

JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u>				<p>1 V 10:00 Yoga with Alex in Wellness Center K 11:00 Let's Play SKIPBO in Activity Center 1:30 Chef's Circle at the Bistro K 3:00 International Joke Day Classics in Activity Center</p>	<p>2 I 9:00 Catholic Mass on Channel 2 V 10:00 Controlled Breathing Exercises in Wellness Center CC 11:00 LUNCH OUTING: ASUKA HIBACHI (BUS LEAVES AT 11:00AM - PLEASE SIGN UP WITH ALEX) K 2:00 In-room Visits with Alex</p>	<p>3 V 10:00 Self Guided Stretching M 11:00 Smooth Tunes on the Patio K 2:00 Cornhole Games on the Patio K 6:00 Saturday Flick of the Weekend</p>
<p>4 Independence Day</p> <p>V 10:00 Sunday Exercise Club in Wellness Center I 11:00 Sweet Tea on the Patio I 2:00 Trivia with Steph in Activity Center A 3:00 Colorful Expressions Packet</p>	<p>5</p> <p>V 10:00 Chair Stretching in Wellness Center I 11:00 Pampering Cart Room Visits K 2:00 SoulFit: Love Seminar with Alex in Activity Center I 3:00 Ice Cream Social on the Patio</p>	<p>6</p> <p>V 10:00 Weights with Alex in Wellness Center 11:00 BINGO in Activity Center A 2:00 Paint & Sip: Mock the Barn in Activity Center</p>	<p>7</p> <p>V 10:00 Resistant Band Workouts in Wellness Center A 11:00 Let's Build a Dollhouse in Activity Center K 2:00 Riddles with Alex in the Activity Center M 3:00 Wine Down Wednesday by Salon</p>	<p>8</p> <p>V 10:00 Yoga with Alex in Wellness Center 11:00 BINGO in Activity Center 1:30 Chef's Circle at the Bistro I 2:00 Bible Study with Bonnie in Cafe</p>	<p>9</p> <p>I 9:00 Catholic Mass on Channel 2 V 10:00 Controlled Breathing Exercises in Wellness Center CC 11:00 Creative Cooking with Friends in Activity Center: National Sugar Cooking Day Fondant Fun K 2:00 In-room Visits with Alex</p>	<p>10</p> <p>V 10:00 Self Guided Stretching M 11:00 Smooth Tunes on the Patio M 2:00 National Pina Colada Day at Bistro K 6:00 Saturday Flick of the Weekend</p>
<p>11</p> <p>V 10:00 Sunday Exercise Club in Wellness Center I 11:00 Sweet Tea on the Patio I 2:00 Trivia with Steph in Activity Center A 3:00 Colorful Expressions Packet</p>	<p>12</p> <p>V 10:00 Chair Stretching in Wellness Center I 11:00 Pampering Cart Room Visits K 2:00 Soulfit: Seminar with Alex in Activity Center I 3:00 National Make Your Own Sundae Day Bar in Activity Center</p>	<p>13</p> <p>V 10:00 Weights with Alex in Wellness Center 11:00 BINGO in Activity Center CC 2:00 Sewing Class in Activity Center L 8:00 Telescope Discoveries: Let's See the Stars on the Patio</p>	<p>14</p> <p>V 10:00 Resistant Band Workouts in Wellness Center K 11:00 Let's Play Card Games in Activity Center K 2:00 Riddles with Alex in the Activity Center M 3:00 Wine Down Wednesday by Salon</p>	<p>15</p> <p>V 10:00 Yoga with Alex in Wellness Center 11:00 BINGO in Activity Center 1:30 Chef's Circle at the Bistro I 2:00 Bible Study with Bonnie in Cafe 3:00 Resident Council at the Business Center</p>	<p>16</p> <p>I 9:00 Catholic Mass on Channel 2 V 10:00 Controlled Breathing Exercises in Wellness Center CC 11:00 Creative Cooking with Friends in Activity Center K 2:00 In-room Visits with Alex M 3:00 Happy Hour in Activity Center!!!!!!