OptimaSolutions2
Dietary Management System

Optima Solutions 2021
2021 S/S Select Menu

Date: 6/5/2021 **RD:**

Week: 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Egg of Choice Sausage & Gravy Cereal of Choice Biscuit Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine	Egg of Choice Bacon Cereal of Choice Pancakes Beverage of Choice Milk of Choice, 8oz Juice of Choice Syrup	Egg of Choice Sausage Patty Cereal of Choice Danish Coffee Milk of Choice, 8oz Juice of Choice Margarine	Egg of Choice Breakfast Ham Cereal of Choice Waffle Beverage of Choice Milk of Choice, 8oz Juice of Choice Syrup	Egg of Choice Bacon Cereal of Choice French Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Syrup	Egg of Choice Sausage Cereal of Choice Toast Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine	Egg of Choice Breakfast Meat* Cereal of Choice Waffle w/ Syrup Beverage of Choice Milk of Choice, 8oz Juice of Choice Margarine
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Chef Salad w/Turkey* Fresh Fruit, Seasonal* Ice Cream Bar*	Spaghetti Sauce w/Meat Spaghetti Noodles Cucumber Salad* Garlic Bread Fruit Cup	Pork Fritter* Mashed Potatoes w/ Gravy Chuckwagon Corn* Dinner Roll Strawberry Cream Pie*	Beef Faijta* Rice* Beans Lima* Dinner Roll Mandarin Oranges	Chicken Breast Filet Confetti Rice Normandy Vegetable Blend* Dinner Roll Seasonal Fresh Fruit	Taco Salad* Greens Mixed* Dinner Roll Pineapple*	Shrimp Scampi Fettuccini* Buttered Peas* Applesauce* Frosted Cake
Supper	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**	**Supper**
Sloppy Joe Corn Buttered Onion Rings Strawberries & Bananas*	Cheeseburger Potato Salad* Lettuce/Tomato/Onion Canned Fruit*	Chicken and Rice Casserole* Ranch Style Beans* Green Pepper Slaw* Fruit Cocktail*	Chicken ala King* Rice* Tossed Salad w/ Dressing* Pineapple Fluff*	Corn Dog* Potato Wedges Tossed Salad w/ Dressing Fresh Fruit*	Tilapia Baked w/ Herbs* Party Potatoes* Fiesta Corn* Banana (B)* Pudding w/ Topping	Ham and Swiss Croissant* Potato Chips Three Bean Salad Applesauce