



CREASY SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

Chronicle

July 2021

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch with members of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com

Photo credit: Michael Tullberg/Getty



Happy Birthday!

Residents

Billy F.	7/1
Joan C.	7/06
Elizabeth D.	7/16
Nelson M.	7/19
Ellen W.	7/22
Sandra B.	7/23
Mary H.	7/25
Staff	
Sarah B.	7/02
Matthew R.	7/06
Kelly G.	7/08
John K.	7/13
Isabel H.	7/14
Tonya D.	7/15
Sunshine H.	7/17
Kathryn J.	7/18
Susan R.	7/23
Jodi H.	7/24
Adrienne S.	7/25

Volunteers Needed

Are you interested in making an impact in our resident's lives? Do you have a passion for helping others? Do you have a special skill or hobby you would like to share? Become a volunteer for our campus! Volunteers are now allowed to return to our buildings. We are in need of volunteers to help facilitate group activities, assist with the visitor check-in processes, and promote spiritual wellness. Contact the Life Enrichment Department today for inquiries and details.



Executive Director Corner

Happy July, everyone! I hope that you're

enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life

Enrichment Director about all of the incredible activities we have planned! C'est l'heure de faire la fête (it's party time!).

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

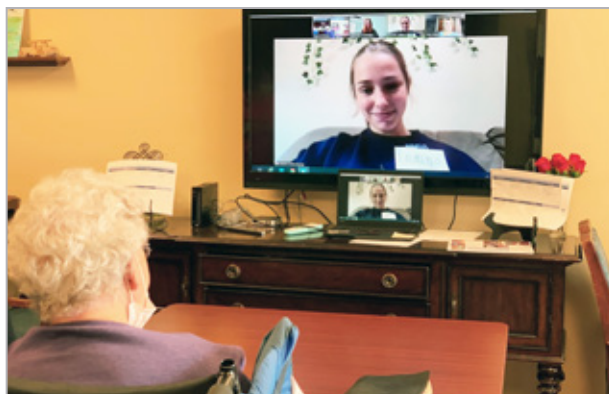
Yours in Service,

Justin Rife

Executive Director

NICE TO MEET YOU!

Purdue students have not let COVID keep them away from our residents. Though distanced, a group of students has partnered with our residents to offer a weekly program titled "The Brain Initiative". The Purdue Brain Initiative is a nonprofit organization focused on preventing memory loss through brain exercise. Founded by UCLA student Esin Gumustekin, the Brain Exercise Initiative is a series of gentle mental activities used to activate the prefrontal cortex, the control center for memory, cognition, and planning. This program was designed on the work and research pioneered by neuroscientist Dr. Ryuta Kawashima in Japan when studying cognitive function for those diagnosed or at risk for Alzheimer's. Chapter President Mia Utaydee has arranged a rotation of six other volunteers to offer this program at our campus. The group has gained popularity since its introduction this past Spring. Our residents enjoy their time with the students but look forward to meeting our volunteers in person once COVID restrictions are further lifted to guarantee the safety of all involved.



Purdue Student Lauren engaging with one of our residents

LEGACY SPOTLIGHT

We are ringing in the month of July in full force at Legacy. We are making the red, white and blue proud in our artisan program from patriotic visors to rocket magnets we are celebrating freedom! Our garden is growing we are loving the outdoor courtyard. We will also be celebrating our 2nd annual national joke day on July 1st. The staff from all departments will be bringing the jokes and sharing in laughter. Please feel free as you visit to pass along one of your own jokes or funny stories. Laughter is universal and good for the soul! Enjoy the pictures from our Carnival theme week as we prepare for Bastille theme week this month! As always, feel free to reach out if you have any great ideas or comments!



Polly want a cracker?



Elma G. posing in our photo booth



Say Cheese !!

Theme Week is Upon Us



Terri T leading our parade in Rio Carnival Style!



Our Culinary Team holding the beat of our resident parade!

