

We take care ^{of} Moms & Dads



Call Us Today for a Tour! (561) 507-0825

FEATURES

- 😚 Lifetime Rate Lock
- 🕿 Comfy Apartment
- ➢ Leisure + Amenities
- Onsite + Offsite Events
- Chef-Prepared Dining
- **Transportation**
- $\widehat{\mathbb{V}}$ Safety + Security
- **10** Housekeeping
- Individualized Assessments
- Personalized Care Plans
- Proactive Evaluations
- 🌋 Mind + Body Wellness
- An Medication Management
- Personal Care Services
- 🕹 24/7 Nursing Services Available
- **85** Incontinence Management













How often do we take for granted the ability to live in an environment that sets-us-up for success? This is important in every stage of life and for every care-level. From the equipment in the fitness center to the layout of each apartment, all of our physical features are highly specialized to maximize safety, mobility, and accessibility for seniors.





Whether you need "just a little assistance" or require specialized memory care, you'll lead a lifestyle in a community environment that is truly inspiring.











AMENITIES



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Social Lounges

Beauty & Barber Shop

Community Fitness Center

Screened in Community Porch





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Movie Theater

Bistro

Shuffle Boards













Physical

Living a healthy lifestyle with proper nutrition and appropriate physical activity.

Intellectual

Expanding knowledge through ongoing learning opportunities.

Emotional

Connecting the mind, body, and spirit to live your best life

Spiritual

Finding meaning and purpose in life through personal values and beliefs.

Purposeful

Discovering

Social

Creating and maintaining relationships with others.

Leading a happy life means proactively nurturing your mind, body, and spirit. Imagine the impact of an environment that regularly focuses on your intellectual, social, physical, purposeful, emotional, and

spiritual wellness. Making choices that benefit your wellness can be a challenge at any age in life. Achieving wellness can be especially difficult for seniors dealing with emotional, healthcare, or dementia related challenges. Remember, wellness and happiness is not the absence of challenge; It is the presence of proactively nurturing your mind, body, & spirit.

Inspired DINING

Inspired Living is committed to providing excellent dining services to our residents! We are excited to announce the latest amenities to improve your Inspired Dining experience!

- Grate Eats Our hand held finger foods program
- Hydration stations with fresh fruits and slurries
- Fresh fruits and vegetables on our menus
- Recipe of the month submission
- "Pick your own" always available menu
- "Destinations" themed monthly menus
- Home made breads/rolls program
- Menus with mindful choices and super foods
- Music in the dining rooms
- All Day Dining

Resort style communities merging leisure, hospitality, & experiences in a setting that is purpose built for seniors to thrive, naturally.



Inspired Living Delray Beach

(561) 507-0825

Assisted Living & Memory Care

14100 Via Flora Delray Beach, FL 33484

Learn More at inspiredliving.care

