

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ROOM KEY</p> <p>C: Courtyard G: Great Room O: Out of the building P: Ice Cream Parlor</p>	<p>Room R: Recreation Room T: Theater VD: Vlahos dining room</p> <p><i>All activities subject to change. Please refer to the Daily Schedule in the Dining Room.</i></p>	<p>1 9:30 Stretch & Strengthen-G 10:30 Trivia-G 1:30 Balloon Volley Ball-G 2:30 Happy Hour Cart-G "The Madras"</p>	<p>2 9:30 Balance & Strength Exercise-G 10:00-11:00 Health & Wellness Clinic(Forest Court) & 11:00-1200 (Vlahos)-T *Wait in the Great Room until called 2:30 Scenic Drive (Vlahos)-O 3:00-4:00 Ice Cream Parlor Open-G</p>	<p>3 9:30 Sit & Fit-G 10:30 Anagram Games-G 1:30 Mic-less Karaoke-T 2:00 Baking w/Gen-G 3:30 Reading with Jerry-G</p>	<p>4 Happy B-day Delores S! 9:30 Stretch & Strengthen-G 10:30 Trivia-G 1:30 Netflix Movie (TBA)-T 2:30 Scenic Drive (Forest Court)-O</p>	<p>5 9:30 Rock & Stroll (walking group)-G 10:30 Arts & Crafts-VD 1:30 Bingo-G 3:00-4:00 Ice Cream Parlor Open-G</p>
<p>6 9:00 Church Transportation-O (Please sign-up in the Adventure Binder across from the dining room) 10:30 Church Sing-A-Long (Resident Lead)-G 1:00 Bingo-G</p>	<p>7 9:30 Sit & Fit Exercise-G 10:30 Bible Study with David-T 1:00 Shopping Shuttle: Safeway 2:30 Monday Movie Matinee: "Mrs. Doubtfire"-T</p>	<p>8 9:30 Stretch & Strengthen-G 10:30 Resident Council-T 1:30 Balloon Volley Ball-G 2:30 Happy Hour Cart-G "Aspen Crud" 6:00 Virtual Townhall Meeting w/Tim</p>	<p>9 9:30 Balance & Strength Exercise-G 10:30 Hangman-G 2:30 Scenic Drive (Vlahos)-O 3:00-4:00 Ice Cream Parlor Open-G</p>	<p>10 9:30 Sit & Fit-G 10:30 Crosswords-G 2:00 Chef Chat-T 2:30 Watercolor painting-VD 3:30 Reading with Jerry</p>	<p>11 9:30 Stretch & Strengthen-G 10:30 Minute To Win It Game-G 12:00 Lunch Bunch: Langdon Farms-O 1:30 Netflix Movie (TBA)-T 2:30 Scenic Drive (Forest Court)-O</p>	<p>12 9:30 Rock & Stroll (walking group)-G 10:30 Father's Day Card Arts & Crafts-VD 1:30 Bingo-G 3:00-4:00 Ice Cream Parlor Open-G</p>
<p>13 Happy B-day Helen H! 9:00 Church Transportation-O (Please sign-up in the Adventure Binder across from the dining room) 1:00 Church Service & Sing-A-Long w/ Patty & Pastor Jim-G 2:00 Movie Matinee (TBA)-T</p>	<p>14 9:30 Sit & Fit Exercise-G 10:30 Bible Study with David-T 1:00 Shopping Shuttle: Fred Meyer 2:30 Monday Movie Matinee: "Enough Said"-T</p>	<p>15 Happy B-day Cheri p! 9:30 Stretch & Strengthen-G 10:30 Gardening- (Forest Court Library courtyard) 1:30 Balloon Volley Ball-G 2:30 Happy Hour Cart-G "Watermelon Sangria"</p>	<p>16 9:30 Balance & Strength Exercise-G 10:30 Hangman-G 2:30 Scenic Drive (Vlahos)-O 3:00-4:00 Ice Cream Parlor Open-G</p>	<p>17 9:30 Sit & Fit-G 10:30 Crosswords-G 1:30 to 2:30 Father's Day Celebration (Super Hero theme) -Courtyard 3:30 Reading with Jerry</p>	<p>18 9:30 Stretch & Strengthen-G 10:30 Father's Day Trivia-G 1:30 Netflix Movie (TBA)-T 2:30 Scenic Drive (Forest Court)-O</p>	<p>19 9:30 Rock & Stroll (walking group)-G 10:30 Arts & Crafts-VD 1:30 Bingo-G 3:00-4:00 Ice Cream Parlor Open-G</p>
<p>20 Happy Father's Day First Day of Summer 9:00 Church Transportation-O (Please sign-up in the Adventure Binder across from the dining room) 10:30 Church Sing-A-Long (Resident Lead)-G Father's Day Special Lunch 1:00 Bingo-G</p>	<p>21 9:30 Sit & Fit Exercise-G 10:30 Bible Study with David-T 1:00 Shopping Shuttle: Goodwill & Dollar Tree 2:30 Monday Movie Matinee: "Hairspray"-T</p>	<p>22 9:30 Stretch & Strengthen-G 10:30 Gardening/weeding- (Assisted Living Great Room Court-yard) 1:30 Balloon Volley Ball-G *Schedule adjusted for All-Staff Meeting*</p>	<p>23 9:30 Balance & Strength Exercise-G 10:30 Hangman-G 2:30 Scenic Drive (Vlahos)-O 3:00-4:00 Ice Cream Parlor Open-G</p>	<p>24 9:30 Sit & Fit-G 10:30 Crosswords-G 1:30 Mic-less Karaoke-T 2:30 Watercolor Painting-VD 3:30 Reading with Jerry</p>	<p>25 9:30 Stretch & Strengthen-G 10:30 Minute To Win It Game-G 12:00 Lunch Bunch: Red Robin-O 1:30 Netflix Movie (TBA)-T 2:30 Scenic Drive (Forest Court)-O</p>	<p>26 9:30 Rock & Stroll (walking group)-G 10:30 Arts & Crafts-VD 1:30 Bingo-G 3:00-4:00 Ice Cream Parlor Open-G</p>
<p>27 9:00 Church Transportation-O (Please sign-up in the Adventure Binder across from the dining room) 1:00 Church Service & Sing-A-Long w/ Patty & Pastor Jim-G 2:00 Movie Matinee (TBA)-T</p>	<p>28 9:30 Sit & Fit Exercise-G 10:30 Bible Study with David-T 1:00 Shopping Shuttle: Target 1:00 -4:00 p.m. Chair Massage w/ LMT Stephen Raff (sign-up required) 2:30 Monday Movie Matinee: "House of D"-T</p>	<p>29 9:30 Stretch & Strengthen-G 10:30 Arm Chair Travelers-T "Australia" 1:30 Balloon Volley Ball-G 2:30 Happy Hour Cart-G "Pineapple Mimosa"</p>	<p>30 9:30 Balance & Strength Exercise-G 10:30 Hangman-G 2:30 Scenic Drive (Vlahos)-O 3:00-4:00 Ice Cream Parlor Open-G A Night in Australia Dinner</p>			