</p>	<p>17</p> <p>V 10:00 Self Guided Stretching M 11:00 Smooth Tunes on the Patio K 2:00 Board Games in the Activity Center K 6:00 National Disney Day: Saturday Flick of the Weekend on Channel 2</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>V 10:00 Sunday Exercise Club in Wellness Center</p> <p>I 11:00 Sweet Tea on the Patio</p> <p>I 2:00 Trivia with Steph in Activity Center</p> <p>A 3:00 Colorful Expressions Packet</p>	<p>19</p> <p>V 10:00 Chair Stretching in Wellness Center</p> <p>I 11:00 Pampering Cart Room Visits</p> <p>K 2:00 Soulfit: Seminar with Alex in Activity Center</p> <p>I 3:00 National Daiquiri Day Tasting at Bistro</p>	<p>20</p> <p>V 10:00 Weights with Alex in Wellness Center</p> <p>11:00 BINGO in Activity Center</p> <p>2:00 Outing</p> <p>L 8:00 Telescope Discoveries: Let's See the Stars on the Patio</p>	<p>21</p> <p>V 10:00 Resistant Band Workouts in Wellness Center</p> <p>A 11:00 Let's Build a Dollhouse in Activity Center</p> <p>11:30 National Hot Dog Day: Build Your Own Hot Dog in Dining Room</p> <p>K 2:00 Riddles with Alex in the Activity Center</p> <p>M 3:00 Wine Down</p>	<p>22</p> <p>V 10:00 Yoga with Alex in Wellness Center</p> <p>11:00 BINGO in Activity Center</p> <p>1:30 Chef's Circle at the Bistro</p> <p>I 2:00 Bible Study with Bonnie in Cafe</p>	<p>23</p> <p>I 9:00 Catholic Mass on Channel 2</p> <p>V 10:00 Controlled Breathing Exercises in Wellness Center</p> <p>CC 11:00 Creative Cooking with Friends in Activity Center</p> <p>K 2:00 In-room Visits with Alex</p> <p>M 3:00 Happy Hour in Activity Center!!!!!!</p>	<p>24</p> <p>V 10:00 Self Guided Stretching</p> <p>M 11:00 Smooth Tunes on the Patio</p> <p>A 2:00 Paint & Sip in Activity Center</p> <p>K 6:00 Saturday Flick of the Weekend</p>
<p>25</p> <p>V 10:00 Sunday Exercise Club in Wellness Center</p> <p>I 11:00 Sweet Tea on the Patio</p> <p>I 2:00 Trivia with Steph in Activity Center</p> <p>A 3:00 Colorful Expressions Packet</p>	<p>26</p> <p>V 10:00 Chair Stretching in Wellness Center</p> <p>I 11:00 Pampering Cart Room Visits</p> <p>K 2:00 Soulfit: Seminar with Alex in Activity Center</p> <p>I 3:00 Ice Cream Social on the Patio</p>	<p>27</p> <p>V 10:00 Weights with Alex in Wellness Center</p> <p>11:00 BINGO in Activity Center</p> <p>K 2:00 Luau on Patio : Wear Your Best Hawaiian Look!</p> <p>L 8:00 Telescope Discoveries: Let's See the Stars on the Patio</p>	<p>28</p> <p>V 10:00 Resistant Band Workouts in Wellness Center</p> <p>K 11:00 Let's Play Card Games in Activity Center</p> <p>K 2:00 Riddles with Alex in the Activity Center</p> <p>M 3:00 Wine Down Wednesday by Salon</p>	<p>29</p> <p>V 10:00 Yoga with Alex in Wellness Center</p> <p>11:00 BINGO in Activity Center</p> <p>1:30 Chef's Circle at the Bistro</p> <p>I 2:00 Bible Study with Bonnie in Cafe</p>	<p>30</p> <p>I 9:00 Catholic Mass on Channel 2</p> <p>V 10:00 Controlled Breathing Exercises in Wellness Center</p> <p>CC 11:00 Creative Cooking with Friends in Activity Center</p> <p>A 2:00 International Day of Friendship Gift Making in Activity Center</p> <p>M 3:00 Happy Hour in</p>	<p>31</p> <p>V 10:00 Self Guided Stretching</p> <p>M 11:00 Smooth Tunes on the Patio</p> <p>A 2:00 Mason Jar Painting in Activity Center</p> <p>K 6:00 Saturday Flick of the Weekend</p>

All activities are subject to change.

JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy New Year!!</p> <p>Welcome to the family!</p>				<p>1</p> <p>V 9:00 Paris, France Walking Tour</p> <p>K 9:30 Let's Spell Summer</p> <p>CC 10:45 Coconut Cookies</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Crayon Melts</p> <p>M 3:30 Shake It Up, Baby!</p> <p>GG 4:00 Ladder Ball</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Let's Go to The Beach</p> <p>7:00 Nighttime Traditions</p>	<p>2</p> <p>V 9:00 Summertime Walking Club</p> <p>K 9:30 Best Friends</p> <p>CC 10:45 Broccoli Salad Supreme</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Patriotic Wind Catcher</p> <p>M 3:30 July Happy Hour</p> <p>GG 4:00 Word Works</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Shake Loose A Memory</p> <p>7:00 Nighttime</p>	<p>3</p> <p>V 9:00 Olympic Ring Toss</p> <p>K 9:30 Summer Colors</p> <p>CC 10:45 Summertime Slaw</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Fireworks Sponge Art</p> <p>M 3:30 Feel the Waves</p> <p>GG 4:00 State Plate Game</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Evening On The Porch</p> <p>7:00 Nighttime Traditions</p>
<p>4 Independence Day</p> <p>V 9:00 Baby, You're a FIREWORK</p> <p>K 9:30 Summer Vacations</p> <p>CC 10:45 Patriotic Berry Bars</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Creative Storytelling</p> <p>M 3:30 Yankee Doodle Dandy</p> <p>GG 4:00 Aim for the Stars</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Aqua Painting</p>	<p>5</p> <p>V 9:00 Tour de Legacy</p> <p>K 9:30 Inspired Tales</p> <p>CC 10:45 Tropical Fruit Salad</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Marble Painting</p> <p>M 3:30 Sensory Scentscape</p> <p>GG 4:00 Javelin Throw</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Patio Hangman</p> <p>7:00 Nighttime Traditions</p>	<p>6</p> <p>V 9:00 Dance, Dance</p> <p>K 9:30 American Landmarks</p> <p>CC 10:45 Special Banana Nut Bread</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Clothespin Trivet</p> <p>M 3:30 Music Bingo</p> <p>GG 4:00 What Belongs Together?</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Summer On The Patio!</p> <p>7:00 Nighttime</p>	<p>7</p> <p>V 9:00 Water Balloon Toss</p> <p>K 9:30 Roll to 20</p> <p>CC 10:45 Pina Colada Fluff</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Flower Pounding</p> <p>M 3:30 Celebrate Reggae</p> <p>GG 4:00 Soccer/"Futbol"</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 A Time For Iced Tea!</p> <p>7:00 Nighttime Traditions</p>	<p>8</p> <p>V 9:00 Paris, France Walking Tour</p> <p>K 9:30 Let's Spell Summer</p> <p>CC 10:45 Hershey's Milk Chocolate Chip Giant Cookies</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Sandpaper Art</p> <p>M 3:30 Shake It Up, Baby!</p> <p>GG 4:00 Ladder Ball</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Let's Go to The Beach</p>	<p>9</p> <p>V 9:00 Summertime Walking Club</p> <p>K 9:30 Best Friends</p> <p>CC 10:45 Strawberry Cheesecake Pie</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Watermelon Painting</p> <p>M 3:30 July Happy Hour</p> <p>GG 4:00 Word Works</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Shake Loose A Memory</p> <p>7:00 Nighttime</p>	<p>10</p> <p>V 9:00 Olympic Ring Toss</p> <p>K 9:30 Summer Colors</p> <p>CC 10:45 Key Lime Muffins</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Poetry Writing</p> <p>M 3:30 Feel the Waves</p> <p>GG 4:00 State Plate Game</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Evening On The Porch</p> <p>7:00 Nighttime Traditions</p>
