

Volume 3

1500 1st Ave N  
Coralville, IA 52241

*Brown  
Deer Place*  
RETIREMENT LIVING & MEMORY CARE

Issue 1

319-337-6320  
browndeerplace.com

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### Memory Care Program Coordinator

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## July Birthdays

John Vollenweider: July 1st

Thomas Baty: July 12th

Laurie Miller: July 13th.



**Don't Forget!**

**Resident Council Meeting**

**July 21st at 12:45**

**in the Dining Room**

# Brown Deer Place Post

## Notable July Activities

*Friday July 2nd  
4th of July Party*

*Tuesday July 6h  
Socks Tie Dye*

*Monday July 12th  
Root Beer Floats*

*Thursday July 15th  
Kalona Trip*

*Friday July 16th  
Christmas in July!*

*Friday July 30th  
Formal Dinner & Brass Band Performance*



**EXCEPTIONAL CARE.  
EXTRAORDINARY LIVING.**

professionally  
managed by  
 **JAYBIRD**  
SENIOR LIVING

*Embracing Every Moment*

*Brown  
Deer Place*  
RETIREMENT LIVING & MEMORY CARE

## Culinary Coordinator

### *5 unique melons to try this summer*

#### **Bambino watermelon**

This small, round melon tastes slightly sweeter than the larger, picnic variety. It's seedless and the right size for singles, couples and small families.

#### **Golden honeydew**

Unlike the traditional green honeydew, it has a vibrant golden exterior and small seed cavity. The golden variety also has a very thin rind and sweet taste.

#### **Sharlyn melon**

A sweet melon with a netted greenish-orange rind, it has white flesh that tastes like a cross between cantaloupe and honeydew.

*-Nathan Dance*

**Persian melon** This melon closely resembles a cantaloupe, except it's slightly larger and the rind is greener. The taste is very similar to that of a cantaloupe

#### **Casaba melon**

This large melon has deep wrinkles at the stem end and is pale yellow when ripe. The flesh is white and sweet.



## Maintenance Coordinator

With nicer weather coming and more covid restrictions lifting we are seeing an increase in people needing rides. We need 48 hours notice for appointments so we can make sure we have a driver and vehicle available to do any prescheduled events and make sure we don't have appointments overlapping. We always strive to accommodate everybody that we can, but we can't always make everything work. Mondays and Fridays are the toughest days to schedule drives. Tuesdays, Wednesdays and Thursdays we have more flexibility. Please feel free to check availabilities with Austin or Tom, but can also check with other coordinators that can look in the Drive book.

*-Austin Vincent*



## Administrative Assistant

We are very excited for our temporary Admin Assistant Jillian to be helping us out while we continue to look for a permanent person for this position. In the meantime, say hello to Jillian and make her feel welcome!

## Memory Care Coordinator

In June we had a visit from Elvis himself! He serenaded us with some of his most famous songs. We also had a visit from two miniature horses from Miracles n' Motion. In July we will have a 4<sup>th</sup> of July Party with Bingo, and of course we will also throw our monthly birthday party. You will most likely find us on the back patio, enjoying the warm weather, and working in the garden. Gardening is always better with friends. I hope all is well with you and yours!

*-Emily Winter*



## Life Enrichment Coordinator

July brings more warm weather, more outings, and more fun! This month you can look forward to a 4th of July party, root beer floats, Christmas in July, Bingo, Bunco, Farkle, and of course our formal day/dinner on July 30th. Make sure to come with us to the thrift store the day before so you can find yourself a fancy outfit!

You can now look forward to Bible Study on Tuesday nights with Pastor Richard! Stop by the Library at 6:30 on Tuesday evenings for an hour studying and fellowshiping together.

My Activity Council and I have agreed to start doing Bingo 2x a week – so Monday afternoons are now a time to get yourself down to the dining room and enjoy some healthy competition!

*-Erin Doney*



## Community Relations Coordinator

We will be starting off July with a “Bang” with a party on Friday, July 2<sup>nd</sup>. Please join us in celebrating the 4<sup>th</sup> of July two days early. There will be music, drinks, snacks, yard games and free packs of sparklers for every attendee! The grand prize will be a firework basket to be raffled off. To enter your name in the raffle, donate \$1 to our Alzheimer's Association Fundraiser- Walk to End Alzheimer's. You can enter your name in as many times as you wish to donate! The festivities will take place on July 2<sup>nd</sup>, from 3PM-5PM.

Can't stay for the fun? Feel free to drive-by and pick up a pack of sparklers before your Holiday weekend starts!

*-Cassie Monserud*





## Manager

Summer is in full swing here and we have had some lively events lately! Flower Pot Challenge, Friday Barbeques, and Elvis entertained us this week!

As a reminder: Weekly townhall meetings that occurred on Friday's at 12:30p via zoom will now be email updates. I will email my weekly updates every Friday. If you would still like to have a zoom call with me, I will be happy to still schedule these on a one on one basis. This will allow for timeliness and for others who couldn't attend the zoom calls on a regular basis. We also encourage Zoom calls to be coordinated with our staff so you can see your loved one. If you would like to schedule a Zoom call, let us know as well! Also, if you would like statements emailed versus mailed...please let me know.

*-Haley Cooney*



## Health Care Coordinator

My name is Sue Kleese. I live in Wellman, have 4 adult kids and no grandkids. I started my career as a CNA, then went back to school at 35 to earn my LPN. I worked as an LPN for 6 years then went back to school and earned my RN degree. I have worked in Washington Iowa in long term care most of my career. In the past few years I worked at Halcyon House as Director of Nursing and then went to Assisted Living Memory Care as director.

