

Live More

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



The Hearth at Gardenside Senior Living

LIVE MORE DIRECTOR
Linda Capaubo

LIVE MORE COORDINATORS
Catherine, Clive, Jayla, Mara, Maryann, Shirley, Teryn, Tulie and Zenia

CHAUFFEUR
Robert Hohman



SHOPPING DAY (MONDAY)

10:00 A.M. DEPARTURE TO DOLLAR TREE, BIG Y & CVS

2:00 P.M. DEPARTURE TO WALMART

- 1**
- 9:45 Small Words in the Big Word - GR
 - 10:15 Music 'n Motion - GR
 - 11:00 Spelling Bee (Spelling Day) - GR
 - 1:00 Andy Griffith YouTube Video - (Birth Anniversary - 1926-2012) - GR
 - 2:00 RendeveLive Virtual Reality - (National Mall and Memorial Park) - GR
 - 2:45 Wii Wheel of Fortune - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 2**
- 9:45 Famous People Puzzle - GR
 - 10:15 Familiar Faces Bingo - GR
 - 11:00 Famous Monuments on YouTube - (Famous Monuments Day) - GR
 - 1:00 Kwizniac - GR
 - 1:30 ElderSong Bingo - GR
 - 2:00 Scenic Ride
 - 2:15 Wii Bowling - GR
 - 3:00 Golf Putting on the Patio
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 3**
- 9:45 Joggin' your Noggin' - GR
 - 10:30 LifeLong Therapeutics Fitness Program - GR
 - 11:30 Everybody Knows! - GR
 - 1:00 Bridge Club - Sun Room
 - 1:00 Linkee and Egg-spressions Puzzle ("Egg"cellent Day) - GR
 - 2:00 Scenic Ride
 - 2:00 RendeveLive - (Florence) - GR
 - 2:45 Walking Group - Meet in GR
 - 3:00 Kings in the Corner - Sun Room
 - 3:00 Garden Club on the Garden Patio
 - 3:30 Social Hour / 6:15 Movie - GR

- 4**
- 9:45 Merchants of Munch Puzzle - GR
 - 10:15 Giant Crossword Puzzle - GR
 - 11:00 Pokeno - GR
 - 1:00 Bingo - GR
 - 2:15 Wii Bowling - GR
 - 3:00 Shuffleboard on the Patio
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 5 BELMONT STAKES**
- 9:45 Knick Knacks Aplenty Puzzle - GR
 - 10:15 The Incredible Journey of the Butterflies on YouTube - (Butterfly Education and Awareness Day) - GR
 - 11:00 Keep Your Brain Stronger For Longer - GR
 - 1:00 Wii Wheel of Fortune - GR
 - 2:00 Sing Along with Susie Q (Movie Magic) - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 6**
- 10:00 Televised Mass - (Channel 9 or 11) - GR
 - 10:45 Music, Memories and Motion - (Outdoor Walk in Good Weather) - GR
 - 11:30 Who Wants to be a Millionaire on the White Board - GR
 - 1:00 Art Class with Maryann - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 7 SHOPPING DAY**
- 9:45 Daniel Boone Documentary on YouTube - (He first Saw the Woodlands, Hills, and Valleys of Present-day Kentucky - June 7, 1769) - GR
 - 10:30 LifeLong Therapeutics Fitness Program - GR
 - 11:30 Mixed-Up Gemstones Puzzle - GR
 - 1:00 Walking Group - Meet in the Game Room
 - 2:15 Bingo - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 8**
- 9:45 Coral Categories Puzzle (World Oceans Day) - GR
 - 10:15 Fly Swatter Fun! - GR
 - 11:00 Giant Crossword Puzzle - GR
 - 1:00 Balloon Volleyball - GR
 - 2:00 John Paolillo Performs on the Patio
 - 3:15 Nancy Sinatra on YouTube - ("These Boots are made for Walking Day") (Birth Anniversary - 1940-2018) - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 9**
- 9:45 Sing Along with Susie Q (Grandma's Parlour) - GR
 - 10:30 ElderSong Bingo - GR
 - 11:30 What Comes Next? - GR
 - 1:00 Wacky Wordies - GR
 - 1:30 Wii Wheel of Fortune - GR
 - 2:00 Scenic Ride
 - 2:15 Wii Bowling - GR
 - 3:00 Cole Porter YouTube Video - ("Anything Goes" Day) (Birth Anniversary - 1891-1964) - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 10**
- 9:45 State-ography - GR
 - 10:30 LifeLong Fitness Program - GR
 - 11:30 Brain Drain - GR
 - 1:00 Bridge Club - Sun Room
 - 1:00 June in Jamaica Trivia - (Jamaican Vacation Day) (Monthly Theme) - GR
 - 2:00 Scenic Ride
 - 2:00 RendeveLive Virtual Reality - (Famous Athletes) - GR
 - 2:45 Walking Group - Meet in GR
 - 3:00 Kings in the Corner - Sun Room
 - 3:15 Judy Garland YouTube Video - (Birth Anniversary - 1922-1969) - GR
 - 3:30 Social Hour / 6:15 Movie - GR

