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		The state of the s	1 Sentence			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 3:00 Activity Cart 4:30 Dinner Games	10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club
10:00 Grace Fellowship on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Workout with Weights 10:30 The Artist in You 1:00 Bingo 3:00 Exploring Our Theme Documentary 4:30 Dinner Discussions	10:00 Balloon Blast 10:30 Musical Moments 12:30 Out & About:	7 10:00 Sit and Be Fit 10:30 Kitchen Kreations 2:30 Violet Springs Men's Club 3:30 Concert of the Week 4:30 Get to Know Your Neighbor	8 10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 3:00 Activity Cart 4:30 Dinner Games	9 10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club
11 10:00 Reverend Alistar Begg on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Tour de France 10:30 The Artist in You: Monet 1:00 Bingo 3:00 Exploring Our Theme Documentary: Rick Steve's France 4:30 Dinner Discussions	13 10:00 The French Open 10:30 Sounds of France 12:30 Out & About: Rockside Winery 3:00 Tuesday Matinee: An American in Paris	14 10:00 Cancan 10:30 Kitchen Kreations: Mini Eclairs 2:30 Violet Springs Ladies' Club: French Fashion 3:30 Concert of the Week: Les Miserables 4:30 Get to Know Your Neighbor	10:00 Mais Trou (Corn Hole) 10:30 Bible Study 1:00 Special Feature: Beauty and the Beast 4:30 Apertifs in the Health Center Dining Room 5:00 Theme Dinner: An Evening in Paris	10:00 Moving to the Music: Paris Style 10:30 The Arts: The Louvre 1:00 Armchair Travel: The Regions of France 3:00 Champagne on the Champs-elysees	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Grace Fellowship on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Workout with Weights 10:30 The Artist in You 1:00 Bingo 3:00 Exploring Our Theme Documentary 4:30 Dinner Discussions	10:00 Balloon Blast 10:30 Musical Moments 11:30 Out & About: Picnic at Chestnut Hill 3:00 Tuesday Matinee 5:30 Cocktails & Conversations	10:00 Sit and Be Fit 10:30 Kitchen Kreations 2:30 Violet Springs Men's Club 3:30 Concert of the Week 4:30 Get to Know Your Neighbor	10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 2:00 Bingo Store 3:00 Activity Cart 4:30 Dinner Games	10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club
10:00 NewLife Church Service Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Workout with Weights 10:30 The Artist in You 1:00 Bingo 3:00 Exploring Our Theme Documentary 4:30 Dinner Discussions	10:00 Balloon Blast 10:30 Musical Moments 1:00 Out & About: Tour of Wagnall's Memorial Library 3:00 Tuesday Matinee 5:30 Cocktails & Conversations	10:00 Sit and Be Fit 10:30 Kitchen Kreations 1:00 Resident Council 2:30 Service Project 3:30 Concert of the Week 4:30 Get to Know Your Neighbor	10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 3:00 Activity Cart 4:30 Dinner Games	10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 1:00 Mindful Moments 3:00 Activity Cart	10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 1:00 Mindful Moments 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club
10:00 Grace Fellowship on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Workout with Weights 10:30 The Artist in You 1:00 Bingo 1:00 Mindful Moments 3:00 Exploring Our Theme Documentary	10:00 Balloon Blast 10:30 Musical Moments 12:30 Out & About:	7 10:00 Sit and Be Fit 10:30 Kitchen Kreations 1:00 Mindful Moments 2:30 Violet Springs Men's Club 3:30 Concert of the Week	8 10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 1:00 Mindful Moments 3:00 Activity Cart	9 10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 1:00 Mindful Moments 3:00 Happy Hour in the HC Dining Room	10 10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club
