



1530 Poplar Dr.
Medford, OR 97504

Stamp

Administrative Team:

Interim Executive Director: Dora Howard
Wellness Director: Chelsea Terrill
Wellness Director: Ariel Jones
Wellness Coordinator: Diana Ellis
Wellness Nurse: Jennifer Daughtery
Business Office Director: Jennifer Tessen
Dining Services Director: Margaret Tepovac
Maintenance Director: Garrett Hofmaster
Life Enrichment Director: Olivia Bailey

Connect:

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Our mission is to create and sustain comfortable, caring environments for those who depend on us.



The Farmington Times

June 2021 Newsletter



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Support an End to Alzheimer's Disease!

This **Alzheimer's & Brain Awareness Month**, take action toward an end to Alzheimer's! The Alzheimer's Association has a slew of opportunities for getting involved. Check out the info and links here to start supporting!

Make a Difference Against Alzheimer's

- Take part in the Longest Day on June 20—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Our local walk date is: **Sept. 18**. Set up a Tribute or Memorial Page with fundraising support options at act.alz.org
- Participate in the Ride to End Alzheimer's on August 29, 2021. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: trialmatch.alz.org
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at alz.org/get-involved-now/advocate
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit alz.careasy.org/home
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



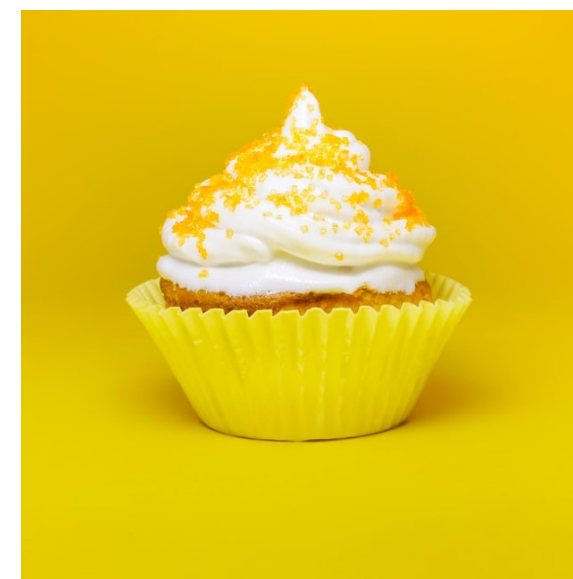
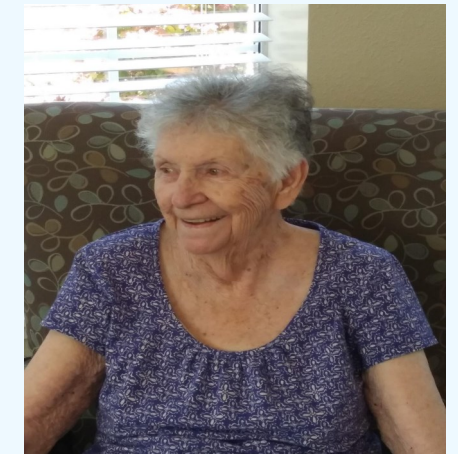
⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: volunteer.alz.org/Volunteeropportunities/becoming

Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6 million Americans have Alzheimer's in 2021.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook page this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause.

Special Moments



Happy Birthday!

Aloha G: June 8

Billy B: June 9

Garret H: June 11

Jerry K: June 17

Glenn S: June 19

Ana C: June 22

Lois Y: June 22

Joe A: June 26

Those born in June are Gemini (May 21–June 20) and Cancer (June 21–July 22). The birthstone for June are alexandrite and pearl. The birth flowers for June are the rose and honeysuckle. Those born in June are said to be optimistic and creative!

