

Arlington Place
95 D Avenue
Grundy Center, IA 50638

PLACE
STAMP
HERE



95 D AVENUE
GRUNDY CENTER, IA 50638



PHONE: 319-824-5674
ARLINGTONPLACERETIREMENT.COM

At Arlington Place....

Notes & Reminders

~ If you would like to receive the Newsletter and Calendar by email please send us your email address to lifenrichmentgc@arlingtonplaceretirement.com

~ We are looking for individuals to volunteer with activities at Arlington Place. Please contact us at 319-824-5674 if you are interested in learning about volunteer opportunities. Once we are open to Public we will be happy to get you started.

~ Senior dining is offered at Arlington Place Monday through Friday at noon. Any one may join us for a meal for \$8 a person. Please call in advance for reservations, 319-824-5674 and ask to speak with the kitchen.



We have a few ladies that enjoy a challenge when it comes to puzzles. This is a 9 square puzzle that has 4 different birds on it. You are to line all the squares up next to each other to make a picture. Sharon, Carolyn, and Janette sat for 30 mins brainstorming with each other until they got it together!! They challenge anybody to come in and give it a try to see if they can do it in less time. This puzzle was presented to us by Steve and Marilyn Klinghammer. Are any of you brave enough to accept the challenge??

Healthcare Coordinator– RN,BSN



News from the nurse: We are continuing until further updates with visitor restrictions: All visitors must be checked in and screened. Unvaccinated visitors need to be screened as well as having a rapid Covid swab done, each time they enter the building. Visitors who are vaccinated and screened may visit vaccinated residents in resident apartments. Unvaccinated residents, and unvaccinated visitors may schedule visits in private dining room on either AL or MC side.

No visitors at activities at this time. With nicer weather coming, we're hoping to be able to accommodate more families for outside visits as well. Currently we have a no children visiting policy in place (in some instance if the child is able to cooperate for Covid swabbing we may be able to arrange a private visit, this is on a case by case basis) All visitors are asked to wear a mask from entry to visit, maintain appropriate social distancing and follow guidelines. We get our instructions from the CDC and are required to follow them, despite different State changes. I know it's frustrating and it seems to have gone on forever, but we want to do everything we can to protect our residents.

In other news we are continuing to update resident records and progress in my role. I am excited and enthusiastic to be here and happy to help with any concerns, questions or needs. Hopefully, our rain will stop soon, though we needed it, and we'll have some sunny, beautiful days! Thank you all for welcoming me; residents, families and staff. As I get more familiar with the routines and processes, let me know if there is anything I can do for any of you. We're hiring for all shifts for RA's so while the familiar faces will still be here you will also see some new faces. Welcome them and don't hesitate to give feedback to me, Darren or Kaylene. Here's to a happy, healthful summer, June is right around the cor-



Maintenance Coordinator

Zach Reese

Air conditioners have been uncovered and cleaned and ready to go. We are trying to get the garden organized and ready for the landscapers. If there is anything that you need to have fixed or repaired please let me know as soon as possible and I will be happy to get that done for you.



Manager- Kaylene Hoskins

June is Dairy Month, wedding month, Father's Day, Alzheimer's Awareness month, Men's Health month, just to name a few!

I am happy to announce that we have a new Culinary Coordinator, Glenda Billerbeck! Glenda comes with a wealth of experience in the restaurant and catering business. She has already treated us to some of her delicious food! Cont. to next Page



Community Relations Coordinator Katelyn Strickler

Summer is here! Or at least it's finally starting to feel that way. Starting May 31st, I will be on medical leave with my son as he has his first surgery to repair his cleft lip. I will be off until June

