



RESIDENT'S PAINTING FEATURED ON 2021 MOTHER'S DAY CARD

Each year Presbyterian Communities of South Carolina features the artwork of a resident on its annual Mother's Day Card, which is used to promote the Mother's Day Offering.

Mrs. Bev DeCoodt Long, a resident at The Village at Summerville, is the artist whose work adorns the 2021 Mother's Day Card. Bev, who enjoys painting Low Country scenes, used oil paint on stretched canvas to create this beautiful landscape, which was inspired by a photograph she took at Magnolia Plantation and Gardens in Charleston.

As a child, Bev loved doing oil paint-by-numbers, and she continued painting off and on until she retired from a career in education and was able to take formal art classes at the College of Charleston.

A second generation resident, Bev started volunteering as an artist at The Village when her mother moved there in 2013. "The activities director at the time, Marie Strobel, asked if I would do a demonstration oil painting after seeing some of my work in my mother's room," Bev recalled. "I explained that I am no Bob Ross and cannot produce a beautiful picture in a half an hour, so I just showed some of my finished paintings to interested residents. Several of them wanted to start doing their own paintings, so I formed the weekly Artist Guild."

The Guild welcomes artists of all skill levels and has continued since 2013. During the COVID-19 lockdown, members created art at home and would tape it on the inside of their glass storm doors to safely share their art with others.

GOOD NEWS! With vaccination rates rising and county positivity rates falling, Presbyterian Communities are opening up, families are able to visit with their loved ones again and this joy fills the halls of our buildings. "Seeing those first hugs and kisses between residents and their families has been quite emotional," said Jason Basile, Executive Director of the Columbia Community. Communal dining has resumed, activities are taking place in each level of care, and folks are beginning to feel a sense of normalcy again. For this, we give thanks!

Below: Mother's Day Card. Right: Bev Long.



CHURCH CONNECTIONS ... MOTHER'S DAY AND BEYOND!

May is a particularly important time of the year for Presbyterian Communities of South Carolina. This is the month when Presbyterian Churches across the state collect the Mother's Day Offering, which is one of their most important and enduring expressions of commitment to this ministry.

But while the Mother's Day Offering is a "highlight moment," it is only one way the deep connection of this faith-based ministry with Presbyterian churches (and indeed, many non-Presbyterian churches!) normally takes shape year-round.

This connection comes to expression in a variety of ways ...

Churches send volunteer groups to interact and engage with the seniors who live with us. This may involve a Presbyterian Women's group that hosts a tea at a community, a youth group that plays games with residents, or a children's choir that sings for them.

Churches host resident groups. Some churches bring groups of residents to their church for a luncheon or program.

Churches include PCSC in their annual budget. By including PCSC in their mission giving, these churches make supporting the charitable care program (allowing residents who have outlived their life's savings to continue to live with us) a year-round commitment.

Churches encourage their older members to consider moving to a Presbyterian Community. They lift up our six campuses as "their" retirement communities for their seniors.

This connection is also expressed in more individual ways as ...

Pastors visit communities to lead Vespers and Bible studies. While PCSC has chaplains at all communities, the involvement of church pastors (from many denominations) is a long-standing tradition of connecting church leaders with our seniors. Residents particularly enjoy having their own pastor on campus in these roles.

PCSC Ambassadors help keep their churches connected to our ministry. These are typically church members who serve as liaisons between PCSC and their local congregation.

Church members support PCSC through prayer, volunteering and/or financial support on an individual level. These are folks who have a personal commitment to serve older adults.



Seven Oaks Presbyterian's Hannah Circle (Columbia 2019)



Florence First Presbyterian Church (2018)



Laurel Crest residents at First Baptist event for the homeless (2019)



Shallowford Presbyterian Church of Atlanta (Clinton 2018)

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CONTINUING A TRADITION OF GENEROSITY AND CHARITABLE CARE

Developing and sustaining relationships with congregations throughout South Carolina has been a priority of Presbyterian Communities of South Carolina since the doors opened at the first community in Summerville. These relationships lead to trust and confidence in our special ministry to seniors. Trust became essential as we faced the COVID-19 pandemic.

