


# June 2021

## Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>3499 Grande Vista Drive Thousand Oaks, California 91320 (805)375-0695</p>		9:30 <b>CE</b> Daily Chronicles <b>1</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>AE</b> Jewelry w/ Ruth [AR] 2:00 <b>LL</b> Table Games [B] 3:30 <b>CE</b> Hollywood History [T]	9:00 <b>PE</b> Weight Clinic [AR] <b>2</b> 9:30 <b>CE</b> Daily Chronicles 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Bingo [AR] 3:30 <b>LL</b> What's My Line [B]	9:30 <b>CE</b> Daily Chronicles <b>3</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>PE</b> Wii PRO Bowling [AR] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Happy Hour [CY]	9:30 <b>CE</b> Daily Chronicles <b>4</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Classical Hour [B] 3:30 <b>AE</b> Creative Art [AR]	9:30 <b>CE</b> Daily Chronicles <b>5</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>LL</b> Bingo [AR] 2:30 <b>LL</b> Ice Cream Social [B] 3:30 <b>CE</b> Huell Howser [AR]	
	9:30 <b>CE</b> Daily Chronicles <b>6</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>SS</b> Religious Services [T] 2:00 <b>PE</b> Wii Bowling Beginners [AR] 3:00 <b>CE</b> TED Talks [T] 3:30 <b>LL</b> Bridge Club [B]	9:30 <b>CE</b> Daily Chronicles <b>7</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Bingo [AR] 4:00 <b>CE</b> Travelogues [B]	9:30 <b>CE</b> Daily Chronicles <b>8</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>AE</b> Jewelry w/ Ruth [AR] 2:00 <b>LL</b> Table Games [B] 3:30 <b>CE</b> Hollywood History [T]	9:30 <b>CE</b> Daily Chronicles <b>9</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Bingo [AR] 3:30 <b>LL</b> What's My Line [B]	9:30 <b>CE</b> Daily Chronicles <b>10</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>PE</b> Wii PRO Bowling [AR] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Happy Hour [B]	9:30 <b>CE</b> Daily Chronicles <b>11</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Classical Hour [B] 3:30 <b>AE</b> Creative Art [AR]	9:30 <b>CE</b> Daily Chronicles <b>12</b> 11:00 <b>CC</b> Father's Day Car Show 2:30 <b>LL</b> Ice Cream Social [B] 2:30 <b>LL</b> Movie [T] 3:00 <b>LL</b> Bingo [AR]
	9:30 <b>CE</b> Daily Chronicles <b>13</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>SS</b> Religious Services [T] 2:00 <b>PE</b> Wii Bowling Beginners [AR] 3:00 <b>CE</b> TED Talks [T] 3:30 <b>LL</b> Bridge Club [B]	9:30 <b>CE</b> Daily Chronicles <b>14</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Bingo [AR] 4:00 <b>CE</b> Travelogues [B]	9:30 <b>CE</b> Daily Chronicles <b>15</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>AE</b> Jewelry w/ Ruth [AR] 2:00 <b>LL</b> Table Games [B] 3:30 <b>CE</b> Hollywood History [T]	9:30 <b>CE</b> Daily Chronicles <b>16</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Bingo [AR] 2:30 <b>LL</b> Men's Club 3:30 <b>LL</b> What's My Line [B]	9:30 <b>CE</b> Daily Chronicles <b>17</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>PE</b> Wii PRO Bowling [AR] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Happy Hour [CY]	9:30 <b>CE</b> Daily Chronicles <b>18</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Classical Hour [B] 3:30 <b>AE</b> Creative Art [AR]	9:30 <b>CE</b> Daily Chronicles <b>19</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>LL</b> Bingo [AR] 2:30 <b>LL</b> Ice Cream Social [B] 3:30 <b>CE</b> Huell Howser [AR]
	9:30 <b>CE</b> Daily Chronicles <b>20</b> 10:30 <b>PE</b> Strengthening [AR] 12:00 <b>LL</b> Father's Day BBQ [CY] 2:30 <b>SS</b> Religious Services [T] 3:00 <b>CE</b> TED Talks [T] 3:30 <b>LL</b> Bridge Club [B]	9:30 <b>CE</b> Daily Chronicles <b>21</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Bingo [AR] 4:00 <b>CE</b> Travelogues [B]	9:30 <b>CE</b> Daily Chronicles <b>22</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>AE</b> Jewelry w/ Ruth [AR] 2:00 <b>LL</b> Resident Council [DR] 3:30 <b>CE</b> Hollywood History [T]	9:30 <b>CE</b> Daily Chronicles <b>23</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Bingo [AR] 3:30 <b>LL</b> What's My Line [B]	9:30 <b>CE</b> Daily Chronicles <b>24</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>PE</b> Wii PRO Bowling [AR] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Birthday Celebration [CY]	9:30 <b>CE</b> Daily Chronicles <b>25</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Classical Hour [B] 3:30 <b>AE</b> Creative Art [AR]	9:30 <b>CE</b> Daily Chronicles <b>26</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Trivia 1:30 <b>LL</b> Bingo [AR] 2:30 <b>LL</b> Ice Cream Social [B] 3:30 <b>CE</b> Huell Howser [AR]
	9:30 <b>CE</b> Daily Chronicles <b>27</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>SS</b> Religious Services [T] 2:00 <b>PE</b> Wii Bowling Beginners [AR] 3:00 <b>CE</b> TED Talks [T] 3:30 <b>LL</b> Bridge Club [B]	9:30 <b>CE</b> Daily Chronicles <b>28</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 2:00 <b>LL</b> Movie Matinee [T] 3:00 <b>LL</b> Bingo [AR] 4:00 <b>CE</b> Travelogues [B]	9:30 <b>CE</b> Daily Chronicles <b>29</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Crosswords [B] 1:30 <b>AE</b> Jewelry w/ Ruth [AR] 2:00 <b>LL</b> Table Games [B] 3:30 <b>CE</b> Hollywood History [T]	9:30 <b>CE</b> Daily Chronicles <b>30</b> 10:30 <b>PE</b> Strengthening [AR] 11:15 <b>LL</b> Healthy Smoothie [B] 11:30 <b>CE</b> Word in a Word [B] 1:30 <b>PE</b> Sit & Be Fit [AR] 2:00 <b>LL</b> Movie Matinee [T] 2:30 <b>LL</b> Bingo [AR] 3:30 <b>LL</b> What's My Line [B]	<b>Location Keys</b> <b>AE</b> Artistic Expression <b>CC</b> Community Connections <b>CE</b> Continuing Education <b>LL</b> Lifestyle & Leisure <b>PE</b> Physical Engagement <b>SS</b> Spiritual Support Activity Room AR Bistro B Courtyard CY Fitness Center FC Theater T Dining Room DR		