Optima Solutions 2021
2021 S/S Select Menu

Date: 6/5/2021 **RD:**

Week: 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Egg of Choice Sausage & Gravy Cereal of Choice Biscuit Milk of Choice, 8oz Beverage of Choice Juice of Choice Margarine	Sausage Cereal of Choice Pancakes Milk of Choice, 8oz Beverage of Choice Juice of Choice Syrup	Egg of Choice Bacon Cereal of Choice Danish Milk of Choice, 8oz Beverage of Choice Juice of Choice Margarine	Egg of Choice Sausage Cereal of Choice Toast Milk of Choice, 8oz Beverage of Choice Juice of Choice Margarine	Bacon Cereal of Choice French Toast Milk of Choice, 8oz Beverage of Choice Juice of Choice Syrup	Egg of Choice Breakfast Meat Cereal of Choice Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine	Bacon Cereal of Choice Waffle Beverage of Choice Milk of Choice, 8oz Juice of Choice Syrup
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Ham Glazed Baked Sweet Potato Vegetable Blend Dinner Roll Rainbow Cake*	Beef Minute Steak* Boiled Potatoes* Seasoned Green Peas* 1 ea Dinner Roll* 1 ea Assorted Cake*	Chicken BBQ Macaroni & Cheese Summer Squash Dinner Roll Pudding	Chicken Monterey Sandwich Green Bean Medley* Applesauce* Lemon Bar*	Meatloaf Homestyle Mashed Potatoes Buttered Carrots Dinner Roll Peach Crisp	Hamburger on Bun* Chips Kettle* Lettuce/Tomato/Onion* Seasonal Melon	Turkey & Swiss on Croissant* Banana* Tomato Salad* Ice Cream
Supper	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**
Chicken Grilled Sandwich Baked Beans Fruit Salad Ice Cream	Lasagna Italian Style Tossed Salad w/ Dressing Garlic Bread Apple Salad*	Salisbury Steak Mashed Potatoes w/ Gravy Brussels Sprouts Fruited Jello	Polish Sausage Creamy Pasta Salad Peaches w/ Cottage Cheese* Frosted Cake	Pork Pulled Waffle Cut Potatoes Coleslaw Strawberries	Enchilada Cheese Fried Rice Refried Beans Pudding w/ Topping	Tater Tot Casserole* Cucumber Salad* Blushing Pears* Assorted Cookies