- 11**
- 9:45 Chit Chat - GR
 - 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR
 - 10:45 Small Words in the Big Word - GR
 - 11:15 Words with "TS" in Them Puzzle - GR
 - 1:00 Bingo - GR
 - 2:15 Wii Bowling - GR
 - 3:00 Golf Putting on the Patio
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 12**
- 9:45 The History of the Westminster Dog Show on YouTube (The 145th Annual Westminster Dog Show Starts Today) - GR
 - 10:15 Music 'n Motion - GR
 - 11:00 A Rose is a Rose Puzzle (World Red Rose Day) (National Rose Month) - GR
 - 1:00 Wii Wheel of Fortune - GR
 - 2:00 Mixed-Up Dogs Puzzle - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 13**
- 10:00 Televised Mass - (Channel 9 or 11) - GR
 - 10:45 Move and Groove with Susie Q - (Outdoor Walk in Good Weather) - GR
 - 11:30 Finishing Lines and What's Next - GR
 - 1:00 Art Class with Maryann - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 14 FLAG DAY SHOPPING DAY**
- 9:45 About Flag Day - GR
 - 10:30 LifeLong Therapeutics Fitness Program - GR
 - 11:30 American Flag Mining Puzzle - GR
 - 1:00 Walking Group - Meet in the Game Room
 - 2:15 Bingo - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 15**
- 9:45 Imaginary Fishing Trip - (Light Exercises) - GR
 - 10:15 Exercise to Music with Catherine - GR
 - 11:00 Converting Fractions to Decimals - GR
 - 1:00 Balloon Volleyball - GR
 - 2:00 RendeveLive Virtual Reality - (Staff Picks) - GR
 - 2:45 Hardware Store Shopping Game - GR
 - 3:00 Garden Club - Garden Patio
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 16**
- 9:45 Mixed-Up Weather Puzzle - (Weather Watchers' Wednesday) - GR
 - 10:15 Giant Crossword Puzzle - GR
 - 11:00 The Atlantic City Boardwalk on YouTube - (Boardwalk Day) - (Opened to Foot Traffic in 1870) - GR
 - 1:00 Shuffleboard on the Patio
 - 2:00 Scenic Ride
 - 2:15 Wii Bowling - GR
 - 3:00 Two and One Puzzle - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 17 U.S. OPEN GOLF CHAMPIONSHIP**
- 9:45 From A to Z Trivia - GR
 - 10:30 LifeLong Therapeutics Fitness Program - GR
 - 11:30 Golf Putting on the Patio
 - 1:00 Bridge Club - Sun Room
 - 1:00 Linkee and Double Duty Food or Drink Puzzle - GR
 - 2:00 Scenic Ride
 - 2:00 RendeveLive Virtual Reality - (Beatlemania) - GR
 - 2:45 Walking Group - Meet in GR
 - 3:00 Kings in the Corner - Sun Room
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 18**
- 9:45 Chit Chat - GR
 - 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR
 - 10:45 Amelia Earhart on YouTube - (Earhart Flies Across the Atlantic in 1928) - GR
 - 11:15 Random Trivia and Twenty Questions - GR
 - 1:00 Bingo - GR
 - 2:15 Wii Bowling - GR
 - 3:00 Sing Along with Susie Q (50's Fun!) - GR
 - 3:30 Social Hour / 6:15 Movie - GR

