

## June Birthdays

In June we celebrate birthdays with:

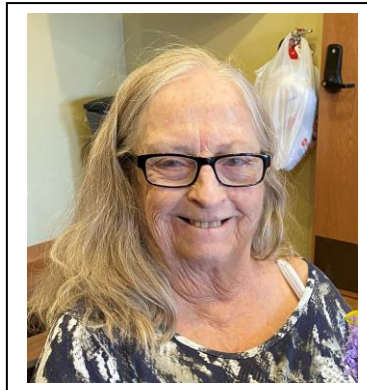
**\*Karen B.....3<sup>rd</sup>**

**\*Florence D.....22<sup>nd</sup>**

Gemini (May 21 – Jun 20)  
Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)  
Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

## Resident Spotlight



Mary Jo Lonsdale says she has been here at Edencrest for “quite a while”. She heard about Green Meadows one day and after talking with others and decided take a tour. After touring, she knew she liked it and started making plans to move in. Originally from Stuart, IA, Mary Jo was a busy mother of three daughters, Angie, Brenda, and Chris; whom she fondly refers to as her “ABCs”. Mary Jo is very proud of them and the fact all three chose to become nurses. Mary Jo has become a very beloved and active member of this community. Everyone calls her “friend” and saves a seat for her. You can often find her at EVERY activity or saying hi to everyone as she comes down the halls. Mary Jo stated the best part of living at EGM “Here the people are kind and so friendly”

# Monthly Musings

June 2021

## Celebrating June

### Resident Meeting

June 8

100/200-1PM  
300/400-1:45 PM

### The Breakfast Club

June 10  
10AM

### Patriotic Sing Along

June 17  
2PM

### Wine with Susan

June 21  
2PM

### Men's Group

June 24  
10AM

### High Tea Party

June 24  
2PM

Edencrest Green Meadows | 6750 Corporate Drive,  
Johnston, IA 50131 |  
515-304-7152 | jaybirdseniorliving.com

## Resident Assistant Appreciation

June 17-24 is Resident Appreciation Week. According to the job description on [www.indeed.com](http://www.indeed.com), Resident Assistants are responsible for helping residents complete daily tasks. Their duties include overseeing fun activities for residents, assisting residents in eating or bathing, doing chores, and maintaining care records for the community.

However, we know they do so much more. They are the bridge to our nurses. They alert them when there is a problem or a potential one. They administer life sustaining medication that keeps us going. They are sunshine on cloudy days. They are a sympathetic ear or a shoulder to cry on during hard times. They are a compassionate hand to hold in our hour of need. They are a funny face when we need to laugh. They are a warm embrace when we need physical touch. They are secret keepers when we need a safe place to vent our frustrations. They are our friends and some even grow to be like family. During COVID, they were a lifeline to the world outside.

They are the hands and feet of our community. We here at Green Meadows are so grateful for our RA's. Please extend your own gratitude to our RA staff during their special week. I know they would appreciate it.

June is named for Juno,  
Roman queen of the gods

Zodiac signs: Gemini &  
Cancer  
Birthstone: Moonstone or  
Pearl  
Flower: Rose or  
Honeysuckle

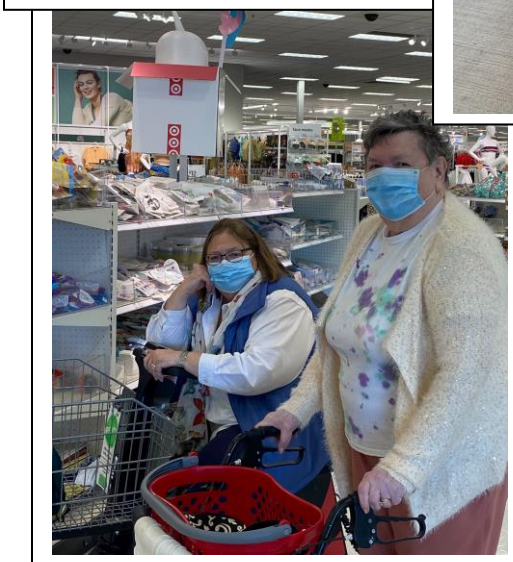
### Quote of the Month

Be yourself;  
everyone else is  
already taken.

– Oscar Wilde



# May Was Magnificent!



## NEW RESIDENTS

We are pleased to welcome.....

**\*Robert Petersen**  
**\*Gary Peggs**

We hope you enjoy your time with us!

## VETERAN'S WALL

Thank you to those who joined us last month for the Veteran's Wall dedication. We had a lovely ceremony and reception. For those of you who have yet to see our display, please visit the front lobby and enjoy! If we missed any veterans in the community, see Jay and we will get you added. Thank you.

## IN MEMORIAM

**\*Dwayne Flemming**

To the Family and Friends of our late resident, may you find comfort in your loving memories.

## SHOPPING TRIPS

A Sign Up Sheet is now located by the AR door. There are only 6 spots per trip, so don't wait to sign up! Please see Crystal ASAP if you are needing to cancel your spot, so those waiting can fill the space. Thanks!

## WEEKLY ACTIVITIES

Hairdresser every Tuesday and Thursday starting at 8AM

BINGO! Every Monday and Friday at 1PM

Bible Study every Wednesday at 10AM

Book Club every Thursday at 10:30AM

Weekly Shopping Trip every Tuesday at 2PM (RSVP)

Stay Sharp! 1<sup>st</sup> and 3<sup>rd</sup> Thursdays at 1PM