## Wellbrooke of Westfield Assisted Living

## Anne 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans C - Creative Cooking GF - Gathering of Friends G - Group Games I - Inspirations K - Keeping it Sharp/Reminisce	M - Music to My Ears S - Signature Events V - Vitality	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station)
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass- Channel 2 10:30 Sunday Hymns- Lobby/Fireplace 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station)
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass- Channel 2 10:30 Sunday Hymns- Lobby/Fireplace 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station)
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass- Channel 2 10:30 Sunday Hymns- Lobby/Fireplace 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	1:30 Music Bingo-Main Dining Room 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurses Station)
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass- Channel 2 10:30 Sunday Hymns- Lobby/Fireplace 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main	If you would like your pet to visit you must provide vaccination records to Alyssa, Life Enrichment Director.	Activities are subject to change. Please refer to the CommunityShare monitors for the most up to date information.	CAMPUS IN COLOR: If you or someone you know is interested in volunteering to make our garden beautiful please contact a member of Life Enrichment to learn more.

## Wellbrooke of Westfield Health Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
- Artisans - Creative Cooking - Creative Cooking - Gathering of Friends - Group Games - Inspirations - Keeping it Sharp/Reminisce - Music to My Ears - Vitality	Outdoor activities will occur daily 2pm- 4pm, weather permitting. Alternative locations will be as listed on the calendar.	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 2:00 Cranium Crunchers-Main Dining Room 2:30 Uno-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chefs Circle-Main Dining Room 1:30 Bingo-Main Dining Room 3:00 Rosary-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 3:00 Campus in Color-Main Dining Room 4:30 Therapy Dog Visits with Max-	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 1:30 The Price is Right-Lobby 3:00 Happy Hour-Donut Day-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurs Station) 2:00 Trivia Time-Main Dining Roo 3:00 Flower Arranging-Main Dining Room	
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room 4:00 Mindful Meditation-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 2:00 Nail Spa-AL Pub	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room 1:30 Bingo-Main Dining Room 3:00 Rosary-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 3:00 Campus in Color-Main Dining Room 4:30 Therapy Dog Visits with Max-Lohby	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 1:30 Music Bingo-Main Dining Room 3:00 Summer Fun Happy Hour-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurse Station) 2:00 Trivia Time-Main Dining Roo	
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room 4:00 History of Flag Day-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 2:00 Cranium Crunchers-Main Dining Room 2:30 Uno-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room 1:30 Bingo-Main Dining Room 3:00 Rosary-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 3:00 Campus in Color-Main Dining Room 4:30 Therapy Dog Visits with Max-Lohby	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 2:30 Resident Council-Billiards Room 3:00 Happy Hour Picnic-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurs Station) 2:00 Trivia Time-Main Dining Room 3:00 Flower Arranging-Main Dining Room	
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns-Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room 4:00 Mindful Meditation-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 2:00 Nail Spa-AL Pub	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chefs Circle-Main Dining Room 1:30 Bingo-Main Dining Room 3:00 Rosary-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 3:00 Campus in Color-Main Dining Room 4:30 Therapy Dog Visits with Max-Lobby	1:30 Music Bingo-Main Dining Room 9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 10:30 Catholic Service with St. Maria Goretti- Billiards Room 11:00 Today's News (Monon Nurses Station) 3:00 Happy Hour-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Bingo-Main Dining Room 11:00 Today's News (Monon Nurs Station) 2:00 Trivia Time-Main Dining Room	
9:00 Daily Chronicles (Passed to Rooms) 9:30 Catholic Mass-Channel 2 10:30 Sunday Hymns- Lobby/Fireplace 1:30 Movie & Popcorn-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Chair Yoga-AL Gym 11:00 Today's News (Monon Nurses Station) 2:00 Bible Study-AL Pub 2:30 Artisans-Main Dining Room 4:00 Mindful Meditation-Channel 2	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:30 Movie & Popcorn-Channel 2 2:00 Cranium Crunchers-Main Dining Room 2:30 Uno-Main Dining Room	9:00 Daily Chronicles (Passed to Rooms) 10:00 Sittercise-AL Gym 11:00 Today's News (Monon Nurses Station) 1:15 Chef's Circle-Main Dining Room 1:30 Bingo-Main Dining Room 3:00 Rosary-Channel 2	If you would like your pet to visit you must provide vaccination records to Alyssa, Life Enrichment Director.	Activities are subject to change. Please refer to Lifeshare for the most up to date information.	CAMPUS IN COLOR: If you or someon you know is interested in volunteeri to make our garden beautiful please contact a member of Life Enrichmen learn more.	