“The pandemic has been difficult for our community, and residents have had to adapt to the ever-changing regulations, but I believe we have earned their trust in a new way,” remarked Jason Basile, Executive Director of the Columbia Community. “They had to trust us every step of the way to care, protect and serve them when so much was unknown. The residents’ families had to trust us as in-person visitation was prohibited for months and months. I couldn’t be more proud of our staff and the organization as a whole for living out our mission over the last year.”

PCSC has always been a good steward of the resources entrusted to us, whether it is resident fees, gifts or investments. Seniors served by Presbyterian Communities of South Carolina enjoy a rich tradition of love and support given each year by generous Presbyterian churches and donors across the state. Long-term relationships with churches, strong communication, serving church members and thanking people for their gifts are among the efforts we make to stay connected.

Charitable care is the cornerstone of PCSC, and the security that the Mother’s Day Offering and other gifts provide is indeed priceless. The first Mother’s Day Offering was collected in 1954, and we give thanks to God for the 67 faithful years of giving that have followed.



Jenn Stanley, Director of Foundation Services and Church Relations

In 2020,
your gifts at
Mother’s Day
and throughout
the year provided
\$1,059,786
in charitable care
at PCSC
communities.

One resident recently shared that while meeting with her financial advisor she described the ministry of charitable care at PCSC, and her advisor said, “Wow! That’s remarkable. I’ve never heard of a senior living community that does that.”

When a current resident was asked what it means that his senior living community has a policy in place to provide charitable care, he replied, “You cannot imagine what it is like to put your head down on the pillow at night and know that you are secure.”

In 2020, your gifts at Mother’s Day and throughout the year provided \$1,059,786 in charitable care. That is nearly \$3,000 each day needed to assist residents who depend on your generosity for their care. This strong tradition of caring for those we serve must continue, and we need your support. Please give generously! You can use the envelope included in this issue of *Community Connections* or you can donate online at prescommunities.org/make-a-gift.



The PCSC Foundation is a 501(c)(3) tax-exempt, non-profit organization that receives and manages charitable gifts given to support the mission and ministry of Presbyterian Communities of South Carolina (PCSC). You can make your charitable gifts to PCSC payable to the PCSC Foundation. Your gifts are tax-deductible to the extent allowed by law.

From the CEO

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PCSC also expresses these connections back to the churches ...

PCSC’s chaplains (and even a few residents who are retired pastors) serve as guest preachers and worship leaders at local churches. This can be particularly helpful when pastors need to be away on a Sunday for vacation or for other reasons.

PCSC serves as a resource on aging for churches. Staff members help pastors and church members who need information or help finding resources to address aging issues. Staff can also visit churches to lead programs on a variety of aging-related topics such as dementia care, care for aging parents, or what to consider when thinking about retirement living.

The churches are truly one of the great strengths of our ministry, and PCSC would not be the same without them. The COVID-19 pandemic sadly forced some of

these in-person connections to be put on “pause,” as infection control became the top priority to keep residents safe. However, with virtually every resident vaccinated and most counties showing lower rates of infection, there are now wonderful opportunities to reclaim and strengthen the connection between PCSC and the churches. We are already seeing many cherished volunteers returning to our campuses.



I give thanks to God for the way our churches have continued to support our residents with their prayers and financial support throughout the darkest days of the pandemic. I now look forward to seeing the many in-person expressions of our church connections once again in full bloom in the weeks and months ahead.

Rev. Dr. Franklin Fant

CHURCH CONNECTIONS: AMBASSADORS MEET VIRTUALLY THIS YEAR

The PCSC Ambassadors are a devoted group of folks who serve as liaisons between their churches and Presbyterian Communities of South Carolina. Typically, they meet once a year in anticipation of the Mother’s Day Offering collected in Presbyterian churches throughout the state. This year, however, for everyone’s health and safety, the meetings took place on Zoom.

President and CEO Franklin Fant, Executive Directors of each community, and Director of Foundation Services and Church Relations Jenn Stanley shared updates on the ministry of PCSC.

