



Happy
Birthday
this month to:

Maxine 6/7
Reba 6/16

VISITATION REMINDERS

Some updates regarding our current guidelines:

- As the weather begins to turn, we will encourage outdoor visitation if possible/preferred.
- Indoor visitation in the apartment remains the only acceptable location for visitation (unless the conference room is reserved in advance or the visit occurs outdoors).
- A maximum of 4 visitors per resident are allowed at one time.
- No eating within the apartment or in common areas with visitors.
- Visitation hours are no longer restricted; preferred hours remain when we have a concierge at the front desk which is between 8am and 9pm.
- Finally, masks remain a requirement for all visitors throughout the entirety of the visitation.

Mail Delivery

Our mail carrier has resumed delivery to our mailboxes. If you need assistance retrieving your mail please contact our concierge.

Mailboxes are located near the front of the building next to the beauty salon.



FRIENDS & FAMILY REFERRAL PROGRAM!

\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE
PARK
CONNECT

JUNE 2021



June 14 is Flag Day! On May 30, 1916, President Woodrow Wilson issued a presidential proclamation establishing a national Flag Day on June 14. Many Americans celebrate Flag Day by displaying the Red, White and Blue in front of homes and businesses. The day commemorates the adoption of the Stars and Stripes as the official flag of the United States on June 14, 1777.

Do you know the flag's history? According to American legend, in June 1776, George Washington commissioned Betsy Ross, a Philadelphia seamstress, to create a flag for the new nation in anticipation of a declaration of its independence.

On June 14, 1777, John Adams spoke about the flag at a meeting of the Continental Congress in Philadelphia. He said, "Resolved, that the flag of the thirteen United States shall be thirteen stripes, alternate red and white; that the Union be thirteen stars, white on a blue field, representing a new constellation." There have been twenty-seven official versions of the flag so far. The current version dates to July 4, 1960, when Hawaii became the 50th state.

Did you say the Pledge of Allegiance in your school, perhaps with your hand over your heart? Or sing "The Star Spangled Banner," the national anthem, before a baseball game? Many Americans sing, pledge, and pay respect to the flag, "Old Glory," as a symbol of the country's democracy and independence. Saluting the flag is a way to celebrate and honor the United States of America.



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COMMUNITY
MANAGEMENT

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Life Enrichment Manager

Nichole Passmore
Life Enrichment Manager

Chris Chalmers
Marketing Manager

JoAnn Mayher
Resident Care Manager

Mike Burlett
Environmental Services
Manager

Nathan Brown
Independent Living
Manager

ASSOCIATE SPOTLIGHT

Our Associate of the Month is Cellach A. (Server)! Cellach is often recognized by his peers and residents for his positive attitude and great work ethic. He is always willing to work hard and help out however needed. Cellach is reliable and flexible, which is much appreciated by his team. Cellach started his role as a server in the midst of the COVID-19 pandemic, but despite those unusual circumstances, he has stepped up and excelled quickly in his role. We are grateful to have such a compassionate and hard-working person on our team!



MAY HIGHLIGHTS

9

A special Mother’s Day surprise was delivered to brighten the days!

14

Music appreciation inspired us to get up and dance!

20

We enjoyed unseasonably warm days in the cool shade on our patio.

24

Craft class had us reminiscing about days at the beach!



FOREVER FIT: Beat the Heat

Staying hydrated plays a vital role in maintaining our health throughout the summer months. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects of certain medications can greatly increase the risk for serious dehydration in seniors. Keep these simple tips in mind as you enjoy the warm weather ahead.

- Making sure there’s always fluids nearby to drink throughout the day. By the time you feel thirsty is usually too late, drinking small amounts regularly will help to ensure sustained balanced hydration.
- Water does not have to be your only source of fluids. Fruits and vegetables like watermelon and cucumbers also offer a healthy dose of hydration.
- As heat and humidity rise avoiding strenuous outdoor activities during peak hours of the afternoon.

- Chris Grabowski, MS, Senior Forever Fit Manager



Bus Rides

We will be taking scenic drives every Wednesday at 2:00pm! Ride around Belleville Lake, see the Victorian charm of downtown Northville or even just take a country drive with us!

June 9 and June 30 bus rides will leave at 12:30pm and include a picnic lunch!

SPECIAL DATES IN JUNE

3

Enjoy a delicious root beer float on the patio!

9

Picnic lunch! Sign up near the mailboxes or let Nichole/Sarah know you want to join us in the park for lunch today!

14

We will be having a special Flag Day celebration today around the flag pole!

20

Happy Father’s Day to all of the Dad’s that choose to call Waltonwood home! We appreciate you!!



EXECUTIVE DIRECTOR CORNER

I want to share with all of you that I will be leaving my position as the Executive Director at Waltonwood Carriage Park for a new opportunity. I began as a first-time ED at this community in March 2017, and since then, I have had the good fortune of meeting all of you, and ultimately, having you all become my extended family. I have made such fond memories during my time with this community that will always make me smile. We’ve also gone through difficult days together, especially throughout the pandemic. Thank you all for making me feel welcomed from day one. I leave with such gratitude and appreciation for all of the experiences I have had with this community! My last day is June 8th, and I hope to have the chance to say “goodbye” to each of you individually before then!

- Dustin Stolzman, Executive Director