## Wellbrooke of Westfield Legacy Lane



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Activities are subject to change. Please refer to Lifeshare for the most up to date information.	If you would like your pet to visit you must provide vaccination records to Alyssa, Life Enrichment Director.	Dancing in the Rain Matching Colors Lemonade Cookies Relax & Recharge Movie & Popcorn-Channel 2 Flower Impressions Music and Mosaics Finish the Quilt Card Game Healthy Hands	Chair Samba K Categories Nail Spa C Lemon Berry Muffins Relax & Recharge K Bingo A Cactus Painting M Celebrate Swing GG Baseball	Laughter Yoga  K Best Friends  C Garden Spread Finger Sandwiches Relax & Recharge  Movie & Popcorn-Channel 2  Wooden Beads Keychain  Hats Off to You  GG Musical Balls Healthy Hands	V Stop and Smell the Roses K Funny Fridays C Caramel Chocolate Chunk Cookies Relax & Recharge A Coffee Filter Butterflies M June Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging	Batman Workout  Turn Over  Mexican Cream Cheese Dip Relax & Recharge  Shaving Cream Paint  Car-a-oke Road Trip  GG Memory Matching Healthy Hands  GF Relaxing Puzzle Time	
Imaginary Fishing Trip  K Suspenders and Neckties  Cucumber Relish Relax & Recharge  Movie & Popcorn-Channel 2  Sharpie Coasters  M Name That Croon! Hardware Store Shopping Healthy Hands	V Catch and Reminisce! K Spring Babies C Homemade Ice Cream Relax & Recharge A Rock Photo Holder M Movement Mondays GG Color Wheel Trivia Healthy Hands GF Senior Social	Dancing in the Rain  Matching Colors  Peach Muffins Relax & Recharge  Movie & Popcorn-Channel 2 Pineapple Pinecones  Music and Mosaics  Finish the Quilt Card Game Healthy Hands	V Chair Samba K Categories Nail Spa CC Swedish Dilled Cucumber Salad Relax & Recharge K Bingo A Picture Prompt M Celebrate Swing GG Baseball	V Laughter Yoga K Best Friends C Marinated Fresh Vegetable Medley Relax & Recharge GF Movie & Popcorn-Channel 2 A Opposites Collage M Hats Off to You GG Musical Balls Healthy Hands	V Stop and Smell the Roses K Funny Fridays C Chocolate Chip Cheese Ball Relax & Recharge A Gel Air Freshener M June Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging	V Batman Workout Turn Over CC Homemade Ice Cream Sandwiches Relax & Recharge A Flip Flop Wreath M Car-a-oke Road Trip GG Memory Matching Healthy Hands GF Relaxing Puzzle Time	
Imaginary Fishing Trip  K Suspenders and Neckties  CC Raisin Pecan Oatmeal Cookies Relax & Recharge  GF Movie & Popcorn-Channel 2  A DIY Kinetic Sand  M Name That Croon!  GG Hardware Store Shopping Healthy Hands	Tlag Day  V Catch and Reminisce! K Spring Babies CC Fresh Bruschetta Spread Relax & Recharge A Coffee Filter Flag M Movement Mondays GC Color Wheel Trivia Healthy Hands Senior Social	V Dancing in the Rain K Matching Colors C Blueberry Cream Cheese Crisp Relax & Recharge Movie & Popcorn-Channel 2 DIY Rope Basket M Music and Mosaics G Finish the Quilt Card Game Healthy Hands	V Chair Samba K Categories Nail Spa CC Mini Corn Dog Muffins Relax & Recharge K Bingo A Shirt Cuff Pouch M Celebrate Swing GG Baseball	V Laughter Yoga K Best Friends C Banana Pudding Lasagna Relax & Recharge Movie & Popcorn-Channel 2 Doily Resist Painting Hats Off to You GG Musical Balls Healthy Hands	V Stop and Smell the Roses K Funny Fridays CC Fresh Fruit Dip Relax & Recharge A Summer Lanterns: Day 1 M June Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging	Juneteenth  V Batman Workout K Turn Over CC Rainbow Veggie Pinwheels Relax & Recharge A Summer Lanterns: Day 2 M Car-a-oke Road Trip GG Memory Matching Healthy Hands GF Relaxing Puzzle Time	
Imaginary Fishing Trip Suspenders and Neckties Father's Day Mancakes Relax & Recharge Movie & Popcorn-Channel 2 Father's Day Cards Fatherly Sitcom Tunes Hardware Store Shopping Healthy Hands	V Catch and Reminisce! K Spring Babies C Peanut Butter Cookies Relax & Recharge A Kandinsky Collaborative Art M Movement Mondays G Color Wheel Trivia Healthy Hands GF Senior Social	V Dancing in the Rain K Matching Colors C Summer Corn Salad Relax & Recharge Movie & Popcorn-Channel 2 Homemade Brownie Mix in a Jar M Music and Mosaics G Finish the Quilt Card Game Healthy Hands	V Chair Samba K Categories Nail Spa CC Vegetable Casserole Relax & Recharge K Bingo A Creative Storytelling M Celebrate Swing GG Baseball	V Laughter Yoga K Best Friends C No Bake Banana Split Cake Relax & Recharge GF Movie & Popcorn-Channel 2 A DIY Mosaic Garden Pots M Hats Off to You GG Musical Balls Healthy Hands	V Stop and Smell the Roses K Funny Fridays C Tangy Poppy Seed Fruit Salad Relax & Recharge A Glue Art M June Happy Hour GG Horse Racing Healthy Hands GF Flower Arranging	W Batman Workout K Turn Over CC Coconut Macaroons Relax & Recharge A Painted Drip Pots M Car-a-oke Road Trip GG Memory Matching Healthy Hands GF Relaxing Puzzle Time	
Imaginary Fishing Trip Suspenders and Neckties Fruit Salsa with Cinnamon Chips Relax & Recharge Movie & Popcorn-Channel 2 Creating Memory Boards: Day 1 Name That Croon! Hardware Store Shopping Healthy Hands	V Catch and Reminisce! K Spring Babies C Lemon Slicers Relax & Recharge A Creating Memory Boards: Day 2 M Movement Mondays G Color Wheel Trivia Healthy Hands GF Senior Social	V Dancing in the Rain K Matching Colors C Chocolate Covered Strawberry Brownies Relax & Recharge Movie & Popcorn-Channel 2 Memory Boards Gala M Music and Mosaics GG Finish the Quilt Card Game	V Chair Samba K Categories Nail Spa CC Baked Veggie Kabobs Relax & Recharge K Bingo A Creative Storytelling M Celebrate Swing Baseball	CAMPUS IN COLOR: If you or someone you know is interested in volunteering to make our garden beautiful please contact a member of Life Enrichment to learn more.			