This network of individuals is vital to the ministry of PCSC, and we are grateful for their flexibility and the time they set aside to join us online this year. While we missed the



face-to-face interaction that accompanies our normal Ambassadors Meetings, we enjoyed the opportunity to virtually gather and look forward to future in-person meetings.

We would love for you to become an Ambassador for your church. Please contact Jenn Stanley at (803) 772-5885 or Jenn.Stanley@PresComm.org for more information.

VIEW THE MOTHER'S DAY OFFERING VIDEO



You can view the 3-minute 2021 Mother's Day Offering video by visiting our website:

www.prescommunities.org/mother-s-day-gifts

- Learn how the Offering started.
- Hear from a second generation resident and a community chaplain.
- Discover how your gift today can make a difference for generations to come.

MANDY STAMPER NAMED CHIEF OPERATING OFFICER AT PCSC



Presbyterian Communities of South Carolina is excited to announce that Mandy Stamper has been selected to serve as its new Chief Operating Officer. She assumed her new role in March.

Mandy has over 20 years of experience in the senior living field, and for the last five years she has served as PCSC's Director of Program Advancement in the Management Services Office in Columbia. In this capacity, she has resourced and supported the communities in the areas of Assisted Living, Vital Living Home Services, Home Life, Life Enrichment and Wellness. In addition, she has served as the Interim Executive Director at the Columbia, Florence, Foothills and Summerville communities.

Franklin Fant, President and CEO, had this to say about Mandy: "During her time with us, Mandy has established a reputation as a thoughtful, energetic leader with a true passion for our mission and a deep knowledge of our industry. The faith-based nature of our organization is deeply important to her."

He shared that staff members in the communities and at MSO have relied on her for guidance, direction and support. "She is a dependable team player and highly respected within our organization," he said, adding, "I am very much looking forward to the new contributions Mandy will bring to PCSC in the COO role."

Prior to joining PCSC, she served for eight years as the Vice President of Operations and Campus Administrator at Westminster Towers in Rock Hill.

MEET MEREDITH SCOTT, FLORENCE'S NEW EXECUTIVE DIRECTOR

Presbyterian Communities of South Carolina is excited to welcome Meredith Scott, NHA, CRCFA, as the new Executive Director of The Florence Presbyterian Community, effective April 12, 2021.

Meredith has served in senior living in various roles after earning her Bachelor of Arts degree from the University of South Carolina in 2011. Her experience includes Home Services, Hospice and Memory Support. She found her professional calling while working at another Life Plan Community in South Carolina, where she served as the Director of Memory Care.

In 2016, Meredith accepted the role of Supervisor of the Jasmine Place memory support center at The Columbia Presbyterian Community. While serving in this position, she obtained her Nursing Home and Assisted Living Administrators (NHA) license by completing an Administrator in Training program with Presbyterian Communities of South Carolina. Meredith is also a licensed Community Residential Care Facility Administrator (CRCFA). Since becoming dually licensed, she has served as a vital member of the leadership team at the Columbia Community.

“PCSC is always excited for the opportunity to promote from within,” said Mandy Stamper, Chief Operating Officer. “Meredith’s commitment to our values of relationships, service, teamwork and excellence will be a tremendous asset to the Florence Community.”



Meredith Scott

Meredith is known for her ability to establish meaningful relationships with residents and families. She is quick to acknowledge how grateful she is for her experience at the Columbia Community, and the opportunity to work alongside a dedicated team of employees who contributed to her growth and desire to serve seniors well.

We are excited for the contribution Meredith will bring to our ministry at The Florence Presbyterian Community.



It's easy to support PCSC or your favorite community *online!*

You can make a gift by credit card or debit card by visiting giving.prescommunities.org – or simply open the camera on your smart phone or tablet and point it at the QR code to start the process. You can designate how you wish the funds to be used and if it is in honor or memory of someone or something special. We will send you a letter thanking you for your gift and will also send an acknowledgement notifying others of memorials or honorariums.



EXCITEMENT CONTINUES TO BUILD!