11 10:00 Reverend Alistar Begg on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Tour de France 10:30 The Artist in You:	13 10:00 The French Open 10:30 Sounds of France 12:30 Out & About: Rockside Winery 1:00 Mindful Moments 3:00 Tuesday Matinee: An American in Paris	10:00 Cancan 10:30 Kitchen Kreations: Mini Eclairs 1:00 Mindful Moments 2:30 Violet Springs Ladies' Club: French Fashion 3:30 Concert of the Week: Les Miserables	15 10:00 Mais Trou (Corn Hole) 10:30 Bible Study 1:00 Mindful Moments 1:00 Special Feature: Beauty and the Beast 4:30 Apertifs in the Health Center Dining Room 5:00 Theme Dinner: An Evening in Paris	10:00 Moving to the Music: Paris Style 10:30 The Arts: The Louvre 1:00 Armchair Travel: The Regions of France 1:00 Mindful Moments 3:00 Champagne on the Champs-elysees	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club

Violet Springs Health Center	5ULY 2021	
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Grace Fellowship on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Workout with Weights 10:30 The Artist in You 1:00 Bingo 1:00 Mindful Moments 3:00 Exploring Our Theme Documentary	10:00 Balloon Blast 10:30 Musical Moments 11:30 Out & About: Picnic at Chestnut Hill 1:00 Mindful Moments 3:00 Tuesday Matinee	10:00 Sit and Be Fit 10:30 Kitchen Kreations 1:00 Mindful Moments 2:30 Violet Springs Men's Club 3:30 Concert of the Week	10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 1:00 Mindful Moments 3:00 Activity Cart	10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 1:00 Mindful Moments 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club
10:00 NewLife Church Service Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	10:00 Workout with Weights 10:30 The Artist in You 1:00 Bingo 1:00 Mindful Moments 3:00 Exploring Our Theme Documentary	10:00 Balloon Blast 10:30 Musical Moments 1:00 Mindful Moments 1:00 Out & About: Tour of Wagnall's Memorial Library 3:00 Tuesday Matinee	10:00 Sit and Be Fit 10:30 Kitchen Kreations 1:00 Mindful Moments 1:00 Resident Council 2:30 Service Project 3:30 Concert of the Week	10:00 Kickball 10:30 Bible Study 1:00 Cranium Crunches 1:00 Mindful Moments 3:00 Activity Cart	10:00 Moving to Music 10:30 The Arts 1:00 Learning Never Ends 1:00 Mindful Moments 3:00 Happy Hour in the HC Dining Room	10:00 Chair Volleyball 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn 3:00 Walking Club

Violet Springs Independent Living	5UILY	ഉത്ര

			1 Tours			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please check your daily activity sheets for any updates or changes. Thank you! The Life Enrichment Team				8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 10:30 Bible Study 3:30 Activity Cart	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 IL Arts & Crafts 3:00 Happy Hour in the HC Dining Room	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn
8:30 Bistro Coffee Club 10:00 Grace Fellowship on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Resident-Led Table Games 3:00 Exploring Our Theme Documentary	8:30 Bistro Coffee Club 9:00 Wellness with "At Your Door" (IL Living Room) 10:00 Exercise on Channel 2 1:30 Bistro Bingo 3:00 Tuesday Matinee	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Learning Never Ends 2:30 Violet Springs Men's Club 3:30 Concert of the Week	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 10:30 Bible Study 12:00 Out & About: Lunch at Barrel & Boar 3:30 Activity Cart	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 IL Arts & Crafts 3:00 Happy Hour in the HC Dining Room	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn
