RidgeWood Health Campus Assisted Living		UILY	2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections GC - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Birthdays 7/4 - Ann H. 7/4 - Ann H. 7/6 - Clara V. 7/7 - Lori Schwipps 7/13 - Dois G 7/15 - Robert B 7/16 - Kristina Stepp 7/19 - Tara Cotton 7/20 - Dorothy W 7/21 - Sarah Cundiff	Birthdays 7/21 - Paul M. 7/21 - Paul M. 7/22 - Tammy Lind 7/23 - Mark Heath 7/25 - Shae Lack 7/25 - Martha B 7/26 - Phyllis B 7/27 - Jeanine N 7/28 - Shirley M 7/30 - Connie Boggs	Birthdays 7/31 - Ashley Krull-Dodd	7:00 Donut Day V 9:45 Walking Club - Activity Room V10:00 Balance Fit - In Activity Room 1:15 Resident Council - Activity Room  K 2:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Combo Fit - Activity Room K10:30 Name 10 - Activity Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	3  K10:00 Activity Packet V10:30 Sit and Be Fit - Activity Room K 1:00 Cards - Activity Room 1:30 Travel Cart - AL and HC
2:00 Travel Cart	J 9:30 Communion Service - AL Cafe V 9:45 Walking Club - Activity Room M10:00 Heart Fit to Music - Activity Room K10:30 Word Teasers - Activity Room V 2:00 Noodle Ball- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Strong Fit - Activity Room CC10:00 Trivia with Rhonda - RBC K10:30 Cards - Activity Room K 1:15 Bingo - AL Dining Room I 5:45 Evening Reflections- Activity Room	7 V 9:45 Walking Club - Activity Room V10:00 Flex Fit - In Activity Room GG10:30 Scattergories - In Activity Room K 1:30 Pokeno - AL Dining Room K 3:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Balance Fit - In Activity Room S 12:00 Taste of Town: Texas Road House 1:30 Resident Council Meeting - Activity Room K 2:00 Cards - Activity Room	9 V 9:45 Walking Club - Activity Room V10:00 Combo Fit - Activity Room K10:30 Name 10 - Activity Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	K10:00 Activity Packet V10:30 Sit and Be Fit - Activity Room K1:00 Cards - Activity Room 1:30 Travel Cart - AL and HC
V10:30 Sunday Sittercise - RBC A 1:30 Afternoon Greetings I 2:00 Church Service w/ Pastor Bill 2:00 Travel Cart	12 1 9:30 Communion Service - AL Cafe V 9:45 Walking Club - Activity Room M 10:00 Heart Fit to Music - Activity Room K 10:30 Word Teasers - Activity Room V 2:00 Noodle Ball- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Strong Fit - Activity Room K10:30 Cards - Activity Room K 1:15 Bingo - AL Dining Room I 5:45 Evening Reflections- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Flex Fit - In Activity Room GG10:30 Scattergories - In Activity Room K 1:30 Pokeno - AL Dining Room K 3:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Balance Fit - In Activity Room K 2:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Combo Fit - Activity Room K10:30 Name 10 - Activity Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	K10:00 Activity Packet V10:30 Sit and Be Fit - Activity Room K1:00 Cards - Activity Room 1:30 Travel Cart - AL and HC

RidgeWood Health Campus			2021
Assisted Living	TU	ハビカニン	2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 Travel Cart	I 9:30 Communion Service - AL Cafe V 9:45 Walking Club - Activity Room M10:00 Heart Fit to Music - Activity Room K10:30 Word Teasers - Activity Room V 2:00 Noodle Ball- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Strong Fit - Activity Room CC10:00 Trivia with Rhonda - RBC K10:30 Cards - Activity Room K 1:15 Bingo - AL Dining Room I 5:45 Evening Reflections- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Flex Fit - In Activity Room GG10:30 Scattergories - In Activity Room K 1:30 Pokeno - AL Dining Room K 3:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Balance Fit - In Activity Room K 2:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Combo Fit - Activity Room K10:30 Name 10 - Activity Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	K10:00 Activity Packet V10:30 Sit and Be Fit - Activity Room K 1:00 Cards - Activity Room 1:30 Travel Cart - AL and HC
