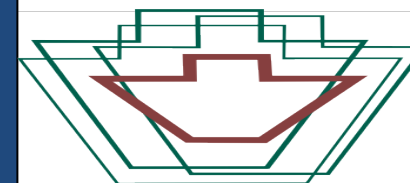




# ASSISTED LIVING JULY 2021



# Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p>  <p><b>Summer Olympics</b></p>	<p><b>Monthly Birthdays</b>            July 4<sup>th</sup>- Dick Brown            July 8<sup>th</sup>- Pat Gould            July 8<sup>th</sup>- June Beattie            July 18<sup>th</sup>- Laurie Mercure            July 19<sup>th</sup>- Mary Ellen Fish            July 20<sup>th</sup>- Babbette Laberge            July 20<sup>th</sup>- Charlotte Bureau            July 22<sup>nd</sup>- Ellen Sambrook            July 22<sup>nd</sup>- Maria Gonclaves            July 22<sup>nd</sup>- Nancy Cavin            July 23<sup>rd</sup>- Elaine Laushway            July 25<sup>th</sup>- Betty Perry            July 30<sup>th</sup>- Carolyn Harrington</p>	<p><b>Shopping Every other Monday @ 9:30am</b>            Sign up with Activities</p>  <p>Sign up book for outings and crafts in Activity Room</p>	<p><b>Activity Location Key</b>            A-Activity Room            T- Theater            P- Pub            FL-Front Lobby            C- Courtyard            F- Fireside Room            B- Billiard Room</p>	<p><b>1</b>            9:30- News and Views-3A            10:30- Baseball in the Courtyard            1:00- Red White and Blue Manicures            1pm- Pitch- Billiards Room            2:00- Facebook Photo Catch Up            Trip down Memory Lane-3A            3:30- Rummikub-Pub            3:30- Yappy Hour with Keeper-3A            6:30- Popcorn Club-Theater</p>	<p><b>2</b>            9:30- Billiards-B            10:30- Cheerleader Try-outs-3A            11:30- Lunch Out at Barstow's            1pm- Pokeno-3A            2:30- Michael Goodwin Presents "Songs and Stories of the US and Old Glory via Zoom- 3A            3:15- Golf- Billiards Room            3:15- Easy Craft with Lynn-3A            6:30- Puzzle Making-L</p>	<p><b>3</b>            12:45- Wii Bowling for Newbies            2pm- Patriotic Performance with Jim Harkins-3A            3:30- Dime Bingo-3A</p>
<p><b>4</b>              11:45- and 12:45 Picnic            2pm- Popsicle Social            IL Dining Room</p>	<p><b>5</b>            9:30- Shopping- Ludlow            10:30- Communion with Deacon Tom            IL Dining Room            12:30- Scrabble-3<sup>rd</sup> Floor Act Room            2:00- Balloon Volleyball-            3<sup>rd</sup> Floor Activity Room            3:15- Cycling Class- 3A</p>	<p><b>6</b>            9:30- Billiards-B            10:30- Meditation/Yoga with Rob-3A            10:30- Knitting Corner—L            1:00- Manicures-3A            1:00- Canasta- Billiards Room            2:00- Painting Class- 3A            3:30- Blackjack (Dollar Buy-in)-            3<sup>rd</sup> Floor Act Room            6:30-Popcorn Club-Theater</p>	<p><b>7</b>            9:30- Hubbard Coffee Chat-3A            10:30- Corn Hole-Courtyard            12:30- Rosary- 3A            1:30pm- Keystone Canaries Chorus            Concert- 3A            1:00- 1:1's w/ Brianna            2:30- Sports Dime Bingo-3A            3:30- Wii Bowling- Theater            3:45- Outdoor Exercise- Courtyard</p>	<p><b>8</b>            9:30- News and Views-3A            10:30- Famous Olympian Athlete            Trivia-3A            1:00- Pitch- Billiards Room            2:00-Race Car Racing in the Hallway            3:30- Rummikub- Billiards Room            3:30- Yappy Hour with Keeper-3A            6:30- Popcorn Club- Theater</p>	<p><b>9</b>            9:30- Billiards-B            10:30- Get Fit- 3A            2:15pm-Pokeno- 3<sup>rd</sup> Floor Act Room            3:15- Golf- Billiards Room            3:15- Easy Craft with Lynn-3A            6:30- Rummikub- Pub</p>	<p><b>12</b>            12:45- Wii Bowling for Newbies            1:45- Documentary-            Famous Athletes-T            3:30- Dime Bingo-3A</p>
<p><b>11</b>            10:30- Adult Coloring- Billiards            Room            1pm- Puzzle Making Library            2pm- Billiards with Charlie-            Billiards Room            Day of Rest and Face Timing            with Families</p>	<p><b>12</b>            10:30-Communion w/ Deacon            Tom-IL Dining Room            12:30- Scrabble-            3<sup>rd</sup> Floor Act Room            2:00- Hip Hop Dance Class from a            chair with Ronda-3A"NEW"            3:30- Drum and Movement via            Zoom with Tara-3A</p>	<p><b>13</b>            9:30- Billiards-B            10:30 Hometown Group Chat-            Chicopee- For Folks from Chicopee-3A            1pm- Manicures-3A            1pm- Canasta-Billiards Room            2pm- Painting Class-3A            3:30- Blackjack (dollar buy-in)-3A            6:30- Popcorn Club-Theater</p>	<p><b>14 Bastille Day</b>            Passport to Fun: France            9:30- Hubbard Coffee Chat-3A            10:30- Corn Hole- Courtyard            11:30- Tea and Crepes Luncheon            Outing at the Crepe House            2pm- French Bingo-3A            3:15- Cycling through