

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All Activities are subject to change as allowed by the State and Health Department Guidelines



<p>9:00 Meet & Greet 10:00 Nail Spa 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>6</p>	<p>9:00 Music and Movement 10:00 Library 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>7</p>	<p>9:00 Music and Movement 10:00 Golden Oldies 12:30 Reminiscing with Barb 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>1</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy 10:00 Color My World 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p> <p>2</p>	<p>9:00 Music and Movement 10:00 Catholic Prayers 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater</p> <p>3</p>	<p>9:00 Meet n' Greet 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p> <p>4</p>	<p>9:00 Meet n' Greet 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p> <p>5</p>
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<p>9:00 Meet & Greet 10:00 Nail Spa 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>13</p>	<p>9:00 Music and Movement 10:00 Library 1:30 Snack Break 2:00 Music with Randy 5:00 Evening Movie Theater</p> <p>14</p> <p>Flag Day (US)</p>	<p>9:00 Music and Movement 10:00 Golden Oldies 12:30 Strike Up the Band with Barb 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>15</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy 10:00 Color My World 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p> <p>16</p>	<p>9:00 Music and Movement 10:00 Catholic Prayers 1:00 Northwest Geriatrics 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater</p> <p>17</p>	<p>9:00 Meet n' Greet 10:00 Chef Friday 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p> <p>18</p>	<p>9:00 Meet n' Greet 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p> <p>19</p> <p>Juneteenth</p>
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<p>9:00 Meet & Greet 10:00 Nail Spa 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>20</p> <p>Summer Begins Father's Day</p>	<p>9:00 Music and Movement 10:00 Library 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>21</p>	<p>9:00 Music and Movement 10:00 Golden Oldies 12:30 Field Day with Barb 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>22</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy 10:00 Color My World 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p> <p>23</p>	<p>9:00 Music and Movement 10:00 Catholic Prayers 1:00 Northwest Geriatrics 1:00 Foot Care with Dr. Gorey 1:30 Snack Break 2:00 Arm Chair Traveler 5:00 Evening Movie Theater</p> <p>24</p>	<p>9:00 Meet n' Greet 10:00 Chef Friday 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie Theater</p> <p>25</p>	<p>9:00 Meet n' Greet 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie Theater</p> <p>26</p>
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<p>9:00 Meet & Greet 10:00 Nail Spa 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>27</p>	<p>9:00 Music and Movement 10:00 Library 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>28</p>	<p>9:00 Music and Movement 10:00 Golden Oldies 12:30 Travel with Barb 1:00 Northwest Geriatrics 1:30 Snack Break 5:00 Evening Movie Theater</p> <p>29</p>	<p>9:00 ~ 1:00 Hair Salon 9:00 Aromatherapy 10:00 Color My World 1:30 Snack Break 2:00 Music Video 5:00 Evening Movie Theater</p> <p>30</p>	 <p>June 2021 Memory Care</p>		
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June 2021
THE MONTHLY GAZETTE

*"Some old-fashioned things like fresh air and
sunshine are hard to beat."*
~ Laura Ingalls Wilder



Animal of the Month – Turtle

Turtles are reptiles that have a bony shell protecting their bodies. They live on every continent except Antarctica and are divided into land, aquatic, and marine turtles. Turtles are an ancient type of reptile, older than snakes or crocodiles. They live on land, but different types can swim in salt or fresh water. While turtles are cold-blooded, they are usually able to keep their bodies well above the temperature of their environment due to their high metabolic rate. Sea turtles can weigh up to 2,000 pounds, while the smallest turtle weighs in between 100 and 165 grams



and is just a few inches long. Turtles aren't loud, but they can make noises, including clucks or barks. Baby turtles are called hatchlings. Red-eared sliders are one of the most popular turtles to have as a pet, as they are quite sociable and active. In many cultures, turtles symbolize longevity, endurance, wisdom, patience, and innocence.

Special Days

Best Friends Day
June 8

Flag Day (U.S.)
June 14

Juneteenth
June 19

**Father's Day &
First Day of Summer
in the Northern
Hemisphere**
June 20

**Full Moon
(Strawberry Moon)**
June 24

Flower – Rose



The rose, the flower for the month of June, represents beauty and perfection. Its name comes from the Latin word rose, which means "red." It's one of the earliest flowers known to man. Nebuchadnezzar, the king of Babylonia around 560 BC, used roses to decorate his home. In Persia, these fragrant flowers were grown for perfume oil, while the Greeks associated the red rose with the blood of Aphrodite's beloved Adonis, the deity of plants and rebirth. Red roses symbolize love.

Birthstone – Pearl



The pearl is the birthstone for the month of June, although it isn't really a stone. Pearls are made from an organic substance called nacre (pronounced NAY-ker) that is created by mollusks such as clams and oysters. A pearl's color is determined by the type of mollusk and the water where the mollusk lives. Pearls are often lustrous white but can be tinged with pink, peach, green, lavender, and gold. Some are even silvery black. Pearls are the traditional gift for a 30th wedding anniversary and for new brides.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Happy Birthday:

Art P. 6/5 Jack R. 6/8 Neil S. 6/8

Special Activities

Reminiscing with Barb ~ June 1st @ 12:30 pm

Art Expression with Barb ~ June 8th @ 12:30 pm

Cooking Demo and Fresh Baked Goods ~ June 11th @10:00 am

Music with Randy ~ June 14th @ 2:00 pm

Strike Up the Band with Barb ~ June 15th @ 12:30

Cooking Demo and Fresh Baked Goods ~ June 18th @10:00 am

Field Day with Barb ~ June 22nd @ 12:30 pm

Happy Father's Day ~ June 20th

Cooking Demo and Fresh Baked Goods ~ June 25th @10:00 am

Travel with Barb ~ June 29th @ 12:30

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