



PARK TERRACE

HEALTH CAMPUS

A Trilogy Senior Living Community

Times

July 2021

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch

with members

of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com

Photo credit: Michael Tullberg/Getty



Happy Birthday!

Residents

| | |
|----------|------|
| David M. | 7/01 |
| Nancy B. | 7/01 |
| Sue T. | 7/03 |
| Roxie B. | 7/11 |
| Faye D. | 7/12 |
| Iona H. | 7/16 |
| Alma N. | 7/30 |

Staff

| | |
|-----------|------|
| Deanna F. | 7/20 |
| John F. | 7/23 |
| Amber H. | 7/26 |
| Kathy U. | 7/29 |



Executive Director Corner

Happy July,
everyone!
I hope
that you're

enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around the World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life

Enrichment Director about all the incredible activities we have planned! *C'est l'heure de faire la fête (it's party time!)*.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

Kevin Foote

Executive Director

Happy Hour

We can't wait to get the okay to be able to have Happy Hour and entertainers again! We will keep everyone posted as soon as the guidelines change and we can resume this wonderful program.

Volunteers Needed

Park Terrace is always looking for volunteers! We are happy to welcome family members, friends and the community to volunteer your time and talents with our residents. Not only do our residents benefit, but our volunteers find they do as well! Please contact our Life Enrichment Director Susan English Crider for further details and ideas for volunteer opportunities.

Community Connections

We felt so proud to be employees of Trilogy at the T-200 Bike Tour and Health Fair. The riders biked 200 miles May 26th and 27th to promote healthy living for our residents and staff. Park Terrace was so fortunate to be one of the stops on their tour. It was truly a breath of fresh air to be able to celebrate together on a perfect sunny day. We enjoyed live music by Mike Hutchens, ate healthy delicious foods and listened to inspirational speeches from fellow employees about their health journeys. It lifted all our spirits to see our residents with their families and friends having a ball. Our hearts were full when our volunteers and many people from the community came to celebrate with us. It was a joyous event!!



More Community Connections



Theme Dinner

All of us were overjoyed, to say the least, when we were able to open our dining rooms at our Theme Dinner celebrating Brazil Carnival. We all cheered when our Executive Director cut the ribbon in a fun filled ceremony. We had a great week learning about the culture of Brazil. We had the feathers flying, music playing and delicious food to enjoy. It was so wonderful to be together!!





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HEALTH CAMPUS

A Trilogy Senior Living Community

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Louisville, KY 40272

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parkterracehc.com |  

Kevin Foote

Executive Director

Crystal Combs

Director of Health Services

Keema Gordon

Assistant Director of Health Services

Jordan O'Connell

Director of Social Services

Shirley Manner

Environmental Services Director

Julie McGillvary

Therapy Program Director

Amy Reed

Business Office Manager

Paul Burckle

Dietary Food Services Director

Kathy Umfleet

HR & AP

Susan English Crider

Life Enrichment Director

Angelia Giles

Legacy Lane Coordinator

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

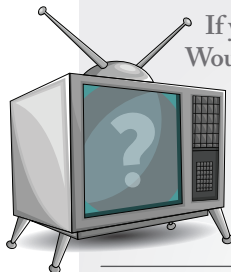
Question 1: *The Fourth of July celebrates the adoption of what historic document?*

Question 2: *What is the name of the largest planet in our solar system?*

Question 3: *What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?*

Question 4: *In what year was the 19th amendment ratified?*

Question 5: *On what day does the summer solstice occur?*



If you could create a TV show, what would it be?
Would it be a sitcom? Game show? Crime drama?
About animals? Or something new?
Write a brief description and share your ideas.

*Flip the page for last
month's trivia answers:*

Q1: What river runs through the Grand Canyon? The Colorado River
Q2: The world's first vaccine was developed to fight which disease? Polio
Q3: The ocean covers more than ____% of the earth's surface. 70
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

Word Search

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| H | A | Y | A | K | H | P | Z | S | H | O | W | I | S | A | C | D | Q | X |
| Y | N | N | P | X | Z | D | A | U | G | H | T | E | R | C | S | I | K | G |
| H | X | D | L | A | O | M | C | Q | D | J | F | T | D | C | M | N | I | C |
| N | S | Z | B | P | A | D | C | M | M | D | T | A | S | U | L | R | U | R |
| J | W | M | U | M | E | K | U | F | A | M | I | L | Y | Q | O | H | G | Q |
| X | H | Q | Y | T | F | B | R | D | Y | U | T | E | Z | E | V | R | Z | L |
| Q | E | K | S | S | E | J | A | U | F | L | K | A | F | K | E | L | L | I |
| L | R | T | P | W | D | L | T | V | A | N | F | R | C | H | N | K | W | T |
| F | A | V | O | R | I | T | E | C | D | S | O | G | T | T | P | F | C | D |
| T | H | F | W | Y | W | U | I | V | E | I | Q | O | Z | D | R | H | R | A |
| B | K | J | M | Q | W | G | Q | I | I | A | M | L | O | X | T | E | L | F |
| T | E | M | H | C | O | C | F | C | C | S | J | A | F | A | F | C | S | I |
| F | O | Z | M | L | Y | T | V | V | B | W | I | H | G | G | R | W | V | S |
| M | R | T | O | J | Q | G | J | S | N | P | A | O | D | I | D | A | A | T |
| S | Q | I | T | M | V | C | H | I | L | D | S | G | N | V | N | U | M | G |
| P | B | C | S | W | V | R | C | O | S | S | E | A | D | T | N | E | J | Y |
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ACCURATE
ACTRESS
BIOLOGICAL
CHILD

DAUGHTER
FAMILY
FAVORITE
IMAGINE

INTERVIEW
LOVE
MAMA
MOMMY

MOTHER
SHOW
TELEVISION
VOICE