FOOTHILLS NEW APARTMENTS FILLING QUICKLY

The addition of 12 new Independent Living apartments to the campus at The Foothills Retirement Community is the third and final phase of construction. Of the 12 apartments being built, the majority have already been presold to new residents! There are a limited number of 1-bedroom (1,022 square feet) and 2-bedroom (1,230 square feet) apartments still available, but we anticipate those going quickly. The spacious and well-appointed apartments will connect to the main building on the second floor and have an open-air walkway downstairs to allow access to a courtyard. Apartments will be available for move-ins in early 2022.



For more information, please contact Cathy Stuckey at (864) 307-1977 or Cathy.Stuckey@prescomm.org.

SUMMERVILLE MEMORY SUPPORT COMING TO LIFE

Construction of the 19,600 square foot memory support neighborhood at The Village at Summerville is well underway and is expected to have an early completion date in November, with residents beginning to move in during the month of December 2021. This neighborhood has been uniquely designed for the Montessori lifestyle approach to aging and dementia - the ONLY one of its kind in the country. It will feature:

- ❖ 24 private rooms, each with a private bathroom
- ❖ Care Partners who are trained in the Montessori method for dementia care
- ❖ A specially prepared environment to help residents enjoy maximum independence
- ❖ Work/life stations to provide individualized and meaningful activities
- ❖ A secure courtyard for outdoor experiences

For more information about the memory support neighborhood, please contact contact Ashley Wrye at (843) 300-0489 or Ashley.Wrye@prescomm.org.



THE PCSC VALUE AWARD RECOGNIZES AND CELEBRATES EMPLOYEES

Renowned basketball player and professional coach Phil Jackson once said, “The strength of the team is each individual member. The strength of each member is the team.” At PCSC, it takes a vast team of dedicated, passionate, hard-working people to help bring our mission and ministry to life.

To ensure all employees throughout our six locations know they are appreciated for their service, PCSC has designated months to honor the various departments across the organization. Every month, the Executive Director and the Human Resources Manager at each community select one employee from the departments being honored. That employee is presented the Value award and a gift card as a token of our appreciation for their outstanding service and dedication to our ministry.

The award recipient must exemplify our core values: Relationships, Teamwork, Service, and Excellence. This

employee must also have an outstanding attendance record and go the extra mile. They must also be cooperative, compassionate and friendly to fellow employees and residents.

“The PCSC Employee Value Award is a way of honoring and recognizing our employees who go the extra mile every day to ensure our ministry and core values are being lived out” said Kelly Waldner, Employee Recruitment and Retention Manager. “These employees truly are our greatest assets, and it has been a privilege to be able to recognize and celebrate them each month.”

Thus far in 2021, we have honored the Chaplains, Life Enrichment and Wellness in February and the Dining Services departments in March. In April, we recognized Security, Maintenance Services and Housekeeping.

	February	March	April
Clinton	Jim Caprell <i>Chaplain</i>	Johnny Smith <i>Dining</i>	Ronnie Crouch <i>Security</i>
Columbia	Jenny Nance <i>Wellness</i>	Malika Wilson <i>Dining</i>	Wakita Gadson <i>Housekeeping</i>
Florence	Teresa Jowers <i>Life Enrichment</i>	Carolyn Robinson <i>Dining</i>	Jeanette James <i>Housekeeping</i>
Foothills	Laura Looney <i>Life Enrichment</i>	Kathy Moulton <i>Dining</i>	Penny Gillespie <i>Housekeeping</i>
Laurel Crest	Mike Sears, <i>Chaplain</i>	Tony Rice <i>Dining</i>	Katie Taylor <i>Housekeeping</i>
Summerville	Erica Strecker-Hayden <i>Wellness</i>	Ashley Pyke <i>Dining</i>	Thomas Litman <i>Maintenance</i>



Lora Looney – Life Enrichment at Foothills – with Foothills Executive Director Leslie Fryar, Memory Care Director Anna Hatcher, and Ailee McCain.



Malika Wilson – Columbia Dining Services – with Judy Harriman, Fareeda Alston, and Columbia Executive Director Jason Basile.



Ashley Pyke – Summerville Dining Services – with Arlene Davis, Summerville Executive Director Tim Barresi, Eileen Goos, and District Manager David Nicholson.



Tony Rice – Laurel Crest Dining Services – with HR Manager Lynette Webb and the dining services team.



