



THE LEGACY
AT ENGLISH STATION
A Trilogy Senior Living Community

News

July 2021

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch with members of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com

Photo credit: Michael Tullberg/Getty



Happy Birthday!

Residents

Geraldine E. 7/6

Edward S. 7/20

Barbara T. 7/23

Floyd L. 7/28

Staff

Kali A. 07/17

Venora H. 07/26

Hannah G. 07/31

Executive Director Corner

Happy July, everyone! I hope that you're enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life Enrichment Director about all of the incredible activities we have planned! *C'est l'heure de faire la fête (it's party time!)*.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

I look forward to seeing you soon!

Yours in Service,

Matthew R. Jones

Executive Director

Famileo

The Legacy at English Station is using the Famileo app to deliver personalized gazettes from your phone to our residents! The gazettes bring smiles and positive energy to our campus every Monday. We thank you for helping us bring special moments to our residents.





Floyd and Beverly Planting Tomatoes

Campus In Color

Excitement is growing at The Legacy at English station as we prepare for the 2021 “Campus in Color” competition! Our gardeners planted tomatoes, peppers, zucchini, cucumbers, and lettuce. With expert gardeners tending to the plants daily, we know our campus will enjoy fresh veggies all summer!



Noriko and Ruthann Planting Flowers

Vitality Program

Each morning residents at The Legacy at English Station begin the day with exercise. From Samba dancing to yoga, our residents know that vitality programs help them build strength, maintain balance, increase mobility, and create a healthy mindset to start each day. This summer, our residents are knocking it out of the park with T-ball in the courtyard! We are so proud of their inspiring approach to life, can-do attitudes, and contagious laughter!



Darlene is a T-Ball Champion



Malcolm Hits a Home Run



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Matthew R. Jones
Executive Director

Mindy Hahn
Director of Health Services

Amy Vanover
Community Relations Director

Sydney Bright
Business Office Manager

Natalie Casto
Life Enrichment Director

Allen Schroeder
Director of Plant Operations

Jonathan Ross
Director of Food Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

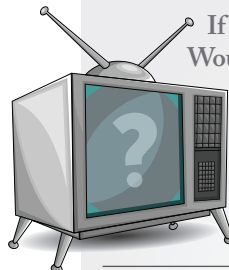
Question 1: *The Fourth of July celebrates the adoption of what historic document?*

Question 2: *What is the name of the largest planet in our solar system?*

Question 3: *What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?*

Question 4: *In what year was the 19th amendment ratified?*

Question 5: *On what day does the summer solstice occur?*



If you could create a TV show, what would it be?
Would it be a sitcom? Game show? Crime drama?
About animals? Or something new?
Write a brief description and share your ideas.

*Flip the page for last
month's trivia answers:*

Q1: What river runs through the Grand Canyon? The Colorado River
Q2: The world's first vaccine was developed to fight which disease? Polio
Q3: The ocean covers more than ____% of the earth's surface. 70
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

Word Search

H	A	Y	A	K	H	P	Z	S	H	O	W	I	S	A	C	D	Q	X
Y	N	N	P	X	Z	D	A	U	G	H	T	E	R	C	S	I	K	G
H	X	D	L	A	O	M	C	Q	D	J	F	T	D	C	M	N	I	C
N	S	Z	B	P	A	D	C	M	M	D	T	A	S	U	L	R	U	R
J	W	M	U	M	E	K	U	F	A	M	I	L	Y	Q	O	H	G	Q
X	H	Q	Y	T	F	B	R	D	Y	U	T	E	Z	E	V	R	Z	L
Q	E	K	S	S	E	J	A	U	F	L	K	A	F	K	E	L	L	I
L	R	T	P	W	D	L	T	V	A	N	F	R	C	H	N	K	W	T
F	A	V	O	R	I	T	E	C	D	S	O	G	T	T	P	F	C	D
T	H	F	W	Y	W	U	I	V	E	I	Q	O	Z	D	R	H	R	A
B	K	J	M	Q	W	G	Q	I	I	A	M	L	O	X	T	E	L	F
T	E	M	H	C	O	C	F	C	C	S	J	A	F	A	F	C	S	I
F	O	Z	M	L	Y	T	V	V	B	W	I	H	G	G	R	W	V	S
M	R	T	O	J	Q	G	J	S	N	P	A	O	D	I	D	A	A	T
S	Q	I	T	M	V	C	H	I	L	D	S	G	N	V	N	U	M	G
P	B	C	S	W	V	R	C	O	S	S	E	A	D	T	N	E	J	Y
R	S	E	I	L	I	M	W	O	L	K	V	O	I	C	E	E	G	S
I	N	T	E	R	V	I	E	W	H	E	T	C	U	I	G	E	S	U
L	Y	S	H	D	Z	O	S	F	M	C	C	H	G	U	R	M	S	N

ACCURATE
ACTRESS
BIOLOGICAL
CHILD

DAUGHTER
FAMILY
FAVORITE
IMAGINE

INTERVIEW
LOVE
MAMA
MOMMY

MOTHER
SHOW
TELEVISION
VOICE