

RESIDENT BIRTHDAYS

Theresa Crooks 6/4 Pat Conney 6/10

Please Join Us for Our **June Birthday Celebration**

On Friday, June 4 at 3pm.

We'll be Having Cupcakes and Ice Cream Sundaes.

CHEF'S COOKING DEMONSTRATIONS

07 National Chocolate ice Cream

Day at 3pm

at 3pm

21 Watermelon Treats to **Celebrate the First Day of Summer** Blue Parfaits at 3pm

14 Flag Day Red, White &

28 Strawberry Rhubarb Pie at

COMMUNITY COMMUNICATION

In case you haven't heard Waltonwood Twelve Oaks was not only Voted "Best of Detroit Assisted Living, but Best Retirement **Community!**" We are so proud of this accomplishment and what an amazing job that we have been doing throughout the pandemic, that We are throwing a big party with food trucks, entertaiment with Jimi K and the residents favorite treat...ice cream! The festivities will be on Friday, June 18, 11:30a.m.-1:30p.m.

3pm



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



JUNE 2021



UPCOMING EVENT HIGHLIGHT

"It was June and the world smelled like roses. The sunshine was like powdered gold over the grassy hillside." Maud Hart Lovelace

Welcome to June and the warm summer days and evenings. As always we have many wonderful, interactive and sensory experiences planned this month and the wonderful part is all of it can be done outside on our beautiful patio. We have added mint and lavender to our herb garden along with the basil we always plant. When you visit please make sure you see all of the planting we have done or are in the process of doing. We have many gardeners that have helped plant the seeds for our cucumbers and some of the flowers. We are hoping our hummingbird couple will return and we always have our bird feeders filled for our feathered friends. Please join us for Flag Day 6/15, Father's Day 6/20 and we are joining with the AL group to get our Men's Club reenergized on 6/15. It'll be interesting to learn about Juneteenth on 6/19. We will celebrate the first day of Summer with watermelon on the patio on 6/21. We also have many outing opportunities planned as well.



Redefining Retirement Living

SINGH 27475 Huron Circle, Novi, MI 48377 www.waltonwood.com | 248-735-1030

Facebook: /Waltonwood Twelve Oaks

COMMUNITY MANAGEMENT

Gina Steigerwald **Executive Director**

Deanna Hite **Business Office Manager**

Roger Pitts **Environmental Services** Manager

Alyssa "Lee" Tobias Independent Living Manager

Alecia Greenebrg Life Enrichment Manager

Heather Laskos Marketing Manager

Binita Patel Resident Care Manager

Courtney Miller Wellness Coordinator

ASSOCIATE SPOTLIGHT-ARTHUR CREWS

Arthur Crews is our cheerful, frog loving Med Tech on afternoons. Art grew up between Garden City and Westland with his 2 older brothers.

VALTONWO He started in this field just to get a job and realized that he loved it, and now wants to become a nurse. Art was looking for a good Assisted Living Community and started out at Cherry Hill and in time became a Med Tech. When he decided it was time for a change he still wanted to stay with Waltonwood and transferred to WTO and we are so lucky to have him. He has worked for Waltonwood for almost 5.5 years.

If you know Art well, you would know that he loves animals, plants and frogs. His favorites are the Red-Eyed Tree froqs and White Tree Froqs. Stef is trying to have him bring a few of his frogs to show the AL residents and hopefully he will stop by MC with them as well. He enjoys building naturalistic vivariums which are natural habitats for his pets. He also is an avid plant lover and especially loves Jewel Orchids. If he's not caring for his many pets, you will find him floating in his favorite lake or exploring one of the state parks trying to identify the plants and creatures that he finds there.

We are so lucky to have Arthur working with us at Waltonwood, the residents love him and he is a great resource on many different subjects. He will also be a wonderful nurse

MAY HIGHLIGHTS



Nachos, margaritas, interesting trivia, and a pinata filled with candy, what's not to love about this?

14 Pet Therapy with

Sydney. It was so wonderful to have Sydney and her owner Ann back to visit. It brought many smiles.

9 Mother's Day. The

ladies were so happy to get their special letters and pictures from their families. They love and wear the bracelets Karen and I got them and tea party was lovely.

26 Thank you cards

for the Troops. Everyone was so eager to write a letter of encouragement and thanks for our troops!







FOREVER FIT- Beat the Heat

As the temperatures start to rise staying hydrated plays a vital role in maintaining our health. As we age the water content in our bodies naturally decreases, our sensation of thirst diminishes and the side effects of certain medications can greatly increase the risk for serious dehydration in seniors.

*Make sure there's always fluids nearby to drink throughout the day. By the time you feel thirsty is usually too late, drinking small amounts regularly will help to ensure sustained balanced hydration.

*Water does have to be your only source of fluids. Fruits and vegetables like watermelon and cucumbers also offer a healthy dose of hydration.

*As heat and humidity rise avoiding strenuous outdoor activities during the peak hours of the afternoon.

TRANSPORTATION INFORMATION

We are excited to announce that we have been given the green light for more residents to join us on our Bus Outings. We are so excited be able to go out and enjoy nature and the beautiful Summer weather.

- Wednesday, June 2: Walled Lake to Feed the Ducks at 10:45 a.m. •
- Tuesday, June 8: Green Hat Ladies Lunch at Red Lobster for World Ocean Day at Noon
- Wednesday, June 9: Maybury State Park Farm at 10:45 a.m.
- Wednesday, June 16: Silver Dairy for Ice Cream at 1:30 p.m.
- Friday, June 25: Kensington for la picnic Lunch and to Explore at 11:00 a.m.
- Wednesday, June 30: Yoga at Walled Lake at 10:45a.m.

JUNE SPECIAL EVENTS

04 June Birthday

Celebration. Come join us as we our Birthday ladies Theresa and Pat on the patio at 3pm.

18 WTO Best of

Detroit Celebration. We're celebrating our win as "Assisted Living" with food trucks, music and ice cream!!

15 Men's Club Meet & Greet. We want to

introduce our new resident Jim to the rest of the men's club for lunch and a great way to meet new friends.

21 Celebrating the

First Day of Summer. Join us for watermelon, games and remeinscing in our beautiful courtyard.

EXECUTIVE DIRECTOR CORNER

Waltonwood has reached "Herd Immunity"!

With summer quickly approaching and COVID restrictions continuing to lift, our Waltonwood team is excited about the upcoming events we have planned for the residents, team members and families. Our Life Enrichment team is working tirelessly to ensure the residents have a wide variety of fun programs available while continuing to ensure COVID protocols are followed. Safety remains in the forefront of our minds, and we continue to drive vaccination rates throughout the community. Waltonwood vaccine clinics are available for those in need, and we encourage anyone interested to schedule an appointment by visiting the following website:

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