

A Trilogy Senior Living Community

News

June 2021



Gratitude Soars As Travel Agents Organize a Free Trip for Veteran Pilots

The best friendships not only keep us grounded; they can take us to the skies! Enjoying life from the comfort of an Oregon senior living community, veteran pilots Jack Henderson, David Crawford, and Dick Snider have long had their eyes set on what would become their dream vacation: attending the Reno Air Races in Reno, Nevada. Eager to make their dream a reality, Jack contacted Julie Pflaume, a travel agent who would stop at nothing to help the trio get back in the air.

Upon learning that travel would be unavailable for the foreseeable future, Julie took to her Facebook page to collect donations for an alternative, in-town adventure: a trip through the sky with AeroLegengs Biplane Rides. Before she knew it, travel agents had amassed over \$1,110 dollars to see the trip brought to life — and at no cost to the veterans.

"I don't deserve all the credit here, this was merely an idea on my part and the only reason it turned into what it was, was because everybody chipped in," Julie added.

Receiving their invitations in the form of gift certificates, the three friends could hardly believe that they would soon be sky bound.

"Most of us had to go change our britches," Jack laughed. "It was such an unexpected, pleasant surprise."

Original story from goodnewsnetwork.org
Photo from SWNS

Happy Birthday!

Residents Laura C. 6/01 Lee G. 6/03 Louis K. 6/06 Dorothy G. 6/07 Carolyn J. 6/10 Joan G. 6/10 Barbara K. 6/17 Norma G. 6/17 Edward A. 6/25 Constance B. 6/26 Constance B. 6/26 Staff John N. 6/03 Melissa E. 6/10 Iaden G. 6/21 Tru B. 6/21 Jackson B. 6/30



Executive Director Corner

Welcome to June! With summer officially

kicking off this month, it's time to start looking forward to the smell of sunscreen, cookouts with friends, and getting back to the Trilogy lifestyle that we all know and love.

To get us in the spirit of celebration, our Dining and Life Enrichment teams recently came together to pull off our incredible South America
Theme Week. From May 17th through the 21st, we partied like it was the Rio Carnival to celebrate the sights, sounds, and smells from the comfort of our campus. After months of planning, it was amazing to see

this event finally brought to life – especially after getting to taste the Argentinian chicken. Thank you to everyone involved for creating such an unforgettable experience!

In the coming weeks, we'll have more details to share with you about future themed events, community outings, and outdoor activities. Rest assured - with so much resuming and so much that we want to do, this is shaping up to be one of our greatest summers yet!

I look forward to seeing you soon!
Yours in Service,
Britlan Wefford
Executive Director

Ericka and Laura enjoy a dance while listening to live music on the Belle.

LIVE A DREAM

The 3rd Annual Steamboat Trial Race was the first outing of the year, sponsored by Trilogy's Live A Dream Program. Those in attendance boarded the Belle of Louisville and enjoyed beautiful weather as they ventured down the river. Live music and great fellowship made for a wonderful day!



We are so grateful for those who joined us on our 1st Live A Dream outing.



Breathtaking views on the river and beautiful weather created a perfect photo.

Campus in Color Our Master Gardeners just couldn't wait for the weather to cooperate to

put their "green thumbs" to use; therefore, we made Campus in Color come to life inside! We've spent many afternoons planting inside flower and vegetable seeds, creating whimsical fairy and succulent gardens as well as decorating flowerpots and rock art. The Master of Art and gardening has been phenomenal! We will be working hard outside this month as we continue to have a Campus full of beautiful blooms inside and out.



Rosemary and Andrea pose in front of their planted seeds and succulent garden creations.



Agnes created one of our favorite succulent gardens.



Betty says her favorite thing to do at River Terrace is gardening!



This couple enjoyed celebrating Cinco de Mayo together at the Fiesta!



Barb was all smiles and enjoyed her afternoon!

CINCO DE MAYO

River Terrace wins best Cinco de Mayo Fiesta of 2021! The entire day was filled with themed activities encompassing the history of the day. From homemade churros in cooking club, making music while exercising in our Vitality program, to a Happy Hour filled with homemade margaritas and a pinata, we could not have asked for a better day.



The 3 Life Enrichment Amigos always deliver creative ideas to make everyone smile!



We had delicious local Mexican Cuisine and homemade margaritas that had everyone asking for more!



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riverterrhc.com | ♥ f

Brittan Mefford Executive Director

Krissy Sample Director of Health Services

Nancy Bruno Assistant Director of Health Services

> Tina Bell Assisted Living Coordinator

Dana Riddle Customer Services Representative

> Matt Dean Business Office Manager

Kyle Sphire Director of Social Services

Michael Maloney Director of Plant Operations

Kelli Snapp Life Enrichment Director

Jessica Jackson
Director of Food Services

Evelyn Reynolds
Director of Environmental Services

Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.
Our Department Leaders are here to solve any concerns you may have.
In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

Newsletter Production by PorterOneDesign.com

Monthly Trivia & Activity Corner

All trivia answers will be printed in our upcoming month's newsletter!

Question 1: What river runs through the Grand Canyon?

Question 2: The world's first vaccine was developed to fight which disease?

Question 3: The ocean covers more than _____% of the earth's surface.

Question 4: What was the name of Lucy's neighbor in I Love Lucy?

Question 5: What is the name of the largest fresh water lake in the world?

Flip the page for last month's trivia answers:

Q1. What year did the American
Revolution end? 1783
Q2. What insects tend to reappear
once every 17 years? Cicadas
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without? Kneecaps
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ADVENTURE	FRIENDS	REALITY	TRAVEL
AGENT	GRATITUDE	SKY	TRIP
BIPLANE	LEARN	SOAR	VACATION
DREAM	PILOT	SURPRISE	VETERAN