Johnny Smith – Clinton Dining Services – with HR Manager Tina Watts and Dining Director Jenny Moore.



Jim Caprell – Clinton Chaplain – with Clinton Executive Director Paul Pridmore.

WHEN IT COMES TO REHAB, YOU DO HAVE A CHOICE

PCSC Offers Innovative Skilled Rehabilitation



A hospital stay for surgery or treatment for a serious illness or injury may require weeks or months of recovery. It is wise to know your options and, if possible, plan ahead for a short-term rehabilitation stay at a PCSC community.

Some common medical issues that require rehabilitation include pneumonia, stroke and injuries caused by falls. Even in situations where there's time to plan ahead (joint replacement surgery, for example), transitional care or short-term rehabilitation may be needed before returning home.

We're Welcoming New Patients ... and Visitors!

While COVID-19 restrictions may have prompted many people to opt for home care following a hospital stay, that is no longer the defining factor in the care you choose. PCSC's communities have reopened and restrictions have been lifted so that short-term rehab patients can enjoy visits from family and friends. We realize that connection with and support from those important people help make your recovery a more pleasant experience.

Why Choose RENEW Short-term Rehab Instead of Home Health?

Your Only Responsibility is to Focus on Recovery

Around the clock nursing services, three meals per day plus snacks, maintenance and housekeeping, security, chaplaincy services (and more) are all provided during your stay! That means you can put all of your energy toward making progress for a smooth transition back home.

Convenient Access to Therapy Services

Physical, occupational, speech and nutritional therapy are available right on-site.

Customized Team Approach

You'll be monitored 24/7 by a nursing staff and a team that coordinates your customized care plan with your doctor. RENEW's "Critical Pathways" are designed to help restore your ability to function with greater independence.

Keeping Everyone Informed

The RENEW care team is dedicated to keeping you and your family informed. Throughout your stay, we partner with you to ensure that you are reaching your goals and making progress every day, using our analytical software *QuestView* to plan goal expectations and celebrate achievements.

Enjoy the Perks of Our Community

As a short-term rehab patient at PCSC, you will enjoy the benefits of being a resident of the community, including all of the amenities and activities offered on campus.

Peace of Mind for Loved Ones

Knowing that you're safe and well cared for can reduce stress and relieve the burden of caregiving for your family.

Three Month Follow-up

Count on our case management team to follow you for 90 days after your discharge as part of our commitment to your continued successful recovery.

How Long is a Short-term Rehab Stay?

The length of a short-term rehabilitation stay depends on your personal circumstances. The interdisciplinary team along with your doctor determine when you're ready to return home safely. Spending time under the care of an expert team can help you achieve your recovery goals faster than you would spending that time at home. PCSC communities are licensed and Medicare certified and also participate in various insurance plans, which may affect your length of stay.

How Can I Learn More?

For more information about innovative short-term rehab, contact the RENEW Case Manager at the community nearest you:

The Clinton Presbyterian Community
(864) 200-0467

The Columbia Presbyterian Community
(803) 542-2339

The Foothills Retirement Community
(864) 382-9540

The Florence Presbyterian Community
(843) 773-1458

The Village at Summerville
(843) 323-0461



BRINGING INNOVATIVE THERAPIES TO PCSC



Laura Worthy, Speech-Language Pathologist (SLP) at The Clinton Presbyterian Community, is a 20 year veteran in the therapy field and has been with PCSC since the Rehab Services in-house inception in October 2019.



This past year, the American Speech-Language-Hearing Association (ASHA) recognized Laura for her effort to continue professional learning beyond an academic degree. She was granted a 1st Award for Continuing Education (ACE) for meeting continuing education units equivalent to 70 contact hours in a 36-month period.

We are proud of Laura for her professionalism, dedication and commitment to a higher standard of service. Laura used her VITAL STIM therapy and SPEAK OUT! provider certifications to bring unique these services to our community.

VITAL STIM therapy is a non-invasive therapy approach for re-training patients with dysphagia, a condition that causes difficulties when swallowing. In a clinical trial of more than 900 patients using VITAL STIM therapy, more than 98% showed improved scores in swallow function. VITAL STIM therapy has been proven to be two to three times more effective than traditional techniques.

