Optima Solutions 2021
2021 S/S Select Menu

Date: 6/5/2021 **RD:**

Week: 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Egg of Choice Sausage & Gravy Cereal of Choice Biscuit Coffee Milk of Choice, 8oz Juice of Choice Margarine	Bacon Cereal of Choice Pancakes Beverage of Choice Milk of Choice, 8oz Juice of Choice Syrup	Egg of Choice Sausage Cereal of Choice Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine	Egg of Choice Sausage Link Cereal of Choice Toast Beverage of Choice Milk of Choice, 4oz Juice of Choice Margarine	Egg of Choice Bacon Cereal of Choice French Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Syrup	Scrambled Egg Breakfast Meat Cereal of Choice Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine	Omelet Sausage Patty Cereal of Choice Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Beef Noodle Casserole Mashed Potatoes w/ Gravy Glazed Carrots Dinner Roll Frosted Cake	Beef Tips w/ Mushroom Sauce Buttered Noodles Vegetable Medley Corn Bread Square Apple Slices	Chicken Crunchy Fried Baked Macaroni & Cheese Peas & Carrots Biscuit Fruit Cobbler	Pot Roast w/ Veges Potatoes and Carrots Coleslaw Dinner Roll Seasonal Fresh Fruit	Pork Chop Savory Rice Pilaf Lima Beans Dinner Roll Strawberry Shortcake	Fish w/ Lemon Pepper Baked Potato Mixed Vegetables Dinner Roll Assorted Ice Cream	Turkey Club Potato Chips Spinach Salad Dinner Roll Cake/Icing
Supper	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**
Tuna Salad Sandwich Soup of the Day Tossed Salad w/ Dressing Garlic Bread Fruit of the Day*	Taco Soft* Fried Rice* Salsa Salad* Applesauce*	Pork BBQ Riblette Rings, Onion Green Beans Lemon Cake	Turkey & Swiss Sandwich Macaroni Salad Three Bean Salad Crackers Ice Cream	Chicken Alfredo Fettuccini Tossed Salad w/ Dressing Bread Sticks Fruit Cocktail*	Bratwurst Beans Baked Sauerkraut Donut*	Pizza Cheese Soup of the Day Tossed Salad w/ Dressing Dinner Roll Fruit Cocktail