

July 2021

Arbor Rose Cottages 1, 2, 3, 5



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- AE** Artistic Expression
- CC** Community Connection
- CE** Continuing Education
- LL** Lifestyle & Leisure
- PE** Physical Engagement
- SS** Spiritual Support

Location Keys

- Adult Day Club ADC
- All Cottages ALL
- Cottage 1 & 5 C1 + C5
- Cottage 2 & 5 C2 + C5
- Cottage 3 & 5 C3 + C5
- Cottage 5 C5

A friendly reminder..

Sarah the Beautician will be here every Thursday. Appointments are made by calling the front desk receptionist. Thank you!

<p>Independence Day 4</p> <p>9:00 SS Watching Church Service [ALL]</p> <p>10:00 SS Bible Study [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>1:15 CC Patriotic Cookies Social [ALL]</p> <p>2:30 LL Manicures & Music [C1 + C5]</p> <p>3:15 LL Taking it Easy [C1 + C5]</p> <p>4:00 PE Walking Club [C1 + C5]</p>	<p>5</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 LL Puzzles, games & more [C2 + C5]</p> <p>2:30 CC Ladies Club [ADC]</p> <p>3:15 PE Afternoon Stroll [C2 + C5]</p> <p>4:00 LL Relax & Unwind [C2 + C5]</p>	<p>6</p> <p>10:00 PE Tai Chi with Roxanne [ADC]</p> <p>11:15 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>2:30 AE Arts & Crafts Class with Paulette [ADC]</p> <p>3:15 LL Hanging out [C3 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>7</p> <p>10:00 SS Praise & Share [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:15 LL Chocolate Ice Cream Social [ALL]</p> <p>3:30 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Resting Up [C1 + C5]</p>	<p>1</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 AE Color me Happy [C2 + C5]</p> <p>1:30 LL Taking it Easy [C2 + C5]</p> <p>2:45 LL Bingo [C2 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>2</p> <p>10:00 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>10:30 CC Veteran Pinning Ceremony Celebration (Veteran's only) [ADC]</p> <p>11:30 CC Fourth of July Hot Dog Lunch [ADC]</p> <p>2:30 CC Fourth of July Social [ALL]</p> <p>3:15 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Relax & Unwind [C1 + C5]</p>	<p>3</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:15 CC Front porch visits with friends [ALL]</p> <p>2:30 LL Midday Movie Matinee [C3 + C5]</p> <p>3:15 LL Passing Time [C3 + C5]</p> <p>4:00 PE Walking Club [C3 + C5]</p>
<p>11</p> <p>9:00 SS Watching Church Service [ALL]</p> <p>10:00 SS Bible Study [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:30 LL Manicures & Music [C1 + C5]</p> <p>3:15 LL Taking it Easy [C1 + C5]</p> <p>4:00 PE Walking Club [C1 + C5]</p>	<p>12</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 LL Card Games [C2 + C5]</p> <p>2:30 CC Monthly Activity Meeting [ALL]</p> <p>3:15 PE Afternoon Stroll [C2 + C5]</p> <p>4:00 LL Relax & Unwind [C2 + C5]</p>	<p>13</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:45 PE Tai Chi with Roxanne [ADC]</p> <p>2:30 AE Build & paint your own Birdhouse [ADC]</p> <p>3:15 LL Hanging out [C3 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>14</p> <p>10:00 SS Praise & Share [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:15 LL Popsicle Social [ALL]</p> <p>2:30 CC United Healthcare Event with Duston [ADC]</p> <p>4:00 PE Afternoon Stroll [C1 + C5]</p>	<p>15</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 AE Color me Happy [C2 + C5]</p> <p>1:00 CC Resident Council [ADC]</p> <p>1:30 LL Taking it Easy [C2 + C5]</p> <p>2:45 LL Bingo [C2 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>16</p> <p>10:00 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>10:15 CE Leisure Acts of Kindness: Treats & Chews [C1 + C5]</p> <p>2:30 CC Dog Fashion Show [ALL]</p> <p>3:15 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Relax & Unwind [C1 + C5]</p>	<p>17</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:15 CC Front porch visits with friends [ALL]</p> <p>2:30 LL Midday Movie Matinee [C3 + C5]</p> <p>3:15 LL Passing Time [C3 + C5]</p> <p>4:00 PE Walking Club [C3 + C5]</p>