2:00 Travel Cart	J 9:30 Communion Service - AL Cafe V 9:45 Walking Club - Activity Room M10:00 Heart Fit to Music - Activity Room K10:30 Word Teasers - Activity Room V 2:00 Noodle Ball- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Strong Fit - Activity Room K10:30 Cards - Activity Room K 1:15 Bingo - AL Dining Room I 5:45 Evening Reflections- Activity Room	V 9:45 Walking Club - Activity Room V10:00 Flex Fit - In Activity Room GG10:30 Scattergories - In Activity Room K 1:30 Pokeno - AL Dining Room K 3:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Balance Fit - In Activity Room K 2:00 Cards - Activity Room	V 9:45 Walking Club - Activity Room V10:00 Combo Fit - Activity Room K10:30 Name 10 - Activity Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	K10:00 Activity Packet V10:30 Sit and Be Fit - Activity Room K 1:00 Cards - Activity Room 1:30 Travel Cart - AL and HC

RidgeWood Health Campus Health Center		ULY	2021
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			1 Teacher William			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 7/4 - Ann H 7/7 - Lori Schwipps 7/13 - Dois G 7/15 - Robert B 7/16 - Kristina Stepp 7/19 - Tara Cotton 7/20 - Dorothy W 7/21 - Sarah Cundiff 7/21 - Paul M 7/22 - Tammy Lind	Birthdays 7/23 - Mark Heath 7/25 - Shae Lack 7/25 - Martha B 7/26 - Phyllis B 7/27 - Jeanine N 7/28 - Shirley M 7/30 - Connie Boggs 7/31 - Ashley Krull-Dodd	Staff Shirt Colors/Department Hibiscus: Life Enrichment Dark Blue: CRCA Light Blue: Nursing Royal Blue: RCA Brown: Environmental Services White: Dietary Navy Blue: Plant Ops Black: Administration Burnt Orange: Therapy		7:00 Donut Day V10:00 Sit & Be Fit - HC Living Room K10:30 Complete the Phrase - HC Living Room K 5:30 Pokeno - HC Dining Room	Living Room 1  K10:30 What Comes To Mind- HC Living	V11:00 Exercise - Channel 2 on your t.v. 1:30 Travel Cart - AL and HC  K 2:15 Name 10 - Delivered to Rooms
M11:00 Sunday Singalong - Riverboat Cafe 1:45 Room Visits	- HC Living Room K10:30 Trivia - HC Living Room	V10:00 Sit & Be Fit - HC Living Room CC10:00 Trivia with Rhonda - RBC K10:30 Creative Storytelling K 2:00 Bingo - HC Dining Room 2:30 Room Visits	M10:00 Move to the Music - HC Living Room K10:30 I Hear Memories - HC Living Room I 1:30 Fresh Air & Sunshine - Courtyard 2:30 Room Visits	Living Room K10:30 Complete the Phrase - HC Living Room S12:00 Taste of Town: Texas Road House K 5:30 Pokeno - HC Dining Room	V10:00 Fitness Friday- HC Living Room K10:30 What Comes To Mind- HC Living Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	V11:00 Exercise - Channel 2 on your t.v. 1:30 Travel Cart - AL and HC  K 2:15 Name 10 - Delivered to Rooms
V10:30 Sunday Sittercise - RBC M11:00 Sunday Singalong - Riverboat Cafe A 1:30 Afternoon Greetings 1:45 Room Visits 1 2:00 Church Service w/ Pastor Bill	M10:00 Move to the Music - HC Living Room K10:30 Trivia - HC Living Room V 1:00 Noodle Ball - HC Living Room 1:30 Travel Cart & Room Visits	V10:00 Sit & Be Fit - HC Living Room K10:30 Creative Storytelling K 2:00 Bingo - HC Dining Room 2:30 Room Visits	M10:00 Move to the Music - HC Living Room K10:30 I Hear Memories - HC Living Room I 1:30 Fresh Air & Sunshine - Courtyard 2:30 Room Visits	V10:00 Sit & Be Fit - HC Living Room K10:30 Complete the Phrase - HC Living Room K 5:30 Pokeno - HC Dining Room	V10:00 Fitness Friday- HC Living Room K10:30 What Comes To Mind- HC Living	V11:00 Exercise - Channel 2 on your t.v. 1:30 Travel Cart - AL and HC  K 2:15 Name 10 - Delivered to Rooms

RidgeWood Health Campus Health Center	WY E	2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
M11:00 Sunday Singalong - Riverboat Cafe 1:45 Room Visits	M10:00 Move to the Music - HC Living Room K10:30 Trivia - HC Living Room V 1:00 Noodle Ball - HC Living Room 1:30 Travel Cart & Room Visits	V10:00 Sit & Be Fit - HC Living Room CC10:00 Trivia with Rhonda - RBC K10:30 Creative Storytelling K 2:00 Bingo - HC Dining Room 2:30 Room Visits	M10:00 Move to the Music - HC Living Room K10:30 I Hear Memories - HC Living Room I 1:30 Fresh Air & Sunshine - Courtyard 2:30 Room Visits	V10:00 Sit & Be Fit - HC Living Room K10:30 Complete the Phrase - HC Living Room K 5:30 Pokeno - HC Dining Room	V10:00 Fitness Friday- HC Living Room K10:30 What Comes To Mind- HC Living Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	V11:00 Exercise - Channel 2 on your t.v. 1:30 Travel Cart - AL and HC  K 2:15 Name 10 - Delivered to Rooms