June 2021 Highlights

June observes Men's Health, Cataract Awareness, and Headaches. It celebrates the Great Outdoors, Roses, and Fresh Fruits & Veggies!

| | |
|---|---|
| 01 Olive Day; Nail Polish Day; Pen Pal Day | 16 Fudge Day |
| 02 Rocky Road Day; Rotisserie Chicken Day | 17 Mascot Day; Apple Strudel Day |
| 03 Egg Day; Chocolate Macaroons Day | 18 Go Fishing Day; Picnic Day; Tapas Day |
| 04 Cheese Day; Donut Day; Fish & Chips Day | 19 Juneteenth; Garfield Day; Wear Blue Day |
| 05 Veggie Burger Day; Environment Day | 20 Father's Day; Seashell Day; It's Summer! |
| 06 D-Day; Glasses Day; Sweden Day | 21 Peach N' Cream Day; Selfie Day; Yoga Day |
| 07 Oklahoma Day; Chocolate Ice Cream Day | 22 Chocolate Éclair Day; Onion Rings Day |
| 08 Best Friends Day; Positive Thinking Day | 23 Hydrate Day; Pecan Sandy Day; Pink Day |
| 09 Donald Duck Day; Strawb. Rhubarb Pie Day | 24 Praline Day; Red, White, Blue Pops Day |
| 10 Egg Roll Day; Iced Tea Day | 25 Catfish Day; Strawberry Parfait Day |
| 11 Corn Cob Day; German Choc. Cake Day | 26 Coconut Day; Beautician's Day |
| 12 PB Cookie Day; Red Rose Day; Falafel Day | 27 Ice Cream Cake Day; Sunglasses Day |
| 13 Weed the Garden Day; Sew Machine Day | 28 Alaska Day |
| 14 Flag Day; Strawberry Shortcake Day | 29 Camera Day; Waffle Iron Day |
| 15 Photography Day; Smile Power Day | 30 Parchment Day; Meteor Watch Day |

Regarding Covid-19: Resident and staff safety and comfort remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. All activities are subject to cancellation per those current guidelines. To read our measures taken, and our current visitor policy, please visit our website.

June 20 marks the start of summer!

Our residents and staff shared their favorite things about summer!

"Summer is my favorite season" - Tom

"The sunshine" - Sharon

"Hotter the better" - William

"Summer watermelons are my favorite" - Mary

"Being warm" - Janna

"Summer; I just love it" - Patty

"The bright days" - Teddy

"I really enjoy summer" - Lea



Staff Spotlight:

Diana

Meet Diana! Diana has been with Farmington Square for three years. She started her career as a Caregiver then moved up to Med Tech and was just promoted to Wellness Coordinator.

In Diana's spare time, she enjoys spending time with her wife and two kids doing anything outdoors.

Thank you Diana for your commitment to our residents and staff!



Resident Spotlight:

Elaine

Meet Elaine! Elaine has made Farmington Square her home for about a year and a half. Before retiring, she worked at Harry and David in the security department.

Elaine loves animals, especially dogs and she is also a talented artist.

Elaine, we are so glad that you made the decision to call Farmington Square your home.