8:30 Bistro Coffee Club 10:00 Reverend Alistar Begg on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Resident-Led Table Games 3:00 Exploring Our Theme Documentary: Rick Steve's France	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Bistro Bingo 3:00 Tuesday Matinee: An American in Paris	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Learning Never Ends 2:30 Violet Springs Ladies' Club: French Fashion 3:30 Concert of the Week: Les Miserables	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 10:30 Bible Study 1:00 Special Feature: Beauty and the Beast 4:30 Apertifs in the Health Center Dining Room 5:00 Theme Dinner: An Evening in Paris	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 IL Arts: Monet 3:00 Champagne on the Champs-elysees	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Bistro Coffee Club 10:00 Grace Fellowship on Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Resident-Led Table Games 3:00 Exploring Our Theme Documentary	8:30 Bistro Coffee Club 9:00 Wellness with "At Your Door" (IL Living Room) 10:00 Exercise on Channel 2 1:30 Bistro Bingo 3:00 Tuesday Matinee	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Learning Never Ends 2:30 Violet Springs Men's Club 3:30 Concert of the Week	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 10:30 Bible Study 11:30 Out & About: Picnic at Slate Run Historical Park 2:00 Inspired Living Committee 3:30 Activity Cart	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 10:00 Summit Health Exercise Class 1:30 IL Arts & Crafts 3:00 Happy Hour in the HC Dining Room	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn
8:30 Bistro Coffee Club 10:00 NewLife Church Service Channel 2 11:15 Exercise on Channel 2 1:00 Theme Kick-off Coloring Sheet 3:00 Ice Cream Social (HC Dining Room)	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Resident-Led Table Games 3:00 Exploring Our Theme Documentary	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Bistro Bingo 3:00 Tuesday Matinee	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 Learning Never Ends 2:30 Service Project 3:30 Concert of the Week	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 10:30 Bible Study 3:30 Activity Cart	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 1:30 IL Arts & Crafts 3:00 Happy Hour in the HC Dining Room	8:30 Bistro Coffee Club 10:00 Exercise on Channel 2 11:00 Inspired Teachings 1:30 Movie Matinee with Popcorn

Violet Springs Legacy Lane



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking F - Gathering of Friends C - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears O - Out & About V - Vitality	Daily Rhythm About Times: Morning 9:00 Vitality 9:30 Keeping It Sharp/Reminisce 10:00 Morning Refresher 10:45 Creative Cooking 11:30 Healthy Hand/Lunch Prp Early Afternoon	Late Afternoon 3:00 Afternoon Refresher 3:30 Musical Celebration 4:00 Group Games 4:30 Healthy Hands/Dinner Prep Evening 6:00 Gathering of Friends 7:00 Nighttime Traditions Note: Housekeeping can take place throughout		Paris, France Walking Tour Let's Spell Summer Coconut Cookies Relax & Recharge Crayon Melts Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	Summertime Walking Club Best Friends Out & About Broccoli Salad Supreme Relax & Recharge Patriotic Wind Catcher July Happy Hour Word Works Healthy Hands Shake Loose A Memory Nighttime Traditions	Olympic Ring Toss Summer Colors Summertime Slaw Relax & Recharge Fireworks Sponge Art Feel the Waves State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
Independence Day	5	6	7	8	9	10
Baby, You're a FIREWORK nummer Vacations Patriotic Berry Bars Belax & Recharge Breative Storytelling Fankee Doodle Dandy Lim for the Stars Bealthy Hands Aqua Painting Bighttime Traditions	Tour de Legacy Inspired Tales Tropical Fruit Salad Relax & Recharge Marble Painting Sensory Scentscape Javelin Throw Healthy Hands Patio Hangman Nighttime Traditions	Dance, Dance American Landmarks Special Banana Nut Bread Relax & Recharge Clothespin Trivet Music Bingo What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	Water Balloon Toss Roll to 20 Pina Colada Fluff Relax & Recharge Flower Pounding Celebrate Reggae Soccer/"Futbol" Healthy Hands A Time For Iced Tea! Nighttime Traditions	Paris, France Walking Tour Let's Spell Summer Hershey's Milk Chocolate Chip Giant Cookies Relax & Recharge Sandpaper Art Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	Summertime Walking Club Best Friends Out & About Strawberry Cheesecake Pie Relax & Recharge Watermelon Painting July Happy Hour Word Works Healthy Hands Shake Loose A Memory Nighttime Traditions	Olympic Ring Toss Summer Colors Key Lime Muffins Relax & Recharge Poetry Writing Feel the Waves State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
