> Let's Move it! Seated Yoga [AR]</div> <div>1:00 <div>PE</div> Cardio Drumming [AR]</div> <div>2:00 <div>LL</div> Dining Room BINGO [DR]</div> <div>3:00 <div>CE</div> National Parks -National Geographic Documentary [AR]</div> <div>3:00 <div>CC</div> Scenic Drive with Roger</div>	<div>10:00 <div>PE</div> Let's Move it! Seated Exercise [AR] 30</div> <div>1:00 <div>SS</div> Colorful Meditation [AR]</div> <div>2:00 <div>LL</div> Happy Hour- Snow Cones [LOB]</div> <div>3:00 <div>CE</div> Concentration (Memory Game) and Cheesecake [AR]</div> <div>5:30 <div>LL</div> Friday Night Netflix [MR]</div>	<div>Menus Due to the Front Desk by 4:30pm 31</div> <div>Spirit Day! - Wear a Travel Tee Shirt</div> <div>10:00 <div>LL</div> Mingling and Munchies [FL]</div> <div>1:00 <div>SS</div> Nail Care with Amy- Sign Up at the Front Desk</div> <div>3:00 <div>LL</div> Skip-Bo [AR]</div>