- 19 JUNETEENTH**
- 9:45 Three of the Same - GR
 - 10:15 About Juneteenth - (Juneteenth on YouTube) - GR
 - 11:00 Juneteenth True or False - GR
 - 1:00 Who Wants to be a Millionaire on the White Board - GR
 - 2:00 Mixed-Up Father's Day Puzzle and Father's Day IQ - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 20 FATHER'S DAY FIRST DAY OF SUMMER THE LONGEST DAY**
- 10:00 Televised Mass - (Channel 9 or 11) - GR
 - 10:45 Music 'n Motion - (Outdoor Walk in Good Weather) - GR
 - 11:30 Alphabetics - GR
 - 1:00 Sundae Sunday with Maryann - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 21 SHOPPING DAY**
- 9:45 Wii Wheel of Fortune - GR
 - 10:30 LifeLong Therapeutics Fitness Program - GR
 - 11:30 The Ed Sullivan Show on YouTube - (Premiere Anniversary - 1948) - GR
 - 1:00 Walking Group - Meet in the Game Room
 - 2:15 Bingo - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 22**
- 9:45 Keep Your Brain Young - GR
 - 10:15 Senior Fitnesscize - GR
 - 11:00 Everybody Knows! - GR
 - 11:30 Actors from the 40's and 50's on YouTube - GR
 - 1:00 Sing Along with Susie Q (Boots and Hearts) - GR
 - 2:00 RendeveLive Virtual Reality - (Summer Traditions Worldwide) - GR
 - 2:45 Meryl Streep on YouTube - (Birthday - 1949) - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 23**
- 9:45 Magnetic Darts on the Patio
 - 10:15 Encompass Health Blood Pressure Clinic and Presentation - GR
 - 11:00 Common Factor & Kwizniac - GR
 - 11:30 Everyday Life Trivia - GR
 - 1:00 Balloon Volleyball - GR
 - 2:00 Jose Paulo Performs on the Patio
 - 2:00 Scenic Ride
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 24**
- 9:45 Small Words in the Big Word - GR
 - 10:30 LifeLong Fitness Program - GR
 - 11:30 60 Second Slam! - GR
 - 1:00 Familiar Faces Bingo - GR
 - 1:00 Bridge Club - Sun Room
 - 2:00 Scenic Ride
 - 2:00 RendeveLive Virtual Reality - (National Parks) - GR
 - 2:45 Walking Group - Meet in the Game Room
 - 3:00 Kings in the Corner - Sun Room
 - 3:30 Social Hour / 6:15 Movie - GR

- 25**
- 9:45 Chit Chat - GR
 - 10:00 Televised Mass - (Channel 9 or 11) and Eucharist with Sheila - GR
 - 10:45 Giant Crossword Puzzle - GR
 - 11:15 Floor Basketball - GR
 - 1:00 Bingo - GR
 - 2:15 Wii Bowling - GR
 - 3:00 Curse of the Hope Diamond on YouTube - (In 1909 The Times of London featured a story about the Hope Diamond) - GR
 - 3:30 Social Hour / 6:15 Movie - GR

- 26**
- 9:45 Summer Anagrams - GR
 - 10:30 What's in Your Lemonade Puzzle - GR
 - 11:00 What Am I? and Burma-Shave Old Signs along Route 66 on YouTube - GR
 - 1:00 Music, Memories 'n Motion - GR
 - 1:45 The History of the Milkman on YouTube - (Milkman Day) - GR
 - 2:15 Think Fast on the White Board - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 27**
- 10:00 Televised Mass - (Channel 9 or 11) - GR
 - 10:45 FitXpress Chair Yoga - (Outdoor Walk in Good Weather) - GR
 - 11:30 This and That Trivia - GR
 - 1:00 Art Class with Maryann - GR
 - 3:00 Bingo - GR
 - 6:15 Movie - GR

- 28 SHOPPING DAY**
- 9:45 Giant Crossword Puzzle - GR
 - 10:30 LifeLong Therapeutics Fitness Program - GR
 - 11:30 Tabletop Air Hockey - GR
 - 1:00 Walking Group - Meet in the Game Room
 - 2:15 Bingo - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 29**
- 9:45 ElderSong Bingo - GR
 - 10:30 Floor Bowling - GR
 - 11:15 Keep Your Brain Stronger For Longer - GR
 - 1:00 All about Branford on YouTube - GR
 - 2:00 RendeveLive Virtual Reality - (Dolly Parton) - GR
 - 2:45 Wii Wheel of Fortune - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR

- 30**
- 9:45 About Corvettes on YouTube - (Happy Birthday, Corvette - 1953) - GR
 - 10:30 Shuffleboard on the Patio
 - 11:15 Chit Chat on the Patio
 - 1:00 Balloon Volleyball - GR
 - 2:00 Scenic Ride
 - 2:00 Sing Along with Susie Q (In the Mood) - GR
 - 3:00 James Stewart on YouTube - GR
 - 3:30 Social Hour - GR
 - 6:15 Movie - GR



A Caregiver Support Group called **Comfort Connections** will meet the First Tuesday of each month at 10:30 a.m. in the ING Room starting in July.

This group is free of charge and is open to the family members and friends of the Gardenside residents as well as the community.