France-3A            3:15- Wii Bowling- Theater</p>	<p><b>15</b>            9:30- News and Views-3A            10:30-Putting Event- Golf Green            11:30- Men's Pizza and Beer Social            2pm- Mike Tourville and Danny            Perform- 3A            3:30- Rummikub- Billiards Room            3:30- Yappy Hour with Keeper-3A            6:30- Popcorn Club- Theater</p>	<p><b>16</b>            9:30- Billiards-B            10:30- Get Fit-3A            1pm- Pokeno- 3<sup>rd</sup> Floor Act Room            2:15pm- Racing the Olympians-3A            3:15- Golf- Billiards Room            6:30- Rummikub-Pub</p>	<p><b>17</b>            12:45- Wii Bowling for Newbies            1:45- Documentary-            Famous Athletes-T            3:30- Dime Bingo-3A</p>
<p><b>18</b>            10:30- Adult Coloring- Billiards            Room            1pm- Puzzle Making Library            2pm- Billiards with Charlie-            Billiards Room            Day of Rest and Face Timing            with Families</p>	<p><b>19</b>            9:30- Shopping- Ludlow            10:30- Communion w/Deacon Tom- IL            Dining Room            12:30- Scrabble- 3<sup>rd</sup> Floor Act Room            2pm Larry Batter Performs-3A            3:15-Wii Bowling- Theater-            3:30- Cycling Class</p>	<p><b>20</b>            9:30- Billiards-B            10:30- Meditation/Yoga with Rob-3A            10:30- Knitting Corner- L            1:00- Manicures-3A            1:00- Canasta- Billiards Room            2:00- Painting Class- 3A            3:30- Blackjack- (Dollar Buy-in)- 3A            6:30- Popcorn Club- Theater            1-4- Pedicures in the Pub- sign up with            Activities- 25.00- Outside Company            Coming in see flyer</p>	<p><b>21</b>            9:30-Hubbard Coffee Chat            10:30- Corn Hole-Courtyard            12:30- Rosary- 3<sup>rd</sup> Floor            1pm- Chorus Practice via Zoom            3<sup>rd</sup> Floor Activity Room            2:00- Dime Bingo-3<sup>rd</sup> Floor Act            Room            3:30- Wii Bowling-Theater            3:30- Outdoor Exercise- Courtyard</p>	<p><b>22</b>            9:30- News and Views-3A            10:30- Bocce- Courtyard            11:30- Monthly Birthday Luncheon            1pm- Pitch- Billiards Room            2pm-Collaborative Craft-3A            5:30- Bus Leaves for Outdoor            Concert at Storrowtown- Sarah the            Fidler and Picnic- Sign up with            Activities            6:30- Popcorn Club- Theater</p>	<p><b>23</b>            9:30- Billiards- B            10:30- Magdalana Presents "Bend            Your Smile to Meet Your Own"- 3A            1pm- Pokeno- 3<sup>rd</sup> Floor Act Room            2:00- Outing to            Westview for Ice Cream            6:30- Rummikub- Pub</p>	<p><b>24</b>            12:45- Wii Bowling for Newbies            1:45- Documentary-            Famous Athletes-T            3:30- Dime Bingo-3A</p>
<p><b>25</b>            10:30- Adult Coloring- Billiards            Room            1pm- Puzzle Making Library            2pm- Billiards with Charlie-            Billiards Room            Day of Rest and Face Timing            with Families</p>	<p><b>26</b>            10:30- Communion w/Deacon Tom- IL            Dining Room            12:30- Scrabble- 3<sup>rd</sup> Floor            1:30 pm Balloon Volleyball            Competition- 3<sup>rd</sup> Floor Activity Room            3:15-Wii Bowling- Theater-            3:30- Cycling Class-3A            3:30- Drum and Movement via            Zoom with Tara-3A</p>	<p><b>27</b>            9:30- Billiards            9:30- Hubbard Coffee Chat-3A            10:30- Knitting Corner-L            1pm- Manicures-3A            1pm- Canasta- Billiards Room            2:00- Painting Class- 3<sup>rd</sup> Floor Act Rm            3:30- Blackjack- (Dollar Buy-in)            6:30- Popcorn Club-Theater</p>	<p><b>28</b>            9:30-Hubbard Coffee Chat            10:30- Berkshire Hills Music School            Performs-IL Dining Room            12:30- Rosary- 3<sup>rd</sup> Floor            1pm- Pitch- Billiards Room            2:00- High Stakes Bingo- 3<sup>rd</sup> Floor            3:00- Wii Bowling- Theater            3:30- 1<sup>st</sup> Floor Exercises- 1A</p>	<p><b>29</b>            10:30-Making Olympian Crowns-3A            1:00- Pitch- Billiards Room            2:00-Sports Food Social- Popcorn            Peanuts and Crackerjacks-Pub            3:30- Rummikub- Billiards Room            3:30- Yappy Hour with Keeper-3A            6:30- Popcorn Club- Theater</p>	<p><b>30</b>            Wear Your Favorite Teams            Jersey Day            9:30- Billiards            10:30- Decorating Dining Rooms            1pm- Pokeno- 3A            2pm- Olympian Medal Ceremony            4pm- Happy Hour- Winner's Circle            5:30- Olympian Celebratory Dinner</p>	<p><b>31</b>            12:45- Wii Bowling for Newbies            1:45- Documentary-            Famous Athletes-T            3:30- Dime Bingo-3A</p>