M11:00 Sunday Singalong - Riverboat Cafe 1:45 Room Visits	- HC Living Room	V10:00 Sit & Be Fit - HC Living Room K10:30 Creative Storytelling K 2:00 Bingo - HC Dining Room 2:30 Room Visits	M10:00 Move to the Music - HC Living Room K10:30 I Hear Memories - HC Living Room I 1:30 Fresh Air & Sunshine - Courtyard 2:30 Room Visits	V10:00 Sit & Be Fit - HC Living Room K10:30 Complete the Phrase - HC Living Room K 5:30 Pokeno - HC Dining Room	V10:00 Fitness Friday- HC Living Room K10:30 What Comes To Mind- HC Living Room A 1:30 Summer Swirl Painting on Canvas- Riverboat Cafe M 3:00 Happy Hour; Surfing Into Summer	V11:00 Exercise - Channel 2 on your t.v. 1:30 Travel Cart - AL and HC  X 2:15 Name 10 - Delivered to Rooms

RidgeWood Health Campus		ПППЛУЛ	0001
Memory Care			2021

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 7/4 - Ann H. 7/4 - Ann H 7/7 - Lori Schwipps 7/13 - Dois G 7/15 - Robert B 7/16 - Kristina Stepp 7/19 - Tara Cotton 7/20 - Dorothy W 7/21 - Sarah Cundiff 7/21 - Paul M	Birthdays 7/22 - Tammy Lind 7/23 - Mark Heath 7/25 - Shae Lack 7/25 - Martha B 7/26 - Phyllis B 7/27 - Jeanine N 7/28 - Shirley M 7/30 - Connie Boggs 7/31 - Ashley Krull-Dodd			Coconut Cookies Healthy Hands Relax & Recharge Crayon Melts M Shake It Up, Baby! GG Ladder Ball Healthy Hands	<ul> <li>Summertime Walking Club</li> <li>Best Friends</li> <li>Broccoli Salad Supreme Healthy Hands Relax &amp; Recharge</li> <li>Patriotic Wind Catcher</li> <li>July Happy Hour</li> <li>Word Works Healthy Hands</li> <li>Shake Loose A Memory Nighttime Traditions</li> </ul>	V Olympic Ring Toss Summer Colors Summertime Slaw Healthy Hands Relax & Recharge Fireworks Sponge Art M Feel the Waves GS State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
<ul> <li>Independence Day</li> <li>Baby, You're a FIREWORK</li> <li>Hymms</li> <li>Joel Olsteen</li> <li>Summer Vacations</li> <li>Patriotic Berry Bars         Healthy Hands         Relax &amp; Recharge</li> <li>Creative Storytelling</li> <li>Yankee Doodle Dandy</li> <li>Aim for the Stars         Healthy Hands</li> <li>Aqua Painting         Nighttime Traditions</li> </ul>	Tour de Legacy Inspired Tales Tropical Fruit Salad Healthy Hands Relax & Recharge Marble Painting Sensory Scentscape Javelin Throw Healthy Hands GF Patio Hangman Nighttime Traditions	Special Banana Nut Bread Healthy Hands Relax & Recharge Clothespin Trivet Music Bingo GG What Belongs Together?	<ul> <li>Water Balloon Toss</li> <li>Roll to 20</li> <li>Pina Colada Fluff         Healthy Hands         Relax &amp; Recharge</li> <li>Flower Pounding</li> <li>Celebrate Reggae</li> <li>Soccer/"Futbol"         Healthy Hands</li> <li>A Time For Iced Tea!         Nighttime Traditions</li> </ul>	CHershey's Milk Chocolate Chip Giant Cookies Healthy Hands Taste of Town: Texas Road House Relax & Recharge	<ul> <li>Summertime Walking Club</li> <li>Best Friends</li> <li>Strawberry Cheesecake Pie Healthy Hands Relax &amp; Recharge</li> <li>Watermelon Painting</li> <li>July Happy Hour</li> <li>Word Works Healthy Hands</li> <li>Shake Loose A Memory Nighttime Traditions</li> </ul>	V Olympic Ring Toss Summer Colors Key Lime Muffins Healthy Hands Relax & Recharge Poetry Writing Feel the Waves GC State Plate Game Healthy Hands Feen the Wands Feel the Wands Feel the Wands Feel The Wands Feel The Wands
