

Woman Meets Her Birth Mother after 50 Years, Learns She's An Actress From Her Favorite Show

When Lisa Wright sat down to watch *That's My Mama* every week as a child, she never could have imagined how accurate the title would prove to be.

As an adopted child, Lisa never sought out her biological family. Once she had a child of her own, however, she began investigating.

"My (adoptive) mom told me, 'Your mommy loved you, but she was really young, and she knew she couldn't take care of you. I wanted a baby so bad, and that's why your mom let me take care of you. You weren't abandoned. This was just the best thing for you,'" Lisa said in

an interview with the *Today* show.

Following a DNA test, Lisa was quickly put into touch with members of her biological family – and before long, her biological mother.

"A voice on the other end (of the phone) says, 'Is this my daughter?' And then I just went, 'Oh, my God, is this my mother?'" Lisa said. "And then she goes, 'Yes, sweetie, this is your mom.' It was just the most indescribable feeling."

Lisa would quickly learn that her mother is none other than Lynee Moody – an actress from one of Lisa's favorite shows from childhood.

"I grew up watching my mother on TV and didn't even know it," Wright said. "*That's My Mama* — that was



our must-see TV. We all sat down and watched *That's My Mama* every week, and who knew? No idea.... And that's my mama!"

Original story from people.com

Photo credit: Michael Tullberg/Getty



Happy Birthday!

Residents

Donald L.	7/05
Margaret L.	7/21
Marilynn H.	7/24
Dorothy C.	7/29

Staff

Brooklyn M.	7/01
Michelle H.	7/02
Pamela B.	7/04
Laura S.	7/05
Emily J.	7/07
Eileen P.	7/08
Crystal P.	7/16
Normandee S.	7/18
Brooklyn L.	7/27

BFF Program Spotlight

Our wonderful LEA Donna has become the BFF of Marge. Every morning when Donna enters Legacy Lane Marge greets her with a smile. She says "There you are" and she pulls up a chair for Donna. Donna asked Marge one day "What do you like to be called?". Marge answered "I like it best that you call me Ms. Marge".



Executive Director Corner

Happy July, everyone! I hope that you're enjoying cooling down from the heat and the easing of restrictions, because summer is officially in full swing – and we have a lot to celebrate.

Our "Traditions Around The World" Theme Year continues this month with our latest Theme Week – **France**. Taking place from July 12th – July 15th, this theme week will see our campus filled with blue, white, and red colors as we celebrate the sights, sounds, and smells of France from the comfort of home. Be sure to ask to our Life Enrichment Director about all

of the incredible activities we have planned! *C'est l'heure de faire la fête (it's party time!)*.

As we begin celebrating our independence from COVID-19, we're also excited to be kicking off our **Independence from Hunger** food drive. Over the course of the past 5 years, we have been able to raise more than 7.3 million pounds of food to support local food banks across the Midwest. Talk to a team member today to learn about how you can participate!

Have a great month,

Yours in Service,

Theresa Adams

Executive Director

Smile of the Month

Betty P loves sitting in the courtyard surrounded by flowers. Betty enjoys Facetime calls with her family who lives far away.



Theme Dinner

Residents had a wonderful time at our most recent theme dinner “South American Carnival”. Dining rooms were adorned with bright colors and beautiful centerpieces. Cedar Ridge staff paraded around and danced while wearing feather, ruffles and sequins. The music was happy and the smiles were contagious. The flavors of the food were authentic and made us feel we had traveled to Rio.



Vitality Program

Vitality program: During Wellness Week we joined our therapy team with some tasty fruit smoothies and some outside exercises with our Life Enrichment team. Our residents join exercise groups Monday through Friday. They have requests for music, dancing and meditation time.



Senior Executive Club

We are happy to welcome our SEC members back. They enjoyed a drive thru lunch and will soon be joining us for a parking lot Bingo event



Oh Great One

OGO (Oh Great One) Missy W has been with Cedar Ridge for 20 years. She has great responsibilities and handles them with proficiency as our Staff Development Coordinator



CEDAR RIDGE

HEALTH CAMPUS

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Theresa Adams
Executive Director

Emily Johnson
Director of Health Services

Nikki Sayre
Assistant Director of Health Services

Kacey Tucker
Customer Service Representative

Marilyn Carstens
Business Office Manager

Crystal Prather
Life Enrichment Director

Wesley Northcutt
Director of Plant Operations

Mary Martin
Director of Food Services

Kathy Brown
Environmental Services Director

Francis Duncan, LPN
MDS Coordinator

Joanie Sosbe
Accounts Payable/Payroll Coordinator

Ashley Bennett
Director of Social Services

Becky Northcutt
Therapy Program Manager

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

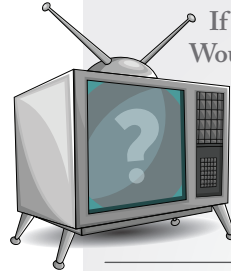
Question 1: *The Fourth of July celebrates the adoption of what historic document?*

Question 2: *What is the name of the largest planet in our solar system?*

Question 3: *What is the name of the local jazz group that performed "I Don't Want To Set The World On Fire"?*

Question 4: *In what year was the 19th amendment ratified?*

Question 5: *On what day does the summer solstice occur?*



If you could create a TV show, what would it be?
Would it be a sitcom? Game show? Crime drama?
About animals? Or something new?
Write a brief description and share your ideas.

*Flip the page for last
month's trivia answers:*

Q1: What river runs through the Grand Canyon? The Colorado River
Q2: The world's first vaccine was developed to fight which disease? Polio
Q3: The ocean covers more than ____% of the earth's surface. 70
Q4: What was the name of Lucy's neighbor in I Love Lucy? Carolyn Appleby
Q5: What is the name of the largest freshwater lake in the world? The Caspian Sea

Word Search

H	A	Y	A	K	H	P	Z	S	H	O	W	I	S	A	C	D	Q	X
Y	N	N	P	X	Z	D	A	U	G	H	T	E	R	C	S	I	K	G
H	X	D	L	A	O	M	C	Q	D	J	F	T	D	C	M	N	I	C
N	S	Z	B	P	A	D	C	M	M	D	T	A	S	U	L	R	U	R
J	W	M	U	M	E	K	U	F	A	M	I	L	Y	Q	O	H	G	Q
X	H	Q	Y	T	F	B	R	D	Y	U	T	E	Z	E	V	R	Z	L
Q	E	K	S	S	E	J	A	U	F	L	K	A	F	K	E	L	L	I
L	R	T	P	W	D	L	T	V	A	N	F	R	C	H	N	K	W	T
F	A	V	O	R	I	T	E	C	D	S	O	G	T	T	P	F	C	D
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M	R	T	O	J	Q	G	J	S	N	P	A	O	D	I	D	A	A	T
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R	S	E	I	L	I	M	W	O	L	K	V	O	I	C	E	E	G	S
I	N	T	E	R	V	I	E	W	H	E	T	C	U	I	G	E	S	U
L	Y	S	H	D	Z	O	S	F	M	C	C	H	G	U	R	M	S	N

ACCURATE
ACTRESS
BIOLOGICAL
CHILD

DAUGHTER
FAMILY
FAVORITE
IMAGINE

INTERVIEW
LOVE
MAMA
MOMMY

MOTHER
SHOW
TELEVISION
VOICE