



1655 NE 18th St.
Gresham, OR 97030

Stamp

Administrative Team:

Executive Director: Malina Wheeler
Assistant Executive Director: Perla Gonzales
Marketing Director Eric Printz
Business Office Director: Monica Bounphisay
Wellness Director: Kalina Bounphisay
Wellness Director: Claudia Bounphisay
Wellness Director Tammy Kerr
Wellness Nurse: Erika Pullen Jessica Saray
Dining Services Director: Joseph Lingle
Maintenance Director: Anthony Dam
Life Enrichment Director: Yolanda Irving-Vance

Connect:

503-665-1994
info-gresham@farmingtonsquare.com
www.farmingtonsquare-gresham.com

Our mission is to create and sustain comfortable, caring environments for those who depend on us.



Farmington Square News

June 2021 Newsletter



2 Alzheimer's Awareness Month
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Support an End to Alzheimer's Disease!

This **Alzheimer's & Brain Awareness Month**, take action toward an end to Alzheimer's! The Alzheimer's Association has a slew of opportunities for getting involved. Check out the info and links here to start supporting!

Make a Difference Against Alzheimer's

- Take part in the Longest Day on June 20—the day with the most light, the day we fight—by taking an activity you enjoy and making it a fundraiser to fight Alzheimer's.
- Walk in the Walk to End Alzheimer's! Register for your local walk as part of a team or independently. Our local walk date is: **Aug. 21**. Set up a Tribute or Memorial Page with fundraising support options at **act.alz.org**
- Participate in the Ride to End Alzheimer's on August 29, 2021. You can bike ride anywhere for this Summer Challenge.
- Help with Research. TrialMatch is a free service that pairs potential participants with clinical studies. See: **trialmatch.alz.org**
- Advocate. Urge congress to support the Alzheimer's and dementia community. There are online fillable forms for contacting congress about vital issues at **alz.org/get-involved-now/advocate**
- Donate vehicles, boats, and RVs through the Donate-A-Car Program. Proceeds support the Alzheimer's Association and may provide tax benefits. Visit **alz.careasy.org/home**
- Be a Volunteer:
 - ⇒ Support Group Facilitator, creating safe environments for sharing feelings or experiences of Alzheimer's or dementia.
 - ⇒ Volunteer Faith Outreach Representative, sharing information and free resources through the Alzheimer's Association.



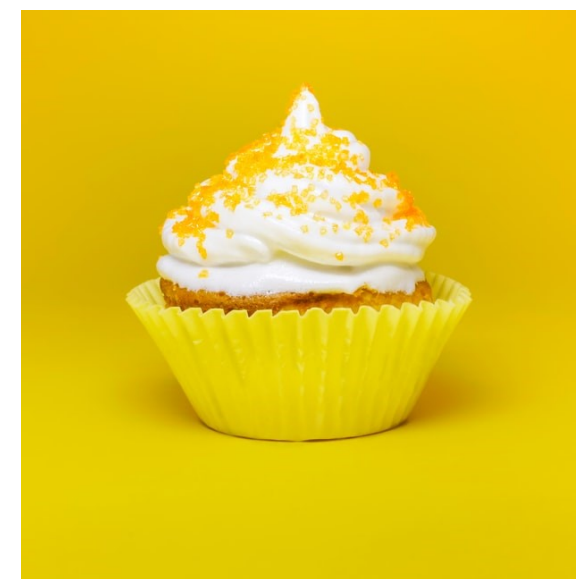
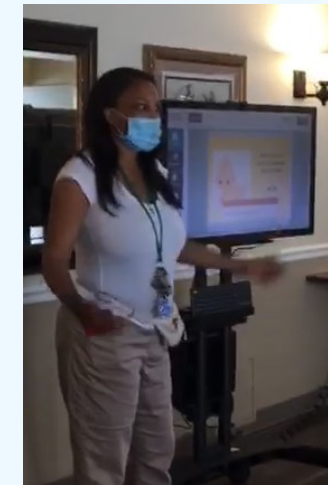
⇒ Volunteer Community Educator, providing education and expanding program reach. Learn more at: **volunteer.alz.org/Volunteeropportunities/becoming**

Alzheimer's Facts

- Americans who have Alzheimer's is growing. More than 6 million Americans have Alzheimer's in 2021.
- 1 in 3 seniors pass with Alzheimer's or Dementia. Deaths from Alzheimer's increased 145% from 2000 to 2019.
- Early diagnosis can: provide medical, emotional, and social benefits; aid with participation in vital clinical trials; enable individuals to be in control of their legal and financial wishes; and create significant cost savings in medical and long-term care.