I am very happy to be at BrownDeer and am excited to meet everyone!

*-Sue Kleese*



## COVID-19 UPDATE

### Outing & Visitor Guidelines

The past few months have been a flurry of vaccine activity within our communities. We are overwhelmed with the positive response we have received and are proud to report falling numbers of COVID-19 cases within the majority of the counties our communities reside in.

In response to these statistics and based on guidance provided by the Centers for Disease Control (CDC), we have updated our visitation and resident outing guidelines.

#### Outing Guidance

- All residents leaving the Community on an outing will have education on wearing of masks, social distancing, and hand hygiene.
  - Fully vaccinated residents do not have to quarantine following an outing if:
    - They have completed final vaccine dose two weeks prior to the outing and can be no more than three months past final vaccine dose.
    - They are asymptomatic with no symptoms of COVID-19.
    - They were not exposed to a confirmed positive COVID-19 person.
  - Unvaccinated residents must quarantine based on county positivity:
    - County Positivity <10% - Quarantine for 7 days then negative COVID-19 test
    - County Positivity >10% - Quarantine for 10 days, negative COVID-19 test
    - In addition, residents must be asymptomatic and must not have been exposed

#### Visitation Guidance

- Indoor visitation can occur as long as the county positivity rate is under 10% and there have been no new cases of COVID-19 within the community in the previous 14 days. Visitors can be accepted if:
  - The visit has been scheduled in advance.
  - The visitor(s) have passed the mandatory screening questionnaire.
  - Masks are worn, proper hand hygiene is practiced, and social distance is maintained.
- In-apartment visits can occur if:
  - The visitor is fully vaccinated and presents his/her vaccination record.
  - OR
  - The visitor provides proof of a negative COVID-19 test taken within the last 24 hours.
- If a visitor is not fully vaccinated or does not wish to test, visits can still occur in designated areas (no apartments), with all other criteria met.

#### Testing Guidance

- Jaybird Senior Living will continue to require employees to test for COVID-19 based on the following guidelines, unless COVID-19 is identified in the community:
  - Vaccinated Staff - Monthly testing (excluding KY staff that will test bi-weekly)
  - Unvaccinated Staff - Bi-weekly testing

Our team members and residents greatly appreciate your continued flexibility and patience as we adhere to the recommended guidelines for protecting our most vulnerable. Please reach out to your Community Director with questions.





## June Highlights



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## History of July:

The seventh month of the Gregorian year is named in honor of Julius Caesar. In 63 B.C. Caesar had been elected Pontifex Maximus. The calendar was 355 days long and gradually through mishandling and corruption (pontiffs allowing the calendar to lengthen to please one priest, shortening it to anger another) January slipped into fall.

While Caesar didn't place the month of *Quintilis* (meaning fifth) the strangely seventh place, he did decide to change from a lunisolar to a solar calendar. (Before the Roman calendar, there were only ten months, and *Quintilis* was the fifth month. When the Romans added new months, *Quintilis* and other months were adjusted.) The solar year would consist of 365 days, adding 10 to the total. The extra days were distributed among the months with 29 days.

A year after Caesar completed the calendar, he was assassinated on the Ides of March. In his honor, the Roman Senate named the seventh month July, the month of Caesar's birth.

The new calendar went into effect on the first day of January 709 A.U.C. (*ab urbe condita*—"from the founding of the city [Rome]") January 1, 45 B.C. and put an end to the arbitrary and inaccurate nature of the early Roman system. The Julian calendar became the predominant calendar throughout Europe for the next 1600 years until Pope Gregory made further reforms in 1582.

Certain countries and institutions in fact adhered to this ancient system until well into the twentieth century: the Julian calendar was used in Russia until 1917 and in China until 1949, and to this day the Eastern Orthodox church adheres to Caesar's calendar.

The month of July holds many celebrations. From Canada Day and Parent Day to Chocolate Day and Moon Day, there are many ways to participate. In the United States, it is considered the month of one of its biggest celebrations, Independence Day. The fine weather makes for an excellent time for vacations, travel and going to the beach. Relaxing and enjoying National Hammock Day, fishing or attending reunions are just some of the summer diversions enjoyed during July.

## Searching for July

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



B	S	Z	W	A	T	E	R	L	I	L	Y	W	Y	C
K	A	O	H	B	M	H	T	E	X	J	Q	E	A	V
A	G	S	B	A	R	C	T	C	M	D	T	N	D	N
Q	D	V	T	H	F	Q	O	A	N	M	C	I	E	D
R	E	Q	I	I	R	S	U	N	D	E	U	H	C	T
F	U	C	Z	P	L	Y	R	A	R	H	Z	S	N	L
P	K	B	N	A	E	L	D	D	S	E	U	N	E	I
B	A	W	Y	S	J	F	E	A	R	P	V	U	D	O
T	L	D	S	J	Z	V	F	D	U	Q	U	S	N	N
L	A	R	K	S	P	U	R	A	A	U	T	A	E	S
D	V	R	E	N	T	U	A	Y	D	Y	K	R	P	A
K	G	Q	Y	U	L	U	N	N	A	L	W	R	E	Y
Q	V	L	Y	S	B	W	C	A	R	C	E	S	D	A
G	U	Z	L	Y	O	A	E	P	U	W	Y	O	N	Y
J	H	T	N	E	V	E	S	C	R	V	V	F	I	G

BASTILLE DAY	JULY	SEVENTH
CANADA DAY	LARKSPUR	SUMMER
CANCER	LEO	SUNSHINE
CRAB (Cancer)	LION (Leo)	TOUR DE FRANCE
INDEPENDENCE DAY	RUBY	WATER LILY