

JUNE 2021



Professionally Managed
by Jaybird Senior Living,
formerly Senior Housing
Management



Edencrest™
AT RIVERWOODS

Assisted Living & Memory Care

2210 E. Park Ave. | Des Moines, IA 50320 | 515-288-4040 | EdencrestLiving.com

Riverwoods Bulletin

June

June is named after the Roman goddess Juneo, patroness of marriage and the well-being of women. It also comes from the Latin word juvenis meaning "young people."

Stone = Pearl Flower = Rose



Gemini (The Twins)
Birthdates: 5/21-6/20
GEMINI TRAITS:
Strengths:
Gentle, Curious, Adaptable
Weaknesses:
Nervous, Indecisive

Expressive and quick-witted, Gemini represents two different personalities in one and you will never be sure which one you will face. They are sociable, communicative and ready for fun, with a tendency to suddenly get serious, thoughtful and restless.



Cancer (The Crab)
Birthdates: 6/21-7/22
CANCER TRAITS:
Strengths:
Loyal, Emotional
Weaknesses:
Moody, Insecure

Deeply intuitive and sentimental, Cancer can be one of the most challenging zodiac signs to get to know. They are very emotional and sensitive, and care deeply about matters of the family and their home. Cancer is sympathetic and attached to people they keep close.

Did you know that a \$200 deposit will secure an apartment of your choice today?

SCHEDULE A TOUR Today!

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Covid-19 News

As more and more people are getting the Covid vaccine, life seems to be "getting back to normal."

That being said, there are some real changes that have taken place here at Riverwoods.

For example:

Dining: You are now welcome to sit at the dinner table with more than 2 people. As long as you are vaccinated, feel free to do so.

Activities: As long as you are with other vaccinated residents, you don NOT have to wear your masks OR be socially distanced.

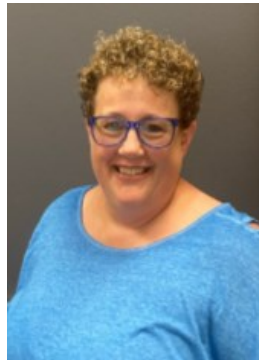
Remind your friends and family to do their part and get vaccinated!



If you are interested in participating in the weekly Zoom call, please provide Lene' Moore, Director, with your email address, and she will be happy to add you to the weekly call. Lene's email: directorrw@edencrestliving.com

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Activity Action

Armchair Travelers

Hello my fellow travelers! This month we will be travelling to Jamaica. Join me as we travel on Tuesday, June 22nd at 1:30 PM. We will learn about some of the history of this beautiful country as well as taste test some of the local cuisine.

Happy Travels!

Theresa

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Culinary Corner

April Bentley, Culinary Coordinator

Resident Choice

June's meal will be served at Noon on Wednesday, June 16th.

Menu:

Grilled Steak

Twice Baked Potatoes

Corn on the Cob

Strawberry Shortcake

Come and enjoy with your friends!!

Bon Appetite!

April

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Transportation

Available with reservation. Please try to schedule your appointments on Tuesdays and Thursdays.

Library Reservations

All library reservations are on hold until further notice.

Resident Referrals

Reminder that any Resident that refers a tour to our community and they move in , you will receive a \$500.00 discount on your next month's rent.

Great discount for you for referring a new Resident.



Wishing you all a blessed and wonderful birthday!

Bryan Stout 6/12

Paige Clemmons 6/21

David Stout 6/26

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Meet our Management Team



Lene' Moore
Director



Lance Brandt
Community Relations
Coordinator



Theresa Glaser
Life Enrichment
Coordinator



April Bentley
Culinary Coordinator



Bryan Stout
Maintenance Coordinator

2210 E. Park Ave
DES MOINES, IOWA 50320
TELEPHONE: 515-288-4040
WWW.EDENCRESTLIVING.COM

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Pastoral Ponderings

with Pastor David

Be Still.....

Ah...June. The time to be lazy. Not too hot, nice breezes. Like the song says, “Roll out the Barrel,” get some pretzels and Root Beer. Wait, what? Root Beer? I do not want you to get the idea that I’m skipping my Bud Light. My life lights up when Theresa fills a glass with diet Root Beer and a few dips of sugar free ice cream. She does this every so often, just to make it seem like a real treat.

Lazy days... BBQs, Swimming Pools, Picnics in the country with no masks. A time to lay back and enjoy what the Maker has given us. The Good Book says, (I have paraphrased the Psalm) “Be still and know I am your Lord and Creator.” A prophet was trying to find God. He heard the rolling thunder, he felt the blowing wind, but, as he sat there in silence, God whispered to him. He found God in the silence.

How about you? As you lay on the picnic blanket, figuratively or literally, and look up at the clouds, can you see the face of God? When you take a deep breath and close your eyes to doze off during the lazy, hazy days of Summer, do you hear a still, small voice? Be grateful for another day on this Earth. Be happy to have another June to follow a Winter like we had.

Isn't it wonderful to stretch out your legs and enjoy a Root Beer Float and to know better things are yet to come? Be still....Happy June!

***Peace & Blessings,
David***

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Welcome to Riverwoods



Karen



Janet

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Jamaica Word Search

N	D	C	L	J	A	T	M	S	A	S	A	K	M	F
T	A	O	E	A	U	B	U	L	C	A	W	V	Q	S
N	I	L	C	N	C	G	P	A	K	N	I	G	N	V
E	L	E	O	T	A	I	J	L	E	A	Q	X	T	V
Y	I	C	D	R	O	B	P	D	E	N	P	I	E	E
I	O	R	C	Y	O	R	W	O	O	A	N	J	G	W
C	T	A	I	O	E	N	B	S	R	B	N	J	O	H
Z	N	S	U	C	S	I	B	I	H	T	U	S	B	N
E	U	T	W	O	B	M	I	L	R	T	S	E	A	T
R	E	G	G	A	E	P	U	P	X	D	Z	D	Y	I

ackee
bananas
coconut
doctor bird
hibiscus
irie
jelly



limbo
Montego bay
reggae
sugar cane
sun
tie dye
tropical

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Resident Meeting

Have you ever wanted an opportunity to plan a fun party or excursion?
Have you wanted an opportunity to share your concerns? Well search
no further! The **Resident Meeting** is a perfect place for you to do just
that!

We meet on the first Tuesday of each month at 1:30 PM to discuss
these items.

Our next meeting is **Tuesday, June 1st**.
Make plans to join your fellow community members

MeetiNg

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Who am I?

June's featured celebrity will be:



Bob Marley

Join us on

Monday, June 21st

At 1:45 PM

We will not only learn about this iconic Jamaican musician, we will also learn about the history of Reggae music and how it came to influence the lives of those living in Jamaica.



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Riverwoods' Concert Series

Cynthia Z. Thursday June 3rd

3:00 PM

Tom Hofer Thursday June 10th

3:00 PM

Steve Huyette Wednesday June 16th

2:30 PM

Jean Blum Thursday June 24th

3:00 PM

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Sue



Sonja & Jennifer



Sharon



Donna

Dolores



*Mother's
Day
Tea*



Rose



Jan

**Musical Guest:
Steve Huyette**



Pat

Joan