The more information about Alzheimer's that is shared, the more people will support the fight against Alzheimer's. Follow along with our Facebook page this month as we "Go Purple for Alzheimer's" and as we share resources and information to support the cause.

Special Moments



Happy Birthday!

Janis H.: June 2
Alene Y. : June 5
Anneliese W.: June 7
Carol C.: June 7
Donald D.: June 23

Those born in June are Gemini (May 21–June 20) and Cancer (June 21–July 22). The birthstone for June are alexandrite and pearl. The birth flowers for June are the rose and honeysuckle. Those born in June are said to be optimistic and creative!

June 2021 Highlights

June observes Men's Health, Cataract Awareness, and Headaches. It celebrates the Great Outdoors, Roses, and Fresh Fruits & Veggies!

01 Olive Day; Nail Polish Day; Pen Pal Day	16 Fudge Day
02 Rocky Road Day; Rotisserie Chicken Day	17 Mascot Day; Apple Strudel Day
03 Egg Day; Chocolate Macaroons Day	18 Go Fishing Day; Picnic Day; Tapas Day
04 Cheese Day; Donut Day; Fish & Chips Day	19 Juneteenth; Garfield Day; Wear Blue Day
05 Veggie Burger Day; Environment Day	20 Father's Day; Seashell Day; It's Summer!
06 D-Day; Glasses Day; Sweden Day	21 Peach N' Cream Day; Selfie Day; Yoga Day
07 Oklahoma Day; Chocolate Ice Cream Day	22 Chocolate Éclair Day; Onion Rings Day
08 Best Friends Day; Positive Thinking Day	23 Hydrate Day; Pecan Sandy Day; Pink Day
09 Donald Duck Day; Strawb. Rhubarb Pie Day	24 Praline Day; Red, White, Blue Pops Day
10 Egg Roll Day; Iced Tea Day	25 Catfish Day; Strawberry Parfait Day
11 Corn Cob Day; German Choc. Cake Day	26 Coconut Day; Beautician's Day
12 PB Cookie Day; Red Rose Day; Falafel Day	27 Ice Cream Cake Day; Sunglasses Day
13 Weed the Garden Day; Sew Machine Day	28 Alaska Day
14 Flag Day; Strawberry Shortcake Day	29 Camera Day; Waffle Iron Day
15 Photography Day; Smile Power Day	30 Parchment Day; Meteor Watch Day

Regarding Covid-19: Resident and staff safety and comfort remains our number one priority during the Coronavirus cases that have happened nationwide. It is important to communicate our plans to mitigate risk in our community. We are following mandated health guidelines. All activities are subject to cancellation per those current guidelines. To read our measures taken, and our current visitor policy, please visit our website.

June 20 marks the Start of Summer!

Our residents and staff shared their favorite things about summer!

"Warm weather " - Marge

"Vacations " - Tinesha

"Barbecues " - Billy

"Margaritas " - Eva

"Summer nights " - Walter

"Cool drinks " - Pat

"Picnics " - Lynn

"Afternoon naps " - Betty



Staff Spotlight:
Debra

Debra is one of our dedicated Medical Technicians!

She loves spending time with her family and especially taking care of, and spending time with, her grandkids !

We thank you Debra for all you do here at Farmington Square Gresham!



Resident Spotlight:
Dorothy "Delight"

Dorothy, affectionately known as "Delight," is new to our community and was born in Colorado but worked here in Oregon for many years as a Hospital Care Director.

She loves jazz music and has also confessed she has a very persistent "Sweet Tooth!"

Delight, we are so lucky to have you here at Farmington Square Gresham!