	12	13	14	15	16	17
Baby, You're a FIREWORK nummer Vacations rench Toast Casserole lelax & Recharge quirt Gun Painting fankee Doodle Dandy lim for the Stars lealthy Hands aqua Painting lighttime Traditions	Tour de Legacy Inspired Tales Cheesy French Pinwheels Relax & Recharge Clay Pinch Pots-Part 1 Sensory Scentscape Javelin Throw Healthy Hands Patio Hangman Nighttime Traditions	Dance, Dance American Landmarks Parisian Crostini Relax & Recharge Clay Pinch Pots-Part 2 Music Bingo What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	Water Balloon Toss Roll to 20 Crustless French Quiche Relax & Recharge Monet Water Lilies The Sound of France Soccer/"Futbol" Healthy Hands A Time For Iced Tea! Nighttime Traditions	Paris, France Walking Tour Let's Spell Summer Champagne Cheesecake Relax & Recharge Pineapple Prints Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	Summertime Walking Club Best Friends Out & About French Apple Tarts Relax & Recharge Cling Wrap Painting July Happy Hour Word Works Healthy Hands Shake Loose A Memory Nighttime Traditions	Olympic Ring Toss Summer Colors S'more Bars Relax & Recharge Have a Gentle Conversation Feel the Waves State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Baby, You're a FIREWORK Summer Vacations Blueberry Breakfast Cake Relax & Recharge Watercolors & Oil Yankee Doodle Dandy Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions	Tour de Legacy Inspired Tales Peach Salsa Relax & Recharge Multi-Stage Process Art Sensory Scentscape Javelin Throw Healthy Hands Patio Hangman Nighttime Traditions	Dance, Dance American Landmarks Chocolate Lovers Fruit Dip Relax & Recharge Multi-Stage Process Art Music Bingo What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	Water Balloon Toss Roll to 20 Strawberry Salsa Relax & Recharge Multi-Stage Process Art Celebrate Reggae Soccer/"Futbol" Healthy Hands A Time For Iced Tea! Nighttime Traditions	Paris, France Walking Tour Let's Spell Summer Pina Colada Muffins Relax & Recharge Lavender Wands Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	Summertime Walking Club Best Friends Out & About Pineapple Cheddar Spread Relax & Recharge Wood and Washer Windchimes July Happy Hour Word Works Healthy Hands Shake Loose A Memory Nighttime Traditions	Olympic Ring Toss Summer Colors Orange Banana Nut Bread Relax & Recharge Zen Doodle Moon Art Feel the Waves State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions
Baby, You're a FIREWORK Summer Vacations Chocolate Zucchini Cupcakes Relax & Recharge Ask a Beautiful Question Yankee Doodle Dandy Aim for the Stars Healthy Hands Aqua Painting Nighttime Traditions	Tour de Legacy Inspired Tales Loaded-up Pretzel Cookies Relax & Recharge Fibonacci Art Project Sensory Scentscape Javelin Throw Healthy Hands Patio Hangman Nighttime Traditions	Dance, Dance American Landmarks Avocado Summer Dip Relax & Recharge Ribbon Dancers Music Bingo What Belongs Together? Healthy Hands Summer On The Patio! Nighttime Traditions	Water Balloon Toss Roll to 20 Barbecue Roasted Potatoes Relax & Recharge DIY Wall Art-Textured Mixed Media Celebrate Reggae Soccer/"Futbol" Healthy Hands A Time For Iced Tea! Nighttime Traditions	Paris, France Walking Tour Let's Spell Summer Sour Cream Blueberry Muffins Relax & Recharge DIY Wall Art-Textured Mixed Media Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	Summertime Walking Club Best Friends Out & About Summer Cucumber Salad Relax & Recharge Bird Nesting Ball July Happy Hour Word Works Healthy Hands Shake Loose A Memory Nighttime Traditions	Olympic Ring Toss Summer Colors Strawberry Crisp Relax & Recharge Bird Nesting Ball Feel the Waves State Plate Game Healthy Hands Evening On The Porch Nighttime Traditions