

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ROOM KEY AR: Activity Room DR: Dining Room FC: Fitness Center PDR: Private Dining Room TH: Theatre	Activities may be subject to change to accommodate the needs of the residents. See daily "Table Toppers" for details and adjustments.					1 1:15 Primetime Fitness FC 3:00 Jeopardy AR 6:30 Scrabble AR 7:00 Movie- "Let it Ride" TH
2 11:00 Streaming Lake Grove Presbyterian Service - TH 11:15 Garden Time 1:15 Balance & Strength - FC 2:00 Movie "Sweet Charity" TH 4:00 Bingo AR	3 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness 10:30 Current Events AR 1:00 Abby & Anna's Yard & Pink Spoon Yogurt 2:00 "Land Girls" Season 1 6:30 Quiddler AR	4 10:00 Seated Stretch FC 10-11 Flower Give-Away AR 11:00 Think Tank AR 1:15 Line Dance FC 2:00 "America in Color" TH 2:30 Watercolor Painting AR 6:30 Mexican Train	5 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:00 Catholic Service TH 1:00 Blood Pressure Checks ^{1st} 1:15 Core on the Floor FC 2:00 Bingo AR 3:00 Cinco de Mayo Happy Hour 6:30 Scrabble AR	6 10:00 Yoga FC 10:30 Meditation FC 1:15 Balance and Strength FC 2:00 Bible Study PDR 3:00 Balloon Badminton FC 6:00 Bridge AR	7 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:30 Ted Talks TH 2:00 Mother's Day Tea DR 3:00 Happy Hour FP 7:00 Movie "Black & White" TH	8 1:15 Primetime Fitness FC 2:00 Poetry Club AR 3:00 Jeopardy AR 6:30 Scrabble AR 7:00 Movie- "Black & White" TH
9 Happy Mother's Day 10:30 Scenic Drive 11:00 Streaming LG Service TH 11:15 Garden Time 1:00 Downtown LO Loop 1:15 Balance & Strength - FC 2:00 Movie "Mr. Church" TH 2:30 Fred Meyer Shopping 4:00 Bingo AR	10 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness 10:30 Current Events AR 11:30 Spaghetti Factory 1:00-4:00 Hearing Care Clinic 2:00 "Land Girls" Season 1 6:30 Quiddler AR	11 10:00 Seated Stretch FC 11:00 Think Tank AR 1:15 Line Dance FC 2:30 Watercolor Painting AR 3:00 "America in Color" TH 6:30 Mexican Train	12 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:30 Bingo AR 1:00 Blood Pressure Checks ^{1st} 1:15 Core on the Floor FC 2:30 Birthday Celebration DR 3:30 Reader's Theater AR 6:30 Scrabble AR	13 10:00 Yoga FC 10:00 Rosary TH 10:30 Catholic Mass TH 10:30 Meditation FC 11:00 Veteran's Group AR 1:15 Balance and Strength FC 3:00 Trivia AR 3:00 Balloon Badminton FC 6:00 Bridge AR	14 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:00 Dollar Tree/Discovery Shop 10:30 Ted Talks TH 3:00 Happy Hour FP 7:00 Movie- "The Natural" TH	15 1:15 Primetime Fitness FC 3:00 Jeopardy AR 6:30 Scrabble AR 7:00 Movie- "The Natural" TH
16 10:30 Scenic Drive 11:00 Presbyterian Service TH 11:15 Garden Time 1:00 Downtown LO Loop 1:15 Balance & Strength - FC 2:00 Movie "Far from the Madding Crowd" TH 4:00 Bingo AR	17 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness 10:30 Current Events AR 1:00 Fred Meyer Shopping 2:00 "Land Girls" Season 1 3:00 Cooking Demo AR 6:30 Quiddler AR	18 10:00 Seated Stretch FC 10-11:00 Flower Give-Away AR 11:00 Think Tank AR 1:15 Line Dance FC 2:00 Res Asso Meeting DR 2:00 "America in Color" TH 2:30 Watercolor Painting AR 6:30 Mexican Train	19 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:00 Catholic Service TH 1:00 Blood Pressure Checks ^{1st} 1:15 Core on the Floor FC 2:00 Bingo AR 2:30 Music Kelly & Ken DR 3:30 Reader's Theater AR 6:30 Scrabble AR	20 10:00 Yoga FC 10:00 Protestant Communion TH 1:15 Balance and Strength FC 2:00 Bible Study PDR 3:00 Balloon Badminton FC 3:00 Cheese Tasting DR 6:00 Bridge AR	21 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:30 Ted Talks TH 1:00 Iris Garden & Willamette Pie 3:00 Happy Hour FP 7:00 Movie "News of the World" TH	22 1:15 Primetime Fitness FC (Cancelled) 3:00 Jeopardy AR 6:30 Scrabble AR 7:00 Movie- "News of the World" TH
23 10:30 Scenic Drive 11:00 Presbyterian Service TH 11:15 Garden Time 1:00 Downtown LO Loop 1:15 Balance & Strength - FC	24 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness 10:30 Current Events AR 1:00 Washington Square 2:00 "Land Girls" Season 1 6:30 Quiddler AR	25 10:00 Seated Stretch FC 11:00 Think Tank AR 1:15 Line Dance FC 2:00 "America in Color" TH 2:30 Watercolor Painting AR 6:30 Mexican Train	26 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:00 Catholic Service TH 1:15 Core on the Floor FC 1:00 Blood Pressure Checks ^{1st} 2:00 Bingo AR 3:30 Reader's Theater AR 6:30 Scrabble AR	27 10:00 Yoga FC 10:30 Meditation FC 11:00 Book Group PDR 1:15 Balance and Strength FC 3:00 Trivia AR 3:00 Balloon Badminton FC 6:00 Bridge AR	28 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness FC 10:30 Animated Short "Zog" TH 11:30 Lunch & Shopping at Bridgeport 3:00 Happy Hour FP 7:00 Movie "The Straight Story" TH	29 1:15 Primetime Fitness FC 3:00 Jeopardy AR 6:30 Scrabble AR 7:00 Movie- "The Straight Story" TH
30 10:30 Scenic Drive 11:00 Presbyterian Service TH 1:00 Downtown LO Loop 1:15 Balance & Strength - FC 2:00 Movie "The King & I" TH	31 8:00 Warm Up 8:30 Cardio H2O 10:00 Functional Fitness 10:30 Current Events AR 2:00 "Land Girls" Season 1					