SPEAK OUT! is a new and innovative voice program for those living with Parkinson's Disease (PD). Clinical trials have concluded that SPEAK OUT! is an effective treatment approach and should be administered as early as possible after disease onset.

If you are living with or know someone who has difficulty with swallowing or has developed a weak voice due to PD, please contact Laura Worthy at the Clinton Community for more information about these therapy services: (864) 939-0935.

YOUR CAR GETS A CHECKUP. WHY NOT YOUR WILL?



How often do you take in your car for a checkup? How often do you go to your doctor for a physical? Does your home heating and air system get a periodic inspection? If you believe in the value of regular checkups, add your will to the list.

YOUR WILL MAY NEED UPDATING IF...

Your family situation has changed.

If your will was written 10 or more years ago, think about the changes that have occurred in your life since you signed that document. Perhaps your children are no longer dependents or some relatives are no longer alive. You might be in a second marriage or have new grandchildren. Death, divorce, marriage, births—they're all part of life, and they all influence what you may want included in your will.

Tax laws have changed.

Tax laws change all the time. In addition, the value of your assets may have increased substantially since the time you wrote your will. If you don't review and update your will, you will lose out on taking full advantage of recent tax law changes and new techniques in estate planning. Your estate planning attorney can help ensure that you do wise planning that meets your objectives and makes the most of your assets.

You've changed your mind.

Perhaps you included a gift in your will to someone you no longer wish to be a beneficiary. Or maybe you'd like to include a gift in your will to a charitable organization whose mission you believe in, such as Presbyterian Communities. Perhaps

the person you asked to be your personal representative is no longer able to do it or you want to pick someone else. Good news! Wills are not written in stone, so you can always change your mind. You just need to check in once in a while to make sure your will reflects your current priorities.

You've moved.

If the state you live in is different than the one where your will was written, your will may not be in sync with the laws of your new state of residence.

As you can see, there are many factors that influence what's included in your will. The considerations mentioned here are just scratching the surface. Your will is a very important document and a reflection of your most important priorities and goals. It's well worth the time to review it every five years or so to make sure it still reflects your values and the legacy you wish to leave.

Considering a check-up for your will? PCSC can help get you started. We have information on wills and basic estate planning for the charitably minded, and we are glad to share this with you. Feel free to contact us. It's easy to request information by marking the inside of the envelope enclosed in this issue. Or contact Jenn Stanley, Director of Foundation Services and Church Relations, at (803) 772-5885 or at Jenn.Stanley@PresComm.org.



Bridgette Brown is as lovely as they come, dressed in white lace gloves and pearls.



Hepsey Parham, Nell Oliver and Betty Paffrath

TEA FOR ALL

On April 21, we rolled out the red carpet for a Royal Tea Party celebrating the 95th birthday of Queen Elizabeth II of England. We donned our hats and pearls, sipped on hot tea and enjoyed scones, cucumber sandwiches and chocolate. Did you know that the Queen celebrates two birthdays each year? Her actual birthday is April 21, and her official birthday is usually celebrated the second Saturday in June. Who's up for another party?



Left: Nell Oliver selects a fancy cup and saucer from the varied collection fit for a queen.



Right: (L-R) Emmy Lou Donald, Helen Coker and Margaret Lee used the occasion to show off their hats.



Maymie Spearman lines up her putt.

HITTING THE LINKS

The Florence Presbyterian Community held their First Annual Masters Tournament! Participants had a chance to show off their putting skills on a course laid out on the campus grounds. And while the winner did not get a famous green jacket, Ms. Maymie Spearman did bring home the winning trophy.



Diane Kemmerlin, Betty and Wayne Paffrath, Maymie Spearman and Stacy Cantey



Rich Eaddy takes his best shot while Maymie Spearman looks on.



The residents are enjoying warmer weather and our on-site pond. Above, Udelle Rogers beams with excitement as she pulls in the big one. You should have seen the one that got away!

Residents of the Clinton Community enjoyed a trip to the greenhouse at Clinton High School, happily returning home with colorful purchases. The school's horticulture classes use the proceeds to fund their greenhouse program.