<p>11</p> <p>V 9:00 Baby, You're a FIREWORK</p> <p>K 9:30 Summer Vacations</p> <p>CC 10:45 French Toast Casserole</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Squirt Gun Painting</p> <p>M 3:30 Yankee Doodle Dandy</p> <p>GG 4:00 Aim for the Stars</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Aqua Painting</p>	<p>12</p> <p>V 9:00 Tour de Legacy</p> <p>K 9:30 Inspired Tales</p> <p>CC 10:45 Cheesy French Pinwheels</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Clay Pinch Pots- Part 1</p> <p>M 3:30 Sensory Scentscape</p> <p>GG 4:00 Javelin Throw</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Patio Hangman</p> <p>7:00 Nighttime Traditions</p>	<p>13</p> <p>V 9:00 Dance, Dance</p> <p>K 9:30 American Landmarks</p> <p>CC 10:45 Parisian Crostini</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Clay Pinch Pots- Part 2</p> <p>M 3:30 Music Bingo</p> <p>GG 4:00 What Belongs Together?</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Summer On The Patio!</p> <p>7:00 Nighttime</p>	<p>14</p> <p>V 9:00 Water Balloon Toss</p> <p>K 9:30 Roll to 20</p> <p>CC 10:45 Crustless French Quiche</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Monet Water Lilies</p> <p>M 3:30 The Sound of France</p> <p>GG 4:00 Soccer/"Futbol"</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 A Time For Iced Tea!</p>	<p>15</p> <p>V 9:00 Paris, France Walking Tour</p> <p>K 9:30 Let's Spell Summer</p> <p>CC 10:45 Champagne Cheesecake</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Pineapple Prints</p> <p>M 3:30 Shake It Up, Baby!</p> <p>GG 4:00 Ladder Ball</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Let's Go to The Beach</p> <p>7:00 Nighttime</p>	<p>16</p> <p>V 9:00 Summertime Walking Club</p> <p>K 9:30 Best Friends</p> <p>CC 10:45 French Apple Tarts</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Cling Wrap Painting</p> <p>M 3:30 July Happy Hour</p> <p>GG 4:00 Word Works</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Shake Loose A Memory</p> <p>7:00 Nighttime</p>	<p>17</p> <p>V 9:00 Olympic Ring Toss</p> <p>K 9:30 Summer Colors</p> <p>CC 10:45 S'more Bars</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Have a Gentle Conversation</p> <p>M 3:30 Feel the Waves</p> <p>GG 4:00 State Plate Game</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Evening On The Porch</p> <p>7:00 Nighttime Traditions</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>V 9:00 Baby, You're a FIREWORK</p> <p>K 9:30 Summer Vacations</p> <p>CC 10:45 Blueberry Breakfast Cake</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Watercolors & Oil</p> <p>M 3:30 Yankee Doodle Dandy</p> <p>GG 4:00 Aim for the Stars</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Aqua Painting</p> <p>7:00 Nighttime</p>	<p>19</p> <p>V 9:00 Tour de Legacy</p> <p>K 9:30 Inspired Tales</p> <p>CC 10:45 Peach Salsa</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Multi-Stage Process Art</p> <p>M 3:30 Sensory Scentscape</p> <p>GG 4:00 Javelin Throw</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Patio Hangman</p> <p>7:00 Nighttime Traditions</p>	<p>20</p> <p>V 9:00 Dance, Dance</p> <p>K 9:30 American Landmarks</p> <p>CC 10:45 Chocolate Lovers Fruit Dip</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Multi-Stage Process Art</p> <p>M 3:30 Music Bingo</p> <p>GG 4:00 What Belongs Together?</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Summer On The Patio!</p>	<p>21</p> <p>V 9:00 Water Balloon Toss</p> <p>K 9:30 Roll to 20</p> <p>CC 10:45 Strawberry Salsa</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Multi-Stage Process Art</p> <p>M 3:30 Celebrate Reggae</p> <p>GG 4:00 Soccer/"Futbol"</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 A Time For Iced Tea!