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SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.	Spirit Week 21-25	1	2	3	4	5
	Monday: comfy Clothes Day Tuesday: Fun T Shirt Day Wednesday: Decades Day Thursday: Summer Colors Friday : Hawaiian	10:00 Exercise 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 card Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Reminisce 11:30 Resident 1on1 1:00 IN2L Travel 2:00 Word Search 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 Puzzles 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Card Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 Arts /Crafts/Music 2:00 Puzzles 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Sound Games 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Arts/Crafts Music 3:00 Coffee Hour 4:00 Sing Along 6:00 Evening Movie
6	7	8	9	10	11	12
10:00 Exercise 11:00 IN2L Price is Right 11:30 Resident 1on1 1:00 Walking Group 2:00 Word Search 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Travel 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Karaoke 6:00 Evening Movie	10:00 Exercise 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 Arts/ Crafts/Music 2:00 OLDIES With LEE 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Travel 6:00 Evening Movie	10:00 Exercise 11:00 IN2LReminisce 11:30 Resident 1on1 1:00 Card Games 2:00 Monty Waters/Piano (B 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 Walking Group 2:00 Word Search 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Card Games 3:00 Coffee Hour 4:00 IN2L Surprise 6:00 Evening Movie
13	14	15	16	17	18	19
10:00 Exercise 11:00 IN2L How Much ? 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 IN2L Sound Game 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 10:30 Church/Jerry (D) 11:30 Resident 1on1 1:00 Arts/Crafts /Music 2:00 Word Search 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Reminisce 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Sound Game 11:30 Resident 1on1 1:00 Walking Group 2:00 Arts/Crafts/ Music 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 IN2L Surprise 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Card Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
20	21	22	23	24	25	26
10:00 Exercise 11:00 IN2L Reminisce 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Fathers Day Treats 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 IN2L Sound Game 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Travel 6:00 Evening Movie	10:00 Exercise 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Card Games 3:00 Coffee Hour 4:00 Puzzles 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Surprise 11:30 Resident 1on1 1:00 Walking Group 2:00 Word Search 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Art /Crafts /Music 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
27	28	29	30			
10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Family Feud 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Surprise 11:30 Resident 1on1 1:00 IN2L Arts/Crafts/Music 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 10:30 Church/Jerry (D) 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Puzzles 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Word Search 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	Snacktivity 3pm Snacktivity 7pm		

JUNE 2021

Farmington Square Gresham

• Barlow/Crown

• 16555 NE 18TH St., Gresham OR, 97030

• 503-665-1994

SUN	MON	TUE	WED	THU	FRI	SAT
All activities subject to change per mandated health guidelines.	<i>Spirit Week 21-25</i> <i>Monday: comfy Clothes Day</i> <i>Tuesday: Fun T Shirt Day</i> <i>Wednesday: Decades Day</i> <i>Thursday: Summer Colors</i> <i>Friday : Hawaiian</i>	1 10:00 Exercise 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Manicures 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	2 10:00 Exercise 11:00 IN2L How Much ? 11:30 Resident 1on1 1:00 IN2L Travel 2:00 Scenic Drive (A) 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	3 10:00 Exercise 11:00 IN2L Sing Along 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Garden Club 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	4 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 Arts /Crafts/Music 2:00 Reading Aloud 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	5 10:00 Exercise 11:00 IN2L Sound Games 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Manicures 3:00 Coffee Hour 4:00 Sing Along 6:00 Evening Movie
		8 10:00 Exercise 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 Arts/ Crafts/Music 2:00 OLDIES With LEE (D) 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	9 10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Scenic Drive (D) 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	10 10:00 Exercise 11:00 IN2L Sing Along 11:30 Resident 1on1 1:00 Card Games 2:00 Monty Waters/Piano (B) 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	11 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 Walking Group 2:00 Manicures 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	12 10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Card Games 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
13 10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Fathers Day Treats 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	14 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 IN2L Sound Game 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	15 10:00 Exercise 10:30 Church/Jerry (D) 11:30 Resident 1on1 1:00 Arts/Crafts /Music 2:00 Manicures 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	16 10:00 Exercise 11:00 IN2L Sing Along 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Scenic Drive (C) 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	17 10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 Reading Aloud 2:00 Beauty Hour 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	18 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	19 10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Manicures 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
20 10:00 Exercise 11:00 IN2L Sing Along 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Reading Aloud 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	21 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 IN2L Sound Game 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	22 10:00 Exercise 10:30 Church /Jerry (D) 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Walking Group 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	23 10:00 Exercise 11:00 IN2L How Much ? 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Scenic Drive (B) 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	24 10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 Reading Aloud 2:00 Garden Club 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	25 10:00 Exercise 11:00 IN2L Travel 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Sing Along 6:00 Evening Movie	26 10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 Arts/Craft /Music 2:00 Beauty Hour 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie
27 10:00 Exercise 11:00 IN2L Music Hour 11:30 Resident 1on1 1:00 IN2L Family Feud 2:00 Walking Group 3:00 Coffee Hour 4:00 BINGO 6:00 Evening Movie	28 10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 IN2L Arts/Crafts/Music 2:00 Resident 1on1 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	29 10:00 Exercise 10:30 Church/Jerry (D) 11:30 Resident 1on1 1:00 IN2L Surprise 2:00 Reading Aloud 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	30 10:00 Exercise 11:00 IN2L Trivia 11:30 Resident 1on1 1:00 Arts/Crafts/Music 2:00 Scenic Drive (E) 3:00 Coffee Hour 4:00 IN2L Music Hour 6:00 Evening Movie	<i>Snacktivity 3pm</i> <i>Snacktivity 7pm</i>		

JUNE 2021

Farmington Square Gresham

- **Diamond/Emerald**

- **16555 NE 18th St., Gresham OR, 97030**

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