As mentioned in the Executive Director Corner, we are preparing for this quarter's Theme Week! Our last Theme Week transported us to Rio Carnival, which marked the grand re-opening of our Health Center Dining Room. The vibrant colors reflected the vibrant energy we felt as we hosted the resident parade and ribbon cutting ceremony. The vivacious celebration became symbolic of the lively social dynamic we are steadily returning to in a COVID-recovering world. The celebrations continue this July for Bastille Day as our sub-rural Indiana campus will be transformed into the brilliant city of Paris, France from July 12th-16th. Our residents will enjoy various French dishes and hors d'oeuvres crafted by our gifted culinary team such as Beef Bourguignon with Potato Lyonnaise and Ratatouille Crème Brule. Additionally, we will host a series of activities and programming to simulate the French Culture. "Oui" cannot wait to see you there!



Soul Fit

July's calendar will mark the return of Soul Fit

to our campus programming. Soul Fit is a component of the Trilogity Well-Being Triad, a philosophy aligned with the World Health Organization's definition of wellness viewing health as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity. The enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition" (W.H.O Constitution). The Trilogity Well-Being Triad focuses on three main pillars of wellness- Health, Security, and Purpose. Soul Fit, a specialized program designed to cater to the social, spiritual, and intellectual branches of the Purpose Pillar, was paused temporarily during COVID due to restrictions placed on group activities. Soul Fit has now returned and will be offered weekly to Health Center and Assisted Living residents.



CREASY SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

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Elizabeth Langston
Director of Therapy

Jodi Hollingsworth
Director of Food Services

Beth George
Social Service Director

Amy Barnett
Environmental Services Director

Rebecca Stevens
MDS Coordinator

Debbi Sanders
Legacy Neighborhood Manager

Jamie Treida
Villa Lifestyle Director

Stay in the Loop

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

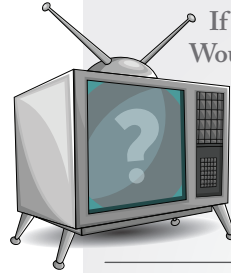
Question 1: The Fourth of July celebrates the adoption of what historic document?

Question 2: What is the name of the largest planet in our solar system?

Question 3: What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?

Question 4: In what year was the 19th amendment ratified?

Question 5: On what day does the summer solstice occur?



If you could create a TV show, what would it be? Would it be a sitcom? Game show? Crime drama? About animals? Or something new? Write a brief description and share your ideas.

Flip the page for last month's trivia answers:

Q1: What river runs through the Grand Canyon? The Colorado River
Q2: The world's first vaccine was developed to fight which disease? Polio
Q3: The ocean covers more than ___% of the earth's surface. 70
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

Word Search

H	A	Y	A	K	H	P	Z	S	H	O	W	I	S	A	C	D	Q	X
Y	N	N	P	X	Z	D	A	U	G	H	T	E	R	C	S	I	K	G
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T	H	F	W	Y	W	U	I	V	E	I	Q	O	Z	D	R	H	R	A
B	K	J	M	Q	W	G	Q	I	I	A	M	L	O	X	T	E	L	F
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M	R	T	O	J	Q	G	J	S	N	P	A	O	D	I	D	A	A	T
S	Q	I	T	M	V	C	H	I	L	D	S	G	N	V	N	U	M	G
P	B	C	S	W	V	R	C	O	S	S	E	A	D	T	N	E	J	Y
R	S	E	I	L	I	M	W	O	L	K	V	O	I	C	E	E	G	S
I	N	T	E	R	V	I	E	W	H	E	T	C	U	I	G	E	S	U
L	Y	S	H	D	Z	O	S	F	M	C	C	H	G	U	R	M	S	N

ACCURATE
ACTRESS
BIOLOGICAL
CHILD

DAUGHTER
FAMILY
FAVORITE
IMAGINE

INTERVIEW
LOVE
MAMA
MOMMY

MOTHER
SHOW
TELEVISION
VOICE