16th. This month we will really be focusing on educating our staff and continuing to raise awareness as June is Alzheimer's and Brain Awareness month. On June 17th from 4-7 PM, The Chamber Main Street will be focusing the Rock Around the Clock-tower event around Alzheimer's. We will be throwing the evening back to the 50's and 60's with a 50's/60's band, classic cars, and vendors. Part of the proceeds from local businesses and vendors that evening will go towards the Alzheimer's Association. This event is open to the public! June 18th is the "Longest Day" which is the day with the most light (summer solstice). Our staff, residents, and other members of the Alzheimer's Association will come together at the College Square Mall parking lot where there will be vendors and activities for all. Also, don't forget we will be having a garage sale on June 25th and 26th right here at Arlington Place. We are now accepting all donations from men's and women's clothing, children's clothing, baby items, house décor, etc. We will price all these items and display them at the garage sale. All proceeds from what we sell will go to the Alzheimer's Association. Lastly, be sure to get your orders in for the Alzheimer's shirt. The webstore will be closing soon!



Just a gentle reminder that a 24 hour notice is appreciated for transportation needs. This allows for staff planning.

Also, when your loved one is celebrating a birthday, please call the kitchen to make arrangements for birthday treats.

Please do not use extension cords in your rooms. Everything is to be plugged into the outlet directly, unless it is your cell phone or your computer, which can be plugged into a metal power strip.

We are asking for all those that have an email address to please let us know so we can email you pictures, and other information as needed. You can either email Kaylene at

directorgc@arlingtonplaceretirement.com or Karen at lifeenrichmentgc@arlingtonplaceretirement.com



Our resident of the month is Dennis Kiewiet. Dennis was born to Hermina and Kermit Kiewiet on a farm west of Holland. This is also where he was raised. His Dad passed away when Dennis was only 3 years old. His mother was then married to Hank Bergman, and so he had a step-brother Jonny. They shared a room and enjoyed being boys on the farm. Dennis, worked for Grundy Co west of Wellsburg testing milk fat content. He was also in the army for 18 months and was stationed in Berlin. (thank you Dennis for your service) Dennis married Marianne and only lived together 2 months before he was shipped out to Berlin. Once he was back they started a family and they had 4 children. Dennis said that he made his children work on the farm and taught them the value of working hard and being a family. They enjoyed showing cows and going fishing in MN., at lake Pippen. You can find Dennis playing cards, sitting among friends telling stories and singing funny songs. Dennis just lost his wife of 68 years and so he is trying to adjust to his new journey in life. Now that we have lifted some of our restrictions he looks forward to having friends and family over for a visit. It is a joy to have you here at Arlington Place, Dennis.

Arlington Place Contacts

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Community Relations Coordinator

Katelyn Strickler

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Maintenance Coordinator:

Zach Reese

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Beauty Salon

Aschlea Strickler (641) 751-1769
Hours: 9AM-3:30 PM Every other Wed Haircuts
and Perms
Every Thursday 8:30 AM till 3 pm
shampoos and sets



Residents:

6-5 Margie Kuhlman
6-11 June Hamilton
6-15 Elna Dieken
6-15 Joyce Abbas
6-17 Marilyn Klinghammer
6-30 Carolyn Haywood

Staff:

6-6 Linda Drew
6-12 Mark Williams



We're here! We're there! We're Everywhere!

Cont from Kaylene:

Karen Boyer is back as the Life Enrichment Coordinator. We welcome her expertise and care in the activities she does.

I have been hiring new staff! You should be seeing some new faces in the building. It is an exciting time here at Arlington Place for us to celebrate many things.

If you have questions about the visitation policy, it has not changed in the last month. Please call if you have a concern or question.

Hope to see you soon as you visit.

Kaylene Hoskins, Manager



Life Enrichment

Coordinator

Karen Boyer

Hello, I have returned to my position as the Life Enrichment Coordinator!! I am so excited to be back with my friends and to start coming up with some new ideas and to just spend time with everyone. For those who do not know, I had left for about a month. Thought it was time to do something other than healthcare. During my time away I went stir crazy, because I totally missed helping and having the interaction with my friends here at Arlington. I would question myself if I was doing things that made me happy and left me feeling complete. The answer to that was no!! So I reached out and asked if there was anyway I would be able to come back to work here at Arlington Place. So, for a little over a month I was helping with room cleans and baths. When this position came open and I was asked if I wanted to step into the roll I did not have to think twice. Thank you for all the words of encouragement along the way. I know now that God is the one that has my life under control and I need to sit and be still and open my ears to what He has for me. I am looking forward to seeing what we can do for activities these next few months. If you have any ideas please throw them my way!



