The Legacy at English Station Daily Rhythms



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce M - Music to My Ears V - Vitality		Dancing in the Rain Matching Colors Lemonade Cookies Relax & Recharge Flower Gardening Music and Mosaics Finish the Quilt Card Game Healthy Hands	V Chair Samba K Categories C Lemon Berry Muffins Relax & Recharge A Cactus Painting M Celebrate Swing GG Baseball Devotions	 Laughter Yoga Best Friends Garden Spread Finger Sandwiches Relax & Recharge Vegetable Gardening Hats Off to You Musical Balls 	V Stop and Smell the Roses K Funny Fridays CC Caramel Chocolate Chunk Cookies Relax & Recharge A Coffee Filter Butterflies June Happy Hour GG Horse Racing	V Batman Workout K Turn Over C Mexican Cream Cheese Dip Relax & Recharge A Wooden Beads Keychain M Car-a-oke Road Trip G Memory Matching GF Relaxing Puzzle Time
V Imaginary Fishing Trip Devotions C Cucumber Relish Relax & Recharge Sharpie Coasters M Name That Croon! Hardware Store Shopping GF Old Time Theater	 Catch and Reminisce! Spring Babies Homemade Ice Cream Relax & Recharge Flower Gardening Movement Mondays BINGO Color Wheel Trivia 	Dancing in the Rain Matching Colors Peach Muffins Relax & Recharge Pineapple Pinecones Music and Mosaics Finish the Quilt Card Game Charades!	 Chair Samba Categories Swedish Dilled Cucumber Salad Relax & Recharge Picture Prompt Celebrate Swing Baseball Devotions 	 Laughter Yoga Best Friends Marinated Fresh Vegetable Medley Relax & Recharge Opposites Collage Hats Off to You Musical Balls 	V Stop and Smell the Roses K Funny Fridays C Chocolate Chip Cheese Ball Relax & Recharge Vegetable Gardening M June Happy Hour GG Horse Racing Flower Arranging	V Batman Workout K Turn Over Homemade Ice Cream Sandwiches Relax & Recharge A Flip Flop Wreath Car-a-oke Road Trip Memory Matching
V Imaginary Fishing Trip Devotions Raisin Pecan Oatmeal Cookies Relax & Recharge DIY Kinetic Sand Name That Croon! Hardware Store Shopping Old Time Theater	V Catch and Reminisce! K Spring Babies C Fresh Bruschetta Spread Relax & Recharge A Coffee Filter Flag M Movement Mondays GG BINGO GG Color Wheel Trivia	V Dancing in the Rain K Matching Colors C Blueberry Cream Cheese Crisp Relax & Recharge Flower Gardening M Music and Mosaics G Finish the Quilt Card Game Charades!	V Chair Samba K Categories C Mini Corn Dog Muffins Relax & Recharge A Shirt Cuff Pouch M Celebrate Swing GG Baseball Devotions	V Laughter Yoga K Best Friends C Banana Pudding Lasagna Relax & Recharge A Vegetable Gardening M Hats Off to You G Musical Balls GF Meet Me In The Courtyard	V Stop and Smell the Roses K Funny Fridays C Fresh Fruit Dip Relax & Recharge A Summer Lanterns: Day 1 M June Happy Hour GG Horse Racing GF Flower Arranging	Juneteenth V Batman Workout K Turn Over Rainbow Veggie Pinwheels Relax & Recharge A Summer Lanterns: Day 2 M Car-a-oke Road Trip GG Memory Matching GF Relaxing Puzzle Time
V Imaginary Fishing Trip Devotions Father's Day Mancakes Relax & Recharge A Father's Day Cards M Fatherly Sitcom Tunes Hardware Store Shopping A Time For Tea- Father's Day	V Catch and Reminisce! K Spring Babies Peanut Butter Cookies Relax & Recharge Flower Gardening M Movement Mondays GG BINGO GC Color Wheel Trivia	 Dancing in the Rain Matching Colors Summer Corn Salad Relax & Recharge Homemade Brownie Mix in a Jar Music and Mosaics Finish the Quilt Card Game Charades! 	M Celebrate Swing	V Laughter Yoga K Best Friends C No Bake Banana Split Cake Relax & Recharge A DIY Mosaic Garden Pots M Hats Off to You GG Musical Balls GF Meet Me In The Courtyard	V Stop and Smell the Roses K Funny Fridays C Tangy Poppy Seed Fruit Salad Relax & Recharge A Vegetable Gardening M June Happy Hour GG Horse Racing Flower Arranging	V Batman Workout K Turn Over C Coconut Macaroons Relax & Recharge A Painted Drip Pots M Car-a-oke Road Trip G Memory Matching GF Relaxing Puzzle Time
V Imaginary Fishing Trip Devotions Fruit Salsa with Cinnamon Chips Relax & Recharge Creating Memory Boards: Day 1 M Name That Croon! Hardware Store Shopping GF Old Time Theater	Relax & Recharge	 Dancing in the Rain Matching Colors Chocolate Covered Strawberry Brownies Relax & Recharge Memory Boards Gala Music and Mosaics Finish the Quilt Card Game 	V Chair Samba K Categories C Baked Veggie Kabobs Relax & Recharge A Creative Storytelling M Celebrate Swing G Baseball D Devotions			