Trudy White bought home a fine selection of flowers.



Joan Murdoch (left) browses the peppers with the help of Clinton High School staff.



Joan Murdoch (left) and Anne Pitts, surrounded by so many beautiful choices.



Celebrating Earth Day (L-R) Catherine Swetenburg, Joan Murdoch and Dot Smith repurposed t-shirts into no-sew aprons.



Sarah Ritter and her companion Lady Amber love living at a pet friendly community.

With a wee bit of green and the best post COVID vaccine smiles, Clinton Community residents celebrated St. Patrick's Day.



Director of Dining Services Jenny Moore and Lorene Campbell



Dr. Laura Ashley



Henry Brandt



Joan and Strut Murdoch with Chuck Hull



Betty and Don Youngs





It was a beautiful day in the neighborhood as residents gathered in honor of Mr. Rogers, born March 20, 1928.



Rev. Frances Womack shares the three books he has penned and published.



Anne Pitts and Mary Creighton tour the Sadler Hughes Apothecary in Clinton.



Sarah "Sa-Sa" Byars (in blue) celebrates her 104th birthday with her daughters Ginger Jacks and Eugenia Miller, shown here with Clinton Community CEO Paul Pridmore.

Easter bunnies and residents enjoyed sunshine and an **egg-cellent** Easter Egg Hunt on the front lawn of the community. With a smile on her face, resident Lorene Campbell exclaimed, "It brought out the little girl in me."



Delores Bauder takes a break from egg hunting to enjoy the sunshine.



Jane Cunningham shows off a prize egg.



Virginia Sides is escorted to the Easter egg hunt by Chaplain Jim Caprell.



Velma Letson displays her crafting skills and her Spring door decor.

BREAKING FREE

Quarantine was quite a different way of life for us at the Columbia Presbyterian Community, but we persevered! We had become accustomed to individual visits; virtual programs, shows, classes and concerts; celebrations on carts; virtual volunteers; sitting on the porch; and independent programs! Finally, we have all been vaccinated, and we are breaking free!

We are so excited to welcome back our volunteers – both pet and human – to integrate back into our community life. Many of our favorite programs are back including Sauntering with Sandy Olsen, Sign Language Class with Laryssa Martin, Trivia with Bill Hutson, Bingo with St. Peter's Catholic Church, Pillow Stuffing for the Troops with Dot, Card Ministry with Dotti, and so much more!

In addition to this, we have added even more exciting classes including a Ukulele Class! We have been out and about going to restaurants, shopping and all around the midlands, but have still been enjoying some virtual classes from the Shepherd Center, live streams from the SC Philharmonic and Chamber Music on Main from the Art Museum! We have connected to Ms. Jone's Pleasant Hill Elementary School 1st graders for our Resident Readers program. Residents read virtually to a child via Zoom and the child reads to them. It has been such a joy to see how their friendships are building.

We are thankful for where we are now, able to connect both in-person and virtually to the outside community and family and we are thrilled to see what the future holds for our wonderful community. The world is at our fingertips!

Our volunteers are so important to us and we would love to have you join our team of special volunteers! Please contact Amy McCormack, Director of Life Enrichment for more information.



Carolyn Lowe, Frances Kuhne, Life Enrichment Coordinator Cindy Enfinger, and Anna Faye Brooks enjoy lunch at Spotter Salamender.



The Easter Bunny gives a hug to Mary Jones.



Volunteer Billy Chastie with custom made cedar boxes for raised gardens.



Geneva Walters preps some Easter treats.



Carolyn Bethea holds a portrait of her painted by her daughter, Elizabeth Taylor.



Above: Frances Kuhne aims for a hole in one during the PCSC Olympics while the gallery of residents used proper course etiquette.



Left: Betty Salmond, Carolyn Lowe, Jackie Perrone, and Frances Kuhne play their first game of bridge after vaccination.

Below: Carolyn "Buck" Bethea with volunteer David Nance at the Olympics.



Carolyn Bethea, Nancy Anderson and Linda Brigman take turns reading to 1st graders via Zoom.





KEEP ON MOVING!

