

# At Home

News and Tips for Residents of Cowboy Properties Communities May 21, 2021

## **Keep On Food Trucking**

We love supporting our local food trucks! One of the best things about food truck gatherings is that every member of your family can get a different dish. Take a camping chair or blanket and enjoy a picnic after you grab your food. Check out some of these regular events (most through <u>The Food Truck League</u>), and follow your favorite trucks on social media to learn about their specific schedules.

#### SoHo Food Truck Park

#### 4747 Holladay Blvd.

#### Holladav

Open Wednesday through Saturday from 5-8 PM with a rotating slate of food trucks every evening along with a Saturday morning brunch. Outdoor seating is available. Follow them on Facebook and Instagram to learn which trucks are there that day.

#### The Hub Venue

982 W. South Jordan Parkway South Jordan The Hub hosts trucks on Wednesdays from 5:00 - 8:30 PM. It is the only place on this list that provides indoor seating. The Hub is also a rentable event venue.

## Orem Takeout Night

1313 E 800 N Orem Located in Palisade Park on Thursday nights from 5:00 - 8:30 PM. Trucks rotate each week.

## You Can Run But You Can't Hide

Like running with a group or need someone to train with? Check out these running groups.

## Salt Lake Running Company

The Salt Lake Running Company is offering a summer workout group at their Draper location beginning on June 1. SLRC also has several groups going on now through July, including a Women's Workout Group and Couch to 5K Group as well as groups catering to several longer distances.

## Salt Lake City Track Club Weekly Runs

The Salt Lake City Track Club provides opportunities for training five days of the week. Work on speedwork, trail runs and other runs up to about six miles.

## Pioneer Park Takeout Nights

300 S 300 W Salt Lake City Begins on June 2 with trucks on Wednesday nights from 5 - 8:30 p.m.

# Daybreak Takeout Nights

South Jordan

Daybreak has a huge gathering of trucks in three different spots on Thursdays, located at 10518 Oquirrh Lake Rd., 11489 Grandeville Ave., and W Burntside Ave & Liv Way. We guarentee there is something for everyone! Hours are from 5 - 8:30 PM.

#### Covid-19 Update

<u>Click for the latest resources on vaccine eligibility and distribution</u>. Everyone ages 16 and up is eligible for the vaccine in Utah. A local pediatrician answers <u>questions about getting</u> your children vaccinated.

Some businesses continue to require masks. We encourage you to research the specific policies at your shopping destination.

#### **Assistance Resources**

Please let us know if you are having difficulties keeping up with your rent.

We've partnered with <u>Flex</u> to give you flexibility in how you pay your rent.

## Housing Assistance

rentrelief.utah.gov

#### <u>General Assistance (Utilities, Food,</u> Housing)

<u>utahca.org/housing-case-management/</u> or call (801) 359-2444 <u>211utah.org/</u> or call 211

#### Utah Department of Workforce Services Resources jobs.utah.gov/covid19/

jobs.utah.gov/docs/hotjobs.html

Food Resources, and Mobile Food Pantry Dates and Locations slc.gov/sustainability/food-covid/ utahfoodbank.org/programs/mobile-pantry/