Culinary Coordinator- Glenda Billerbeck

Hi, I'm Glenda Billerbeck and I am excited to be coming on as the Culinary Coordinator of Arlington Place..I grew up on a farm in rural Reinbeck. Arlyn and Joann were my parents and they taught me many great

things. Among them were to always respect others, be kind and always work hard.

One of my passions is cooking for others. My love for baking and cooking started in my very young years of life in my Grandma Schreck's kitchen. She was the best baker, from cinnamon rolls, cookies, angel food cake and ice-cream roll, and of course, her home-made pies. To this day, one of my favorite smells is vanilla as it always takes me back to her kitchen when she would open up the bottle and let me sniff it before adding it to the cakes or cookies. Grandma would always bake enough to feed an army and share with family, friends and neighbors. I want to make my Grandma proud and all the residents and staff at Arlington Place happy with my home cooked meals

In the past I have owned and operated many restaurants over the years. The Skyway club was one of the first and the Fountain on Main in Reinbeck one of the last. I have enjoyed catering for many venues over the years.

As a child I was active in 4-H and have served as a leader in both 4-H and Boy Scouts. I am a member of the UCC church in Reinbeck where I have been active over the years in Youth Programs helping to raise successful and caring youth, that is another of my passions; however, I can't keep up with them as easily today. I ran a daycare in my home to be a stay home mom for my son and was blessed by loving and caring for so many other children. I hope to make many new friends here at Arlington Place and to serve all with love and kindness.

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Iowa Assisted
Living Association

"Embracing Every Moment"

We're rolling out the Red Carpet for You!



Father's Day Word Search

Father's Day is Sunday.
Can you find these words that have to do with dad?

- | | |
|----------|--------|
| ATHLETIC | FUNNY |
| BRAVE | GOLF |
| DAD | KIND |
| DADDY | SPORTS |
| ESPN | TENNIS |
| FATHER | TIE |
| FISHING | TOOLS |
| FOOTBALL | |

X R D F U I E L C F C R E
W B L A S T R O P S N D K
E O D S A Z F X C E B A M
G N M P O I U T C R E D T
R B R A V E H I O O M D E
S I D K Y J T B S S H Y L
H T I Q N E F A P L L Y L
S A R S L G R E R O O G A
G V S H C K E L S N P O B
F R T S F I S H I N G W T
U A C O S N S T E D E O O
N S T K O D A L A D U R O
N N R H W B E D U I M G F
Y O T I E T I N C T W N U
A F U S R R H W E S P N W
O T E N N I S T I U S E R

MARTY WESTMAN/MGT

Arlington Place Photo Gallery...

"We take photos as a return ticket to a moment otherwise gone." -Anonymous



Our goal is to make at least one resident's dream come true each month in either our Assisted Living or Memory Care. These dreams can range from modest to elaborate based on the unique experiences and backstories of each individual resident. Everyone in our care is like family. We know their stories, their hopes, and their dreams. This is what draws us together, and we believe each person is unique and vibrant, with a dream or two up their sleeve



Help us raise money for Alzheimer's and/or Visit our Facebook page or www.cornfeddesigns.net to place your order.

We have a fun time celebrating birthdays.

Many of our activities are FREE and OPEN to the public,

Once we are able to open our doors.

Bingo? Adult Coloring? Book Club? CONCERTS? If you are looking for a great time with some great people please do not hesitate to call or stop by!

(When we are able to have visitors again!)

Music Speaks Therapy
Tuesday and Thursday
10:30 AM