V Baby, You're a FIREWORK V Hymms K Joel Olsteen K Summer Vacations C French Toast Casserole Healthy Hands Relax & Recharge A Squirt Gun Painting M Yankee Doodle Dandy G Aim for the Stars Healthy Hands GF Aqua Painting Nighttime Traditions	V Tour de Legacy Inspired Tales Cheesy French Pinwheels Healthy Hands Relax & Recharge A Clay Pinch Pots-Part 1 M Sensory Scentscape G Javelin Throw Healthy Hands GF Patio Hangman Nighttime Traditions	CC Rhonda from Library Parisian Crostini Healthy Hands Relax & Recharge Clay Pinch Pots-Part 2 M Music Bingo GG What Belongs Together?	<ul> <li>W Water Balloon Toss</li> <li>K Roll to 20</li> <li>C Crustless French Quiche Healthy Hands Relax &amp; Recharge</li> <li>M Monet Water Lilies</li> <li>M The Sound of France</li> <li>G Soccer/"Futbol" Healthy Hands</li> <li>GF A Time For Iced Tea! Nighttime Traditions</li> </ul>	Champagne Cheesecake Healthy Hands Relax & Recharge A Pineapple Prints M Shake It Up, Baby! GG Ladder Ball Healthy Hands	V Summertime Walking Club Best Friends French Apple Tarts Healthy Hands Relax & Recharge Cling Wrap Painting July Happy Hour GWord Works Healthy Hands GF Shake Loose A Memory Nighttime Traditions	V Olympic Ring Toss Summer Colors S'more Bars Healthy Hands Relax & Recharge Have a Gentle Conversation Feel the Waves GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions

RidgeWood Health Campus Memory Care 5021
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
V Baby, You're a FIREWORK V Hymms K Joel Olsteen K Summer Vacations C Blueberry Breakfast Cake Healthy Hands Relax & Recharge A Watercolors & Oil M Yankee Doodle Dandy GG Aim for the Stars Healthy Hands Relax Healthy Hands Nighttime Traditions	Tour de Legacy Inspired Tales Peach Salsa Healthy Hands Relax & Recharge Multi-Stage Process Art Sensory Scentscape Javelin Throw Healthy Hands F Patio Hangman Nighttime Traditions	V Dance, Dance K American Landmarks C Chocolate Lovers Fruit Dip Healthy Hands Relax & Recharge A Multi-Stage Process Art M Music Bingo G What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	V Water Balloon Toss K Roll to 20 C Strawberry Salsa Healthy Hands Relax & Recharge A Multi-Stage Process Art M Celebrate Reggae G Soccer/"Futbol" Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	Paris, France Walking Tour Let's Spell Summer Pina Colada Muffins Healthy Hands Relax & Recharge Lavender Wands Shake It Up, Baby! Ladder Ball Healthy Hands Let's Go to The Beach Nighttime Traditions	V Summertime Walking Club  K Best Friends Pineapple Cheddar Spread Healthy Hands Relax & Recharge Wood and Washer Windchimes July Happy Hour GWord Works Healthy Hands Shake Loose A Memory Nighttime Traditions	V Olympic Ring Toss Summer Colors C Orange Banana Nut Bread Healthy Hands Relax & Recharge Zen Doodle Moon Art M Feel the Waves G State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions
V Baby, You're a FIREWORK V Hymms K Joel Olsteen K Summer Vacations C Chocolate Zucchini Cupcakes Healthy Hands Relax & Recharge A Ask a Beautiful Question M Yankee Doodle Dandy GG Aim for the Stars Healthy Hands Relax Healthy Hands A Stars Healthy Hands Ref Aqua Painting Nighttime Traditions	<ul> <li>Inspired Tales</li> <li>Loaded-up Pretzel</li> <li>Cookies</li> <li>Healthy Hands</li> <li>Relax &amp; Recharge</li> <li>Fibonacci Art Project</li> <li>Sensory Scentscape</li> </ul>	V Dance, Dance K American Landmarks CC Rhonda from Library CC Avocado Summer Dip Healthy Hands Relax & Recharge A Ribbon Dancers M Music Bingo GG What Belongs Together? Healthy Hands GF Summer On The Patio! Nighttime Traditions	V Water Balloon Toss R Roll to 20 Barbecue Roasted Potatoes Healthy Hands Relax & Recharge A DIY Wall Art-Textured Mixed Media M Celebrate Reggae G Soccer/"Futbol" Healthy Hands GF A Time For Iced Tea! Nighttime Traditions	V Paris, France Walking Tour Let's Spell Summer Sour Cream Blueberry Muffins Healthy Hands Relax & Recharge DIY Wall Art-Textured Mixed Media M Shake It Up, Baby! GG Ladder Ball Healthy Hands GF Let's Go to The Beach Nighttime Traditions	Summertime Walking Club  K Best Friends C Summer Cucumber Salad Healthy Hands Relax & Recharge A Bird Nesting Ball M July Happy Hour G Word Works Healthy Hands Shake Loose A Memory Nighttime Traditions	V Olympic Ring Toss Summer Colors Strawberry Crisp Healthy Hands Relax & Recharge A Bird Nesting Ball M Feel the Waves GG State Plate Game Healthy Hands GF Evening On The Porch Nighttime Traditions