



Liberty Blvd (Salt Lake City)

At Home

News and Tips for Residents of Cowboy
Properties Communities
June 25, 2021

It's Party Thyme

Think you can't have a garden because you live in an apartment? Think again! We give you some tips on container gardening and how you can grow herbs and vegetables in your apartment.

You can grow crops anywhere that you can get sun.

If you have a south-facing apartment and get a lot of sunlight, place your container by your window. If you have a north-facing apartment, try a [grow light](#). Different plants require different amounts of sunlight.

Choose the proper container.

Although some small plants will be fine in a small container, other plants have roots that need room to spread out. We like this [windowsill planter](#) for smaller plants and this [cylinder pot](#) comes in sizes of up to 14 inches of depth.

Make your own fertilizer.

Use an [electric composter](#) to quickly grind up your table scraps into fertilizer.

Try a hydroponic planter.

A [hydroponic planter](#) requires no soil, growing crops directly in nutrient-rich water. Grow on your kitchen countertop or purchase a [multi-tiered unit](#) to grow a wide variety of produce.

** We do not allow plants on some balconies. Please read your rules and regulations for more details.*

Plants That Grow Well Indoors

Blueberries

Recommended for beginners. Choose a dwarf variety and keep the bush in check with pruning. Will need a large container and 6-8 hours of daylight. Keep the soil damp.

Tomatoes

Will need a bigger container as well as a trellis or tomato cage. Cherry tomatoes grow best indoors vs. a larger tomato variety. Will want a warm place with a lot of light to grow best.

Spinach

Doesn't need a deep box. Will sprout quicker with warm soil.

Strawberries

Doesn't need a large container and needs 6-12 hours of sunlight per day. Likes temperatures between 65-77 degrees.

Peppers (Habanero/Jalapeno)

Grows naturally near the equator, so plan on a lot of light and keeping them in a very warm area.

Arugula

Likes cooler temperatures. The larger the container you plant in, the larger the leaf will be.

Radishes

Likes the soil cool. Likes about six hours of sunlight per day.

Covid-19 Update

[Click for the latest resources on vaccine eligibility and distribution](#). Everyone ages 12 and up is eligible for the vaccine in Utah.

The Salt Lake Tribune recently reported on [breakthrough cases of Covid-19](#) of people who are vaccinated coming down with the virus.

Assistance Resources

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with [Flex](#) to give you flexibility in how you pay your rent.

Housing Assistance

rentrelief.utah.gov

General Assistance (Utilities, Food, Housing)

utahca.org/housing-case-management/ or call (801) 359-2444
211utah.org/ or call 211

Utah Department of Workforce Services Resources

jobs.utah.gov/covid19/
jobs.utah.gov/docs/hotjobs.html

Food Resources, and Mobile Food Pantry Dates and Locations

slc.gov/sustainability/food-covid/
utahfoodbank.org/programs/mobile-pantry/