JUNE 2021

Farmington Square • A / B • 1530 Poplar Dr., Medford, OR 97504 • 541-770-9080

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|--|--|--|---|---|
| All activities subject to change per mandated health guidelines. | | 1 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Balloon Ball 4:15 Small Group Activity 5:00 Music Appreciation | 2 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Shape Painting 4:15 Small Group Activity 5:00 Music Appreciation | 3 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Move with music 4:15 Small Group Activity 5:00 Music Appreciation | 4 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Fancy Fingers 4:15 Small Group Activity 5:00 Music Appreciation | 5 9:30 Beautiful You (A) 10:30 Snacktivity 11:00 Beautiful You (B) 12:00 Fit Club (A) 1:00 Fit Club (B) 1:30 Sensory Activity (A) 2:15 Sensory Activity (B) 3:30 IN2L Activity 5:00 Music Appreciation |
| | 6 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Movie Madness One On One 3:30 Church/Hymns (A) 4:15 Church/Hymns (B) | 7 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Fancy Fingers 4:15 Small Group Activity 5:00 Music Appreciation | 8 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 KickBall 4:15 Small Group Activity 5:00 Music Appreciation | 9 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Heart & Hope Zoom 4:15 Small Group Activity 5:00 Music Appreciation | 10 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Sing Along 4:15 Small Group Activity 5:00 Music Appreciation | 11 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Men's Group/Ringtoss 4:15 Small Group Activity 5:00 Music Appreciation |
| | 13 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Movie Madness One On One 3:30 Church/Hymns (A) 4:15 Church/Hymns (B) | 14 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Balloon ball 4:15 Small Group Activity 5:00 Music Appreciation | 15 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Bingo 4:15 Small Group Activity 5:00 Music Appreciation | 16 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Move With Music 4:15 Small Group Activity 5:00 Music Appreciation | 17 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Tracy Davy Zoom 4:15 Small Group Activity 5:00 Music Appreciation | 18 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Fancy Fingers 4:15 Small Group Activity 5:00 Music Appreciation |
| | 20 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Movie Madness One On One 3:30 Church/Hymns (A) 4:15 Church/Hymns (B) | 21 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Color Sorting 4:15 Small Group Activity 5:00 Music Appreciation | 22 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Fancy Fingers 4:15 Small Group Activity 5:00 Music Appreciation | 23 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Heart & Hope Zoom 4:15 Small Group Activity 5:00 Music Appreciation | 24 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 David Christian/Zoom 4:15 Small Group Activity 5:00 Music Appreciation | 25 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Balloon Ball 4:15 Small Group Activity 5:00 Music Appreciation |
| | 27 9:30 Beautiful You (A) 10:30 Snacktivity 10:50 Beautiful You (B) 12:00 Fit Club (A) 1:15 Fit Club (B) 2:00 Movie Madness One On One 3:30 Church/Hymns (A) 4:15 Church/Hymns (B) | 28 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Sing Along 4:15 Small Group Activity 5:00 Music Appreciation | 29 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Basball Wii 4:15 Small Group Activity 5:00 Music Appreciation | 30 9:30 Beautiful You 10:30 Snacktivity 11:00 Fit Club 12:00 One on One 1:00 Touch Ups 2:00 Reading Circle 2:30 Snacktivity 3:00 Fancy Fingers 4:15 Small Group Activity 5:00 Music Appreciation | Resident Birthdays June 8, Aloha G. (D) June 9, Billy B. (A) June 17, Jerry K. (A) June 19, Glenn S. (D) June 22, Lois Y. (C) June 26, Joe A. (A) | Employee Birthdays June 11, Garret H. June 22, Ana C. |

JUNE 2021

Farmington Square

• C/D •

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| | 6 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation | 7 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Karaoke 4:00 One on One 5:00 Music Appreciation | 8 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Ante Up 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation | 9 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Ante Up 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Heart & Hope Zoom 4:00 One on One 5:00 Music Appreciation | 10 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Adult Coloring 4:00 One on One 5:00 Music Appreciation | 11 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Trivia/ IN2L 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Men's Group/ringtoss 4:00 One on One 5:00 Music Appreciation |
| | 12 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club (C) 10:30 Snacktivity 11:00 Fit Club (D) 1:45 Bingo 3:00 Singalong 4:00 IN2L Activity 5:00 Music Appreciation | 13 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation | 14 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Shape painting 4:00 One on One 5:00 Music Appreciation | 15 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Ante Up 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Monthly Bday Party 4:00 One on One 5:00 Music Appreciation | 16 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Ante Up 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Connect the Dots 4:00 One on One 5:00 Music Appreciation | 17 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Tracy Davy Zoom 4:00 One on One 5:00 Music Appreciation |
| | 18 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Trivia/ IN2L 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation | 19 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club (C) 10:30 Snacktivity 11:00 Fit Club (D) 1:45 Bingo 3:00 Horseshoes 4:00 IN2L Activity 5:00 Music Appreciation | 20 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Fit Club 10:30 Snacktivity 11:00 Sunday Hymns 1:30 Bingo 2:30 Snacktivity 3:00 IN2L Activity 5:00 Music Appreciation | 21 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Card-O 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Fancy Fingers 4:00 One on One 5:00 Music Appreciation | 22 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Ante Up 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Sing-Along 4:00 One on One 5:00 Music Appreciation | 23 9:00 Menu Boards 9:30 Daily Chronicles 10:00 Ante Up 10:30 Snacktivity 11:00 Fit Club 1:45 Bingo 3:00 Heart & Hope Zoom 4:00 One on One 5:00 Music Appreciation |
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