



STONEGATE
HEALTH CAMPUS

A Trilogy Senior Living Community

Sentinel

June 2021



Gratitude Soars As Travel Agents Organize a Free Trip for Veteran Pilots

The best friendships not only keep us grounded; they can take us to the skies! Enjoying life from the comfort of an Oregon senior living community, veteran pilots Jack Henderson, David Crawford, and Dick Snider have long had their eyes set on what would become their dream vacation: attending the Reno Air Races in Reno, Nevada. Eager to make their dream a reality, Jack contacted Julie Pflaume, a travel agent who would stop at nothing to help the trio get back in the air.

Upon learning that travel would be unavailable for the foreseeable future, Julie took to her Facebook page to collect donations for an alternative, in-town adventure: a trip through the sky with AeroLegends Biplane Rides. Before she knew it, travel agents had amassed over \$1,110 dollars to see the trip brought to life – and at no cost to the veterans.

“I don’t deserve all the credit here, this was merely an idea on my part

and the only reason it turned into what it was, was because everybody chipped in,” Julie added.

Receiving their invitations in the form of gift certificates, the three friends could hardly believe that they would soon be sky bound.

“Most of us had to go change our britches,” Jack laughed. “It was such an unexpected, pleasant surprise.”

*Original story from goodnewsnetwork.org
Photo from SWNS*

Happy Birthday!

Residents

| | |
|------------|---------|
| Judy H. | June 02 |
| Richard S. | June 02 |
| Jane T. | June 13 |
| Betty M. | June 17 |
| Diane R. | June 19 |
| Guy P. | June 27 |

Staff

| | |
|--------------|---------|
| Samantha S. | June 01 |
| Lindsey M. | June 02 |
| Kimberly P. | June 07 |
| Adrienne C. | June 08 |
| Jared H. | June 08 |
| Alexandra S. | June 11 |
| Jakob K. | June 15 |
| Amy H. | June 20 |
| Hilda N. | June 21 |
| Sherri R. | June 25 |
| Gretchen V. | June 26 |
| Sarah N. | June 28 |
| Debra B. | June 30 |

Theme Dinner

We had a great time celebrating the South American Carnival culture and cuisine! We enjoyed the Brazilian French Toast as well as the Roasted Beef Tenderloin with Chimichurri. Learning about the rich history of the carnival in Latin America, learning from Brazilian trivia, and making carnival masks was fun and fascinating!

Executive Director Corner

Welcome to June! With summer officially kicking off this month, it's time to start looking forward to the smell of sunscreen, cookouts with friends, and getting back to the Trilogy lifestyle that we all know and love.

To get us in the spirit of celebration, our Dining and Life Enrichment teams recently came together to pull off our incredible **South America Theme Week**. From May 17th through the 21st, we partied like it was the Rio Carnival to celebrate the sights, sounds, and smells from the comfort of our campus. After months of planning, it was amazing to see this event finally brought to

life – especially after getting to taste the Argentinian chicken. Thank you to everyone involved for creating such an unforgettable experience!

In the coming weeks, we'll have more details to share with you about future themed events, community outings, and outdoor activities. Rest assured - with so much resuming and so much that we want to do, this is shaping up to be one of our greatest summers yet!

I look forward to seeing you soon!

Yours in Service,

Marcus Badia
Executive Director

FAMILEO MOMENT

Ethel was so proud of her Famileo Gazette, that she folded it into a pocket sized square and carried it with her for the rest of the day, reading it multiple times to herself and to her friends. When her caregiver assisted her to bed, she wanted to show it to her “just one more time”. The smile on this picture, was on her face from the moment she received her Famileo Gazette until she went to bed for the night. Her caregiver, placed Ethel's Famileo Gazette under her pillow so she could get to sleep and not worry about finding it in the morning! You can also share pictures and stories for FREE with your loved one, just ask our Life Enrichment Director for your family code or sign up here <https://trilogy.famileo.com/>





CAMPUS IN COLOR

We have started our annual Campus In Color competition where we fill our courtyards with beautiful flowers and décor! We compete with the other Trilogy campuses in Michigan to bring life and color to our courtyards during the summer season!

