The Springs at Grand Park®

2021 May

Footsteps® Memory Care

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9:00 Movement in Motion 10:00 Baking 11:00 Aromatherapy 11:30 Helping Hands Move over Martha-Crafts 3:00 History in the Making
2 	**3** 9:00 Sit & Be Fit 10:00 Manicures 11:00 Aroma Therapy 11:30 Helping Hands 2:00 Move over Martha –crafts Coffee & Reminiscing	**4** 9:00 Movement in motion 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands 2:00 Bowling/Ring Toss 3:00 Music Therapy	**5** 9:00 Sit & Be Fit 10:00 Color me Wild 11:00 Aromatherapy 11:30 Helping Hands Balloon Badminton 3:00 Outside Walks	**6** HAPY NURSE'S WEEK 9:30 Country Drive 11:30 Helping Hands 2:00 Sensory Activity Classic Movie & Popcorn	**7** 9:00 Sit & Be Fit 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands 2:00 Manicures & Creative Memories 3:00 Ice Cream Social	**8** 9:00 Movement in Motion 10:00 Baking 11:00 Aromatherapy 11:30 Helping Hands Move over Martha-Crafts 3:00 History in the Making
9 	**10** 9:00 Sit & Be Fit 10:00 Manicures 11:00 Aroma Therapy 11:30 Helping Hands 2:00 Move over Martha –crafts Coffee & Reminiscing	**11** 9:00 Movement in motion 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands 2:00 Bowling/Ring Toss 3:00 Music Therapy	**12** 9:00 Sit & Be Fit 10:00 Color me Wild 11:00 Aromatherapy 11:30 Helping Hands Balloon Badminton 3:00 Outside Walks	**13** 9:030 Country Drive 11:00 Aromatherapy 11:30 Helping Hands 2:00 Sensory Activity Classic Movie & Popcorn	**14** 9:00 Sit & Be Fit 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands **2:23 Happy Hour with Almeda ALF** 3:00 Ice Cream Social	**15** 9:00 Movement in Motion 10:00 Baking 11:00 Aromatherapy 11:30 Helping Hands Move over Martha-Crafts 3:00 History in the Making
16 *HAPPY BIRTHDAY ZELMA*	**17** 9:00 Sit & Be Fit 10:00 Manicures 11:00 Aroma Therapy 11:30 Helping Hands 2:00 Move over Martha –crafts Coffee & Reminiscing	**18** 9:00 Movement in motion 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands 2:00 Bowling/Ring Toss 3:00 Music Therapy	**19** 9:00 Sit & Be Fit 10:00 Color me Wild 11:00 Aromatherapy 11:30 Helping Hands Balloon Badminton 3:00 Outside Walks	**20** 9:30 Country Drive 11:00 Aromatherapy 11:30 Helping Hands 2:00 Sensory Activity Classic Movie & Popcorn	**21** 9:00 Sit & Be Fit 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands 2:00 Manicures & Creative Memories 3:00 Ice Cream Social	**22** 9:00 Movement in Motion 10:00 Baking 11:00 Aromatherapy 11:30 Helping Hands Move over Martha-Crafts 3:00 History in the Making
23 *HAVE A BEAUTIFUL DAY*	**24** Same as above	**25** 10:00 Movement in motion 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands 2:00 Bowling/Ring Toss 3:00 Music Therapy	**26** 9:00 Sit & Be Fit 10:00 Color me Wild 11:00 Aromatherapy 11:30 Helping Hands Balloon Badminton 3:00 Outside Walks	**27** 9:30 Country Drive 11:00 Aromatherapy 11:30 Helping Hands 2:00 Sensory Activity Classic Movie & Popcorn	**28** 9:00 Sit & Be Fit 10:00 Bingo 11:00 Aromatherapy 11:30 Helping Hands **2:30 Variety Show ALF** 3:00 Ice Cream Social	**29** 9:00 Movement in Motion 10:00 Baking 11:00 Aromatherapy 11:30 Helping Hands Move over Martha-Crafts 3:00 History in the Making
30 *MAKE TODAY AMAZING*	**31** Same as above					