



STONEBRIDGE

HEALTH CAMPUS

A Trilogy Senior Living Community

On Campus

July 2021

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch with members of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com

Photo credit: Michael Tullberg/Getty



Happy Birthday!

Residents

Sue B.	July 04
Connie E.	July 06
Mildred H.	July 11
Owen C.	July 17
Berndette S.	July 18
Ruth P.	July 18
Kenneth P.	July 19
Barbara P.	July 29
Carl R.	July 31

Staff

Bobbi S.	July 05
Amanda B.	July 05
Amanda H.	July 15
Kathy S.	July 20
Kristopher S.	July 22
Holly K.	July 24
Megan M.	July 27

Executive Director Corner

Happy July, everyone! I hope that you're enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life Enrichment Director about all

of the incredible activities we have planned! *C'est l'heure de faire la fête (it's party time!)*.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

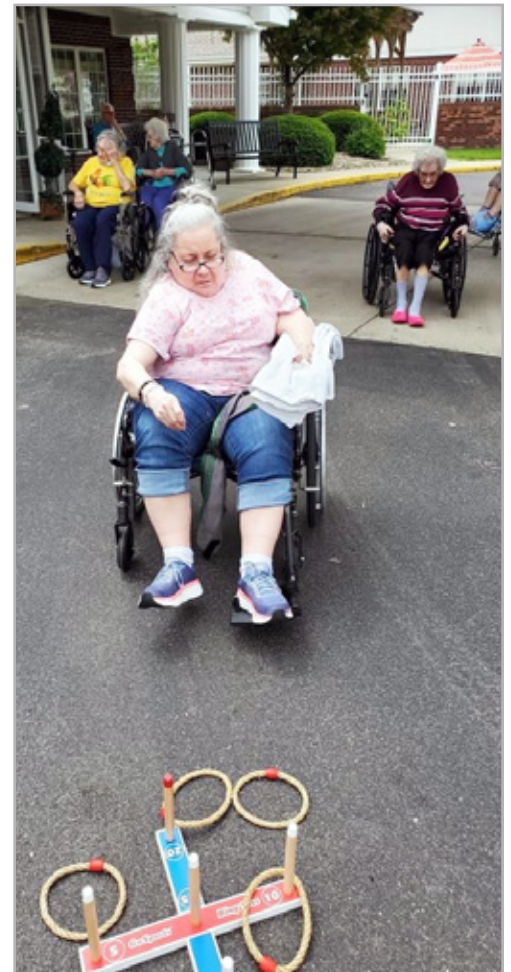
Maureen Gartland
Executive Director

Did You Know...?

We are allowing Essential Volunteers inside our buildings again! Please reach out to our Life Enrichment Team to inquire about specific interests you may have. We are specifically looking for Volunteers to help with some gardening projects for our courtyard.

Outdoor Games

With warmer weather comes the opportunity to get outdoors! After a long winter of being inside our residents enjoyed a day of backyard games and fun in the warm sun. Fun Fact: Sunshine can help fight off depression! Sunshine boosts your body's level of serotonin, which is a chemical that improves your mood and helps you stay calm and focused.



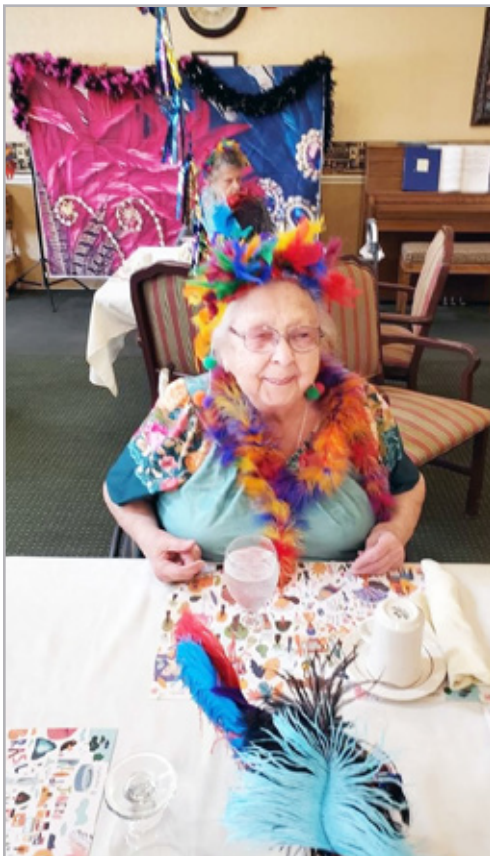
THEME DINNER

In May, we celebrated our Quarterly Theme “Traditions Around The World” by traveling to South America for Carnaval! Our residents loved the sights, sounds & smells from South America through sampling foods from Brazilian & Argentinian recipes, learning to Samba Dance & creating Carnaval Masks!



Happy Hour

We have fun little taste tests at Happy Hour! Recently we had a “Battle of the Beer”. Which one tastes better? Bud Light, Pabst Blue Ribbon or Miller Light?





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Bedford, IN 47421

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stonebridgehs.com |

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Community Service Representative

Cindy Carver, LPN
Director of Social Services

Tessa Hayes
Therapy Program Director

Pam Harper
Director Environmental Services

Charity Parker
Director of Life Enrichment

Amanda Happel
Director of Dietary Services

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

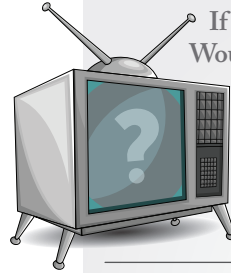
Question 1: *The Fourth of July celebrates the adoption of what historic document?*

Question 2: *What is the name of the largest planet in our solar system?*

Question 3: *What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?*

Question 4: *In what year was the 19th amendment ratified?*

Question 5: *On what day does the summer solstice occur?*



If you could create a TV show, what would it be? Would it be a sitcom? Game show? Crime drama? About animals? Or something new? Write a brief description and share your ideas.

Flip the page for last month's trivia answers:

Q1: What river runs through the Grand Canyon? The Colorado River
Q2: The world's first vaccine was developed to fight which disease? Polio
Q3: The ocean covers more than ___% of the earth's surface. 70
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

Word Search

H	A	Y	A	K	H	P	Z	S	H	O	W	I	S	A	C	D	Q	X
Y	N	N	P	X	Z	D	A	U	G	H	T	E	R	C	S	I	K	G
H	X	D	L	A	O	M	C	Q	D	J	F	T	D	C	M	N	I	C
N	S	Z	B	P	A	D	C	M	M	D	T	A	S	U	L	R	U	R
J	W	M	U	M	E	K	U	F	A	M	I	L	Y	Q	O	H	G	Q
X	H	Q	Y	T	F	B	R	D	Y	U	T	E	Z	E	V	R	Z	L
Q	E	K	S	S	E	J	A	U	F	L	K	A	F	K	E	L	L	I
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M	R	T	O	J	Q	G	J	S	N	P	A	O	D	I	D	A	A	T
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L	Y	S	H	D	Z	O	S	F	M	C	C	H	G	U	R	M	S	N

ACCURATE
ACTRESS
BIOLOGICAL
CHILD

DAUGHTER
FAMILY
FAVORITE
IMAGINE

INTERVIEW
LOVE
MAMA
MOMMY

MOTHER
SHOW
TELEVISION
VOICE