</p> <p>7:00 Nighttime Traditions</p>	<p>22</p> <p>V 9:00 Paris, France Walking Tour</p> <p>K 9:30 Let's Spell Summer</p> <p>CC 10:45 Pina Colada Muffins</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Lavender Wands</p> <p>M 3:30 Shake It Up, Baby!</p> <p>GG 4:00 Ladder Ball</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Let's Go to The Beach</p> <p>7:00 Nighttime</p>	<p>23</p> <p>V 9:00 Summertime Walking Club</p> <p>K 9:30 Best Friends</p> <p>CC 10:45 Pineapple Cheddar Spread</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Wood and Washer Windchimes</p> <p>M 3:30 July Happy Hour</p> <p>GG 4:00 Word Works</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Shake Loose A Memory</p> <p>7:00 Nighttime</p>	<p>24</p> <p>V 9:00 Olympic Ring Toss</p> <p>K 9:30 Summer Colors</p> <p>CC 10:45 Orange Banana Nut Bread</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Zen Doodle Moon Art</p> <p>M 3:30 Feel the Waves</p> <p>GG 4:00 State Plate Game</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Evening On The Porch</p> <p>7:00 Nighttime Traditions</p>
<p>25</p> <p>V 9:00 Baby, You're a FIREWORK</p> <p>K 9:30 Summer Vacations</p> <p>CC 10:45 Chocolate Zucchini Cupcakes</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Ask a Beautiful Question</p> <p>M 3:30 Yankee Doodle Dandy</p> <p>GG 4:00 Aim for the Stars</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Aqua Painting</p>	<p>26</p> <p>V 9:00 Tour de Legacy</p> <p>K 9:30 Inspired Tales</p> <p>CC 10:45 Loaded-up Pretzel Cookies</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Fibonacci Art Project</p> <p>M 3:30 Sensory Scentscape</p> <p>GG 4:00 Javelin Throw</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Patio Hangman</p> <p>7:00 Nighttime Traditions</p>	<p>27</p> <p>V 9:00 Dance, Dance</p> <p>K 9:30 American Landmarks</p> <p>CC 10:45 Avocado Summer Dip</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Ribbon Dancers</p> <p>M 3:30 Music Bingo</p> <p>GG 4:00 What Belongs Together?</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Summer On The Patio!</p> <p>7:00 Nighttime</p>	<p>28</p> <p>V 9:00 Water Balloon Toss</p> <p>K 9:30 Roll to 20</p> <p>CC 10:45 Barbecue Roasted Potatoes</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 DIY Wall Art-Textured Mixed Media</p> <p>M 3:30 Celebrate Reggae</p> <p>GG 4:00 Soccer/"Futbol"</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 A Time For Iced Tea!</p>	<p>29</p> <p>V 9:00 Paris, France Walking Tour</p> <p>K 9:30 Let's Spell Summer</p> <p>CC 10:45 Sour Cream Blueberry Muffins</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 DIY Wall Art-Textured Mixed Media</p> <p>M 3:30 Shake It Up, Baby!</p> <p>GG 4:00 Ladder Ball</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Let's Go to The</p>	<p>30</p> <p>V 9:00 Summertime Walking Club</p> <p>K 9:30 Best Friends</p> <p>CC 10:45 Summer Cucumber Salad</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Bird Nesting Ball</p> <p>M 3:30 July Happy Hour</p> <p>GG 4:00 Word Works</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Shake Loose A Memory</p> <p>7:00 Nighttime Traditions</p>	<p>31</p> <p>V 9:00 Olympic Ring Toss</p> <p>K 9:30 Summer Colors</p> <p>CC 10:45 Strawberry Crisp</p> <p>12:45 Relax & Recharge</p> <p>A 2:00 Bird Nesting Ball</p> <p>M 3:30 Feel the Waves</p> <p>GG 4:00 State Plate Game</p> <p>4:30 Healthy Hands</p> <p>GF 6:00 Evening On The Porch</p> <p>7:00 Nighttime Traditions</p>