<p>18</p> <p>9:00 SS Watching Church Service [ALL]</p> <p>10:00 SS Bible Study [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:30 LL Manicures & Music [C1 + C5]</p> <p>3:15 LL Taking it Easy [C1 + C5]</p> <p>4:00 PE Walking Club [C1 + C5]</p>	<p>19</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 CC Puzzles, games & more [C2 + C5]</p> <p>2:30 CC Men's Group [ADC]</p> <p>3:15 PE Afternoon Stroll [C2 + C5]</p> <p>4:00 LL Relax & Unwind [C2 + C5]</p>	<p>20</p> <p>8:00 CC NATIONAL LOLLIPOP DAY (Lollipops will be passed out for everyone!) [ALL]</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:45 PE Tai Chi with Roxanne [ADC]</p> <p>2:30 CC Rock Painting & Smoothies with Jesenia [ADC]</p> <p>3:15 LL Hanging out [C3 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>21</p> <p>10:00 SS Praise & Share [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:15 LL Root Beer Float Social [ALL]</p> <p>3:30 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Resting Up [C1 + C5]</p>	<p>22</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 AE Color me Happy [C2 + C5]</p> <p>1:30 LL Taking it Easy [C2 + C5]</p> <p>2:45 LL Bingo [C2 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>23</p> <p>10:00 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>10:15 CE Discuss & Recall: Famous Lighthouses [C1 + C5]</p> <p>2:30 CC Picture Day [ADC]</p> <p>3:15 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Relax & Unwind [C1 + C5]</p>	<p>24</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:15 CC Front porch visits with friends [ALL]</p> <p>2:30 LL Midday Movie Matinee [C3 + C5]</p> <p>3:15 LL Passing Time [C3 + C5]</p> <p>4:00 PE Walking Club [C3 + C5]</p>
<p>25</p> <p>9:00 SS Watching Church Service [ALL]</p> <p>10:00 SS Bible Study [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:30 LL Manicures & Music [C1 + C5]</p> <p>3:15 LL Taking it Easy [C1 + C5]</p> <p>4:00 PE Walking Club [C1 + C5]</p>	<p>26</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 LL Card Games [C2 + C5]</p> <p>2:30 CC Photographic Memory & Freshly Popped Popcorn [ADC]</p> <p>3:15 PE Afternoon Stroll [C2 + C5]</p> <p>4:00 LL Relax & Unwind [C2 + C5]</p>	<p>27</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:45 PE Tai Chi with Roxanne [ADC]</p> <p>2:30 AE Summer Suncatchers [ADC]</p> <p>3:15 LL Hanging out [C3 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>28</p> <p>10:00 SS Praise & Share [C5]</p> <p>11:15 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>2:15 LL Strawberry Ice Cream Social [ALL]</p> <p>3:30 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Resting Up [C1 + C5]</p>	<p>29</p> <p>10:00 SS Daily Chronicle / Devotion [C2 + C5]</p> <p>10:15 AE Color me Happy [C2 + C5]</p> <p>1:30 LL Taking it Easy [C2 + C5]</p> <p>2:45 LL Bingo [C2 + C5]</p> <p>4:00 PE Exercise Class with Naomi [C5]</p>	<p>30</p> <p>10:00 SS Daily Chronicle / Devotion [C1 + C5]</p> <p>10:15 CE Discuss & Recall: National Parks [C1 + C5]</p> <p>2:30 CC Origami with Jean & Diane [ADC]</p> <p>3:15 PE Afternoon Stroll [C1 + C5]</p> <p>4:00 LL Relax & Unwind [C1 + C5]</p>	<p>31</p> <p>10:00 SS Daily Chronicle / Devotion [C3 + C5]</p> <p>10:15 CC Front porch visits with friends [ALL]</p> <p>2:30 LL Midday Movie Matinee [C3 + C5]</p> <p>3:15 LL Passing Time [C3 + C5]</p> <p>4:00 PE Walking Club [C3 + C5]</p>