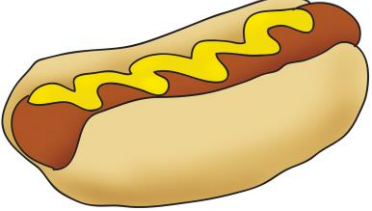


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Eastern Star Masonic Retirement Campus 2445 S. Quebec Street Denver, CO 80231 303-756-9489						
9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Walking Group/Resident's Choice	10:00 Exercise 10:15 Scenic Ride 12:00 Lunch 1:00-3:00 Rest & Relaxation Quiet Activities only 3:00 Daily Chronicle & snack 3:30 Walking group 4:00 Conversation Cards	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 ELDERSONG 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 BINGO	9:30 Exercise 10:15 Scenic Ride 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Daily Chronicle & snack 3:30 Walking Group 4:00 Coloring	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Aquapaint 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Glamour Hour/Nails	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Reminiscing 11:00 Sorting 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Singing with Dave Schultzman	10:00 Exercise 10:30 Daily Chronicle & snack 11:00 Sculpting/Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 4:00 Walking Group
9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Walking Group/Resident's Choice	10:00 Exercise No Scenic Ride Today 10:30 Reminiscing 11:00 Sorting 12:00 Lunch 1:00-3:00 Rest & Relaxation Quiet Activities only 3:00 Daily Chronicle & snack 3:30 Walking group 4:00 Conversation Cards Flag Day (US)	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 ELDERSONG 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 BINGO	9:30 Exercise 10:00 Piano by Mary Ball No Scenic Ride Today 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Daily Chronicle & snack 3:30 Walking Group 4:00 Coloring	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Aquapaint 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Glamour Hour/Nails	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Reminiscing 11:00 Sorting 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Walking Group	10:00 Exercise 10:30 Daily Chronicle & snack 11:00 Sculpting/Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 4:00 Walking Group Juneteenth
9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Walking Group/Resident's Choice Summer Begins Father's Day	10:00 Exercise 10:00 Cello by Dean Swedberg 10:15 Scenic Ride 12:00 Lunch 1:00-3:00 Rest & Relaxation Quiet Activities only 3:00 Daily Chronicle & snack 3:30 Walking group 4:00 Conversation Cards	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 ELDERSONG 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 BINGO	9:30 Exercise 10:15 Scenic Ride 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Daily Chronicle & snack 3:30 Walking Group 4:00 Coloring	9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Aquapaint 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Glamour Hour/Nails	9:30 Exercise 10:00 Music therapy with Calvin 11:00 Daily Chronicle 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Walking Group	10:00 Exercise 10:30 Daily Chronicle & snack 11:00 Sculpting/Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 4:00 Walking Group
9:30 Exercise 10:00 Daily Chronicle & snack 10:30 Art 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Snack 3:30 Walking Group/Resident's Choice	10:00 Exercise 10:15 Scenic Ride 12:00 Lunch 1:00-3:00 Rest & Relaxation Quiet Activities only 3:00 Daily Chronicle & snack 3:30 Walking group 4:00 Conversation Cards	<i>Outdoors & Indoors!</i> <i>*Food*Live Music* Families* Fun*</i> 11:00 COMMUNITY PICNIC 	9:30 Exercise 10:15 Scenic Ride 12:00 Lunch 1:00-3:00 Rest & Relaxation 3:00 Daily Chronicle & snack 3:30 Walking Group 4:00 Coloring			