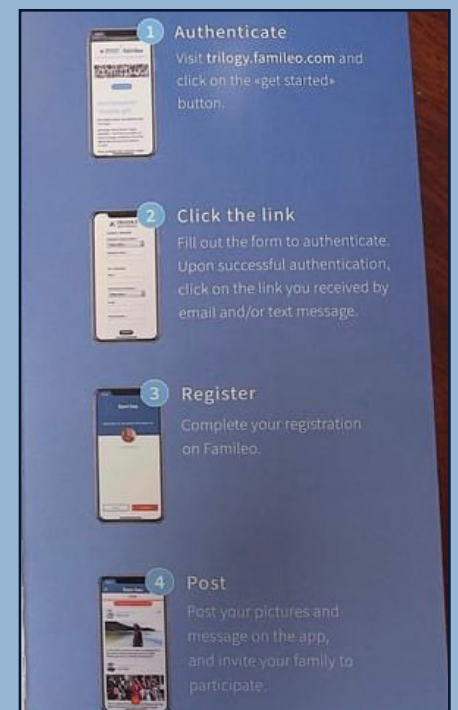
Vitality Program

We have incorporated Drum Cardio into our Vitality program! We use big blow up balls along with drum sticks to drum to the beat of the music and get our arms moving. Drumming has been found to help reduce stress and lower blood pressure. It is also a lot of fun playing to up-beat songs!



Did You Know...?

We have started a new program at Stonegate called Famileo. Once registered, families can send photos with captions right from their phone/tablet on the Famileo app. Their photos and captions are then printed on a Gazzette and given to the resident every week. Staying connected with family this way is enriching and FREE! Contact Stonegate to learn more about this wonderful program and sign up!





STONEGATE

HEALTH CAMPUS

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2525 DeMille Boulevard

Lapeer, MI 48446

810-245-9300

stonegatehc.com |  

Marcus Badia
Executive Director

Debbie Chua
Director of Health Services

Shelby Clark
Assistant Director of Health Services

Lisa Dunn
Community Services Representative

Annette Sudnik
Customer Service Specialist

Stacey McIntosh
Business Office Manager

Brandon Birkner
Life Enrichment Director

Ken Doyka
Director of Plant Operations

Eric Schwark
Director of Dining Services

Devon Payne
Director of Environmental Services

Cristene English
MDS Coordinator

Debbi Bennett
Director of Assisted Living

Misty Martin
AP/Payroll

Naomi Taylor
Director of Social Services

Adam Ahlgren
Director of Therapy

Stay in the Loop  

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: *What river runs through the Grand Canyon?*

Question 2: *The world's first vaccine was developed to fight which disease?*

Question 3: *The ocean
covers more than _____%
of the earth's surface.*

Question 4: *What was
the name of Lucy's
neighbor in I Love Lucy?*

Question 5: *What is the
name of the largest fresh
water lake in the world?*

*Flip the page for last
month's trivia answers:*

*Q1: What year did the American
Revolution end? 1783*
*Q2: What insects tend to reappear
once every 17 years? Cicadas*
*Q3: What does "www" stand for in
a website address? World Wide Web*
*Q4: Which bone are babies born
without? Kneecaps*
*Q5: Who invented scissors? Leonardo
da Vinci*

SUDOKU

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| 7 | 2 | 3 | 6 | 1 | | 5 | | |
| | 6 | | | | | 7 | 1 | |
| | 5 | 1 | | | | | 6 | 2 |
| | 3 | 6 | | | | 1 | 8 | 5 |
| | 7 | 5 | | | 1 | | | 6 |
| 1 | 9 | 8 | | 6 | | | | 4 |

Word Search

L B W P B O A U Z Q A U O M B L K K E
D E S A K Z J N T P B T Y N R A A A N
W X A K X Q T O A M R M L A O T K D M
T E W R X M P K D R E A M M O K V O U
Y R X A N F X I M Q Y F C X Z P O D D
R Z A C Q X X H L W W C V E J W S X Y
A M D V I M Q S O O M A G E N T H U Y
U E V L E Y I M I K T L G N R Q L Q B
Q F E J V L Q M C N W V O D V J K P A
C O N O Y F P P P O Y I B M K R Y M R
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ADVENTURE

AGENT

BIPLANE

DREAM

FRIENDS

GRATITUDE

LEARN

PILOT

REALITY

SKY

SOAR

SURPRISE

TRAVEL

TRIP

VACATION

VETERAN