



FOREST SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

Press

July 2021

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch with members

of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com

Photo credit: Michael Tullberg/Getty



Happy Birthday!

Residents

Barbara H.	7/1
Mary M.	7/3
Marilyn D.	7/4
Sonja V.	7/7
George A.	7/15
Frederick M.	7/18
Silas M.	7/18

Staff

Kristen B.	7/7
Teewana R.	7/8
Sharon C.	7/10
Jasmine G.	7/14
Joseph W.	7/15
Christy G.	7/23
Angel W.	7/26
Tara D.	7/28
Teresann J.	7/29
Cassandra C.	7/30
Shamika H.	7/31

Upcoming Events

Make sure to check your calendars for our exciting programs that will be this month!

We will be celebrating Independence Day along with many others to make a fun filled month.

Live a Dream

Our "Live a Dream" program is designed to grant long-held wishes for our residents. We collaborate with the Trilogy Foundation to help finance our bigger dreams, but even small dreams are granted, through this wonderful program. Please let the Life Enrichment Director know if your loved one has expressed a wish and will do our best to grant it! Also, we are a part of the Honor Flight! If you are a Veteran and would like take part in the Honor Flight, please make us aware so we can get you signed up.



Executive Director Corner

Happy July, everyone! I hope that you're

enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life

Enrichment Director about all of the incredible activities we have planned! *C'est l'heure de faire la fête (it's party time!)*.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

Yours in Service,

Justin Carwile

Executive Director

T-200 celebration

The riders made their first stop of the morning to visit and we had healthy snacks! We made fun posters to show our support. In the afternoon we had smoothies and our Justin and Mike performed for us. It was a fun filled day!



More T- 200 Highlights



Volunteers Needed

Forest Springs strives to make all our resident's days fun and enjoyable. Volunteers are the heart and soul of our campus and the key to making that happen. We are asking for just one hour per week/month to make a difference in their lives. If you are interested, please contact Becky Dunaway Life Enrichment Director

LifeShare

LifeShare Technologies, in partnership with this campus, provides an innovative service that allows you to connect with family and engage in your community, all through your personal television. With LifeShare, you can do all the following through your television:

- View Photo's
- View community information, such as activities, announcements, and dining menus
- Receive event reminders on the screen or by phone.
- Read daily news!
- Play games, music, and faith-based programs!
- Family members can download an app on their phone and become a family manager of your account and see the monthly activity calendar and so much more!

See your Life Enrichment Department to get started today!



Taste of the Town

Taste of the Town is an opportunity on the third Wednesday of every month for our residents to "eat out" without the hassles of leaving the building! Residents are encouraged to provide feedback to our chef during "Chef Circle". Resident preferences will determine the restaurant we will host at our campus for the month.



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Julie Cash
Business Office Manager

Becky Dunaway
Life Enrichment Director

Keith Dobson
Director of Plant Operations

Vincent Gray
Director of Food Services

Joyce Bullock
Director of Environmental Services

Tara Duverge
Villa Lifestyle Director

Jennifer Alvarez
Social Services Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

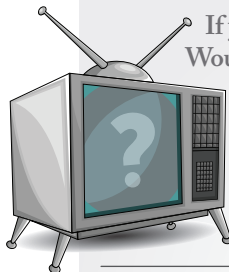
Question 1: *The Fourth of July celebrates the adoption of what historic document?*

Question 2: *What is the name of the largest planet in our solar system?*

Question 3: *What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?*

Question 4: *In what year was the 19th amendment ratified?*

Question 5: *On what day does the summer solstice occur?*



If you could create a TV show, what would it be? Would it be a sitcom? Game show? Crime drama? About animals? Or something new? Write a brief description and share your ideas.

Flip the page for last month's trivia answers:

Q1: What river runs through the Grand Canyon? The Colorado River
Q2: The world's first vaccine was developed to fight which disease? Polio
Q3: The ocean covers more than ___% of the earth's surface. 70
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

Word Search

H	A	Y	A	K	H	P	Z	S	H	O	W	I	S	A	C	D	Q	X
Y	N	N	P	X	Z	D	A	U	G	H	T	E	R	C	S	I	K	G
H	X	D	L	A	O	M	C	Q	D	J	F	T	D	C	M	N	I	C
N	S	Z	B	P	A	D	C	M	M	D	T	A	S	U	L	R	U	R
J	W	M	U	M	E	K	U	F	A	M	I	L	Y	Q	O	H	G	Q
X	H	Q	Y	T	F	B	R	D	Y	U	T	E	Z	E	V	R	Z	L
Q	E	K	S	S	E	J	A	U	F	L	K	A	F	K	E	L	L	I
L	R	T	P	W	D	L	T	V	A	N	F	R	C	H	N	K	W	T
F	A	V	O	R	I	T	E	C	D	S	O	G	T	T	P	F	C	D
T	H	F	W	Y	W	U	I	V	E	I	Q	O	Z	D	R	H	R	A
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L	Y	S	H	D	Z	O	S	F	M	C	C	H	G	U	R	M	S	N

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|------------|----------|-----------|------------|
| ACCURATE | DAUGHTER | INTERVIEW | MOTHER |
| ACTRESS | FAMILY | LOVE | SHOW |
| BIOLOGICAL | FAVORITE | MAMA | TELEVISION |
| CHILD | IMAGINE | MOMMY | VOICE |