When COVID started, nothing was going to prevent these ladies from doing what they love: exercising and staying healthy! Led by Hazel Allen, the Golden Girls, whom are all next door neighbors, gathered in the hallway outside their doors for morning exercise. This ritual took place Monday through Thursday every week. Even though group exercise classes have started up again, these ladies continue doing their own exercise, having formed a tight bond of friendship amongst the group. One thing we have learned during this pandemic is no matter the challenges we face in our lives, we have to always stay strong and “keep on moving!”

Right: Let's dance! We are excited to bring back shag lessons every Thursday.



Above: Julie Brice, Betty Howe, Claire Labounty and Roland Labounty joined life enrichment director Ailee McKain for our first water exercise class of 2021! Here they can be seen doing aerobics and jogging!



Independent Living residents celebrated our reopening in Mardi Gras style in the main dining room.



Residents make pencil toppers for the children who are a part of the backpack program at East End Elementary School in Easley, SC. The program benefits children who need food over the weekend.



Left: Residents at The Bridge enjoy our music enrichment program with Alison Hughey, who is a music therapist. They love to sing along while she plays the guitar.

Right: Bob and Janice Moser enjoy a sunny day on our beautiful campus.



MONTESSORI PROGRAMMING

Doug Thrasher and Betsy Hayes (above) are getting The Bridge courtyard ready for the exciting changes ahead. Thanks to generous donations we will be adding more garden beds and get the fountain up and running! The residents are excited to start planting flowers, vegetables and herbs. When the vegetables and herbs are harvested, the residents love to make homemade recipes with their home-grown crops!



PCSC Life Enrichment Team excited to participate in the annual three day SCAPA Conference held in Myrtle Beach. This year's theme was Aladdin "A Whole New World."



Residents enjoying lunch and a virtual training offered by the South Carolina Alzheimer's Association chapter.



Each year, normally the week of Valentine's Day, we have a friendship dinner to celebrate our friendships and to cultivate new friendships. This year, due to COVID restrictions, we had to delay our dinner; however, our residents were thrilled when the time came to celebrate together.



Carole Myers



"Dot" Rogers



Yes! The Easter Bunny did come to Laurel Crest. Residents Dot Rogers and Don Ward enjoy a visit with the bunny!

Right: The family of a former resident who had an extensive collection of crosses kindly donated these crosses that now adorn a wall in our Three Rivers Room. Residents enjoy weekly worship services in this location and appreciate the beauty of these crosses and the memory of the resident they represent.



Our residents didn't let COVID stop them from going to the movies! Laurel Crest rented a sanitized theatre just for our residents. They enjoyed the opportunity to go to a private showing with some great movie theatre popcorn and candy!



Crafting is a great opportunity for some of our residents to express their creativity and also gain the sense of accomplishment by creating something useful.



After a year of silence, hand chimes are ringing again on the campus of Laurel Crest. Our Chimes Choir is excited to have weekly practice again in anticipation of a performance in the coming weeks.



Our residents enjoyed the opportunity to create their own herb garden to keep in their apartment. Now cooking will be a delight with some fresh herbs to help season their dishes. Dr. Pat Decoursey and Patsy Seals are all smiles as they take home their gardens.



Our residents thoroughly enjoy drumming exercise with Veronica. It is a great therapeutic exercise as well as a great upper body workout. The "music" that is created is really great, too!



The Village had the long awaited grand opening of Framp's Workshop. The workshop space is dedicated to pottery, ceramics and woodworking activities for the residents to enjoy and share. Left: Bev Long tries her hand at the pottery wheel.



Margaret Maloney (above), Mary Ratliff and Betty Settle (below) got into the spirit of St. Patrick's Day treats at the Grand Oak Way Cafe.



Independent Living residents were thrilled to be able to meet and mingle again.



Harriet DaSilva enjoying Valentine's Day.



Above: Our wellness team trained residents to fight like superheroes for National Superhero Day.



Left: Frances Barnard was crowned queen for the day as she celebrated her 105th birthday with family, residents and staff.



Residents were excited to get back in the pool for their first water aerobics class after getting vaccinated.



Emma and Ray Doughty performed live for the first time since the COVID-19 restrictions began.



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