June 2021

108 DIECKS DRIVE ELIZABETHTOWN, KY WILLOW CREEK Senior Living PHONE: (270) 765-4414 WILLOWCREEKRETIREMENT.COM



Willow Creek Management Team

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> Happy Father's

Day

The Making of a Man

Not only is June 20th Father's Day, but June is Men's Health Month. All June long, we are asked to honor the men in our lives: dads, husbands, brothers, and uncles. Ironically, research suggests that men may be unsure of how best to honor themselves, partly because some men are questioning traditional definitions of manhood. The strong silent type. A man of action and not words. The breadwinner. The jock. The buffoon. All of these are common male stereotypes. And while working hard, enjoying sports, and joking around are certainly positive qualities, some psychologists argue that American society tends to overemphasize qualities of toughness, selfreliance, material wealth, and emotional detachment in boys and men. Qualities such as willingness to compromise, showing vulnerability, expressing emotions, and nurturing others are viewed as feminine and signs of weakness. This wasn't always so. In the late 19th century, men were expected to be compassionate caretakers. But when the bulk of men's work moved from the homestead to the factory, masculine ideals began to shift. In fact, the Boy Scouts were founded in 1910 to reinforce those gualities of loyalty, courteousness, and kindness that were feared to be lost. Many men today share similar fears. Groups of men across the country, such as Philadelphia's Masculinity Action Project and the global Man Kind Project, are attempting to promote "healthier masculinity." They hope to keep all of the positive traits of manliness while throwing out characteristics that are harmful. While some critics have gone so far as to call this a "war" on traditional masculinity, many men in these groups feel better about themselves: they have better relationships, stronger core values, and better mental health. These men are not only becoming, in their eyes, better men but they are becoming better humans.

Happy Father's Day!!!

Residents Celebrate Mothers' Day



Rita



Barbara S.



Mary R.

Mother's Day Tea



Dixie



Bernice



Barbara N.

Family and Friends Bluegrass Concert and Cookout



Ginny and Debby



Barbara



Ottis and Bonita



Leon and Dianna



June



Rosie and daughter

Willow Creek Senior Living 108 Diecks Drive Elizabethtown, KY 42701

Postage Information

welcome

To our family

Net Dolores Russell

Delta





To our residents: Earl M. 6-04 Linda 6-10 Frances 06-11 June 6-14 Evelyn 6-23 To our staff: June 6-04 Ella 6-07 Carolyn 6-29